



By George!

Growing with You in God's Love and Service

AUGUST 2014

Rule of Life for St George's

Based on our spiritual values and practices, this is our commitment to each other.

We:

- *Nurture ourselves with the Bible and spiritual books*
- *Care deeply about each other, including in prayer.*
- *Fellowship together and have fun.*
- *Are grateful, glad and giving stewards of God's creation.*
- *Reach out to the world, living and spreading the Word.*

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Thoughts From Our PIC

(Priest in Charge)

Summer Reflections

As I mentioned last month, Deborah and I are going on a cross-country road trip. We will take about four weeks in July and August to travel across the country, visiting friends and family. I've done this a few times before, and this kind of trip is a good opportunity to reflect about things. This is a big country, and there will be lots of time driving along, looking at scenery. When Deb and I did a similar road trip four years ago, my spiritual director encouraged me to look for signs of the Risen Lord as we traveled. I kept this in mind throughout the trip, and it changed my viewpoint.

On this trip, I'd like to take time again for reflection, to be open to God's presence with Deb and me and with the people we encounter, and through the natural world of our vast and beautiful country. I plan to report back to you about our experiences and "findings" of God's love and presence on our journey.

Right after Deb and I get back from our road trip, I will be participating in our Capital Deanery retreat at Mercy Center in Auburn. The theme of the retreat is "Come to the Water," and the retreat will give participants the chance to consider where our lives are "dry" and may need some watering through positive leisure time and spiritual practices like prayer, quiet time, and Bible study. I think that the retreat will be a good follow-up to our road trip. If you are interested in the retreat, please pick up a brochure at the back of the worship area.

Whether or not you are doing any travel this summer or can go on retreat, it is still a good time to slow down and reflect about our lives. Summer can be a bit of "sabbath time" when we pause and think about our lives. What is God doing in our lives at this time? Is there some aspect of my life that needs attention? Where do I need some watering and refreshment?

I wish you all a reflective and refreshing summer!

*In Jesus' love,
Father Ray*

Our Senior Warden

It is summer, and for many of us still in the work force it is a time when life slows down. I love the Sacramento region in summer: hot days that magically turn cool in the evening when the Delta breezes kick up, and we enjoy sitting outside on our porches/patios/decks, relaxing with friends and families. And for those of us who have lives affected by school schedules this is a time of relative rest and relaxation.

I have been thinking of the concept of Sabbath, a time of rest and regrouping. So often we get caught up in our day-to-day routines, and forget to simply take the time to relax and just enjoy being. We need to feel free to take time off—to order a pizza instead of cooking, to read something simply for the pleasure of escaping into another world, to catch up on missed episodes of our favorite television series with a bit of binge watching, and to spontaneously entertain friends and family. These times of “Sabbath” summer give us the strength to return to our day-to-day lives.

God took time off after creation, and we should remember that. I encourage you all to make a commitment to do this after the business of fall, winter and spring. Enjoy this time of Sabbath in our lives, both here in the Sacramento region, and other places if you have chosen to travel, and for heaven’s sake, don’t you dare feel guilty.

Becky Freie, Senior Warden

WOMAN'S GUILD

We hope everyone is enjoying a pleasant summer. It seems quiet around St. George's with many members taking trips of varying length. While we are enjoying refreshments between and after services, it is fun to hear and share what the travelers have experienced.

There will be no Guild meeting in August. But mark the 3rd Wednesday of September on your calendar (Sept. 17) for our next meeting. We will be planning fall activities leading up to the busy holiday season. (Not easy thinking of that when the weather is so warm)

Carol Adkins, President

United Thank Offering



The world-wide news has not been the most pleasant of late. Even so, we have much to be thankful for. When giving your thanks, remember to drop some coins into your Blue UTO Box. Those coins are collected annually and when added to the coins of others, many worthwhile programs are helped financially



Young at Heart

AUGUST BIRTHDAYS

- 3—Roger Jenkins
- 3—Patty Gall
- 4—Joe Downing
- 7—Conrad Cookman
- 8—Terri Perparos
- 13—Tom Perparos
- 24—Brian Downing
- 25—Joan Tennis
- 27—Deb Hess
- 28—Haylee Keats (Turner)
- 31—Vicki Karsten



AUGUST ANNIVERSARIES

- 19—Terri & Bill Perparos



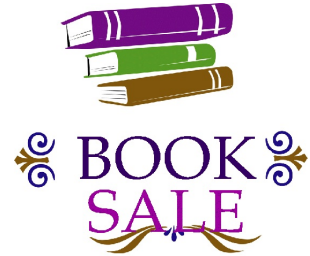
HOSPITALITY *Sunday*

Hospitality Sunday will be the 1st Sunday of each month, special offering envelopes are included in the bulletin. These are used by the Women's Guild to provide weekly coffee hours, special receptions and other events for parish members. Please make checks payable to St. George's Church with a memo note in the left corner for HOSPITALITY.

The women's Guild is happy to provide the book corner for your enjoyment. We appreciate the books you all donate.

However, I would like to remind you to bring non-fiction, historical or humorous books. Please NO self-help or study books. Thanks for your attention to this matter.

