

(Mostly Good!)

St. Alban's Episcopal Church

A R C A T A , C A

Dear People of St. Alban's,

As I write I am traveling with Emily Arents, Dona Moxon and my son Jonah to Cindy Wood's ordination to the diaconate at Trinity Cathedral in Sacramento. We will be joined by another 12 members of the congregation as well as friends from Christ Church, Eureka and St. Wilfrid's (Cindy's previous congregation in Huntington Beach, CA). Formally, this is the culmination of a 7+ year journey (though God has been forming Cindy for this ministry from childhood). Cindy's first Sunday with us as deacon will be **Sunday, June 2** with a celebratory reception following worship that day. We will present Cindy with gifts from the congregation, including a red stole, as a sign of her ministry. The offering that morning will be designated for her discretionary fund. As part of Cindy's first Sunday with us we will have a rogation procession (from the Latin rogatio "asking") around St. Alban's property at the conclusion of both worship services. Between services those who are able and inclined will process up Margaret Ave. to bless the Arcata Community Forest (wear comfortable shoes!). As the Creation Care Team considered reclaiming this ancient earth-focused tradition, it seemed a fitting way to celebrate with our new deacon—for whom the care of the creation is dear to her heart and will factor significantly in her ministry.

The month of June will be bookended with the consecration of our new Bishop, Megan Traquair, on June 29 at the Mondavi Center in Davis, CA. Please let me know if you are planning on attending. See page 4 for more details. Following the consecration our sabbatical adventures get underway as a family we travel to England. Rabbi Abraham Joshua Heschel observes that sabbath is the culmination, the crown of God's work wherein God rests, delights in what God has made. Sabbath is not rest for the purpose of regaining the energy to be ready to do it all over again. It is joyful rest in God's creation, in our life together. This is my prayer for you in this season of sabbatical—to enjoy, rest in and give thanks for the relationships we have with one another and our God. Several in our midst will move this summer. Brenda Wood has just moved to Forest Grove, OR. The Curtises will be



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Saint Alban's is a community of disciples growing into the full maturity of Christ. Our mission as a community worshipping in the Episcopal tradition is to be devoted to God through prayer, study and action; faithful in welcoming the stranger and serving the needs of our parish and beyond.

May Vestry Highlights

Present: Emily Arents, Diana Cooper, Shirley Curtis, Dona Moxon, the Very Rev. Sara Potter, Ralph Till, Richard Timmons. Absent: Suzanne Langford. (Diana Cooper served as clerk)

Rick Timmons gave an update on the reserve study. He has the model built and is setting the data up for analysis. He will be utilizing *The Episcopal Church Manual of Business Methods in Church Affairs*.

Junior Warden Ralph Till reported that nine LED light fixtures have been installed in the lower hallway and in both offices. Refinishing of the pews and altar, as well as altering some pews to be accessible for wheelchairs, is in progress. Bids are being solicited. Need to determine financing and how it affects worship. There was discussion on holding services in the parish hall while the work is being done.

Shirley Curtis announced that the Curtis family would be relocating to Crescent City as of June 30. Mother Sara announced that Dona Moxon will step into Shirley's shoes as Senior Warden. She also announced that Suzanne Langford has tendered her resignation from the Vestry. By consensus, it was agreed to ask Connie Webb to complete Suzanne's term.

Garrett Purchio was approved as a check signer on all accounts. The Vestry voted to establish a Deacon's Discretionary Account and authorized Cindy Woods as a check signer on the account.



Your Vestry

Shirley Curtis, Senior Warden awazzuk@att.net	839-1536
Ralph Till, Junior Warden ralphctill@gmail.com	840-4601
Emily Arents cnmily1@gmail.com	825-6711
Diana Cooper dawcooper@gmail.com	822-4716
Dona Moxon dmmoxon@gmail.com	496-5318
Rick Timmons timmonsrrj@gmail.com	(530) 228-5535
Connie Webb constancewebb@icloud.com	826-9127
Liz Finney, Clerk finneyliz@gmail.com	845-4498
Dan Scofield, Treasurer	822-9123

Gifts for the Bishop-Elect

When a bishop is consecrated, it is customary for them to receive gifts of different types that will be used in their ministry. These gifts often include the following: A mitre (the pointy hat worn by a bishop), a crozier (the staff that is a symbol of the bishop's office), an episcopal ring, a pectoral cross, a Bible and Vestments.

