

Thursday Devotional

All,

By now you have probably realized the need for developing some structure to your days at home. Treating these days like an extended vacation is not going to cut it, especially for those working or doing school at home. Those who are retired have already learned this. Those of us who are working might think of the retired as having plenty of time to do lots of stuff. I thought that for awhile. But I have learned, in talking with them, that time, even when retired, just slips away unless you structure your day.

I have seen many articles on how to successfully work at home during these days. They encourage setting the alarm clock, making yourself get up, clean up, eat breakfast, put on clothes, just like you normally would if you were leaving the house for school or work. Make a schedule, blocks of time for work and chores, and stick to it, working on one task until completion if time allows.

You will end the day with a feeling of satisfaction instead of frustration.

Among the parts of your new routine, don't forget to include time with God. Commit both yourself and your schedule to God. Make time with him part of your new structure. This too is a way to grow in spiritual self-discipline as you fulfill your commitments to Him.

Commit your new day to him, calling on him for guidance and strength for self-discipline. See how he will bless you in this.

"May Yahweh answer you in a day of trouble... May He send you help from the sanctuary and sustain you from Zion." (Psalm 20:1-2)