



St. Clement's Episcopal Church

2376 Zinfandel Drive
Rancho Cordova, CA 95670

A Veteran Friendly Congregation

The Anchor

Published By St. Clement's Episcopal Church

Diocese of Northern California

February 2013

Why am I doing this?

You decide to learn something new. It could be playing the recorder or studying ancient archeology. People want to know why. Why? Because you are alive, and life is worth exploring. Why shouldn't everyone keep learning? Does it have to be focused on gaining a new position or better letters after your name? What happened to just learning because it is a joy?

Oh, I know the answer to this one (see, I'm *learning!*). The answer is to describe the "plan" to use this new learning. When we present the well-thought-out plan for how this program of study will advance us in position, esteem or monetary worth, everyone is happy.

Well, I'm in this bind. I'm pursuing a Doctor of Ministry degree in Congregational Development. Why? Because I want to learn the best practices that relate to developing congregations. That's it! That's the whole reason. It won't get me a better job. In fact, I'm nearing retirement, so it won't get me a job at all. And, to top it all, I'm paying for it myself. I must be certifiably nuts!

Actually, I don't think so. I care very much about THIS congregation, and I want to contribute all the knowledge and practice the wider church has to offer to building THIS congregation. Again, that's it! That's the whole reason why I am doing this.

So, what does this have to do with YOU? I assure you, you are involved. You are the beneficiaries – and the experimental subjects, too.

Let me ask you this: if I learned of a ministry practice that had produced marvelous results in congregational participation and community relevance, and it wasn't about money, would you be interested in hearing about it? If I learned of practices that made vestry meetings a joyful and spiritual experience, would you be interested in serving on vestry? If I was made aware of mission activities that deepened the sense of self-worth of every member of the congregation, should I not burden you with this information?

In my relationships with each person in our congregation I see people who want to make a difference in the world around them. Sometimes making a difference means doing things a little differently. It means openness to a few new ideas. God wants us to use our brains each day to learn new things. St. Clement's is a community of lively and faithful persons. I pray that all of us continue to expand our collective capacity to learn. I can't tell you what it will look like; that's the openness part. We have a moral and holy guide in Jesus Christ. Not everything that is new is good. But some things are, or have the potential to be. When we are alive in God's Spirit, we can receive new ideas with a can-do attitude and grace.
In faith and anticipation,

Pastor Christine +

Bible Readings

for the month

Revised Common Lectionary
Year C

February 3

Fourth Sunday After The Epiphany

Jeremiah 1:4-10

PSALM 71:1-6

1 Corinthians 13:1-13

Luke 4:21-30

February 10

Last Sunday After the Epiphany

Exodus 34:29-35

PSALM: 99

2 Corinthians 3:12-4:2

Luke 9:28-36,(37-43)

February 17

First Sunday In Lent

Deuteronomy 26:1-11

PSALM: 91:1-2,9-16

Romans 10:8b-13

Luke 4:1-13

February 24

Second Sunday In Lent

Genesis 15:1-12,17-18

PSALM: 27

Philippians 3:17-4:1

Luke 13:31-35

2012 Financial Recap

Total Income	\$190,347.00
(Pledge and plate =\$128,346.00)	
Total Expenses	\$187,841.00
(Includes construction loans)	-----
Net End Year Balance	\$ 2,466,00

Shrove Tuesday Mardi Gras Dinner

Before we begin our "observance of a holy Lent" we have a last chance to party! Shrove Tuesday or Mardi Gras is the traditional way religious families emptied their kitchens of fats and foods forbidden during Lent. Our dinner will be Tuesday, February 12 at 6 pm. We'll have pancakes and sausages AND an alternate main dish - take your pick. Bring your family and enjoy the 2013 edition of the trivia game.