The Bible to be presented to Bishop-Elect Megan is a gift from Presiding Bishop Michael Curry. You are being offered an opportunity to donate toward diocesan gifts for Bishop-Elect Megan. To give your gift toward our future bishop's ministry go to <https://secure.accessacs.com/access/oglogin.aspx?sn=159790> and select "Bishop-elect gifts".

Health Ministry at St. Alban's

It's an unbelievably chilly, rainy morning in May (!) as I start to write this, but when this is printed in our newsletter, late Spring and early Summer will be upon us. This is my annual opportunity to harangue you all with three of my favorite topics: water safety, eating more fruits and veggies as they come into plentiful season, and sun protection.

Briefly, on the water issue:

- Never turn your back on the ocean. Do not swim in the river alone. Use flotation devices when needed. Beware of hypothermia.
- The eating advice explains itself.
- Sun protection, all together now...

SLIP, SLAP, SLOP! Slip on a shirt, slap on a hat, and slop on the sunscreen liberally, at least 30 SPF, and reapply frequently.

I'm going to take a little sabbatical from writing for our newsletter and will be back for the September issue. OK, now have a wonderful and restful when possible summer!

Emily Arents, RN, Parish Nurse

Sabbatical Update

Sabbatical Guides are available in Narthex and online at: https://www.stalbansarcata.org/2019_sabbatical_guide. Get 'em while they are hot! Information includes an introduction to sabbaticals, messages from Mtr. Sara, Senior Warden Shirley Curtis, Parish Nurse Emily Arents, and Mtr. Lesley our sabbatical priest; as well as, contact info for the rest of the sabbatical team. Important dates to remember:

Mtr. Sara's send-off is on Sunday, June 23.

Her last day in the office is Wednesday, June 26.

Mtr. Lesley's first Sunday is June 30.

Mtr. Sara's return is October 6.

If you're interested in helping out around the office during sabbatical contact anyone on the sabbatical team.

Invitation from Christ Church's Episcopal Church Women

Until we meet again in September, the last ECW meeting of Christ Episcopal Church, Eureka, will take place Wednesday, June 12, at 12 noon in Lewis Hall. Parishioners from all over the Semper Virens Deanery are invited to attend. We will start with a service and then share a potluck lunch. After lunch, guest speaker, Paul Gossard, will share his experiences hiking with a group on many trails around Humboldt County. Come and enjoy friendship, good food, and "Hidden Corners of Humboldt." Questions? Please contact Renee Ross at 499-2894 or brross@att.net

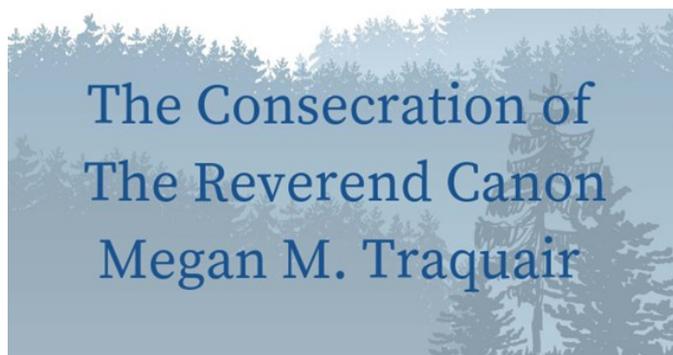
Rector's Letter *(Continued from page 1)*

moving to Crescent City in late June and Mary, Caitlin and Wyatt Wheatley head to Atlanta, GA in mid-July. Pray with them, love them, give thanks for all they have contributed to our common life and ministry.

