

Heritage Presbyterian Church

Pre-Advent Calendar

Jesus replied, "You must love the Lord your God with all your heart, with all your being, and with all your mind. This is the first and greatest commandment. And the second is like it: You must love your neighbor as you love yourself. All the Law and the Prophets depend on these two commands." ~ Matthew 22:37-40 (NRSV)

SUN	MON	TUE	WED	THU	FRI	SAT
October						
4 Worship	5 Watch One-minute videos on systemic racism https://www.raceforwar.org/videos/systemic-racism	6 Read /Follow https://www.instagram.com/blackliturgies/ or https://theeverygirl.com/i-dont-see-color/	7 Reflect	8 Explore bit.ly/ANTIRACISMRESOURCES	9 Learn https://thebolditalic.com/where-do-i-donate-why-is-the-uprising-violent-should-i-go-protest-5cefeac37ef9	10 Watch "Just Mercy"
11 Worship	12 Read Examples of Racial Microaggressions https://sph.umn.edu/site/docs/hewg/microaggressions.pdf	13 Read Responding to Microaggressions https://www.cnn.com/2020/06/05/health/racial-microaggressions-examples-responses-wellness/index.html	14 Reflect	15 Learn https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234	16 Write a letter to an elected official regarding something you are passionate about	17 Watch "13th" https://www.youtube.com/watch?v=krfcq5pF8u8
18 Worship	19 Read https://www.elephantjournal.com/2020/06/i-am-black-this-is-what-i-need-what-i-dont-from-white-allies-nicole-cameron/	20 Learn https://www.katykatikate.com/the-blog/2020/5/26/5-racist-anti-racism-responses-good-white-women-give-to-viral-posts	21 Reflect	22 Learn https://www.racialequitytools.org/resourcefiles/positive_white_identity.pdf	23 Watch "This is Us" https://youtu.be/Fe94RTSMh2s	24 Watch "Fruitvale Station"
25 Worship	26 Learn https://www.itsnicethat.com/news/resources-supporting-black-lives-matter-movement-creative-industry-010620	27 Remember https://www.reneecater.com/on-monuments-blog/tag/list-of-unarmed+black+people+killed+by+police	28 Reflect	29 Read https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/	30 Listen https://soundcloud.com/user-154380542/the-case-for-reparations-the-atlantic-ta-nehisi-coates	31 Watch "Deconstruct Racism One Headline at a Time" https://www.ted.com/talks/baratunde_thurston_how_to_deconstruct_racism_one_headline_at_a_time

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SUN	MON	TUE	WED	THU	FRI	SAT
1 Worship	2 Pray	3 Vote	4 Reflect	5 Pray	6 Listen https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/	7 Watch John Lewis - "Together, You Can Redeem the Soul of Our Nation" https://youtu.be/PxbuJXOJbjo
8 Worship	9 Learn Understanding what it means to be an ally to people of color https://www.instagram.com/p/CA04VKDAyjb/	10 Learn Turning allyship into action https://www.instagram.com/p/CA09srxF1Fg/	11 Reflect	12 Read https://www.presbyterianmission.org/story/good-white-racist-author-provides-anti-racism-guidance-for-churches/	13 Learn "Talking About Race" https://nmaahc.si.edu/learn/talking-about-race	14 Watch "Selma"
15 Worship	16 Shop Black in MKE https://www.wuwm.com/post/mke-black-app-guide-black-owned-businesses-milwaukee#stream/0	17 Learn Stages of Anti-Racism https://docs.google.com/document/d/1PrAq4iBNb4nVIcTsLcNlW8zjaQXBkWayL8EaPlh0bc/mobiledbasic	18 Reflect	19 Learn https://www.poorpeoplecampaign.org	20 Write a letter to an elected official regarding something you are passionate about	21 Watch "Uncomfortable Conversations with a Black Man" https://youtu.be/h8jUA7JBkF4
22 Worship	23 Explore the site https://www.ywcasew.org/what-we-do/racial-justice/	24 Learn https://implicit.harvard.edu/implicit/ (Enter as a guest and choose Race IAT.)	25 Reflect	26 Give thanks and share what you have learned	27 Give thanks and share what you have learned	28 Give thanks and share what you have learned
29 Worship				<i>November</i>		