



By George!

Growing with You in God's Love and Service

JANUARY 2016

Rule of Life

for St George's

Based on our spiritual values and practices, this is our commitment to each other.

We:

- *Nurture ourselves with the Bible and spiritual books*
- *Care deeply about each other, including in prayer.*
- *Fellowship together and have fun.*
- *Are grateful, glad and giving stewards of God's creation.*
- *Reach out to the world, living and spreading the Word.*

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In this issue

ASH WEDNESDAY	3
BIRTHDAYS & ANNIVERSARIES	3
BISHOP'S VISIT	8
BOOK CORNER	4
BOUNTY BAG	10
DEACON BOB	6
FROM OUR PIC	1
HAPPENINGS	8
HOSPITALITY	4
MARDI GRAS BRUNCH	4
ROSTER	5
SENIOR WARDEN	2
SERVICES	10
WOMEN'S GUILD	3

Thoughts from Our PIC

(Priest in Charge)

Community Life in the New Year

As we begin a new year this January, we have some very important events in our parish community life. These events are both about our inner life as St. George's Parish and our outer relationships with the larger church.

On Sunday January 24, we will have one combined worship service at 10 a.m., followed by a fellowship time with heavy appetizers supplied by the men of our parish. Then we will have our annual meeting. By canon law, every congregation of our diocese is required to have an annual meeting where vestry members and delegates to Diocesan Convention are elected. We will be electing three new members to our vestry and three diocesan delegates. We will also hear some reports about our ministries from 2015. Our worship, fellowship, and annual meeting are all part of our parish community life – what keeps us in relationship with one another. Our annual meeting and elections also express how we are organized as an Episcopal congregation. Our vestry, which is the official board of directors of our parish, is not appointed by the priest or the bishop, but is elected by our members. Deb and I visited Williamsburg, Virginia this fall, and we really enjoyed reliving the early history of our nation – the colonial period and the formation of our new nation. Our Episcopal Church was founded right after the American Revolution and was guided by the same democratic principles. Just like our nation, we are a representative democracy. We elect people to represent us and make decisions on our behalf. Within the Anglican Communion, the Episcopal Church is distinctive for our democratic way of governance.

On Sunday January 31, Bishop Beisner will visit our parish at both the 9 a.m. and 10:30 a.m. services. He will preach at both services and join in the fellowship after each service. Visiting each congregation of the diocese is a very important part of what a bishop does. This is how the bishop keeps in touch with what is happening in our congregation, and how we stay in relationship with him. As an Episcopal congregation, we are part of something larger than our own parish life; we belong to the diocese and to the whole Episcopal Church. In our tradition, the bishop is the person who represents our ties to the larger Church. Bishop Beisner is an important link for us to the other congregations and ministries of our diocese, and to the ministries of the Episcopal Church. In addition to his diocesan ministries, the bishop meets several times a year with all the other bishops of the Episcopal Church. He also serves on Episcopal Church ministries and is part of our presence at General Convention.

Please be sure to attend both our annual meeting and the visitation Sunday with our bishop. These events are central to our life together as a parish community. I wish us all a blessed new year and continued fellowship in Jesus' love!

† *Father Ray*

SENIOR WARDEN

The year seems to have flown by in the blink of an eye. Yet, when I look back on all of the accomplishments at St. George's throughout 2015, it is quite an impressive list. A few highlights include the largest Sherill Scholarship ever, a complete reconfiguration of the Sanctuary, and some much needed capital improvement projects. And don't forget those spectacular stained glass windows!

Meanwhile, St. George's continued to support our community through the various on-going ministries which make our little church so strong and vital in Carmichael; including the Community Garden, the Women's Guild, and our contributions to various groups in need throughout the year.

And, boy do we know how to have a good time! We continued our tradition of fun, social activities that bring our congregation together as a community, including our two successful clean-up days, annual BBQ at the Almuth's, Oktoberfest at the Olsen's, and Mardi Gras, to name a few.

All in all, it has been a magnificent year at St. George's. I am looking forward to another successful year in 2016, and much health and happiness to everyone. God bless.

