



Recreation 2020 – If not too hot do this outside

***SD** stands for Social Distancing – Kids and Workers need to practice this by holding their left arm out in front of them and their right arm out behind them without touching someone else.

After your recreation session, wash your hands with a wipe, repeat and then hand a wipe to each child to clean their hands.

Hula Hoop course game

Create 2 courses with hula hoops and pool noodles if you want.

2 equal teams (one of you may have to play if uneven)

Kids line up ***SD** and one at a time jump in the hoop and then jump out of the hoop into another hoop or over pool noodle and then go to the sidelines and sit down while ***SD**. Once the person sits down the next person on the team can go. First team to get all players sitting down wins.

Potato sack races

2 equal teams ***SD** (one of you may have to play if uneven)

At the starting line have two pool noodles. One for all to stand behind - the other to be 6 feet in front of the line which will be the starting point.

Use a pool noodle to mark the end of sack race course and they will hop back to the starting line and get out of sack. They will then go sit on sidelines while ***SD** and next person will come up to starting line. First team all sitting down on sideline wins.

Box Tower Stack

Different size boxes wrapped (or unwrapped and taped), 2 equal teams ***SD** (one of you may have to play if uneven), each team should form a ***SD** circle. Hand every child a box. Select a leader from each team. The leader decides which child on his team starts the box stack in the middle of their circle (should be largest box first and so on but he/she decides). That child stacks the box and goes back to his/her original spot. Then leader calls out the name of the next person to stack and so on. See which team stacks all their boxes first and successfully. If it tumbles, leader has to hand back the boxes that fell to the original person and continue the game.

The **Taxing Coin Drop** and the **Construction Cone Ring Toss** could also be played with ***SD**

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