Would you like to help? Please contact Pastor
Christine. 2

Contacts

Office Manager

Len Honeycutt 635-5282

Music Minister

Carole Maxson 209- 795-5768

Sexton

Randy Grimwood 458-8196

Altar Guild

Debbi Honeycutt 362-5170

Anchor Editor

Harry Shippy 631-0640
e-mail shippyharry@yahoo.com

Daughters of the King

Debbi Honeycutt 362-5170

Lay Ministry Coordinator

Bobbie Keill 852-6837

Lay Eucharistic Visitors

Len Honeycutt 362-5170

Parish Nurse

Helen Sheppard 635-1987

P.I.E./Lectionary Bible Study

Betty Chapman 363-4435

Prayer Tree

Mickey Boughton 635-8324

Sunday School

Muriel Murray 967-5981

Sharon Burke-Polana 481-0225

Ushers

Randy Grimwood 458-8196

Coffee Hour Hospitality

Bobbie Keill 852-6837

Kitchen Supplies

Sherry Stults 638-2284

2012 Vestry

Ray Stults, Sr. Warden 638-2284

Mike Chapman,
Peoples Warden 363-4435

Harry Shippy, Clerk 631-0640

Sharon Burke-Polana 481-0225

Kent Ransom
Treasurer 635-5751

Ken Dunham 817-4245

Randy Grimwood (retiring) 458-8196

Bobbie Keill (retiring) 852-6837

Debbi Popp 635-3097

Ethel Bartmess 452-0783

At a Glance

Saturdays	Thrift Store open 9-1
Bible Study	Tuesday 7:00 pm
February 3	Combined Service 9:00am
	Annual Meeting 10:00am
February 13	Ash Wednesday
	Services at 12:00noon and 6:00pm
February 14	Lunch Bunch 12 noon
February 15	Anchor Deadline
February 16	Convocational Leadership Conference
February 24	Singin' in the Spirit 4:00pm

Birthdays and Anniversaries

February 1	Sharon Burke-Polana
February 9	Jennifer Yee
February 10	Marj Heineke
February 18	Sara Benesh
February 25	Lupe Bennett
February 28	David Weber

Clergy and Lay Eucharist Visits

Please call the church office(635-5282) or send an e-mail to the church (st.clements@hotmail.com) if you would like communion brought to you or a family member.

The Rev. Christine Leigh-Taylor, Rector

Harry Shippy, Editor

The Anchor

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St. Clement's Episcopal Church
2376 Zinfandel Drive

Rancho Cordova, CA 95670

Phone: (916) 635-5282 Fax: (916) 635-7259

email: st.clements@hotmail.com

Web: www.saint-clements.com

Please email your news and photographs to st.clements@hotmail.com or shippyharry@yahoo.com Deadline for articles is the 15th of the month. Articles are subject to editing.

What is Lent? Why do we observe it?

For old-time Christians, Lent is an expected season of the Christian year. For newer Christians, Lent may be a complete mystery. Here's a brief introduction.

The Church year runs from Advent (in early December or late November) to Christmas, then to Epiphany, and then to Ash Wednesday (the beginning of Lent), to Holy Week and Easter, to Pentecost, and to the season after Pentecost which lasts until the next Advent. All of our readings, and church colors follow this pattern.

Ash Wednesday begins the Lenten period, which lasts six weeks. Lent is a time of spiritual preparation. Some people take a Lenten discipline of giving up something that they like; others adopt a discipline of doing something new. It is a time of personal work, and the disciplines or vows that you make are for your own use.

You may hear people ask "what did you give up for Lent?" Don't feel bad if you have adopted a different discipline for yourself that does not involve giving up but perhaps taking on.

During Lent we attempt to spiritually walk with Jesus – whether it is his 40 days in the wilderness after his baptism or his journey to the cross in Jerusalem. When we do this together as a spiritual community, we strengthen each other in our daily lives of faith.

In church, this as a period of simplicity, even bareness in our decorations, as a way to augment the simpler practices of daily life that many families adopt during Lent.

What might you or your family do to make Lent a real part of your life?

Light a candle at meals.

Read a Bible passage before each meal. It could be the Psalm for the day – found in your Prayer Book, or one of the readings from last Sunday's service, or the gospel for next Sunday. The Bible is available on line in many forms, and our Sunday readings are printed in

every month's Anchor. If we can make Bible readings easier to access please let us know.

Take time to pray together – for your known needs and for those concerns that are wider (like international issues).

"I invite you... in the name of the Church, to the observance of a holy Lent..."

Lent Comes Early This Year!

How early? Ash Wednesday is February 13!!! Which means a few things.

- 1) Easter is March 31. Easter, and especially Easter Vigil, is THE BEST TIME to celebrate baptism.
- 2) Our Lenten program will be held Thursday afternoons from 4 to 5 pm. Pastor Christine will lead this gathering with a new book by the Very Rev. Jane Shaw, Dean of Grace Cathedral. Please indicate your interest, and copies of the book will be made available at cost.
- 3) Evening Prayer will be offered on Thursdays at 5:30 pm. This is a beautiful 30-minute service.

If there is interest, a second session of the Lenten program will be held at 6 pm on Thursdays, after Evening Prayer.

Congregational Leadership Conference Feb. 16

How do we educate ourselves on what works well in ministry or church administration? We go to a Congregational Leadership Conference; these are held across the diocese in winter. For our Southeastern Deanery, we will gather at Trinity Cathedral on Saturday, February 16 from 8:30 am to 3 pm to engage our hearts and brains in new ideas. Registrations are requested, because lunch is served. Pastor Christine will be attending, and would like to fill her car with others. Individual workshop topics include apportionment review, a treasurer's session, how to engage new people and several others. Go to www.norcalepiscopal.org/clc to register.

