Rule of Life
for St George’s

Based on our spiritual values and practices, this is our commitment to each other.

We:

- Nurture ourselves with the Bible and spiritual books
- Care deeply about each other, including in prayer.
- Fellowship together and have fun.
- Are grateful, glad and giving stewards of God’s creation.
- Reach out to the world, living and spreading the Word.

St. George’s Episcopal Church
5600 Winding Way
Carmichael, CA 95608
(916) 487-5600

By George!
January 2020
A monthly publication of St. George’s Episcopal Church
5600 Winding Way
Carmichael, CA 95608
(916) 487-5600
stgeorge@sgec.us
http://www.saintgeorgeca.com

The Rev. Dr. Ray Hess, III
Priest in Charge
916-753-9939
rhe1947@gmail.com

Mel Rose, Senior Warden
916-835-3885
mmarkrose@comcast.net

Rev. Robert Olsen, Deacon
916-729-1019
rolsen8070@gmail.com

Tess Testeza,
Organist/Choir Director

Sandy Olsen, Editor
sandyolsen8070@gmail.com

Dolores O’Brien, Deacon Bob and Carol Adkins, Circulation

In this issue

ANNOUNCEMENTS . . . . . . . . . . . . . . . . . . . . 5
ANNUAL MEETING . . . . . . . . . . . . . . . . . . . . 2
BIRTHDAYS & ANNIVERSARIES . . . . . . . . . . . . . 3
BISHOPS VISIT . . . . . . . . . . . . . . . . . . . . . . . . . . 4
BOOK CORNER . . . . . . . . . . . . . . . . . . . . . . . . . . 4
BOUNTY BAG . . . . . . . . . . . . . . . . . . . . . . . . . . . 7
DEACON BOB . . . . . . . . . . . . . . . . . . . . . . . . . . . 7
FROM OUR PIC . . . . . . . . . . . . . . . . . . . . . . . . . . 1
HOSPITALITY . . . . . . . . . . . . . . . . . . . . . . . . . 4
ROSTER . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 6
SENIOR WARDEN . . . . . . . . . . . . . . . . . . . . . . 2
SERVICES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 7
Thoughts From Our PIC
(Priest in Charge)
Let It Shine!

Epiphany is a wonderful season. The season begins on January 6th and will continue until Ash Wednesday on February 26th. It is an unknown season for many. Wish your friends and neighbors a “Happy Epiphany” and watch for the glazed looks! I love this season especially for its theme of the light of Christ shining in all the world.

The Feast of Epiphany is on January 6th, and the gospel scripture for that day is the coming of the wise men to see the baby Jesus, according to Matthew. The wise men followed the light of the star to Bethlehem and then went to see the holy child. It is important for Matthew that the wise men were Gentiles, non-Jews from far away lands to the East. This scripture presents the theme for Epiphany: God’s light and love shining in Jesus for all peoples.

God’s light shines in Jesus, and we are encouraged to let this light shine through us as we share Jesus’ love with other people. We have some special events at St. George’s this Epiphany season. Each of these events is an opportunity to let the light of Christ shine. On Sunday January 19th, Bishop Megan Traquair will visit St. George’s at a combined 10 a.m. service. She will preach and preside at the Eucharist. Nick and Zack Wilcox will be confirmed, and several people will renew their baptismal vows: Ginger Freer, Becky Freie, Marcia Hutchison, Mel Rose, and Jenny Smith. Pray that God’s light will shine brightly in all seven of these church members that day!

After the service, we will have a reception in the parish hall with Bishop Megan. At the end of the morning, the bishop will meet with our vestry. This will be a full day!

The other major event in our new Epiphany Season will be our Annual Meeting on Sunday January 26th, with another combined service at 10 a.m. We will elect two members to the vestry and three delegates (and at least two alternates) to Diocesan Convention. Maedene Lum and Zack Wilcox have been nominated for vestry. We will have reports about our ministries and learn about “Invite-Welcome-Connect.” We had a guest speaker, Mary Parmer, at our last Diocesan Convention who led us in a workshop about “Invite-Welcome-Connect,” which is a very helpful approach to attracting and involving new people to our parish. Our Annual Meeting is not just a church business meeting; it is a way for us to be involved in the ministries of our parish. As we work together in our parish, the light of Christ shines more clearly through us.

