



By George!

Growing with You in God's Love and Service

APRIL 2015

Rule of Life for St George's

Based on our spiritual values and practices, this is our commitment to each other.

We:

- *Nurture ourselves with the Bible and spiritual books*
- *Care deeply about each other, including in prayer.*
- *Fellowship together and have fun.*
- *Are grateful, glad and giving stewards of God's creation.*
- *Reach out to the world, living and spreading the Word.*

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In this issue

BIRTHDAYS	3
BOOK CORNER	4
BOUNTY BAG	9
DEACON BOB	6
DEANERY CONVOCATION	4
HAPPENINGS	8
FROM OUR PIC	1
HOSPITALITY	4
ROSTER	5
SENIOR PRODUCE MARKET	9
SENIOR WARDEN	2
SERVICES	9
WOMEN'S GUILD	3

Thoughts from Our PIC

(Priest in Charge)

Journey On!

A Christian folk song from the 70s and 80s by John Fischer is titled “Have you seen Jesus my Lord?”. I’m sure many of you have sung it, and we will be singing this song in April at one of the 9 a.m. services. The song reminds me of the verse from John 12:21 where some people said, “We wish to see Jesus.” I think that just about all of us would like to see Jesus more clearly.

The services and events of Holy Week give us an opportunity to see Jesus in new ways. For those of us who lead ministries in the church, it is easy to see Holy Week as something to survive – to get through the very busy schedule and make it to Easter. If you have been a Christian for a long time, it may be more difficult to go through this special week with a sense of expectation; we know the story so well.

I like to encourage people on Palm Sunday to say the Passion Narrative – the account of Jesus’ crucifixion said in various parts – with conviction as if they had never heard the story before. This attitude can be very helpful for all of Holy Week and Easter. If we approach each of the worship services with fresh eyes and open hearts, we may see Jesus in a way we have never done before.

Please join with me in following Jesus through this Holy Week and Easter – may we all see him more clearly!

*In Jesus’ love,
Father Ray*

Our Senior Warden

“Sometimes you want to go... Where everybody knows your name.... and they’re always glad you came. You wanna be where you can see.... our troubles are all the same. You wanna be where everybody knows your name.”

Hopefully as you are reading this quote you can hum the familiar tune and recognize the lyrics to the theme song from the television show “Cheers.” This is often how I feel when I enter St. George’s on Sunday, or any other day when there is an activity or an event. And no, I am not inferring that entering St. George’s is like entering a bar. Rather, I feel like I am visiting a place where everyone knows my name. And where everyone is glad I came. St. George’s is a place where we are family, where we are always welcome, where everyone is glad to see us, and that we can call home. No matter what is going on in your life, no matter how long you’ve been away, everyone is glad to see you again. I think this is a characteristic of a small (but mighty) congregation. We are a community. We are a family. We look out for one another. And we are always glad to see everyone together on Sundays.

Part of being human is wandering. Sometimes we wander mentally from Jesus. Other times we wander physically from Jesus. I think the same goes for St. George’s. Attendance waxes and wanes. Activity levels wax and wane. But, at the end of the day, we are always welcome. And our family members look forward to seeing us.

This is not a green light to mail it in and not put in the effort. Being a part of a community is hard work. Being part of a family is hard work. Loving Jesus is hard work. But the work is worth it. And if you slip up, if you wander a bit, know that you are human. And you will be welcomed back. Everyone will be glad you came.

What I would like to suggest is that St. George’s is much like Jesus. He always knows our name. He always knows our troubles. And He is always glad we came.

We look forward to seeing you on Sunday! And we will be glad you came!

Ryan Saunders, Senior Warden

WOMAN'S GUILD

Easter Greetings to everyone!
We welcome this new season and what potential it has.

Women of St. George's continue to make sure those coffee-hours following services have 'goodies' to go along with the coffee, tea or juice drinks most of us partake in. Everyone [that includes the gentlemen] is encouraged to sign up and take a turn providing some kind of snack. Alternatively, your cash donations help us purchase the kitchen supplies used for coffee hours, receptions and pot-luck meals. Sharing this 'service of hospitality' is greatly appreciated.

The next Guild meeting will be held April 15 at 11:00 AM in the church parish hall. All women are encouraged to join us for a brief business meeting followed by partaking in our brown bag lunches while doing some socializing. Beverages and dessert will be provided.

Carol Adkins, President



Young at Heart

APRIL BIRTHDAYS

- 1—Tess Testeza
- 4—Rene Cress
- 5—Addie Davis
- 11—Jean Paveglia
- 17—Tim Mascarinas
- 21—Aaron Adkins
- 23—Joy Allmuth
- 23—Christian Perparos
- 27—Lynn Begg
- 29—Trudie Jackson

(If your name was not included, please let Sandy know so she can add your name.)



APRIL ANNIVERSARIES

- 1—Ray & Deb Hess ('78)
- 14—John & Vicki Karsten ('62)
- 22—Leslie Thelen & Ryan Jeske (2005)



HOSPITALITY Hospitality

Sunday will be

the 1st Sunday of each month, special offering envelopes are included in the bulletin. These are used by the Women's Guild to provide weekly coffee hours, special receptions and other events for parish members. Please make checks payable to St.



George's Church with a memo note in the left corner for HOSPITALITY.



The women's Guild is happy to provide the book corner for your enjoyment. We appreciate the books you all donate. However, I would like to remind you to bring fiction, non-fiction, historical or humorous books. Please NO self-help or study books. Thanks for your attention to this matter.

CDs...\$1

BOOKS...\$1

PAPERBACKS...50¢

Happy reading!