CDs...\$1
BOOKS...\$1
PAPERBACKS...50¢



Happy reading!
Janet Jenkins



August/September

AUGUST 3rd

8th SUNDAY AFTER PENTECOST

Genesis 32:22-31

Psalm 17:1-7, 16

Romans 9:1-5

Matthew 14:13-21

CELEBRANT: Gini Hummel

PREACHER: Deacon Bob

EUCCHARISTIC MINISTER: Dave Allmuth

LECTORS: Aaron Adkins & †Bob Gould

ALTAR GUILD: Angela Saunders & Vicki Karsten

USHER: Carol Adkins & friend

AUGUST 10th

9th SUNDAY AFTER PENTECOST

Genesis 37:1-4, 12-28

Psalm 105: 1-6, 16-22, 45b

Romans 10: 5-15

Matthew 14:22-33

CELEBRANT: Gini Hummel

PREACHER: Mel Rose

EUCCHARISTIC MINISTER: Aaron Adkins

LECTORS: Annelise Connell & Carol Adkins

ALTAR GUILD: Joy Allmuth & Cruz Siaz

USHER: Cathy Crosby & friend

AUGUST 17th

10th SUNDAY AFTER PENTECOST

Genesis 45:1-15

Psalm 133

Romans 11:1-2a, 29-32

Matthew 15:[10-20], 21-18

CELEBRANT: Fr. Ray Hess

EUCCHARISTIC MINISTER: Ryan Saunders

LECTORS: Aaron Adkins & Joan Tennis

ALTAR GUILD: Barbara Cooper & JoAnn Cookman

USHER: Conrad Cookman & friend

AUGUST 24th

11th SUNDAY AFTER PENTECOST

Exodus 1:8—2:10

Psalm 124

Romans 12: 1-8

Matthew 16: 13-20

CELEBRANT: Susan Plucker

EUCCHARISTIC MINISTER: Marilyn Ditzen

LECTORS: Becky Freie & Annelise Connell

ALTAR GUILD: Joy Allmuth & Barbara Cooper

USHER: Cathy Crosbie & friend

AUGUST 31st

12th SUNDAY AFTER PENTECOST

Exodus 3:1-15

Psalm 105:1-6, 23-26, 45c

Romans 12:9-21

Matthew 16:21-28

WORSHIP LEADER:

PREACHER: Deacon Bob

EUCCHARISTIC MINISTER: Diana Perparos

LECTORS: †Bob Gould & Carol Adkins

ALTAR GUILD: Angela Saunders & Cruz Siaz

USHER: Carol Adkins & friend

SEPTEMBER 7th

13th SUNDAY AFTER PENTECOST

Exodus 12: 1-14

Psalm 149

Romans 13: 8-14

Matthew 18:15-20

CELEBRANT: Fr. Ray Hess

EUCCHARISTIC MINISTER: Aaron Adkins

LECTORS: Joan Tennis & JoAnn Cookman

ALTAR GUILD: Joy Allmuth & Cruz Siaz

USHER: Conrad Cookman & friend

Another Year



When this issue of the By George comes out I will have just completed my 13th year of ordination. I think most folks primarily see me in my “diaconal” role in services on Sunday, and while these are important duties, my primary job is outside of services.

I am blessed that we have an outreach committee that runs just fine without my assistance, thanks to many my involvement with the community garden is doing a bit of administration and working in the plots we grow for St Matthew’s food closet. We have a great worship committee that works to plan our services throughout the year, providing seasonal changes to keep our services fresh. Between Fr Bob and our EV’s, Marilyn and Bill, visits are made and folks are ministered to.

Over the years I’ve ministered to individuals and families at the loss of loved ones, this year you have ministered to Sandy and me, with the loss of our son Rob. I thank you for your love and support.

I remember Bishop Lamb saying that every congregation has deacon’s the church just hasn’t ordained them. Watching the folks at St George’s reach out to members of the congregation and to those in our wider community, I understand what he meant. The deacon is to be the reminder that we are all called to service – something that seems to come naturally to the members of St George’s.

In my pastoral role to Beth Tarkington’s family, it dawned on me that while our congregation is about the same size as it was 10-12 years ago, when Beth was last able to attend St George’s. Looking over our church directory, 80% of the folks who attended St George’s at that time, are no longer attending, due to deaths or moving away. But we are still the same size, new folks coming in. I mentioned to someone that in my reading about small churches, one author noted they are like crabgrass, they can’t be killed, but continue to survive. I think our willingness to serve others has gone a long way to our not just surviving, but flourishing.

Amen,
†Deacon Bob



Bible STUDY
THURS @ 10:30



Round Table
Last Monday @ 11 a.m.



Vestry Meeting
Second Wednesday @ 6:45 pm



Mel will be taking photos on September 21st.
If you want a new photo or if you would like a family photo or just you and your sweetie bring on those smiles!!!
😊



SUNDAY SERVICES
Family Service 9 a.m.
Traditional Service 10:30 a.m.

BOUNTY BAG
We're collecting dry goods, canned goods, dried cereals, soaps, toothpaste tooth brushes or any non-perishables,

We collect Bags ANYTIME!!
NO TIME TO SHOP a check to St. Georges with memo to River city Food Bank (everything is welcome).

Articles are always welcome...BUT KEEP it short! The best way to submit an article is via my new e-mail sandyolsen@surewest.net