

The Anchor



Published Monthly by St. Clement's Episcopal Church
Diocese of Northern California

2376 Zinfandel Dr.
Rancho Cordova, Ca. 95670

A Veteran Friendly Congregation

Visit us on the web at saint-clements.com

May 2016

Oh Say, Can You Hear

In this election year, presidential candidates are yelling at each other, calling names, and working hard to be *heard*. They want voters to *hear* them and respond by coming out to vote. But what we *hear* is often determined by what we already know, or think we know. Sometimes we hear things that may not make sense at first.

If you are in Pennsylvania Dutch country, you might hear a man say to his son, "Go throw the cow over the fence some hay." Or in the Southeastern United States, you may hear someone tell you that tomorrow they have to "carry momma to the doctor", or you may be asked to "get the hose pipe" (a Garden Hose in the rest of the world). Sometimes the things we *hear* don't quite mean what they sound like.

Jesus uses examples of sheep and shepherd. He refers to *calling His sheep and they come out and follow Him*. This makes more sense when we realize that, long before barbed wire, herds of sheep grazed together, although they did not all belong to the same shepherd. A group of shepherds could gather their herds together and share the task of protecting all of the sheep during the night. When morning came, if the shepherds needed to travel on separately, each shepherd would make a sound (compare it to hog calling), and the sheep that belong to each shepherd would come out of the group and follow only their own shepherd. The sheep will actually separate themselves from the others.

I knew a sheep rancher many years ago. She was a combination of Annie Oakley and Calamity Jane with the volume turned-up ten times and the vocabulary of a career sailor. When I would drive up to the ranch, the sheep would all run away from the fence. When my rancher friend would come out and make her unique call (a shriek with a twist that cannot be imitated) the sheep all came over to the fence ... they knew her voice, *heard* her, and responded.

How do the sheep learn the voice of their shepherd? When this sheep rancher started her herd of about 100, she kept the young lambs in a small corral. Every time she would give them food or water or do anything for them, she would make her unique noise. After a short while, the young sheep learned the voice of their shepherd and responded. From that point on, they would not come to any other call.

How do we *hear* the voice of the Lord, the Good Shepherd? Remember the old AM/FM Radios? The tuning knob often had another tuning ring behind it for *fine tuning*. That was how you kept your station tuned-in as

clear as possible. To keep our spiritual hearing tuned-in to the voice of the Lord, there are three things we can do:

1. **Study.** Intentional, regular Bible Study using Daily Devotions and other guides to growing in faith. Get involved in a study program and habit that feeds a healthy, growing faith (perhaps the *Bishop's Bible Challenge*).
2. **Prayer.** Make time for daily prayer. Sometimes we just don't have the words to say, or don't know where to begin praying. One excellent resource for prayer is the *Book of Common Prayer*. BCP Pages 137-140 contain short personal devotions for Morning, Noon, Evening and Bedtime prayers. You can use your smart phone to set alarms reminding you to take a few minutes to pray during each day. By the way, you are actually allowed to have a BCP in your home, and they make pocket-sized ones as well ... I'm just saying.
3. **Practice.** Listening for the voice of the Shepherd requires practice. Our Shepherd Jesus is on-the-move, and the Church is called to be on-the-move as well. We are the Church, the body of Christ in the world today. Through study and prayer we can fine-tune our *hearing* and respond to the call to be the body of Christ. We can offer a kind word, a prayer of support or sympathy, a heartfelt "you're doing a great job!", or an honest "I love you".

One of the most important factors in *hearing* the Lord is turning-off the noise. Study and prayer work better without the TV on, or the cell phone in your hand. Take some time to tune-out from the busy, noisy world, and remember how much God loves you and wants the best for you. The Shepherd will not hurt you or abandon you. "My sheep hear my voice. I know them, and they follow me. I give them eternal life, and they will never perish. No one will snatch them out of my hand." (John 10:27-28, NRSV)

"O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God for ever and ever. *Amen.*" (BCP 1979, p. 225)

Blessings and Peace,

David+

The Rev'd Dr. David L Bridges

Pet Help

If you would like to help support the Pet Food Assistance Program at the Sacramento County Animal Shelter, please bring non-perishable dog or cat food to church and Dorothy LeCel has volunteered to deliver the donations to the shelter. Please see Dorothy for details.