In the midst of all these beginnings and endings, treasure our life together.

Sabbath Blessings,

Sara+



Your prayers and presence are requested at the Consecration of The Rev. Canon Megan Traquair, Eighth Bishop of the Episcopal Diocese of Northern California. In addition, all are invited to attend a reception that will follow the consecration.

You may RSVP for up to four people. If your party is larger than four people, you will need to RSVP under a different name to gain access to an additional four person party.

When: Saturday, June 29 at 11 a.m. Where: Mondavi Center, 523 Mrak Hall Drive, Davis, CA 95616
RSVP: Free tickets are available at <https://norcalbishopsearch.org/rsvp>
Contact: Michelle Karimi, Executive Staff Support, at michelle@norcalepiscopal.org

Volunteer for the Consecration

Volunteers are instrumental in making our consecration run smoothly. There are several time slots and positions available -- all help is appreciated! For more information go to <https://norcalbishopsearch.org/volunteer>

Canon David Link invites all choir singers from around the Diocese to join the one hundred voice choir for the consecration! The choir is filling up fast, and we want to make sure that you are included! There will be three advance rehearsals at Trinity Cathedral in Sacramento during June and a "dress" rehearsal on the eve of the service on Friday, June 28. Please contact Canon Link at sierracanon@gmail.com for more details and information.

Spiritual Forum for June	
The Spiritual Forum is held between 9:15 a.m. to 10:15 a.m. in the Library A lively and spirited discussion of religion, philosophy, literature, history, and personal faith	
June 2	A Walk to the Sunny Brae Entrance of the Arcata Community Forest The Very Rev. Sara Potter
June 9	Pentecost—No Forum
June 16	Sabbatical Preview The Very Rev. Sara Potter
June 23	To be Announced
July 14—August 4	Introduction to Anglican Theology The Rev. Lesley McCloghrie
August 11 and August 18	Introduction to Anglican Poetry The Rev. Lesley McCloghrie

Summer Coffee Hour Update

On Sunday, June 2 following the 10:30 a.m. service there will be a community potluck. We will be celebrating Cindy Woods' ordination to the diaconate. A cake and special drinks will be provided. There are rumors of some special cookies for "Cookie" (Cindy's camp name.) Time to roll out your extra special potluck dishes to celebrate.

There will be no coffee hour following the 10:30 a.m. time of worship during July and August though coffee and tea will still be available and eager parishioners are sought to do clean up. Look for a sign-up sheet in the parish hall.

We will kick off the return of coffee hour in September with a community potluck on September 1, Labor Day weekend. Hosted coffee hours return on September 8.

If you are interested in becoming a coffee hour host starting in Fall, or if you have any other questions, please contact Cathy Cox at [408-499-2179](tel:408-499-2179) or catic15@gmail.com.

June Creation Care Meeting Scheduled to Second Tuesday

All are invited to attend the Creation Care ministry meeting on Tuesday, June 11 at 6:30 p.m. in classroom 3. Discussion of the energy audit, establishing a baseline for St. Alban's greenhouse gas emissions and planning walks to local nature areas are some of the agenda items. The regular meeting day for the Creation Care is the first Tuesday of each month; however, the June meeting has been rescheduled to accommodate vacation schedules. Any questions about the Creation Care ministry, contact Daniel Moyer.

