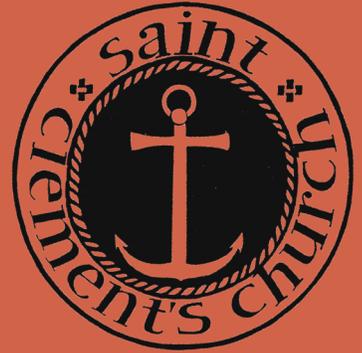


The Anchor



Our Mission:

To love God, To know God, To make God known

Published Monthly by St. Clements Episcopal Church
Diocese of Northern California

2376 Zinfandel Dr.

Rancho Cordova, Ca. 95670

A Veteran Friendly Congregation

Visit us on the web at saint-clements.com

September 2018

On September 10, the Episcopal Church celebrates the life and legacy of notable saint, the Reverend Alexander Crummell. This day is also designated as Union of Black Episcopalians (UBE) Sunday to commemorate the racial justice ministry of this organization which was an outgrowth of Crummell's advocacy.



The Rev. Alexander Crummell was born March 3, 1819, in New York City to Charity Hicks, a free woman of color, and Boston Crummell, a former slave. Both parents were active abolitionists. The first African-American newspaper, *Freedom's Journal*, was published out of their home.

As a young man, Crummell was driven out of an academy in New Hampshire, dismissed as a candidate for Holy Orders in New York, and rejected for admittance to General Seminary because of his race. He was eventually ordained in 1844 as a priest in the Diocese of Massachusetts, but left for England after being excluded from participating in diocesan convention.

Ever determined, Crummell studied at Queens' College, Cambridge and was the first officially black student recorded as graduating. Soon after, he traveled to Liberia as a missionary to convert native Africans to Christianity and educate them, as well as to persuade American black community of their duty to go to Africa to spread Christianity across the continent. Crummell lived and worked for 20 years in Liberia. Finally, political opposition, lack of funding, and the potential for life-threatening violence forced him to return to the United

States.

Upon return to the U.S., he was first called to St. Mary's Episcopal Mission in the Foggy Bottom area of Washington, DC. In 1875 he and his congregation founded St. Luke's Episcopal Church, the first independent black Episcopal church in the city. When in 1882 southern bishops proposed that a separate missionary district be created for black congregations, Crummell was a founding leader in establishing national black convocation to fight the proposal. That organization became known as Conference of Church Workers Among Colored People and is a predecessor body to Union of Black Episcopalians.

After retiring from St. Luke's in 1894, Crummell taught at Howard University until 1897. He died September 10, 1898, at the age of 79. Crummell was an important voice within the abolition movement and a leader of Pan-African ideology, influencing other black nationalists. In fact, W.E.B. Du Bois paid tribute to Crummell with a memorable essay entitled "Of Alexander Crummell" collected in his 1903 book, *The Souls of Black Folk*. His feast day in the Episcopal Church is September 10.

The Union of Black Episcopalians (UBE) is a national faith-based advoca-

Crop Walk

The Crop walk will be Sunday, October 28, from the State Capital to River City Food Bank. Registration starts at 1:30 and the walk begins at 2:00. St. Clements has always been a leader in this event. So, if you can, join in the walk, and if you can't, sign up to support someone who can (I don't walk so good so that's what I'll be doing). See Sharon Burke-Polana to sign up as a walker or find out who to support.

Lay Eucharistic Visitors

St. Clement's would like to restart our weekly Lay Eucharistic Visitors Ministry. If you are interested, please see Fr. Kenn.

Women's Prayer Day

St. Luke's Episcopal Church in Auburn will be having a their 3rd Annual Women's Prayer Day, Saturday September 29th, 2018 from 8:30 a.m. to 4:00 p.m. Flyers are in the Narthex. This is a free event, but space is limited. Reservations are required.

Brunch n' Brew

Fr. Kenn would like to get the Brunch n'Brew crowd together again for another session. He has set the time for October 6 at 10:00am. If you are interested talk to Fr. Kenn. It's a lot of fun!

Bible Readings

for the month

Revised Common Lectionary Year B

September 2, 2018

Fifteenth Sunday after Pentecost

Song of Solomon 2: 8-13

PSALM: 45: 1-2,6-9

James 1: 17-27

Mark 7: 1-8,11-15,21-23

September 9, 2018

Sixteenth Sunday after Pentecost

Proverbs 22: 1-2,8-9,22-23

PSALM: 125

James 2: 1-10, (11-13), 14-17

Mark 7, 1-8,14-15,21-23

September 16,2018

Seventeenth Sunday after Pentecost

Proverbs 1: 20-33

PSALM: 19

James 3: 1-12

Mark 8: 27-38

September 23, 2018

Eighteenth Sunday after Pentecost

Proverbs 31: 10-31

PSALM: 1

James 3: 13-4: 3,7-8a

Mark 9: 30-37

September 30, 2018

Nineteenth Sunday after Pentecost

Esther 7:1-6,9-10;9:20-22

PSALM: 124

James 5: 13-20

Mark 9: 38-50

Nobody Wears a Veil Anymore!