Bible Readings

for the month

Revised Common Lectionary Year C

May 1

Sixth Sunday of Easter
Acts 16: 9-15
PSALM 67
Revelation 21: 1-6
John 14; 23-29

May 5

Ascension of the Lord
Acts 1: 1-11
PSALM 47
Ephesians 1: 15-23
Luke 24: 44-53

May 8

Seventh Sunday of Easter
Acts 16: 16-34
PSALM 97
Revelation 22: 12-14, 16-17, 20-21
John 17: 20-26

May 15

Day of Pentecost
Acts 2: 1-21
PSALM 104: 24-34,35b
Romans 8: 14-17
John 14: 8-17 (25-27)

May 22

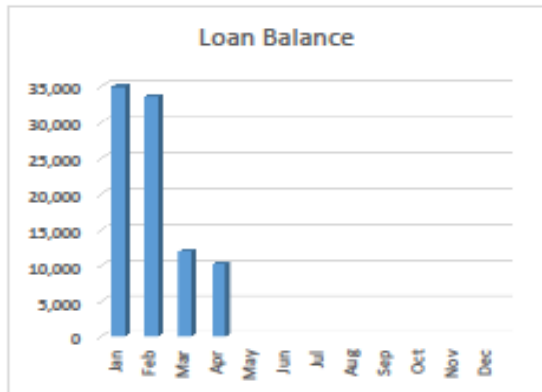
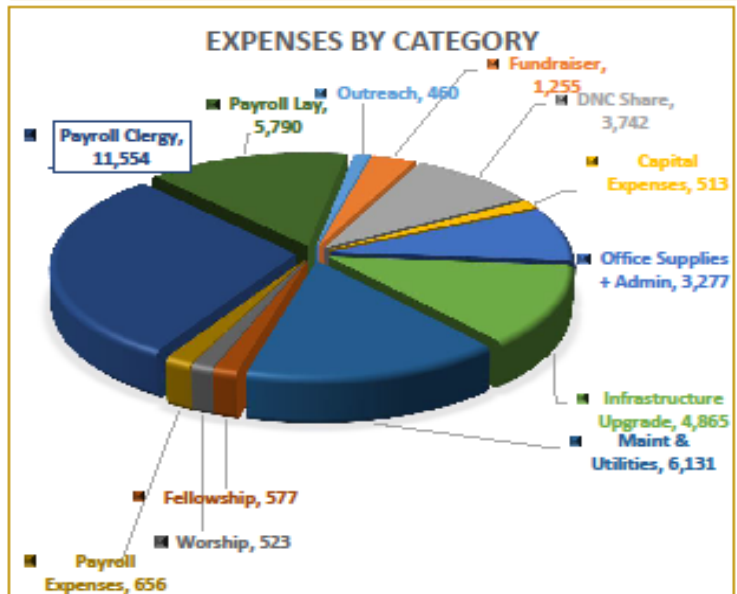
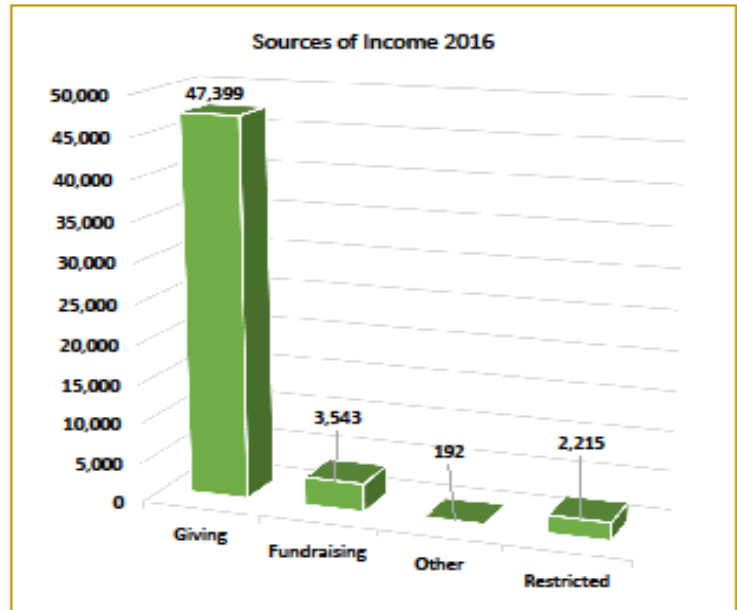
Trinity Sunday
Proverbs 8: 1-4,22-31
PSALM 8
Romans 5:1-5
John 16: 12-15

May 29

Second Sunday after Pentecost
Proper 4(9)
1 Kings 18: 20-21, (22-29), 30-39
PSALM 96
Galatians 1: 1-12
Luke 7: 1-10

St. Clements Income Expense Report

St. Clements Financial Statement As of April 30, 2016		
INCOME		Total
Giving		47,399
Fundraising		3,543
Other		192
Restricted		2,215
TOTAL INCOME		\$53,349
EXPENSES		
Outreach		460
Fundraiser		1,255
DNC Share		3,742
Capital Expenses		513
Office Supplies + Admin		3,277
Infrastructure Upgrade		4,865
Maint & Utilities		6,131
Fellowship		577
Worship		523
Payroll Expenses		656
Payroll Clergy		11,554
Payroll Lay		5,790
TOTAL EXPENSES		\$39,343
NET Income		\$14,006
Capital Construction Loan		
Loan Contributions		26,734
Principal Paid		27,052
Interest Paid		491
Balance of Loan		\$10,138



Great Greens

By Dorothy Lecl

The St Francis produce market is open from 10 to 11 every Tuesday, the selection varies by what is most abundant so the variety is really good. They will also accept special requests. The prices are amazing and while they call themselves a senior market all are welcome. Please check it out, I think you will be pleased.