May this Epiphany Season be a time for all of us to grow in the light of Jesus Christ!

In Jesus’ love,
Father Ray
**Senior Warden**

By the time you read this article my term as Sr. Warden will be just a few weeks from ending. What a wonderful year it has been for me as you Sr. Warden and what a blessing to be at St. George’s! I have belonged to several Episcopal Church’s over the years as I’ve moved from place to place. In none of those churches have I seen the dedication to the church by so many members as I have at St. George’s. Not only our vestry but just about the entire congregation of our church participates in its daily life and ministry. Every time I’ve asked for help from the congregation there has been an overwhelming positive response. From church cleanup days to funding needed improvements to even listening to my sermons you have been marvelous! Your vestry has been a joy to work with! No bickering or pushing of “their agenda” just a group of loving members trying their best to do the work of God in our church. Thank you so much for allowing me to serve you over the years,

*Mel Rose, Senior Warden*

---

**Annual Meeting**

The Annual Meeting will be on Sunday January 26th after a combined worship service at 10 a.m. Please bring food to share for the meeting.
(If your name was not included, please let Sandy know so she can add your name.)

---

We thank all those who were able to attend our first Advent Open House for St. George’s on Saturday December 14th. Everyone seemed to have a good time, and no one got lost trying to find our house!

--Fr. Ray and Deb
Women’s Guild Hospitality Sunday will be the 1st Sunday of each month, special offering envelopes are included in the bulletin. These are used by the Women's Guild to provide weekly coffee hours, special receptions and other events for parish members. Please make checks payable to St. George's Church with a memo note in the left corner for HOSPITALITY.

HOSPITALITY

Sunday

The women’s Guild is happy to provide the book corner for your enjoyment. We appreciate the books you all donate. However, I would like to remind you to bring fiction, non-fiction, historical or humorous books. Please NO self-help or study books. Thanks for your attention to this matter.

CDs...$1
BOOKS...$1
PAPERBACKS...50¢

Happy Reading,
Janet Jenkins

Bishop’s Visit

Bishop Megan will visit St. George’s on Sunday January 19th. We will have one combined service at 10 a.m.
Vestry Meeting 2nd Wednesday @ 6:45 pm

Round Table Last Monday @ 11 a.m.

Sunday School 9:55

Choir Rehearsal Saturday @ 3:00

BIBLE STUDY Tuesdays @ 10:45


**JANUARY 5th**

2nd SUNDAY AFTER CHRISTMAS

Jeremiah 31: 7-14  Psalm 84  
Ephesians : 1: 3-6, 15-19a  
Matthew 2: 13-15, 19-23  
CELEBRANT: Anne McKeever  
Eucharistic Minister: Aaron Adkins  
LECTORS: Nick Wilcox & Marcia Hutchison  
ALTAR GUILD: Vicki Karsten & Joy Allmuth  
ACOLYTE: Avery Kleinman  
USHER: Jenny Smith & friend  

**JANUARY 12th**

1st SUNDAY AFTER THE EPIPHANY

Isaiah 42: 1-9  Psalm 29  
Acts 10: 34-43  Matthew 3: 13-17  
CELEBRANT: Bill Rontani  
Eucharistic Minister: Diana Perparos  
LECTORS: Aaron Adkins & JoAnn Cookman  
ALTAR GUILD: Barbara Cooper & JoAnn Cookman  
ACOLYTE: Dominic Nelson  
USHER: Conrad Cookman & friend  

**JANUARY 19th**

2nd SUNDAY AFTER THE EPIPHANY

Isaiah 49: 1-7  Psalm 40: 1-12  
1 Corinthians 1: 1-9  John 1: 29-42  
CELEBRANT: Ray Hess  
Eucharistic Minister: Aaron Adkins  
LECTORS: Carol Adkins & Marcia Hutchison  
ALTAR GUILD: Angela Saunders & Wendy Nelson  
ACOLYTE: Avery Kleinman, Ellie & Dominic Nelson  
USHER: Carol Adkins & friend  