Janet Jenkins



Easter Egg Hunt



..... Between Services!

Deanery Convocation April 25

The Spring Convocation for our Capital Deanery will be Saturday April 25 from 8:30 to 11:30 a.m. at St. Mary's Church, 9085 Calvine Road, Sacramento. There will be registration and refreshments from 8:30 to 9:00 a.m., with the meeting from 9:00 to 11:30 a.m. At the meeting, we will meet in interest groups on the topics of outreach, parent spirituality, church administration, pastoral care giving, small group resources and strategies, Christian formation, and creative liturgy. Our hope is that this will be a time to share ideas and resources from our different congregations.

After the meeting, we will have a picnic on the grounds at St. Mary's. Hot dogs and hamburgers will be provided; please bring a side dish or dessert to share. Our Diocesan Convention delegates and alternates are especially encouraged to attend, and everyone is invited to be a part of this gathering.



It is time once again to remind folks that they or family members should let “us” - meaning calling the office, Fr Ray, Fr Bob or me when you are in the hospital. I can’t think of any gentle way of saying this, but we also should be notified of your death.

Sandy and I recently made “pre-need” arrangement – a nice way of saying making arrangements for our cremations and internment at the National Military Cemetery at Dixon. As part of that they ship you the container for your ashes, which the family then takes to the facility actually handling the cremation at the time of death. Now it is a very nice box, but it does serve as a reminder that my days are numbered and that I need to keep my affairs in order. Along with box is a booklet that has instructions for families and executors as well as space to write down some key information. Several years ago we had a “Life Planning” workshop at St George’s, put on by the Diocese Foundation. One of the things included in the materials was a form for your family called “People to Notify.” Having such a document for your family, or possibly a friend or neighbor will be very helpful at what will be a very trying time. Basically the form listed names with phone numbers and addresses of individuals, the church and any organizations you belong to that should be notified. While you may know your loved ones phone numbers by heart, your family may not. Several years ago I ran into this when Trude Campe died and I needed to contact her friends from the bay area – she simply had their mailing addresses in her address book. While she could call all of them from memory, I couldn’t and so had to notify them by mail. As more and more of us are doing things on our computers, it would also be handy to somewhere have a list of accounts with passwords and a list of bank/stock accounts and insurance companies with addresses. Having none of that information for my son Robert, when he passed last year, only added to the stress of his loss.

While I’m on the subject, another helpful thing for your family at the time of your death is to know your wishes for a funeral or memorial service. Over the last year I’ve helped many families planning funerals, with and without knowing the individuals wishes. It was clearly less trying on the family when the individual had made known their desires. In one case the children didn’t really know what the short five line note, written on a 3x5 card, really meant, but it was sufficient that


any clergy person would have known exactly what was desired for their service. The office has a form which you can complete and then have a copy stored with your other papers and one at the church.


On a more upbeat note, spring is here along with the start of another gardening season at St George's Community Garden. Once again we will have two plots which will provide produce to St Matthews Food Closet. While I will take the lead on these plots, I can use some help when planting, but more importantly with watering throughout the growing season. The cost of plants, fertilizer, etc., for these plots come from the Deacon's discretionary fund, so donations to that fund would be very welcome.

Amen † Deacon Bob




 **Vestry Meeting** **Second Wednesday @ 6:45 pm**


WOMENS GUILD
3rd Wednes @ 11 am


Bible STUDY
THURS @ 10:30


Last Monday @ 11 a.m.


The choir will now be meeting Thursdays @ 6:15
Choir Rehearsal



As many of you know I recently had cataract surgery, the first on February 10th. It went well and afterwards my “bad” eye was at 20/20. Sounds great so I scheduled my other eye for March 17th, I asked the doc if he could give me a green eye for St. Patrick's Day...still have blue eyes. The second eye surgery didn't go as well. Apparently I blinked as he made the first cut! He told me the next day and said he was able to repair it. The first couple of days were pretty bad but he did reassure me that it should all work out. After one week I went to my regular eye doctor and he said all was well, Dr. Grutzmacher had told him what had happened. Upon checking the eye I was relieved that all was well and it was also at 20/20.

The eye surgery was interesting as you are awake for the entire procedure so you hear all that is going on...of course he didn't say “OOPS”, which I was thankful for.

So I think I am done for this year's medical procedures...isn't it great to get old, it sure beats the alternative!

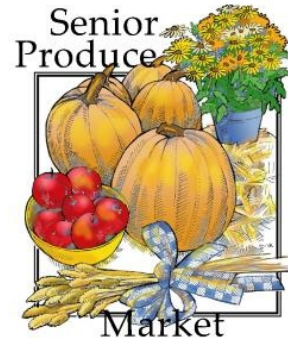
Sandy



SUNDAY SERVICES

Family Service	9 a.m.
Sunday School	9 a.m.
Traditional Service	10:30 a.m.

Articles are always welcome...**BUT KEEP it short!** The best way to submit an article is via my new e-mail sandyolsen8070@gmail.com



Episcopal Senior Communities & St. Francis Episcopal Church are excited to bring the first Senior Produce Market

Senior Produce Market will be held
Tuesdays 10am-11am

Saint Francis Episcopal Church
11430 Fair Oaks Blvd.
Fair Oaks, CA 95628

SCASH ONLYS



BOUNTY BAG

We're collecting dry goods, canned goods, dried cereals, soaps, toothpaste tooth brushes or any non-perishables,

We collect Bags ANYTIME!!
NO TIME TO SHOP a check to St. Georges with memo to River city Food Bank (everything is welcome).