March 20, 2022 ~ The Third Sunday of Lent ~ 10:30 a.m. Service

St. Alban’s is a community of disciples growing into the full maturity of Christ. Our mission as a community worshipping in the Episcopal tradition is to be devoted to God through prayer, study and action; faithful in welcoming the stranger and serving the needs of our parish and beyond.

Bishop of Northern California  The Rt. Rev. Megan Traquair
Rector  The Very Rev. Sara Potter
Priest Associate  The Rev. Nancy Streufert
Deacon  The Rev. Cindy Woods
Senior Warden  Rick Timmons
Junior Warden  Daniel Moyer
Choir Director  Nan Voss-Herlihy
Organist  Susan Twomey
Parish Nurse  Emily Arents
A LITURGY FOR THE THIRD SUNDAY OF LENT

Holy Eucharist Rite II

Welcome! We are delighted you have chosen to worship with us today. All are invited to participate. Join us for fellowship outside following the service. Visitors, please take a moment to fill out the card located in the pew in front of you, and place it in the offering plate or hand it to the greeter.

Prelude

“Savior, Thy Dying Love”  (Dale Wood)

Welcome and Announcements

ANNOUNCEMENTS

AFFORDABLE HOMELESS HOUSING ALTERNATIVES and the Care-A-Van Project
The Care-A-Van trailer provides three full bathrooms and showers for people without regular access to the most basic hygiene needs. A list of needed items and additional information about the project will be at the Equity and Justice table today and in the following weeks! Thank you for caring about our unhoused neighbors by donating to this worthy project. Deacon Cindy

ST. ALBAN’S CREATION CARE invites all of us to plant trees. Rick Timmons has made available 100 redwood seedlings as a fundraiser offering for the ongoing landscape project. The one-gallon seedlings are available for a $25.00 donation toward St. Alban’s landscape project. Planting trees is a hands-on and accessible way to offset our carbon footprint. More information is available at the Creation Care table. Thank-you!

EASTER LILIES: Request forms for Easter Lilies are in the Narthex. The cost is $10.00 each. Please return forms and payment to the church office by Wednesday, April 6. Lilies will be available for you to take home on April 24, the Sunday after Easter.

PARISH DIRECTORY: It’s time for the Parish Directory update. Please check and note in the draft of the Directory in the Narthex to add a new listing or make changes your current listing.

“Permission to podcast / stream the music in this service obtained from ONE LICENSE with license #A-717645. All rights reserved.”

***

The Word of God

Opening Hymn

“Come we that love the Lord”  (Winchester New)  Hymnal 392
Opening Acclamation

Celebrant  Bless the Lord who forgives all our sins.
People      His mercy endures forever. Amen.

Collect for Purity

Celebrant  Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit; that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Song of Praise

(sung 3 times)

(Music reprints: OneLicense.net #A-717645)

The Collect for the Day

Celebrant  The Lord be with you.
People      And also with you.
Celebrant  Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Please be seated for the reading of the lessons.
Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, “I must turn aside and look at this great sight, and see why the bush is not burned up.” When the LORD saw that he had turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here I am.” Then he said, “Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.” He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

Then the LORD said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.” But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.”

But Moses said to God, “If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?” God said to Moses, “I AM WHO I AM.” He said further, “Thus you shall say to the Israelites, 'I AM has sent me to you.'” God also said to Moses, “Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,
and this my title for all generations.”

Reader The Word of the Lord.
People Thanks be to God.
Psalm 63:1-8

Reader  The Psalm appointed for today is a portion of Psalm 63.

Cantor  O God, you are my God; eagerly I seek you; *
    my soul thirsts for you, my flesh faints for you,
    as in a barren and dry land where there is no water.
    Therefore I have gazed upon you in your holy place, *
    that I might behold your power and your glory.

People  For your loving-kindness is better than life itself; *
    my lips shall give you praise.
    So will I bless you as long as I live *
    and lift up my hands in your Name.

Cantor  My soul is content, as with marrow and fatness, *
    and my mouth praises you with joyful lips.
    When I remember you upon my bed, *
    and meditate on you in the night watches.

People  For you have been my helper, *
    and under the shadow of your wings I will rejoice.
    My soul clings to you; *
    your right hand holds me fast.
Second Lesson 1 Corinthians 10:1-13

Reader  A reading from Paul’s First Letter to the Corinthians.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Reader  The Word of the Lord.
People  Thanks be to God.

