



# By George!

Growing with You in God's Love and Service

August 2018

## *Rule of Life for St George's*

*Based on our spiritual values and practices, this is our commitment to each other.*

*We:*

- *Nurture ourselves with the Bible and spiritual books*
- *Care deeply about each other, including in prayer.*
- *Fellowship together and have fun.*
- *Are grateful, glad and giving stewards of God's creation.*
- *Reach out to the world, living and spreading the Word.*

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# Thoughts From Our PIC

*(Priest in Charge)*

## The Value of Nothing

August is the only month of the calendar year without a holiday. For me, it is a strange month, the last bit of summer before the activities of fall. Actually, August does have a holiday – my wife Deborah’s birthday on the 27<sup>th</sup>!

There is some real value in having some down time, time to do nothing. Another way to think about this is the idea of margin. Margins are the in-between spaces in writing that frame the writing. A book would be hard to read if there were no spaces between words and paragraphs! Our lives also need margin, spaces between activities. Without margin, our lives become too hectic and can be purposeless. We need time to take stock, to see where we are going, to pray and seek God’s will for our lives.

This is why August can be a helpful month, time to pause before the fall season and the coming holidays. Our vestry is doing this at our annual Mutual Ministry Review. This is a day when the vestry meets to review our goals, successes, and disappointments over the past twelve months, and then to set new goals for the coming twelve months. This year, we will meet on Saturday August 4<sup>th</sup> from 9 a.m. to 2 p.m. with the Rev. Jeanne Forte as our facilitator. We will let everyone know about our new goals after the meeting.

In our church calendar, August is a period when some of our ministries take a pause – Morning Prayer, choir, and other ministries. It’s not a bad thing for ministries to take a break and a rest for a while.

I have to admit that it is very difficult for me to “do nothing.” I’m not good at just hanging out and relaxing. When I have open space in my life, I tend to fill it. It’s not helpful when I do this. All of us need some time to take a step back and see how things are going.

Spiritually, this means letting go of our activities for a while in order to create space for God to move in us. It’s hard to discern God’s will for our lives if we are too busy running around.

I hope that we all have a good August and make some time to do nothing!

*In Jesus’ love,  
Father Ray*

## Senior Warden

It seems like summer just started and here we are in August. Many schools start back in August and it is a time when many teachers including myself reflect on the past academic year and start planning for the new school year. Here at St. George's Parish, the Vestry will go through a similar process with our Annual Mutual Ministry Review which is scheduled for Saturday, August 4<sup>th</sup> and facilitated by Reverend Jeanne Forte.

If you are not familiar with a Mutual Ministry Review, the following information is from the Booklet of Mutual Ministry Review which can be found in its entirety on the Episcopal Diocese of Northern California website. ***What is Mutual Ministry Review, and why should our parish do it?*** *Mutual Ministry Review is a way for every parish to ask, "How are we doing?" It is a time to celebrate what has been done well and to understand what might be done better. As Christian people we must always ask: "What is God calling us to do and to accomplish here in this place?" And then, "How can we best practice this ministry?"*

***Ministry is the work of the whole people of God, not just of the ordained clergy.***

*Therefore, Mutual Ministry Review is meant to help the entire parish better accomplish God's mission. What is being reviewed is the ministry of laity and clergy working together in the daily life of the community for the glory of God.*

***Mutual Ministry Review focuses our priorities.***

*It is intended to nurture environments where responsibilities are discussed and reviewed regularly and comfortably. As a result, communities and individuals will understand what is expected of them. Roles will be clarified, and time and energy centered on what is important for the building up of the Body of Christ. Participants are encouraged to remember that the intent of the Mutual Ministry Review is to improve effective ministry. The focus will be on means of improvement rather than on reasons why something was not done. Within the pastoral context of the review process, the emphasis is on celebrating the successes and identifying the challenges. This is sound, healthy stewardship.*

Please keep us in your prayers as we embark on this very important task.