by Marj Heineke

In 1953, I began attending worship services at an Episcopal Church with my "best bud" from high school, Judith Ann. When we left for church, Judith handed me a MANTILLA (for those not familiar with Hispanic heritage, it is a lace veil) and told me to put it on before entering church. I asked her why. She told me it was a sign of reverence to God and Christ present in the Holy Eucharist. I soon discovered that, in those days, in the Episcopal Church, every woman veiled her head.

Many years have gone by and with them many "traditions" in our faith have fallen by the wayside. These traditions, once devoutly practiced, seem to be no longer meaningful in this day and age. Since the coming of Father Kenn to Saint Clements I have been gently reminded of just how beautiful those sacred traditions were to me when I first was confirmed in the faith. Frankly, I have missed them. They lent a certain reverence to the liturgy that made me more mindful of why I attended church and the sanctity of doing so.

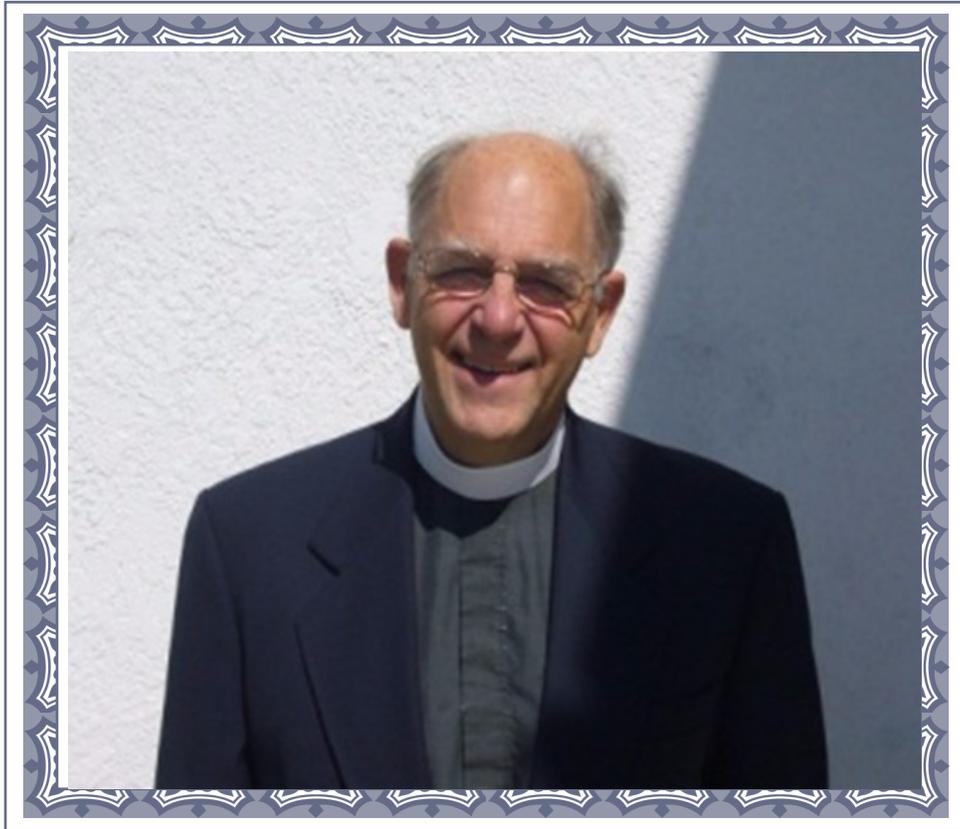
Veiling is not obtrusive, nor an archaic fashion statement. It is far more than that to those who come to do so. Women are privileged to show their reverence to Christ by covering their heads. It is a sign of humility and submission to God. We need to think of the Angels and their incomparable purity when we approach the Blessed Sacrament, called the Bread of Angels, because the Angels cherish the Blessed Sacrament with an ardent love and a profound adoration.

Anything containing or made to contain the Blessed Sacrament is always cherished and frequently veiled for these vessels contain the Eucharist - the Bread of Life. Women too are vessels of life. Our sacred dignity hasn't been protected as it was in the past. We need to return to honoring the unique privilege of being a woman. We need to be humble.

The Virgin Mary is Christ's perfect disciple. And, Mary, the sacred vessel that contained our Lord, ...wore a veil. Dressing with dignity has not gone out of style. Modesty is not frumpy. I recently realized that veiling helped me to focus on why I am here, presently worshipping, in church, at God's holy altar. I had forgotten that. I intend to refresh my memory and my commitment to my faith, my church and my God. All of us could enrich our worship by getting back in touch with our humility once more where our worship practices are concerned.