Please stand for the Gospel Hymn and the reading of the Gospel. The Chapel Leader will lead the children to the Chapel; they will return during the Peace.
Gospel Hymn  "Holy Ground"

Reverently

\[ E_b \]
\[ A_b/E_b \]
\[ A_b/C \]
\[ E_b/B_b \]
\[ F_m7 \]
\[ E_b \]
\[ A_b/B_b \]
\[ B_b \]
\[ E_b \]
\[ E_b/D_b \]
\[ A_b/C \]
\[ A_b/m/Cb \]
\[ E_b/B_b \]
\[ C_m7 \]
\[ F_m7 \]
\[ A_b/B_b \]
\[ B_b7 \]
\[ E_b/sus \]
\[ E_b \]
\[ A_b/E_b \]
\[ A_b/B_b \]
\[ E_b/sus \]
\[ E_b \]

This is holy ground, we're standing on holy ground.

for the Lord is here, and where He is is holy.

These are holy hands, He's given us holy hands.

for the Lord is here, and where He is is holy.

These are holy hands, He's given us holy hands.

for the Lord is here, and where He is is holy.

These are holy.

© 1982 BIRDWING MUSIC (ASCAP) and UNIVERSAL MUSIC - BRENTWOOD BENSON PUBLISHING (ASCAP)
Admin. at CAPITOLCMG PUBLISHING.COM

Words and Music by CHRISTOPHER BEATTY

(Music reprints: OneLicense.net #A-717645)
Deacon  The Holy Gospel of our Lord Jesus Christ according to Luke.
People  Glory to you, Lord Christ.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did."

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

Deacon  The Gospel of the Lord.
People  Praise to you, Lord Christ.

The congregation is seated at the invitation of the preacher.

The Sermon  The Rev. Nancy Streufert

Please stand for the Nicene Creed and Prayers of the People.

The Nicene Creed

All  We believe in one God,
    the Father, the Almighty,
    maker of heaven and earth,
    of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
    the only Son of God,
    eternally begotten of the Father,
    God from God, Light from Light,
    true God from true God,
    begotten, not made,
    of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People – Form V

Deacon In peace, let us pray to the Lord, saying, "Lord, have mercy."

Intercessor For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For Michael our Presiding Bishop, for Megan our own Bishop, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

People Lord, have mercy.
Intercessor  For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

People  Lord, have mercy.

Intercessor  For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People  Lord, have mercy.

Intercessor  For those in positions of public trust, that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

People  Lord, have mercy.

Intercessor  For a blessing upon all human labor, and for the right use of the riches of creation, that the world may be freed from poverty, famine, and disaster, we pray to you, O Lord.

People  Lord, have mercy.

Intercessor  For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People  Lord, have mercy.

Intercessor: We pray for the congregations of our deanery, this month for the people of St. Paul’s, Crescent City. We pray for the congregation and witness of St. Paul’s and pray that those who minister within the church and community will not weary of doing good and will serve you and one another with the joy and enthusiasm you, Heavenly Father, provide. We pray to you, O Lord.

People  Lord, have mercy.

Intercessor  For this congregation, that we may be delivered from hardness of heart and show forth your glory in all that we do, we pray to you, O Lord.

People  Lord, have mercy.

Intercessor  For our enemies and those who wish us harm, and for all whom we have injured or offended, we pray to you, O Lord.

People  Lord, have mercy.

Intercessor  For ourselves; for the forgiveness of our sins, and for the grace of the Holy Spirit to amend our lives, we pray to you, O Lord.

People  Lord, have mercy.
Intercessor For all who have been commended to our prayers; especially (Intercessor reads from the prayer lists #2, #3 and #4). For our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health. Please add your own prayers. (Pause for prayers) We pray to you, O Lord.

People Lord, have mercy.

Intercessor For all who have died in the communion of your Church, especially (Intercessor reads from the prayer list #1) and those whose faith is known to you alone, that, with all the saints, they may have rest in the place where there is no pain or grief, but life eternal. Please add your own remembrance. (Pause for prayers) We pray to you, O Lord.

People Lord, have mercy.

Intercessor Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People To you, O Lord our God.

Celebrant O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. Amen.

The Confession and Absolution

Deacon Let us confess our sins against God and our neighbor.

Please kneel for the Confession and Absolution.

Silence may be kept.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.
The Peace

Celebrant The peace of Christ be always with you.
People And also with you.
Please greet one another in the name of Christ.

Birthdays and Anniversaries

Please kneel or stand for the birthday and anniversary prayers.