**St. Clement's Episcopal Church
Schedule March 2016**

	May 1	May 8 Mother's Day	May 15	May 22	May 29
Altar Guild	Len Honeycutt Debbi Honeycutt	Jennifer Yee	Stephen Soultman Debbie Kidd	Sharon B. - Polana Muriel Murray	Len Honeycutt Debbi Honeycutt
Ushers	8:00 a.m. Randy Greenwood 10:30 a.m. Ray & Sherri Stults	Randy Greenwood Lynette Yoes Kent Ransom	Randy Greenwood Ray & Sherri Stults	Randy Greenwood Phil Yoes Kent Ransom	Pam Quarles
Acolytes	8:00 a.m. Harry Shippy 10:30 a.m. Debbie Popp	Jim Wash Debbi Honeycutt	Harry Shippy Debbie Popp	Janelle Fallan Debbi Honeycutt	Chris Wash Debbi Honeycutt
Lectors	8:00 a.m. Ken Dunham 10:30 a.m. Kent Ransom Chuck Maxson	Janelle Fallan Len Honeycutt Pam Quarles	Chris Wash Deb Bickford Steve Ramiro	Ken Dunham Chuck Maxson Kent Ransom	Harry Shippy Pam Quarles Len Honeycutt
Intercessors	8:00a.m. Jimi Benesh Jr. 10:30 a.m. Steve Ramiro	Ken Dunham Ray Stults	Jim Wash Deb Bickford	Harry Shippy Len Honeycutt	Jimi Benesh Jr. Kent Ransom
E.M. (Chalice)	8:00a.m. Harry Shippy 10:30 a.m. Debbie Popp	Jim Wash Sharon B. - Polana	Harry Shippy Debbi Honeycutt	Janelle Fallan Anthony Baird	Chris Wash Debbie Popp
Coffee Hour	8:00 a.m. Harry Shippy 10:30 a.m. Marla Bridges	Janelle Fallan Ken Dunham Elsie Webber Mirckey Boughton	Chris & Jim Wash Betty Chapman Jennifer Yee	Irene Grant Randy Greenwood Lynette Yoes Dorothy Lecel	Violet & Jimi Benesh Ray & Sherri Stults
Counters	Kent Ransom Sharon B. Polana	Ray Stults Stephen Soultman	Guido Polana Kent Ransom	Sharon B. - Polana Harry Shippy	Ray Stults Guido Polana
P.I.E.	8:00 & 10:30a.m. Muriel Murray	Mirckey Boughton	Debbi Honeycutt	Debbie Popp	Muriel Murray
Media Ministry	10:30 a.m. Pam Quarles	Phillip Yoes	Lynette Yoes	Pam Quarles	Lynette Yoes

NOTE: If you can not serve on the day scheduled please arrange to have someone else take your place

2016 Vestry

Contacts

Office Manager

Irene Celedon 635-5282

Music Minister

Carole Maxson 209- 795-5768

Sexton

Randy Grimwood 458-8196

Altar Guild

Debbi Honeycutt 362-5170

Anchor Editor

Harry Shippy 631-0640

e-mail anchor@saint-clements.com

Daughters of the King

Debbi Honeycutt 362-5170

Lay Ministry Coordinator

Len Honeycutt 362-5170

Lay Eucharistic Visitors

Len Honeycutt 362-5170

Prayer Tree

Mickey Boughton 635-8324

Sunday School

Muriel Murray 967-5981

Sharon Burke-Polana 481-0225

Ushers

Randy Grimwood 458-8196

Coffee Hour Hospitality

Debbie Popp 635-3097

Kitchen Supplies

Sherry Stults 638-2284

Please email your news and photographs to anchor@saint-clements.com. Deadline for articles is the 15th of the month. Articles are subject to editing.

Sr. Warden

Janelle Fallan 817-4245

People's Warden

Pamela Quarles 635-2936

Guido Polana 481-0225

Dorothy Lecel 389-0533

Phil Yoes 852-1016

Jim Wash 852-7224

Treasurer:

Kent Ransom 635-5751

Clerk:

Harry Shippy 631-0640

Sexton:

Randy Grimwood 458-8196

Clergy and Lay Eucharist Visits

Please call Len Honeycutt (362-5170) or the church office (635-5282) or send an e-mail to the church at info@saint-clements.com if you would like communion brought to you or a

The Rev. Dr. David Davidson-Methot

Priest-in-Charge

Harry Shippy, Editor

The Anchor

is published monthly by

St. Clement's Episcopal Church

2376 Zinfandel Drive

Rancho Cordova, CA 95670

Phone: (916) 635-5282 Fax: (916) 635-7259

email: info@saint-clements.com

Web: www.saint-clements.com