

in this issue >>>

- From the Director's Desk
- Advanced Care Planning
- Tele-health Role in Modern Healthcare
- Cancer Education Series 1
- Reclaiming the Church Nurse



Issue
4

A Quarterly Insight into the HAT Auxilliary of the NBCA, Inc.

the bread of life



January - March 2019

EYE ON SCRIPTURE

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; You were bought at a price. Therefore honor God with your bodies!”

1 Corinthians 6: 19-20 NIV



Rev. Dr. Kenneth Kemp, MD
HAT Director

From the Director's Desk

Bending history by accomplishing today!

During this first quarter, we will not only observe the Dr. King holiday, and heart disease month, but we will also host the Mid-Winter Board meeting of the National Baptist Convention of America, International, Incorporated at our Church, Antioch Missionary Baptist Church, in February!”

In 2019, we plan to accomplish even greater things to create a stronger footprint within the NBCA. Focus on the following initiatives will aid us in doing that: Mental Health Improvement, Healthy Living and Eating, and Access to Healthcare.

This year, as we complete our Grief

Counseling Toolkit for churches, **We plan to accomplish**

we have selected to include the **even greater things to**

following sections:

I. Introduction/Definitions

II. Theories

III. Models of Grief Ministry in the

Local Church

IV. Essential Components of a

Grief Ministry

V. Sustainment of Grief Ministry

VI. How Grief Ministry Fits with the General

Church and Pastoral Vision

VII. How to Get Past It, if not Over It

VIII. Summary

create a stronger

footprint within the

NBCA.

To further accomplish service to our convention, we determined that we should poll auxiliary leaders and pastors on what they consider is important for their learning needs and what they feel HAT could do to help them accomplish their goals.

I do implore you to consider the upcoming meetings in February, June, and September 2019. We have discussed some great plans, but the only way we can do these things is if you commit to coming to one or two, or all three of these meetings. Even if you cannot make the meeting, I would greatly appreciate hearing from you! Just send me an e-mail at dockrkken@aol.com and I will get back with you right away. We will need all hands-on deck!

Blessings!
Dr. Kemp

setting the stage >>>

Advanced Care Planning

Advanced care planning (ACP) is making decisions about the care you would want to receive if you become unable to speak for yourself.



Advance Decisions

These are your decisions to make, regardless of what you choose for your care; and the decisions are based on your personal values, preferences, and discussions with your loved ones. Valid advance decisions, which are refusals of treatment, are legally binding.

Benefits

Participation in advance care planning has been shown to reduce stress and anxiety for patients and their families, and lead to improvements in end of life care. The main components of advance care planning include the nomination of a substitute decision maker, and the completion of an advance care directive.

Be encouraged, regardless of age or health status, to think about your values and perspectives on quality of life and articulate what goals you would have for care if faced with a life-threatening illness or injury, including any preferences you may have



Healthy Direction

about specific medical interventions (such as pain management, medically administered nutrition and hydration, mechanical ventilation, use of antibiotics, dialysis, or cardiopulmonary resuscitation); identify someone you would want to make decisions on your behalf if you did not have decision-making capacity; make your views known to them and to (other) family members or close friends.

<https://www.ncpc.org.uk/sites/default/files/AdvanceCarePlanning.pdf>

<https://www.ama-assn.org/delivering-care/ethics/advance-care-planning>



“Jesus carries us through!”

On Location!

Please remember to wear your red t-shirt on Tuesday, February 26th at the Mid-Winter Board and Mini Congress meeting. This is in observance of Heart Health awareness month!



prosperity advice >>>

Cancer Education Series 1

Cancer is a complex multifactorial disease, and there are many different types of cancer health disparities. Cancer growth begins when the body's cells divide and metastasize uncontrollably. These cancerous cells are classified as malignant cells. Although, cancer can affect all organs of the body, malignant cells can spread most frequently throughout the blood and lymph systems.

After heart disease, cancer is the second leading cause of death in the United States. Doctors use a variety of screening tools to diagnose cancer. One of the most common screening tools is a biopsy sample. For this method, the doctor removes a small piece of the patient tumor or skin growth and examines it under a microscope. Mammograms and Pap tests are often used to diagnose various types of cancer in women. MRI's are commonly used as well. Cancer can be divided into several broad categories, Carcinoma: Originates in skin or tissues that cover the internal organs; Sarcoma: Affects bone, cartilage, fat, muscle, or any of the body's connecting tissue; Leukemia: Originates in the blood-producing areas of the body (typically the bone marrow). Large numbers of abnormal cells enter the

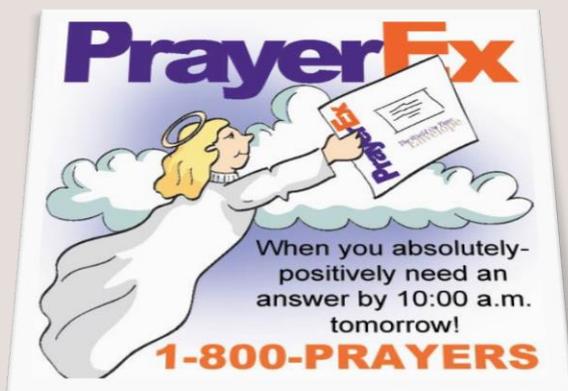


Dr. Eva McGhee, Ph.D., M.S., FCOD

bloodstream and overgrow the healthy cells; Lymphoma and myeloma: Forms within the body's immune system; Central nervous system cancers: Originates in the body's brain or spinal cord. **More to come from Dr. Eva next issue...**

ReClaiming the Church Nurse

Reinstituting the church nurse would integrate spirituality with all aspects of care while emphasizing prevention and early intervention.