*Yours in Christ,  
Sandra Crenshaw, Senior Warden*

## WOMENS GUILD

Ladies of St. George's, for this Fall I am looking for ideas for things we could share, take part in, or learn about at a monthly get together on a mid-week day. Ideas and suggestions do not need to be about anything formal (though formal can be good), just something to make a coffee/tea klatch a bit more interesting. I have thought about inviting an interesting speaker, maybe one of our diocesan female priests or perhaps someone with a talent they are willing to demonstrate. Perchance one of our own ladies would like to lead others in a discussion or maybe share their talent by demonstrating and teaching us. To me it is always interesting to find out what skills a person has that are not always obvious.

Those interested in adding variety to their usual routine by sharing over coffee or tea, along with an appropriate snack or lunch, please speak with me on a Sunday, telephone me or leave a message on the church answering machine.

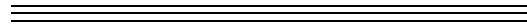
Reminder to **all** church members, sign-up and take a turn providing coffee hour treats. Actually, one does not even have to sign up. If something catches your eye while shopping but you do not want the temptation sitting in your kitchen, it is okay to get it and share with all on a Sunday.

*Carol Adkins, President  
St. George's Women's Guild*



- 3—Roger Jenkins
- 7—Conrad Cookman
- 8—Terri Perparos
- 13—Tom Perparos
- 24—Brian Downing
- 25—Joan Tennis
- 27—Deb Hess
- 31—Vicki Karsten

*(If your name was not included, please let Sandy know so she can add your name.)*





## HOSPITALITY *Sunday*

Women's Guild Hospitality Sunday will be the 1st Sunday of each month, special offering envelopes are included in the bulletin. These are used by the Women's Guild to provide weekly coffee hours, special receptions and other events for parish members. Please make checks payable to St. George's Church with a memo note in the left corner for HOSPITALITY.



## BOOK SALE

The women's Guild is happy to provide the book corner for your enjoyment. We appreciate the books you all donate. However, I would like to remind you to bring fiction, non-fiction, historical or humorous books.

Please NO self-help or study books. Thanks for your attention to this matter.

CDs...\$1

BOOKS...\$1

PAPERBACKS...50¢

*Happy Reading,  
Janet Jenkins*

# AUGUST/SEPTEMBER

## AUGUST 5<sup>th</sup>

### 11<sup>th</sup> SUNDAY AFTER PENTECOST

2 Samuel 11: 26—12: 13a

Psalm 51:1-13

Ephesians 4: 1-16

John 6: 24-35

CELEBRANT: † Anne McKeever

PREACHER: Mel Rose

EUCCHARISTIC MINISTER: Diana Perparos

LECTORS: Marsha Hutchison & Karen Lolmaugh

ALTAR GUILD: Joy Allmuth & Wendy Nelson

USHER: Jenny Smith & friend

## AUGUST 12<sup>TH</sup>

### 12<sup>th</sup> SUNDAY OF PENTECOST

2 Samuel 18:5-9, 15, 31-33

Psalm 130

Ephesians 4: 25-5:2

John 6:35, 41-51

CELEBRANT: † Ray Hess

EUCCHARISTIC MINISTER: Aaron Adkins

LECTORS: Carol Adkins & JoAnn Cookman

ALTAR GUILD: JoAnn Cookman & Vicky Karsten

USHER: Carol Adkins & friend

## AUGUST 19<sup>th</sup>

### 13<sup>th</sup> SUNDAY AFTER PENTECOST

1 Kings 2: 10-12; 3: 3-14

Psalm 111

Ephesians 5: 15-20

John 6:5 1-58

CELEBRANT: † Ray Hess

EUCCHARISTIC MINISTER: Dave Allmuth

LECTORS: Aaron Adkins & Becky Freie

ALTAR GUILD: Angela Saunders & Joy Allmuth

USHER: Carol Adkins & friend

## AUGUST 26<sup>th</sup>

### 14<sup>th</sup> SUNDAY AFTER PENTECOST

1 Kings 8: [1, 6, 10-11] 22-30, 41-43

Psalm 84

Ephesians 6: 10-20

John 6: 56-69

CELEBRANT: † Bill Rontani

EUCCHARISTIC MINISTER: Ryan Saunders

LECTORS: JoAnn Cookman & Karen Lolmaugh

ALTAR GUILD: JoAnn Cookman & Barbara Cooper

USHER: Conrad Cookman & friend

## SEPTEMBER 2<sup>nd</sup>

### 15<sup>th</sup> SUNDAY AFTER PENTECOST

Song of Solomon 2: 8-13

Psalm 45: 1-2, 7-10

James 1: 17-27

Mark 7:1-8, 14-15, 21-23

CELEBRANT: † Anne McKeever

EUCCHARISTIC MINISTER:

LECTORS: Becky Freie & Marsha Hutchison

ALTAR GUILD: Joy Allmuth & Wendy Nelson

USHER: Jenny Smith & friend

## SEPTEMBER 9<sup>th</sup>

### 16<sup>th</sup> SUNDAY AFTER PENTECOST

Proverbs 22: 1-2, 8-9, 22-23

Psalm 125

James 2 :1-10 [11-13], 14-17

Mark 7: 24-37

CELEBRANT: † Ray Hess

EUCCHARISTIC MINISTER: Karen Lolmaugh

LECTORS: JoAnn Cookman & Diana Perparos

ALTAR GUILD: JoAnn Cookman & Barbara Cooper

USHER: Nick Wilcox & friend

Lessons can be found on our website

[www.stgeorgeca.org](http://www.stgeorgeca.org)

## Why are we here?



No, that isn't a philosophical question, rather why are we here at St George's? I'm sure there are multiple reasons for each of us, but I'm thinking that when this question has been asked everyone mentions feeling welcomed or comfortable. But there has got to be more than that to keep us coming back Sunday after Sunday, year after year.


From talking with folks at St George's, I'm betting few of us are "cradled" Episcopalians, having come to the Episcopal church, rather than being born into it. In my case, attending Sunday school with neighbor kids who had invited Ron and I when we were about 8 years old. Over the years my parents would attend, initially pretty much CE's (Christmas & Easter) or in the case of St Luke's Galt, CEP's (Christmas, Easter & Picnic), but later both were confirmed. I know in my dad's case it was initially because he felt comfortable. First because the picnic invite said BYOB and secondly no one ever suggested when he occasionally attended that they were surprised the church didn't fall down. Admittedly the bar for my dad being comfortable was pretty low.

Part of what I think makes St George's and the Episcopal church is our comfortable Liturgy. Liturgy coming from two Greek words meaning "work of the people", the public prayer and worship of the people of God in community. I know as a kid, I didn't think much about the of Sunday liturgy, simply remembering that it was mostly Morning Prayer (MP). My understanding of why MP and not Communion was that we shared a priest and therefore only had Communion when it was our turn to have the priest at St Luke's. Even as an adult and after arriving at St George's, I'm not sure I thought that much about why our service was laid out the way it was, it simply was the way it was, and I liked it.

It wasn't till I attended the School for Deacons and studied our prayer book did I really come to appreciate our services. I have a 670-page book that discusses almost page for page the Prayer book in detail. If you have difficulty falling a sleep I can recommend Marion Hatchett's *Commentary on the American Prayer Book* as a cure. Rather than discuss all the topics Hatchett makes in his book and have Sandy reject my 50 page article, I'd like folks to think about how our Sunday services reflect the "work of the people" as the community of God in prayer and worship.

I'd also like you to think about what it is that brings you back week after week and yes I'll include coffee hour, as it is a time of community.

**Deacon Bob**



Taking a summer break




Sunday School  
@ 9 a.m.




The choir will be taking a summer break starting June 10<sup>th</sup>

Choir Rehearsal

Wednesdays @ 10:45



BIBLE  
STUDY



Vestry Meeting 2<sup>nd</sup> Wednesday @ 6:45 pm

**BOUNTY BAG**

We're collecting dry goods, canned goods, dried cereals, soaps, toothpaste tooth brushes or any non-perishables,

We collect Bags ANYTIME!!  
**NO TIME TO SHOP** a check to St. Georges with memo to River city Food Bank (everything is welcome).



**SUNDAY SERVICES**

Family Service	9 a.m.
Sunday School	9 a.m.
Traditional Service	10:30 a.m.

Articles are always welcome...BUT KEEP it short! The best way to submit an article is via my e-mail [sandyolsen8070@gmail.com](mailto:sandyolsen8070@gmail.com), August 22<sup>nd</sup> will be the deadline for the September issue of the By George