Ryan Saunders, Senior Warden

WOMAN'S GUILD

Approximately 22 women and men of the congregation celebrated the Christmas season with a wonderful luncheon at the Spaghetti Factory. It was a nice get together. A number of toys, games and stuffed animals were collected and taken to the Veteran's Center at American River Community College for distribution. In addition, St. George's Round Table group used some of the funds from their fund raising to purchase gifts for a Veteran's family they adopted.

Our January meeting will be held on Wednesday the 20th at 11am. We will be looking at the calendar and planning our activities for the year, including a reception for the Bishop's visit. Come be a part of the planning. You are invited to bring a 'bag lunch' to enjoy following the business meeting. Dessert and beverages will be provided.

2015 was a wonderful year, hoping 2016 will be more so.

*Carol Adkins, President
Women's Guild St. George's Church*



Young at Heart

FEBRUARY BIRTHDAYS

- 2—Eric Freie
- 15—Diana Perparos
- 19—Matthew Benbow
- 21—Anne Mangels
- 26—Lisa Downing
- 26—Darren Clark
- 28—Sarah Sue Benbow

(If your name was not included, please let Sandy know so she can add your name.)

FEBRUARY ANNIVERSARIES

- 30—Aaron & Carol Adkins ('65)



Ash
Wednesday
Feb 10th @ 7 pm



HOSPITALITY
Sunday

Hospitality Sunday will be the 1st Sunday of each month, special offering envelopes are included in the bulletin. These are used by the Women's Guild to provide weekly coffee hours, special receptions and other events for parish members. Please make checks payable to St. George's Church with a memo note in the left corner for HOSPITALITY.

**MARDI GRAS
BRUNCH!!**
February 7th!
Following service

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BOOK
SALE

The women's Guild is happy to provide the book corner for your enjoyment. We appreciate the books you all donate. However, I would like to remind you to bring fiction, non-fiction, historical or humorous books. Please NO self-help or study books. Thanks for your attention to this matter.

CDs...\$1

BOOKS...\$1

PAPERBACKS...50¢

Happy reading! *Janet Jenkins*

ANNUAL MEETING
JANUARY 24th

Only one service @ 10
Men bring heavy snacks!

