

# Discipleship Journal's *Bible Reading Plan*

## Through the New Testament in 5 days a week, 5 minutes a day

**5 minutes a day** | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh all year.

**5 days a week** | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

**5 ways to dig deeper** | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

1. **Underline or highlight** key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.

2. **Put it into your own words.** Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.

3. **Ask and answer some questions.** Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.

4. **Capture the big idea.** God's Word communicates big ideas. Periodically ask, What's the big idea in this sentence, paragraph, or chapter?

5. **Personalize the meaning.** When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: How could my life be different today as I respond to what I'm reading?

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READY FOR MORE? If you completed this Bible reading plan and want more, we have additional reading plans and much more at [www.discipleshipjournal.com](http://www.discipleshipjournal.com).

**The Mission of Discipleship Journal** is to help believers develop a deeper relationship with Jesus Christ and to provide practical help in understanding the Scriptures and applying them to daily life and ministry.

	January	February	March	April	May	June	July	August	September	October	November	December
1	Mark 1	Acts 8	Acts 29	James 2	Matthew 19	Reflection	Luke 3	I Cor 2	Reflection	1 John 3	John 14	Reflection
2	Mark 2	Reflection	Reflection	James 3	Matthew 20	Reflection	Luke 4	I Cor 3	2 Cor 8	1 John 4	Reflection	Rev 2
3	Mark 3	Reflection	Reflection	James 4	Matthew 21	Romans 14	Luke 5	Reflection	2 Cor 9	1 John 5	Reflection	Rev 3
4	Mark 4	Acts 9	Hebrews 1	James 5	Reflection	Romans 15	Luke 6	Reflection	2 Cor 10	2 John	John 15	Rev 4
5	Reflection	Acts 10	Hebrews 2	Matthew 1	Reflection	Romans 16	Luke 7	1 Cor 4	2 Cor 11	Reflection	John 16	Rev 5
6	Reflection	Acts 11	Hebrews 3	Reflection	Matthew 22	Ephesians 1	Reflection	1 Cor 5	2 Cor 12	Reflection	John 17	Rev 6
7	Mark 5	Acts 12	Hebrews 4	Reflection	Matthew 23	Ephesians 2	Reflection	1 Cor 6	Reflection	3 John	John 18	Reflection
8	Mark 6	Acts 13	Hebrews 5	Matthew 2	Matthew 24	Reflection	Luke 8	1 Cor 7	Reflection	1 Peter 1	John 19	Reflection
9	Mark 7	Reflection	Reflection	Matthew 3	Matthew 25	Reflection	Luke 9	1 Cor 8	2 Cor 13	1 Peter 2	Reflection	Rev 7
10	Mark 8	Reflection	Reflection	Matthew 4	Matthew 26	Ephesians 3	Luke 10	Reflection	1 Timothy 1	1 Peter 3	Reflection	Rev 8
11	Mark 9	Acts 14	Hebrews 6	Matthew 5	Reflection	Ephesians 4	Luke 11	Reflection	1 Timothy 2	1 Peter 4	John 20	Rev 9
12	Reflection	Acts 15	Hebrews 7	Matthew 6	Reflection	Ephesians 5	Luke 12	! Cor 9	1 Timothy 3	Reflection	John 21	Rev 10
13	Reflection	Acts 16	Hebrews 8	Reflection	Matthew 27	Ephesians 6	Reflection	! Cor 10	1 Timothy 4	Reflection	1 Thes 1	Rev 11
14	Mark 10	Acts 17	Hebrews 9	Reflection	Matthew 28	Philippians 1	Reflection	! Cor 11	Reflection	1 Peter 5	1 Thes 2	Reflection
15	Mark 11	Acts 18	Hebrews 10	Matthew 7	Romans 1	Reflection	Luke 13	! Cor 12	Reflection	John 1	1 Thes 3	Reflection
16	Mark 12	Reflection	Reflection	Matthew 8	Romans 2	Reflection	Luke 14	! Cor 13	1 Timothy 5	John 2	Reflection	Rev 12
17	Mark 13	Reflection	Reflection	Matthew 9	Romans 3	Philippians 2	Luke 15	Reflection	1 Timothy 6	John 3	Reflection	Rev 13
18	Mark 14	Acts 19	Hebrews 11	Matthew 10	Reflection	Philippians 3	Luke 16	Reflection	2 Timothy 1	John 4	1 Thes 3	Rev 14
19	Reflection	Acts 20	Hebrews 12	Matthew 11	Reflection	Philippians 4	Luke 17	1 Cor 14	2 Timothy 2	Reflection	1 Thes 4	Rev 15
20	Reflection	Acts 21	Hebrews 13	Reflection	Romans 4	Colossians 1	Reflection	1 Cor 15	2 Timothy 3	Reflection	2 Thes 1	Rev 16
21	Mark 15	Acts 22	Galatians 1	Reflection	Romans 5	Colossians 2	Reflection	1 Cor 16	Reflection	John 5	2 Thes 2	Reflection
22	Mark 16	Acts 23	Galatians 2	Matthew 12	Romans 6	Reflection	Luke 18	2 Cor 1	Reflection	John 6	2 Thes 3	Reflection
23	Acts 1	Reflection	Reflection	Matthew 13	Romans 7	Reflection	Luke 19	2 Cor 2	2 Timothy 4	John 7	Reflection	Rev 17
24	Acts 2	Reflection	Reflection	Matthew 14	Romans 8	Colossians 3	Luke 20	Reflection	Titus 1	John 8	Reflection	Rev 18
25	Acts 3	Acts 24	Galatians 3	Matthew 15	Reflection	Colossians 4	Luke 21	Reflection	Titus 2	John 9	2 Peter 1	Rev 19
26	Reflection	Acts 25	Galatians 4	Matthew 16	Reflection	Philemon	Luke 22	2 Cor 3	Titus 3	Reflection	2 Peter 2	Rev 20
27	Reflection	Acts 26	Galatians 5	Reflection	Romans 9	Luke 1	Reflection	2 Cor 4	1 John 1	Reflection	2 Peter 3	Rev 21
28	Acts 4	Acts 27	Galatians 6	Reflection	Romans 10	Luke 2	Reflection	2 Cor 5	Reflection	John 10	Jude	Reflection
29	Acts 5		James 1	Matthew 17	Romans 11	Reflection	Luke 23	2 Cor 6	Reflection	John 11	Rev 1	Reflection
30	Acts 6		Reflection	Matthew 18	Romans 12	Reflection	Luke 24	2 Cor 7	1 John 2	John 12	Reflection	
31	Acts 7		Reflection		Romans 13		1 Cor 1	Reflection		John 13		