Everyone helps, everyone is needed

At St. Clement's we all pitch in to make our faith community one of welcome, worship, fellowship and care. Look in your Sunday bulletin (or the Lay Ministry Schedule in this Anchor), and you will see how many people participate each month. But, people do get tired or take on different duties, so building the roster of helpers is essential.

Coffee hour is a wonderful time for us to come together after worshipping to reconnect as a church family every week. We have dedicated host/hostesses that work hard to make our time of food and fellowship special, but we could use a little help! Another host/hostess or two, every month or at whatever frequency works for you, would be a great addition. Also, we need folks who can help with clean-up after the 10:00 AM coffee hour. Please contact Bobbie Keill at bkeill@comcast.net or at 916-852-6837. There are easy written instructions, and in-person help is at your service.

Ushers are needed at both services. This may seem like an easy job, but it is crucial to have a friendly person on hand to welcome regulars and newcomers alike. They tell people about Sunday School (at 10 am), and make sure everyone has a bulletin. Ushers also process with the bread and wine and give a count of those present to the presider so the right amount of sacrament is consecrated. The ushers then pass out and collect the offering plates. Finally, ushers let the presider know if anyone wishes to receive communion at his/her seat. Ushers make the service run smoothly. Randy Grimwood would like some company in this role at 8 am, and we always need more folks at 10 am. There are written instructions for this role, too. Please contact Pastor Christine or Randy Grimwood.

Do you have a will?
Have you remembered the Church in
your will?

Installment 2: Guidelines for a Learning, Respectful, Diverse Community

Last month I introduced nine guidelines that, together, help build healthy communities. They come from "God's Tapestry: Understanding and Celebrating Difference" by William M. Kondrath (Herndon: The Alban Institute, 2008).

1. Try on (ideas, behaviors).
2. It's okay to disagree. It's not okay to shame, blame, or attack oneself or others.
3. Practice self-focus.
4. Practice both/and" thinking."
5. Beware of intent and impact.
6. Take 100% responsibility for one's own learning.
7. Maintain confidentiality.
8. It's okay to be messy.
9. Say - "ouch" when appropriate.

In the last Anchor I gave a fuller description of the first technique - "try on" ideas or behaviors so you can understand them. You don't have to adopt them.

This month I want to discuss item 2: "It's okay to disagree. It's not okay to shame, blame, or attack oneself or others."

We've all been the brunt of verbal attacks by those who would like to ridicule our feelings or ideas. That is NOT a constructive argumentation tactic. After you have "tried on" another person's perspective (so that you understand it well enough to state it fairly), it is perfectly appropriate to state that you disagree.

I remember early in my marriage when my husband and I came up with different views on something - anything! - he would repeat and repeat his position until I gave up and agreed with him. This made me angry, and I finally developed the courage to say "we are at an impasse, and it's okay." Now we have years of practice, and this is no longer a difficult situation for either of us. Learning to disagree without blaming, shaming or

Ministry Development Grants

attacking is a skill everyone needs to function in constructive relationships.

This is as important in a faith community as it is in the workplace, and within families. People need to feel that they can express a different viewpoint and not be ridiculed for it. A healthy community allows diverse perspectives. Consider the Bible; there are many examples of a story told in two different, and inconsistent ways. Those who compiled the Hebrew Bible kept two versions of the creation story, two versions of the flood and so on. In the New Testament each of the four gospels has its own purpose, context and theology. We can certainly do as well at St. Clement's.

This year our Diocese set aside \$200,000 in the operating budget to distribute to congregations for new ministry initiatives. Funding will be throughout the year, as proposals are received. Do YOU have a ministry idea that could be developed? Please speak to Pastor Christine.

Lunch Bunch February 14

The second Thursday of February is the 14th – Valentine's Day! Let's do lunch! Is someone inspired to make a "loving" meal? Please let Pastor Christine or Harry Shippy know.

St Clement's Episcopal Church February 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
						Thrift Store open 9:00am – 1:00pm NA 10:00 am AA 7:00 pm
3	4	5	6	7	8	9
Combined Service 9:00am Annual Meeting 10:00am AA 6:30pm	Rector's Day Off	Bible Study 7:00pm	AA 6:00 pm			Thrift Store open 9:00am – 1:00pm Daut of the King 10:00am NA 10:00 am AA 7:00 pm
10	11	12	13	14	15	16
Eucharist 8:00&10:00am AA 6:30pm	Rector's Day Off	Bible Study 7:00pm	Ash Wednesday services 12:00noon and 6:00pm AA 6:00 pm	Lunch Bunch 12:00noon	Anchor Deadline	Thrift Store open 9:00am – 1:00pm Congregational Leadership Conf NA 10:00 am AA 7:00 pm
17	18	19	20	21	22	23
Eucharist 8:00&10:00am AA 6:30pm	Rector's Day Off	Bible Study 7:00pm	AA 6:00 pm			Thrift Store open 9:00am – 1:00pm NA 10:00 am AA 7:00 pm
24	25	26	27	28		
Eucharist 8:00&10:00am Singin' In th' Spirit 4:00pm AA 6:30pm	Rector's Day Off	Bible Study 7:00pm	AA 6:00 pm			

