



St. Clement's Episcopal Church
2376 Zinfandel Drive
Rancho Cordova, CA 95670

A Veteran Friendly Congregation

The Anchor

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October 2012

Diocese of Northern California

For everything there is a season...

The days are still warm (as of my writing in late September), but not with the same intense heat as in July. We are tiptoeing into fall – the most delicious season of the year, if you ask me.

Seasons – as in weather systems – are very significant in some parts of the world. In Northern California, there are very distinct seasons in the central valleys, foothills and mountains. Now that I have moved from coastal California, predominantly Berkeley, (but with chunks of time living on the Peninsula and the Mendocino coast), I am so much more aware of these seasonal changes. I truly look forward to them.

There are also seasons in our lives, periods of growth, of integration, of dormancy, and even decline. As God blesses me with more years, I am aware that I may be approaching a new season in my own life.

Erik Erickson, a foremost American psychologist, conceived eight stages of personal development from birth to death. In the early years the age ranges for each stage are pretty clear, but ages become more “stretchy” in adulthood. Each stage is composed of extremes, both of which an individual has to master in order to emerge with the desirable “virtue” from that stage. For example, the first stage is basic trust versus mistrust, and it occurs from birth to about 18 months. When parenting is consistent and nurturing, the baby develops basic trust and realizes that people are dependable and the world can be a safe place. The successful outcome of this stage is the child’s ability to hope. The unsuccessful outcomes at each stage lead to lifelong problems. Here is a brief table with the eight stages, the age ranges, and the positive virtue that results from wrestling with and resolving the competing tensions.

	Stage	Age	Virtue
1	Basic trust vs Mistrust	Birth – 18 months	Hope, confidence
2	Autonomy vs. Shame	18 mos – 3 years	Will
3	Initiative vs. Guilt	3-6 years	Purpose
4	Industry vs. Inferiority	6-11 yrs –school age	Competence
5	Identity vs. Role Confusion	Adolescence to 20	Fidelity
6	Intimacy vs. Isolation	Early Adulthood 20-24	Love
7	Generativity vs. Stagnation	Middle Adulthood 25-64	Care
8	Ego Integrity vs. Despair	Late Adulthood 65 +	Wisdom

We all know individuals who have gotten stuck at some stage. And, frankly, I'm not too happy with the age groupings once you get into adulthood. Based on the table above, I should be at the eighth stage. Although wisdom would be very nice, I'm still feeling a whole lot of generativity, as in ways that I can be useful to the world.

In fact, the stage of generativity is where I suspect most of the adults at St. Clement's now live. It is a wonderful time of thinking expansively about what we know and what we can give to others – not money, necessarily, but ideas and skills and connections, and sensitivity and determination and, and, and...

I think generativity is an extremely fulfilling stage of life, and I suspect that it can last as long as we devote energy to it—as long as we believe we can still give and not just receive, be useful, and not useless. I reject the notion that anyone, however impaired, is useless.

One of the people I think I can still be useful to is my husband, whom I met on a blind date 48-1/2 years ago. It didn't take us long to figure out that we would become life partners. However, our path was not all that straight, given that we went through divorce about a third of the way into our time together. We were blessed with a second chance to get the basics down right, and we took it. That was 24 years ago. Seems like yesterday!

My point in these musings is that I am reminding myself – and my readers, too – that it is good to take stock of seasonal changes. Pay attention to what resonates and what disturbs you about changes in your life. If you find yourself going down a route that you don't like, examine what compels you in that particular direction. Maybe there is some assumption you can reject, or challenge. Above all, seasons are signals to be alert to change.

To be alive is to be changing – all the time. Thank God for the mercy to challenge or accept change with grace and resolve. If we want to become fully developed humans we will go through changes, whether we like them or not. We have choices. We can engage the challenges we face at every stage of personality development, or we can resist. Engaging- tough as it is – produces individuals with strong senses of self-worth. If Erickson is right, resistance produces people who exhibit enormous inadequacies, including criminal behavior.

I want to welcome our beautiful autumnal season in the Sacramento Valley. I appreciate seasons in so many ways, and I hope you do, too.
With Fall blessings,

Pastor Christine +

Bible Readings

for the month

Revised Common Lectionary
Year B

October 7

Nineteenth Sunday After Pentecost

Job 1:1;2:1-10

PSALM 26

Hebrews 1:1-4;2:5-12

Mark 10:2-16

October 14

Twentieth Sunday After Pentecost

Job 23:1-9,16-17

PSALM 22:1-15

Hebrews 4:12-16

Mark 10:17-31

October 21

Twenty-first Sunday After Pentecost

Job 38:1-7,(34-41)

PSALM 104:1-9,25,37b

Hebrews 5:1-10

Mark 10:35-45

October 28

Twenty-second Sunday After Pentecost

Job 42:1-6,10-17

PSALM 34:1-8,(19-22)

Hebrews 7:23-28

Mark 10:46-52

Do you have a will?
Have you remembered the
Church in
your will?