Birthday Prayer

All Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be, strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Sentence

Celebrant Walk in love as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory Music

“Christ, the Life of All the Living” (Flor Peeters)

Please stand for the Doxology.

Doxology and Presentation of the Offering

(Public Domain)
The Great Thanksgiving

Please remain standing.

“Lift up your hearts”

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Holy Eucharist II

Holy, holy, holy Lord

Sanctus

Setting: Robert Powell (b. 1932)
Celebrant  Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People
   Christ has died.
   Christ is risen.
   Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.
The Lord’s Prayer

Celebrant  Now, as our Savior Christ has taught us, we are bold to say,

All  Our Father, who art in heaven,
    hallowed be thy Name,
    thy kingdom come,
    thy will be done,
    on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
    as we forgive those
    who trespass against us.
And lead us not into temptation,
    but deliver us from evil.
For thine is the kingdom,
    and the power, and the glory,
    for ever and ever. Amen.

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Celebrant  Christ our Passover is sacrificed for us.
People    Therefore let us keep the feast.
The Invitation

Celebrant  The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.  

Communion will be offered from a standing station. Our Bishop has approved the use of intinction of the host (dipping) into the cup of wine by the Celebrant who will place the intincted host into the hand of the communicant. At the invitation of the Celebrant, please move into the
center aisle and come forward to receive the intincted host, leaving 6 feet between you and the person in front of you. If you wish to receive the host without intinction, please indicate that to the Celebrant as you come forward. If you wish to have a blessing instead of communion, please cross your arms over your chest as you come forward. Please return to your seat by the side aisles.

Communion Music
“In Thee, Lord, have I put my trust” (Johann Christian Bach)

Communion Hymn
“What wondrous love” (Wondrous Love) Hymnal 439

Please kneel or stand for the Post Communion Prayer and the Blessing.

The Post Communion Prayer Book of Common Prayer 365

Celebrant Let us pray.
All Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

The Blessing

Celebrant Look mercifully on this your family, Almighty God, that by your great
goodness they may be governed and preserved evermore; through Christ our Lord.
Amen.
The peace of God, which passes all understanding, keep your hearts and minds in the
knowledge and love of God and of his Son Jesus Christ our Lord; and the blessing of
God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with
you always. Amen.

Please stand for the Dismissal and the Recessional Hymn.
Dismissal

Deacon   Let us bless the Lord.
People   Thanks be to God.

Recessional Hymn

“Lord, dismiss us” (Sicilian Mariners)

Postlude

“To Thee, Lord Jesu, Thanks We Give” (J. S. Bach)

Thank You

The Sanctuary Candle burns to the greater Glory of God.

Today’s Ministers

Celebrant: The Very Rev. Sara Potter
Preacher: The Rev. Nancy Streufert
Deacon: The Rev. Cindy Woods
Greeter: Jonah Hohl
Reader: Elena Byrd
Cantor: The Rev. Cindy Woods
Intercessor: Elena Byrd
Guest Organist: Doug Moorehead
Altar Guild: Jan Wick, Clergy and Saskia Burnett
Video Verger: Garrett Purchio
Counter: Becky Price Hall
Calendar

Today, Sunday, March 20 – Third Sunday in Lent - In Person
Newsletter Articles Due.

8:00 a.m.: Holy Eucharist I
9:15 a.m.: Sunday School
10:30 a.m.: Holy Eucharist II
12:00 p.m.: Social Hour – Outdoors
12:30 p.m.: Vestry

Monday, March 21
8:30 a.m.: Morning Prayer – Via Zoom
7:30 p.m.: Good Book Club – Via Zoom
8:00 p.m.: Compline – Via Zoom

Tuesday, March 22
3:15 – 5:15 p.m.: Sacred Ground – Via Zoom
6:00 p.m.: SAA Meeting

Wednesday, March 23
8:30 a.m.: Morning Prayer – Via Zoom
6:30 p.m.: Bible Study – Via Zoom
8:00 p.m.: Compline – Via Zoom

Thursday, March 24
6:30-8:30 p.m.: EfM – Via Zoom

Friday, March 25
8:30 a.m.: Morning Prayer – In Person
8:00 p.m.: Compline – Via Zoom

Saturday, March 26
8:15 a.m.: SAA Meeting

Sunday, March 27 – Fourth Sunday in Lent - In Person
8:00 a.m.: Holy Eucharist I
9:15 a.m.: Sunday School
9:30 a.m.: Choir Rehearsal
10:30 a.m.: Holy Eucharist II
12:00 p.m.: Social Hour – Outdoors