March Prayer List

Baby Boy Helen Louise Isabella Barbara Lvnne Beate Jen Mary Ann Bella R. Maurice Ioe Owen M. Bonita M. John Z. Joselyn M. Patrick B. & family Bruce Carol Karen R. Phyllis Kathy & Bruce A. Robert & Pat Dan David B. Kay Sarah Denise Shirl Kerry Diane Kristen R. & family Skip L. Ellen Theresa Larry Emilia B. Linda Todd P. Ginger M. Lisa B. Walter M. Heidi Lori Winnie D.

Please remember those who cannot attend our services with a card or note. They include:

Audrey Baird

Wells House 201 W. Madison Ave. Johnstown, NY 12095

Erika Crear

Fulton Center 847 County Hwy 122 Gloversville, NY 12078

Joan Sayer

Sarah Jane Sanford Home 69 Guy Park Avenue Amsterdam, NY 12010

Lester Lawyer

Sentinel of Amsterdam 10 Market Street Amsterdam, NY 12010

We pray for

- The inmates at Hale Creek Correctional Facility & Fulton County Jail
- All people in Recovery Groups
- An end to the global pandemic
- Vibrant vision and guidance for the development of One Church Street

We pray for those serving in the Military

Amanda Dino M. Michael D.
Ari Dylan Nicholas B.
Ben P. Ian S. Ryan R.
Brian M. Matt B. Stephen S.
Christopher Matthew W.

Wine for the Holy Eucharist
has been donated in loving memory of
Clark and Virginia Easterly,
Thomas and Dorothy Briggs
and Thomas Briggs, Jr.
by their family.



Welcome to St. John's Church!

May your time spent here in worship draw you closer to the source of all light and life in God through Christ Jesus.



Prayer for People Facing Great Uncertainty

Adapted from the New Zealand Prayer Book

God of the present moment, God who in Jesus stills the storm and soothes the frantic heart; bring hope and courage to all who wait or work in uncertainty.

Bring hope that you will make us all able to deal with whatever lies ahead.

Bring us courage to endure what cannot be avoided, for your will is health and wholeness; you are our God, and we need you now and always.

Amen.

ABOUT COMMUNION

May I receive communion?

If you are a baptized Christian you are invited to receive communion, no matter what your affiliation.

May my children receive communion?

Yes, if they receive communion at their own church. Some parents prefer their children receive first communion instruction prior to taking communion.

If I choose to receive communion, how is it done?

The ushers will direct you to the center aisle. The consecrated Bread is received with both hands and carried to the mouth. The consecrated Wine is received lightly grasping the base of the chalice with one hand helping the minister to guide it to your lips and tipping it up until you receive enough.

What if I don't wish to drink from the common cup?

You may dip the Bread in the Wine yourself, or leave the Bread in the palm of your hand. The minister with the Cup will pick up the Bread, dip it into the Wine and place it on your tongue.

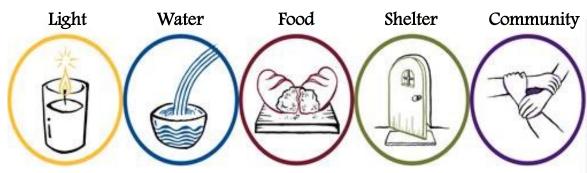
Must I receive consecrated Wine?

No, if you wish to receive only the Bread, simply pass by the station with the chalice, or cross your arms over your chest to let the chalice bearer know.

What if I choose not to receive communion?

Then we invite you to receive a blessing at the altar. Kneel at the altar with those receiving communion, and cross your arms over your chest. The priest will give you a simple blessing. You can then stand up and return to your seat.

Upcoming Events, Meetings & Happenings



In order to continue our Sunday Lenten Study, you can go to the Signs of Life webpage at www.signsoflife.org

To view individual videos, click below, or paste into your browser:

Light www.signsoflife.org/light

Water www.signsoflife.org/water (last week's topic)

Food www.signsoflife.org/food (this week's topic)

Shelter www.signsoflife.org/shelter

Community www.signsoflife.org/community

Questions and meditation practices for this coming week



Questions for Meditation

Holy Communion serves not only as a memorial of our redemption, but also a chance to be united with Jesus, as we "feed on him in your hearts by faith with thanksgiving." Being fed by Jesus, how might you feed others?

As Jesus said in his wilderness fast, "we cannot live on bread alone." We must feed our souls as well as our bodies. For what do you hunger?



Practice:

As you eat this week, give thanks to God for your food and also for your feelings, whether hungry or full.

Corner

Jolunteer

Prayer Table Update

Mother Laurie prayed for four people this week. If you are interested in participating in this ministry, please contact Pam Miller.



NOAH Partner needed! Managing NOAH is a big job for one person! Anna Holland is looking for a partner to help share some of the administrative responsibilities such as updating reports and writing thank you notes. Text or call Anna at 914-391-6752 or call the office at 518-762-9210 to learn more.

NOAH Volunteers: We are continuing to provide a meal on Sundays, but it will be take-out only. Everyone's safety is important. Please contact your team leader for more information.

Food Pantry: We are now working out of the new space at One Church Street and will be open on Wednesdays only for morning hours. Some volunteers may not feel safe working during this pandemic. If you are unable to work your normal hours, it is perfectly understandable, but please contact Roger Rhodes at 518-256-5766 so we can make other arrangements.

Star Stories: How has your Epiphany Star affected your life? Have you made any changes, seen God's hand at work, received answers to prayer or noticed God challenging you in regard to your 'star word'? We need at least 6 people to tell 'star stories' in church during the season of Easter (after Lent). If you would like to be one of those people, please let Mother Laurie know.



Parish Leadership Conference Saturday, March 21 • 8:30~3:45 Christ the King Center