Lay Ministry Schedule St. Clement's Church

February 2013	SUNDAY Feb 3	SUNDAY Feb 10	SUNDAY Feb 17	SUNDAY Feb 24
Altar Guild	Fourth Sunday After The Epiphany Debbie Honeycutt Len Honeycutt	Last Sunday After The Epiphany Jeniffer Yee Stephen Souلمان	First Sunday in Lent Diedra White Kara Magdaleno	Second Sunday in Lent Irene Grant Phyllis Rayburn
Ushers 8:00 a.m.	Randy Greenwood	Randy Greenwood	Randy Greenwood	Randy Greenwood
Ushers 10:00 a.m.		Ray & Sherry Stufts Janelle Fallan	Bill Murray Jim Wash	Pam Quarles Harry Shippy
Acolytes 8:00 a.m.				
Acolytes 10:00 a.m.	Debbie Popp	Debbi Honeycutt	Debbie Popp	Debbi Honeycutt
Lectors 8:00 a.m.		Chris Wash	Marj Heineke	Janelle Fallan
Lectors 10:00 a.m.	Mike Chapman Pam Quarles	Bill Murray David Bridges	Muniel Murray Kent Ransom	Chuck Maxson Bobbie Keill
Intercessors 8:00a.m.		Harry Shippy	Ken Dunham	Chris Wash
10:00 a.m.	David Bridges	Ray Stufts	Bobbie Keill	Mike Chapman
E.M. (Chalice) 8:00a.m.	Chns Wash	Janelle Fallan	Jim Wash	Harry Shippy
E.M.(Chalice) 10:00 a.m.		Muniel Murray	Bobbie Keill	Deidra White
Coffee Hour 8:00 a.m.	Harry Shippy	Mary Norsweather Phyllis Rayburn	Chris & Jim Wash	Irene Grant Randy Greenwood
Coffee Hour 10:00a.m.	Betty Chapman Victoria McKinney	Carol Cartwright	Debbie Popp	Bobbie Keill
Counters	Kent Ransom Harry Shippy	Bill Murray Ray Stufts	Sharon Burke-Polana Muniel Murray	Stephen Souلمان Guido Polana
PIE 8:00 & 10:00a.m.	Mickey Boughton	Muniel Murray	Debbi Honeycutt	Betty Chapman

FEBRUARY 2013

REGULAR SUNDAY SCHEDULE

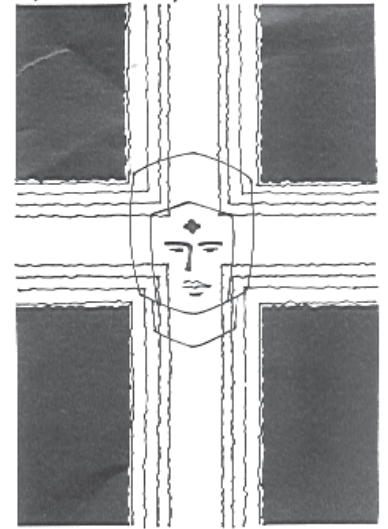
8:00 A.M. RITE I HOLY EUCHARIST

10:00 A.M. RITE II HOLY EUCHARIST

COFFEE AND FELLOWSHIP

FOLLOWING EACH SERVICE

ASH WEDNESDAY



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February 2013

First Class

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RETURN POSTAGE GUARANTEED



Singin' in the Spirit

The Choir will present "Singin' in the Spirit" on Sunday afternoon, February 24 at 4pm in honor of Black History Month. It is a musical celebration of the African American Spiritual which is one prominent way the melodies and rhythms of Africa found their way to America. These songs were created by the Africans who were captured and brought to the United States to be sold into slavery. The stolen race was deprived of their languages, families and cultures, yet their masters could not take away the music of their souls. These beloved spirituals were largely influenced by the dire circumstances in which the slaves were forced to live. From these degrading surroundings emerged songs filled with eternal hope. It is a testament to a resilient people and a deeply rooted faith that these spirituals live on in the musical vernacular of our day. It is a rich legacy that we should all cherish and preserve as it is passed on to successive generations.

We are hoping that we can encourage some displays of African-American memorabilia as another way to bring a deeper understanding of that history. If you have some such item(s) that you would be willing to share please let one of the choir know.