

February is....

Prints of Peace

February 2014

National Heart Health Month:

Do you have high cholesterol or high blood pressure? Have members of your family suffered from these ailments? Do you have a poor diet? If you answer "yes" to any of these questions, you may want to consider being screened for your risk of stroke through the services of Life Line Screening. Life Line Screening uses ultrasound technology to view the plaque build-up in your carotid arteries, the main arteries that carry blood to the brain. Blockages in these arteries are a leading cause of stroke. We are pleased to host this Life Line Screening event 2/10/2014 at Asbury United Methodist Church .

Winter Olympics:

Opening Ceremonies: 7th Closing Ceremony: 23rd

Once every four years, the world's top athletes meet, to compete in the Winter Olympics. The Olympic games in Sochi, Russia, will be the XXII Winter Olympics.

Opening Day ceremonies for the Winter Olympics is a huge, and very special event. The Olympic competitions are held over a two week period. It concludes with a closing ceremony.

Black History Month:

What you might not know is that black history had barely begun to be studied-or even documented-when the tradition originated.

Although blacks have been in America at least as far back as colonial times, it was not until the 20th century that they gained a respectable presence in the history books.

Church Office

9.00-12.00pm (Mon - Thurs)

Phone

332.5266

Email

asburyada@sbcglobal.net

Website

www.adaasburyucm.com

Sunday Schedule

Sunday School 9.30am

Morning Worship 10.30am



*Not all of us can
do great things.*

*But we can do small
things with great
Love.*

- Mother Teresa

Coming Soon!

**You can find the Bishops
Corner letter NOW online at:
[www.okumc.org/
bishops_corner](http://www.okumc.org/bishops_corner)**

Book Nook

Jesus Feminist
by
Sarah Bessey



*Happy
Valentine's
Day*



Stroke can change your life, but it can also take your life. Please consider taking part in the upcoming, potentially life-saving screenings on 2/10/2014. **By signing up for this health event, not only will you be able to receive \$10 off any package of \$149 or more, but Asbury United Methodist Church will also receive a \$10 donation for every member who signs up and attends this Life Line Screening event.** The Stroke, Vascular & Heart Rhythm Package includes four screenings: carotid artery, abdominal aortic aneurysm, peripheral arterial disease and atrial fibrillation. To schedule your appointment and to receive this special offer, please sign up **only** by either calling the dedicated Helping Hands phone number, which is 1-800-324-9458 or by visiting www.helpinghandsforhealth.com. Join in the fight against vascular disease!

Re-Ignite Workshop: Hearts Afire
Saturday February 15, 2014

Registration must be submitted by
February 10th, with \$12 fee.

For more information contact: Kathleen Hatmaker (580)
223-2353; ardmoredistrict@sbcglobal.net

Aly Shahan (405) 530-2198; ashahan@okumc.org

(Registration forms are available at the church office)



Birthdays & Anniversaries

Happy Birthday!

Liberty Diehl 2/1

Michael Horton 2/2

Jason Diehl 2/3

Camron Numer 2/3

Bill Smith 2/6

Ian Stanberry 2/14

Judy Quaid 2/18

Sam Gurley 2/19

Evan Keefer 2/21

David Walters 2/25

If we missed your birthday or anniversary we apologize and wish you the happiest of days! Please contact our offices so we can make sure to include you in the announcements next time.

Pastor's Corner ~ Rev. Temple Diehl

Beloved Brothers and Sisters in Christ,

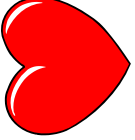
As I sit here, in my office, looking out the window at the cold blustery wind blowing, snowflakes falling lightly, and the trees rattling in the wind, all I can think is COME ON SUMMER! I love the winter months and I rejoice in the changing of the seasons. It brings to mind the scripture that I always take great comfort in, it is found in Hebrews 13:8 "Jesus Christ is the same yesterday, today, and forever!" As the seasons change, as the seasons of our lives change, God is same. God is an ever present God who is head over heels in love with you. God is crazy about you and as we celebrate Valentine's Day, may we take that crazy love God has for us and go into our communities and share that love. Pour that love that can only come from God out and bring someone joy. You are loved! Go and do likewise, love each person you encounter and so knowing that our God and our God's love is ever present!

See you Sunday,

Temple



February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Baptism of Jackson Knight	3	4 The WAY	5 Happy Elders Food Pick Up Choir	6 Food Pantry	7	8
9	10	11 Life Line Screening The WAY Officers Training	12 Choir	13 Food Pantry	14 	15 ReIgnite - LCLN Ardmore 1st
16 Soup Supper/ Bingo @ 5pm	17	18 The WAY	19 Food Pick Up Choir	20 UCM Lunch Food Pantry	21	22
23	24	25	26	27	28	

Happy 
Valentine's
Day 