**JANUARY 26th**

3rd SUNDAY AFTER THE EPIPHANY

Isaiah 9: 1-4  Psalm 27: 1, 5-13  
1 Corinthians 1: 10-18  Matthew 4: 12-23  
CELEBRANT: Ray Hess  
Eucharistic Minister: Diana Perparos  
LECTORS: Aaron Adkins & Becky Freie  
ALTAR GUILD: JoAnn Cookman & Joy Allmuth  
ACOLYTE: Ellie Nelson  
USHER: Nick Wilcox & friend  

**FEBRUARY 2nd**

THE PRESENTATION

Malachi 3: 1-4 . . . . . . . . . . . . . Psalm 84: 1-6  
CELEBRANT: Ray Hess  
Eucharistic Minister: Aaron Adkins  
LECTORS: Karen Lolmaugh & Carol Adkins  
ALTAR GUILD: TBA  
ACOLYTE: TBA  
USHER: Jenny Smith & friend  

**FEBRUARY 9th**

5th SUNDAY AFTER THE EPIPHANY

CELEBRANT: Anne McKeever  
Eucharistic Minister: Dave Allmuth  
LECTORS: Marcia Hutchison & Nick Wilcox  
ALTAR GUILD: TBA  
ACOLYTE: TBA  
USHER: Conrad Cookman & friend  

Lessons can be found on our website  
www.stgeorgeca.org
I know we are still in the season of Christmas when you receive this issue of the By George, but I can’t wait to get into Epiphany. During this season we will hear of the coming of the Magi, the Baptism of our Lord, the wedding at Cana (Jesus first miracle), the calling of the disciples and on the last Sunday the Transfiguration of Jesus. Along with these Gospel messages, we will be singing lots of hymns in one way or another talking about Jesus as the light of the world.

Mostly we will hear from Matthews Gospel, but we will also get pieces from Luke and John. Had the folks putting together our lectionary asked me, I would have suggested the introduction to John’s Gospel as suitable for Epiphany. “In him was life, and the life was the light of men. The light shines in the darkness, and the darkness has not overcome it.”

I like “light” as a metaphor for Jesus. In the physical world we need light to grow crops, the sun’s UV rays helping the body to make Vitamin D, in the winter the lack of sunlight can affect our mood. And of course light helps us avoid bumping into things. Like the sun, Jesus light can do wonders for us. If you are wondering about Jesus growing crops, remember he could turn water to wine and feed 5000 with a few loaves. While I couldn’t twist my metaphor for Jesus helping us produce Vitamin D, I know my mood is better with Jesus.

Almost five years ago now, shortly after our son Robert died and I was in a low place, I ran across a passage that lifted me. “Be joyful always; pray continually; give thanks in all circumstances, for this is God’s will for you in Christ Jesus” (1 Thessalonians 5:16-18). And while the loss of our son was hard, I realized that having had him at home, thus knowing he was happy at the time of his passing was a comfort and I could be joyful for his life. This passage brought light into the darkness of my soul and revived me.

As we progress through the season of Epiphany, please consider the ways Jesus has brought light into your life and I pray that Jesus grace shines upon you always.

Amen, Deacon Bob

BOUNTY BAG
We’re collecting dry goods, canned goods, dried cereals, soaps, toothpaste, tooth brushes or any non-perishables.

We collect Bags ANYTIME!!
NO TIME TO SHOP a check to St. Georges with memo to River city Food Bank (everything is welcome).

SUNDAY SERVICES
Family Service 9 a.m.
Sunday School 9 a.m.
Traditional Service 10:30 a.m.

Articles are always welcome...BUT KEEP it short! The best way to submit an article is via my e-mail sandyolsen8070@gmail.com.
January 22nd will be the deadline for the February issue of the By George.