Today, the church nurse plays many roles: integrator of faith and health, health educator and counselor, referral advisor, health advocate, support-group developer, and volunteer coordinator.

Some congregations are reluctant to consider church nursing, fearing that providing health care can expose them to legal liability. Yet in the 20 years of church-nursing practice, no documented instances of lawsuits have been lodged against church nurses for healthcare-related matters.

A specialty practice recognized by the American Nurses Association (ANA), church/parish nursing (also called faith-community nursing) combines professional nursing with health ministry, emphasizing health and healing in a faith community. What started with six congregations in 1984 now includes more than 10,000 church/parish nurses, both in the United States and internationally.

Faith-based nursing challenges the nursing profession to reclaim the spiritual dimensions of care, challenges the healthcare system to provide whole-person care, and challenges the faith community to revitalize its healing mission. God's intent for harmony and wholeness, serves as a foundation for understanding health and reclaiming the church nurse.

<https://www.americannursetoday.com/parish-nursing-reclaiming-the-spiritual-dimensions-of-care-2/>

ask the experts >>>



Q: What is a Heart Flutter?

A: Feelings of having a fast-beating, fluttering or pounding heart

Also referred to as heart palpitations. Generally, stress, exercise, medication or, rarely, a medical condition can trigger them. Although heart palpitations can be worrisome, they're usually harmless.

The Lord
nurses them
when they are
sick and
restores them
to health.
Psalms 41:3

Divine Healing

Healing through divine intervention as in response to prayer or because of faith.

Upcoming Events...

Mid-Winter Board and Mini Congress 2019

Dates: February 25-27, 2019
Location: San Antonio, Texas

Congress of Christian Education & Discipleship / Youth & Children's Convention 2019

Dates: June 17-20, 2019
Location: New Orleans, Louisiana
****Please note that this is one week earlier than we normally meet for Congress and Youth Convention****

Annual Session 2019

Dates: September 8-13, 2019
Location: Oklahoma City, Oklahoma

HAT Toolkit
Get your copy today!



finalthoughts...

TELEHEALTH ROLE IN MODERN HEALTHCARE: Today, telemedicine—literally "treating at a distance"—is everywhere and has many forms, a reflection of the rapid advances in both medical and communications technology. This open, multidirectional sharing of knowledge and expertise creates new local capacity that didn't previously exist to treat devastating conditions like opioid addiction, rheumatoid arthritis, heart disease, HIV and hepatitis.

Through telemedicine, doctors and other health professionals provide an array of important clinical services—from diagnosis to imaging to surgery to counseling—to patients in remote locations. You can find telemedicine (sometimes referred to as "telehealth" in certain contexts) in hospital operating rooms, in rural community health centers, in school-based clinics, in ambulances, and in nursing homes. There are often cases when a patient requires the care of a particular doctor at a particular time, and technology is the best way to facilitate that interaction.

Indeed, telemedicine is expanding across the country, changing from something providers and patients consider cool to something they consider essential.

Not only do telemedicine program technology and others like it increase access to care, but it also strengthens continuity of care.

Building out the connection established under telemedicine into an ever-expanding knowledge-sharing network can create new potential to improve health and save lives.

<https://www.modernhealthcare.com/article/20181001/NEWS/181009989>



*Dr. Samuel C. Tolbert,
NBCA President*

coming soon >>>

In The Next Issue

Living with Lupus

Benefits of Church Emergency Plan

Cancer Education Series 2

Kidney Disease and Dialysis



HAT
MINISTRY

HEALTH AWARENESS TEAM Ministry Officers:

Rev. Dr. Kenneth Kemp, MD, Director

Dr. Derick Young, Associate Director

Dr. Cosette Whitmore, Assistant Director of Healthcare Advocacy/Treasure

Sister Vanessa Mason, Assistant Director-Disaster Relief

Sister Ruby Rucker, Financial Secretary

Sister Sue Winters, Recording Secretary

Contact us at **844-610-NBCA (6222)**

www.nbcainc.com

MISSION & VISION:

*The proposed **mission** of the HAT is to provide basic emergency assistance and disseminate general information to promote the health of all members of the NBCA. Along with the spirit, we seek to enhance the mind and body.*

*The proposed **vision** of the HAT is to develop greater health awareness and improve healthy life habits among members of NBCA over the next years. Ultimately, we will provide basic general information, screening, organizational structure, and advocacy for healthcare that will result in greater quality and quantity of life on earth as our members strive toward eternal life in glory.*