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At a Glance

Saturdays Thrift Store Open 9-1pm

Bible Study Tuesday 7:00pm in the
Parish Hall

Friday 10:30 am

Home of Saralu Methven

October 6 Arts & Crafts Faire,
St. Michael's

October 7 Blessing of the Animals, 10 am
Family service

October 7 CROP Walk 12:30 pm

October 11 Lunch Bunch noon

October 13 Daughter's of the King
10:00am

October 14 Vestry 1 pm

October 20 Southeast Deanery Convocation
9-noon

October 20 Stephen Ministry Training – 9-1

Birthdays and Anniversaries

October 20 Laurel Sunderman

October 30 Dallas Bennett

October 31 Lewis Benesh

Anniversaries

October 23 Chris & Jim Wash

Clergy and Lay Eucharist Visits

Please call the church office(635-5282) or
send an e-mail to the church
(st.clements@hotmail.com) if you would like
communion brought to you or a family
member.

The Rev. Christine Leigh-Taylor, Rector

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The Anchor

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Please email your news and photographs to
st.clements@hotmail.com or shippyharry@yahoo.com Deadline
for articles is the 15th of the month. Articles are subject to editing.

Thank you, Kathleen Gallagher!

When Diane Rubenstein died unexpectedly on November 12, 2011 it left a huge hole in our parish. One of the many roles Diane performed was Treasurer. We cannot function for long without someone to pay the bills, record pledge contributions and keep our finances in order. Kathleen Gallagher stepped in almost immediately. She had to close out 2011, and then switch to entirely new software for 2012 (our very old former software programs for accounting and pledges were no longer supported and were breaking down). Kathleen dug in and saved the day! It wasn't easy, and she spent hours and hours every week. Thank you, thank you, Kathleen.

In mid-September Kathleen said it was time to turn the task over to someone else. Please express your sincere appreciation to Kathleen for her hard work. And thank Kent Ransom for being willing to step in as Interim Treasurer.

Stephen Ministry Training

On Saturday, October 20, Trinity Cathedral, Sacramento is hosting a training for Stephen Ministers from 9 am to 1 pm. The principle behind this ministry is expressed in Galations 6:2: "Bear one another's burdens and so fulfill the law of Christ." Stephen Ministers are compassionate people – lay or ordained – who choose to be available when a life crisis strikes. They are trained in listening, feelings, confidentiality, ministering in specific situations such as job loss, divorce, terminal illness, and grief. The workshop costs only \$15, which includes lunch. A flyer in the Parish Hall lists all the particulars.

Lunch Bunch October 11

We've changed our Lunch Bunch to the second Thursday of each month. This month Mary Norsweather is doing the cooking. A call to the office to say you'll be there is very helpful.

Southeast Deanery Fall Convocation Oct. 20

The Fall Convocation for our deanery (Southeast) is Saturday, October 20 from 9 am to noon at St. Michael's, Carmichael. It is important for convention delegates and clergy, especially, to attend convocations, as they preview items that will come before the Diocesan Convention (which is Saturday, November 10). Convocations are open to all, and are free. St. Clement's delegates to convention are Mike Chapman, Ken Dunham and Victoria McKinney, with Betty Chapman as an alternate.

Arts and Crafts Faire

St. Michael's, Carmichael is opening its 7th annual Arts and Crafts Faire on Saturday, October 6, from 10 am to 6 pm. They will have well priced gift and food items, perfect for holiday giving.

Blessing of the Animals - St. Francis Sunday

Bring your beloved pet to church for a blessing to last the whole year. This will be offered at the 10 am service only on October 7. Please no animals at the 8 am service.

CROP Walk is almost here

When: October 7

Where: Capitol steps, Sacramento

Why: Raise money to combat hunger, locally and worldwide

How: Walk or support someone who is walking

Every year St. Clement's is one of the top money-raising churches. This year's walk honors Diane Rubenstein, who worked tirelessly for CROP walk for many years. Let's make her proud of us!

You are cordially invited
to attend the

Madrigal Boar's
Head Dinner

at St. Clement's Manor

on Sunday evening

December 16, 2012

at 6 o'clock in the evening

Period dress is encouraged
but not necessary

Tickets available until December 9

\$30 adults

\$15 children's half-plate

OCTOBER 2012

REGULAR SUNDAY SCHEDULE

8:00 A.M. RITE I HOLY EUCHARIST

10:00 A.M. RITE II HOLY EUCHARIST

COFFEE AND FELLOWSHIP

FOLLOWING EACH SERVICE



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First Class

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