St. Alban's Wish List for 2019

<u>Ministry Category</u>	<u>Item</u>
Adult Formation	Portable White Board (\$170+)
Communication	Rolls of 100 stamps (\$50+) Case of paper for the newsletter (\$59 for a case of 11 x 17)
Hospitality	Retractable shades for the skylights in the Parish Hall— speak to Bob Webb
Worship	Mechanism to lower and raise the hanging cross above the Altar New Candleabra Large glass cruet New counter top in sacristy

Camp Living Waters July 28 through August 2, 2019

Hey campers it is less than two months and counting until we gather in the Redwood Valley! Youth ages 9-15 can be campers. Youth 16 and older are eligible to serve as counselors. Camp is held at the beautiful Cookson Ranch in Redwood Valley, about 1 hour from Arcata. Campers and counselors can register online at camplivingwatershumboldt.org (or find the link through the St. Alban's webpage: stalbansarcata.org) This year we are offering the option of paying on-line through PayPal. You can also print out a registration form which you can mail in or you can request that an application be mailed to your home. **Registration deadline is July 3, 2019.** Please call 707-822-4102 or email clwhumboldt@gmail.com with any questions.

This year camp scholarships are available locally (CLW Application Information) or on a first come first serve basis through the Diocese. Check out the Diocesan webpage norcalepiscopalchurch.org, linked to the e-news. If you have questions about applying for a scholarship, please contact Tamoya Bell, Benefits Coordinator and Accounting Specialist at tamoya@norcalepiscopal.org.

CAMP LIVING WATERS SEEKS YOUR HELP

Looking for a way you can help with Camp Living Waters? CLW needs help in after camp clean up on Saturday, August 3. Please plan on arriving at camp by 10 a.m. Bring a bag lunch and picnic besides Redwood Creek. There is kitchen clean up, sweeping, mopping, clearing grounds of trash, taking down tents, equipment breakdown. The Director will provide an itemized list of clean up duties for workers. The counselors and administrators are very tired after a week of joyous and active events and would truly appreciate any help you can provide. If you are able to help, please contact Emily by cell 541-337-7749 or e-mail clwhumboldt@gmail.com, or call Diana at 707-822-4716 or e-mail her at dawcooper@gmail.com. Come enjoy a beautiful day in camp! You will be given a hero's welcome.



Host Families Needed August 2 for Honduran Youth

Camp Living Waters is excited to announce that six youth and two chaperones from Holy Spirit Episcopal School in Tela, Honduras, will be attending Camp Living Waters this year. Their attendance is made possible by Faith Episcopal Church, Cameron Park, St. Michael's Episcopal Church, Carmichael, St. Mary's Episcopal Church, Napa and St. Stephen's, Colusa, St. Timothy's, Gridley, St. James, Yuba City, Holy Trinity, Willows, St. Andrews, Corning and St. Michael, Anderson and came about as a holy spirit moment during last year's Diocesan convention.

These visitors will need a place to stay after camp ends on Friday, August 2 before returning to Sacramento the next day. Could you possibly host one or two students? This is a great opportunity for families that have kids that aren't quite camp age to have a little taste of camp. This is also a great opportunity to broaden your horizons and learn first-hand what life is like Honduras from a child's perspective.

If you are interested or want more details contact Emily Buck at (541) 337-7749 or clwhumboldt@gmail.com.



Saint Alban's Episcopal Church

1675 Chester Avenue

Arcata, California 95521



Monthly Ministry Meetings and Other Regularly Scheduled Events

Weekly Gatherings

<u>Group</u>	<u>Day and Place</u>	<u>Time</u>	<u>Contact</u>
Bible Study	Wednesday, Library	6:30-7:30 p.m.	Bob Webb
Choir Rehearsal	Sunday, Sanctuary Choir summer break begins	12:15 p.m. June 16	Nan Voss-Herlihy
Spiritual Forum	Sunday, Library	9:15 a.m.	Mtr. Sara Potter

Monthly Gatherings

<u>Group</u>	<u>Day</u>	<u>Time</u>	<u>Contact</u>
Creation Care Ministry	1st Tuesday, Classroom 3	6:30-8:00 p.m.	Daniel Moyer
Vestry	3rd Sunday, Library	12:30-2:30 p.m.	Shirley Curtis
Wisdom Group	3rd Wednesday, Parish Hall	11:30-1:00 p.m.	Emily Arents
Worship Committee	1st Saturday, Library, every	10:00 a.m.	Mtr. Sara Potter