JANUARY/FEBRUARY

JANUARY 3rd

2nd SUNDAY AFTER CHRISTMAS

Jeremiah 31: 7-14 *Psalm 84*
Ephesians 1: 3-6, 15-19a *Matthew 2: 13-15, 19-23*

CELEBRANT: † Anne McKeever

EUCCHARISTIC MINISTER: Dave Allmuth

LECTORS: JoAnn Cookman & Aaron Adkins

ALTAR GUILD: Vicki Karsten & JoAnn Cookman

USHER: Marilyn Grimshaw & friend

JANUARY 10th

1st SUNDAY AFTER THE EPIPHANY

Isaiah :431-7 *Psalm 29*
Acts 8: 14-17 *Luke 3: 15-17, 21-22*

CELEBRANT: † Fr. Ray Hess

EUCCHARISTIC MINISTER: Ryan Saunders

LECTORS: Joan Tennis & Carol Adkins

ALTAR GUILD: Barbara Cooper & Joy Allmuth

USHER: Cathy Crosby & friend

JANUARY 17th

2nd SUNDAY AFTER THE EPIPHANY

Isaiah 62: 1-5 *Psalm 36: 5-10*
1 Corinthians 12:1-11 *John 2 :1-11*

CELEBRANT: † Susan Plucker

EUCCHARISTIC MINISTER: Aaron Adkins

LECTORS: Karen Lolmaugh & Joan Tennis

ALTAR GUILD: Cruz Siaz & Angela Saunders

USHER: Conrad Cookman & friend

JANUARY 24th—ANNUAL MEETING

3rd SUNDAY AFTER THE EPIPHANY

Nehemiah 8:1-3, 5-6, 8-10 *Psalm 19*
1 Corinthians :12: 12-31a *Luke 4:14-21*

CELEBRANT:† Fr. Ray Hess

EUCCHARISTIC MINISTER: Karen Lolmaugh

LECTORS: Michael Williams& Becky Freie

ALTAR GUILD: Barbara Cooper & JoAnn Cookman

USHER: Carol Adkins & friend

JANUARY 31st—BISHOP'S VISIT

4th SUNDAY AFTER THE EPIPHANY

Jeremiah 1:4-10 *Psalm 71: 1-6*
1 Corinthians :13: 1-13 *Luke 4:21-30*

CELEBRANT: † Fr. Ray Hess

EUCCHARISTIC MINISTER: Dave Allmuth

LECTORS: Anne Mangles& Annelise Connell

ALTAR GUILD: Joy Allmuth & Cruz Siaz

USHER: Michael Williams & friend

FEBRUARY 7th—MARDI GRAS

LAST SUNDAY AFTER THE EPIPHANY

Exodus 34:29-35 *Psalm 99*
2 Corinthians 3: 12—4: 2 *Luke 9:28-36, [37-43a]*

CELEBRANT: † Fr. Ray Hess

EUCCHARISTIC MINISTER: Diana Perparos

LECTORS: JoAnn Cookman & Becky Freie

ALTAR GUILD: TBA

USHER: Cathy Crosby & friend

Lessons can be found on our website

[HTTP://www.stgeorgeca.org](http://www.stgeorgeca.org)

An Example to Others



I while back as I was driving, one of the talk show guys that I usually listen to said something about being a bad example for his kids. This then lead to a discussion of all of us being an example to others. The question for each of us being are we a good example or a bad example? While we may not think about it, how we live our lives and interact with others we do serve as an example.

I know there are parts of my life where I might serve as a cautionary example of what not to do – my son will occasionally ask me about my “steel-toe” sandals as I do various projects around the house wearing my sandals, including arc and acetylene welding. He usually finishes up his comment with something about making a U-tube video for the Darwin Awards.

On the other hand I hope that I serve as a good example occasionally, but I realize that I may not be the best judge of that. Throughout my life the folks that I remember, have been those who served as good examples. Now maybe not everything they did would be something I should emulate, but they taught me important lessons and helped form who I am. I find it interesting that while I know there are folks who served as bad examples, teaching me what not to do or how to treat others, seldom do I remember their names, I just try not to do as they did.


Jesus is to serve as an example to all of us, one we'll have a hard time living up to, but that doesn't mean we shouldn't try. Reading the Gospels, I've come too really like the disciples as they tended to be much more apt to stumble and bumble along as followers of Jesus. But just because they had doubts or might be presumptuous in requesting the honor of setting on Jesus left and right, they still are guys that it would be good to emulate.

As you go through the days and weeks ahead, I'd ask you to occasionally think about the kind of example you are being to others – good or bad? If you do as Paul suggested and always be joyful, continually pray and give thanks to God for everything, I think you'll find you are being a good example.

† *Bob, Your retired Deacon*

Bishop Barry Beisner will be visiting St. George's at both services on **Sunday January 31st** . His visit will provide an opportunity for youth or adults to be confirmed, received, or renew their baptismal vows. Youth should be in 7th grade or older to be confirmed. If any youth or adults are interested, please call the church office at 916-487-5600 or e-mail at stgeorge@sgec.us. You may also speak with Father Ray or Deacon Bob at any Sunday service, or contact Father Ray at 916-753-9939 or at FatherRay@frontiernet.net.

The Bishop's Visit



Bible STUDY
THURS @ 10:30



Talk to Tess for more
Choir Rehearsal




Vestry Meeting **Second Wednesday @ 6:45 pm**



Sunday School @ 9 a.m.



Round Table *Last Monday @ 11 a.m.*



WOMENS GUILD
3rd Wednes @ 11 am

Dear St George's,

Now that we have the stained glass windows installed, it is time to raise the money to pay for them. You can contribute to the fund or make a donation in memory of someone. We are trying to raise \$6,000.00.



Stained Glass Window Fund Drive

Donations can be made to the Stained Glass Fund, donors or those memorialized will be listed on a plaque near the windows. Please return the coupon below along with your check to St George's, with SGW Fund in memo.

Donor

Amount donated
\$ _____

	
SUNDAY SERVICES	
Family Service	9 a.m.
Sunday School	9 a.m.
Traditional Service	10:30 a.m

BOUNTY BAG
We're collecting dry goods, canned goods, dried cereals, soaps, toothpaste tooth brushes or any non-perishables,
We collect Bags ANYTIME!!
NO TIME TO SHOP a check to St. Georges with memo to River city Food Bank (everything is welcome).

✓ Articles are ways welcome...BUT KEEP it short! The best way to submit an article is via my new e-mail:
sandyolsen8070@gmail.com