Since the arrival of Father Kenn, I have come to realize our observances and practices of Holy Liturgy have become a bit careless. We have been out of touch with our mindfulness of the true presence of God among us while in the sanctuary and of Our Lord and Savior Jesus Christ, in the Holy Eucharist. Father Kenn has striven to remind us of the beauty, serenity and solemnity of our worship in the Episcopal faith and here in our sanctuary while worshipping. I totally concur with him on that.

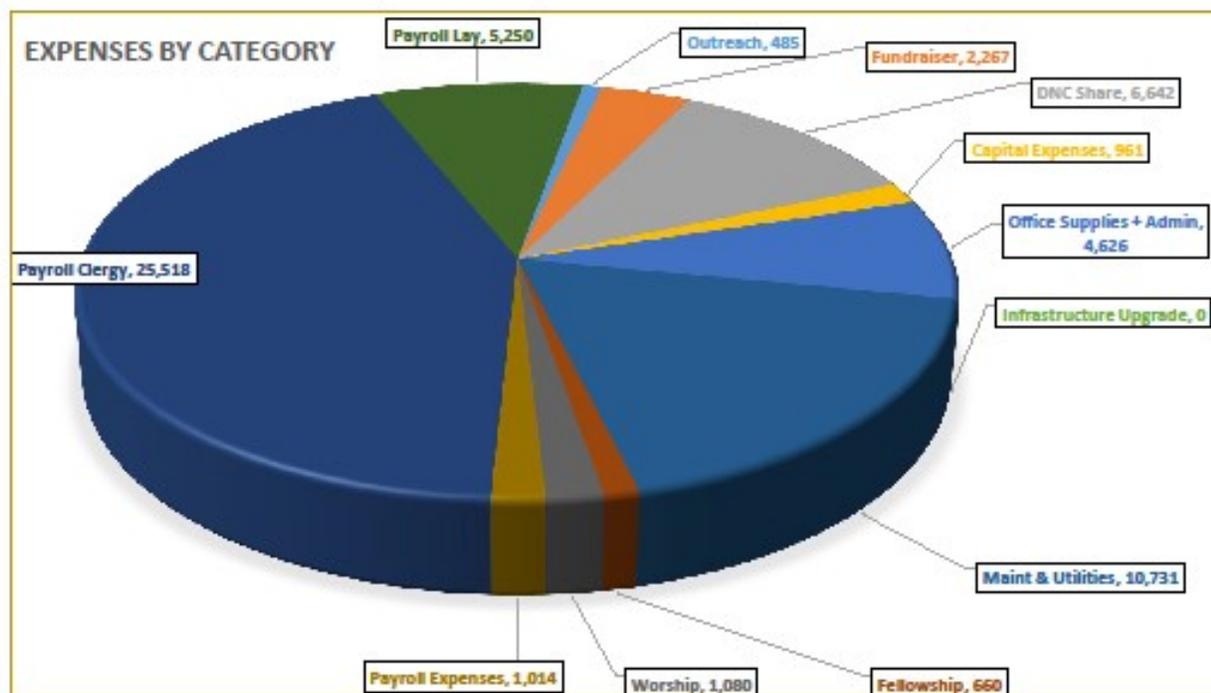
EXPLORING THE OLD TESTAMENT IN THE NEW



Beginning Thursday, September 13th at 7pm, and continuing for a total of eight weeks St. Clements Episcopal Church, Rancho Cordova, will be hosting a class entitled Exploring the Old Testament in the New taught by The Rev'd Peter Rodgers. Cost for the class is \$50.00

The Rev. Peter Rodgers is Vicar of St. Andrew's, Antelope. Peter Served as Rector of St. John's, New Haven, Ct. for 24 years. He taught New Testament and Preaching at Fuller Theological Seminary for 13 years. He holds degrees from Hobart College, General Theological Seminary and Oxford University.

Peter has published numerous articles and several books, including EXPLORING THE OLD TESTAMENT IN THE NEW, which is the recommended book for our course this fall. He has published two novels about the early church and enjoys watercolor painting. He and his wife, Kathy, live in Carmichael California.



St. Clement's Contemplative Prayer Group

"Silence is God's first language." - John of the Cross

This group is an informal gathering to explore together the vibrant traditions of silent Christian prayer. There are many methods of being in the mindful presence of God—some ancient and some more modern. The group will be a chance to delve into these different methods and traditions while giving us the forum to discuss our experiences as we try them out.

There are no experts here! Whether this is the first you're hearing about contemplative prayer, you've been curious for years, or you already practice some form of meditation, the group is open, welcoming, and affirming to everyone and anyone with any interest in contemplative/centering prayer. This is an opportunity to come together in community with patience and kindness to discover how Christian meditation can give us another avenue to explore our relationship with God. Please email Emily Hyberg if you have any questions.

emily.hyberg@gmail.com

ST. CLEMENT'S EPISCOPAL CHURCH
LAY SCHEDULE FOR SEPTEMBER 2018

		September 2	September 9	September 16	September 23	September 30
ALTAR GUILD		Stephen Souلمان Muriel Murray	Sharon B-Polana Linda Simmons	Debbi Honeycutt Len Honeycutt	Jennifer Yee	Stephen Souلمان Muriel Murray
USHERS	8:00 AM 10:00 AM	Randy Grimwood Pam Quarles	Randy Grimwood Kent Ransom	Randy Grimwood Bill Murray	Randy Grimwood Pam Quarles	Randy Grimwood Kent Ransom
ACOLYTES	8:00 AM 10:00 AM	Chris Wash Debbi Honeycutt	Harry Shippy Debbie Popp	Janelle Fallan Emily Hyberg	Chris Wash Debbi Honeycutt	Harry Shippy Debbie Popp
LECTORS	8:00 AM 10:00 AM	Jim Wash Len Honeycutt	Janelle Fallan Bill Murray	Ken Dunham Chuck Maxson	Harry Shippy Muriel Murray	Chris Wash Kent Ransom
INTERCESSORS	8:00 AM 10:00 AM	Ken Dunham Chuck Maxson	Jim Wash Len Honeycutt	Harry Shippy Kent Ransom	Ken Dunham Bill Murray	Janelle Fallan Chuck Maxson
E.M. (CHALICE)	8:00 AM 10:00 AM	Chris Wash Sharon B-Polana	Harry Shippy Muriel Murray	Janelle Fallan Debbie Popp	Chris Wash Len Honeycutt	Harry Shippy Debbi Honeycutt
COFFEE HOUR	8:00 AM 10:00 AM	Jim & Chris Wash Betty Chapman Jennifer Yee	Janelle Fallan Ken Dunham Bar B Que for Lay Ministry Fair	Harry Shippy Elsie Webber La Benesh	Randy Grimwood Zoe B. Mitchell Debbi Honeycutt	Janelle Fallan Ken Dunham Pottuck Sunday
COUNTERS		Kent Ransom Stephen Souلمان	Muriel Murray Sharon B-Polana	Harry Shippy Guido Polana	Stephen Souلمان Kent Ransom	Muriel Murray Sharon B-Polana
Media Ministry	10:00	Pam Quarles	Pam Quarles	Pam Quarles	Pam Quarles	Pam Quarles

NOTE: If you cannot serve on the day scheduled please arrange to have someone else take your place.
Note: The acolyte at the 10:00 service serves as one of the chalice bearers

2018 Vestry

Senior Warden

Debbi Honeycutt 362-5170

Junior Warden

Sharon Burke-Polana 481-0225

Zoe Mitchell 944-1757

Lavinia Benesh (707) 304-0758

Denise Smith 852-8223

Betty Chapman 363-4435

Treasurer:

Kent Ransom 635-5751

Clerk:

Harry Shippy 631-0640

Sexton:

Randy Grimwood 458-8196

Pastoral Needs

If you have a need for a pastoral visit, please contact:

Fr. Kenn Katona at:
916-635-5282

Clergy and Lay Eucharist Visits

Please call the church office (635-5282) or send an e-mail to the church at info@saint-clements.com if you would like communion brought to you or a family member.

Harry Shippy, Editor

The Anchor

is published monthly by
St. Clement's Episcopal Church
2376 Zinfandel Drive
Rancho Cordova, CA 95670

Phone: (916) 635-5282 Fax: (916) 635-7259

email: info@saint-clements.com

Web: www.saint-clements.com

Contacts

Office Manager

Volunteer Staff

Music Minister

Carole Maxson 209- 795-5768

Sexton

Randy Grimwood 458-8196

Altar Guild

Debbi Honeycutt 362-5170

Anchor Editor

Harry Shippy 631-0640

e-mail anchor@saint-clements.com

Daughters of the King

Debbi Honeycutt 362-5170

Lay Ministry Coordinator

Len Honeycutt 362-5170

Lay Eucharistic Visitors

Prayer Tree

Mickey Boughton 635-8324

Sunday School

Muriel Murray 967-5981

Sharon Burke-Polana 481-0225

Ushers

Randy Grimwood 458-8196

Coffee Hour Hospitality

8:00am: Chris Wash 852-7224

Kitchen Supplies

Chris Wash 852-7224

Harry Shippy 631-0640

Please email your news and photographs to anchor@saint-clements.com. Deadline for articles is the 15th of the month. Articles are subject to editing.