



***CHURCH WOMEN UNITED***  
***SOUTH CENTRAL REGION***  
***KALMOT***



***2019 Winter Newsletter***

***“THE TIME IS NOW!”***

. From South Central Regional Coordinator Karen Buntin:

Christ's peace comes when those in community experience Justice. The slogan, “Pray for Peace, Work for justice” captures the same idea. Peace and Justice go hand in hand. The Life of Jesus demonstrates that peace occurred when those who were ridiculed or labeled as outcasts were treated justly. We need to reflect when we found peace advocating justice for one another, place it in our hearts, and continue to be the light to a dark world.-- CofChirst 1/20/19, for Martin Luther King Jr. Holiday

FEEL THE  
FEAR...AND DO IT  
ANYWAY

Often we think, 'I'll do it when I am not so afraid.' But in reality, it works the other way round. The 'doing it' comes *before* the fear goes away. The only way to get rid of the fear of doing something is to go out and do it.

**Martin Luther King, Jr. on 'Infinite Hope'**

Distinguishing between today's challenges and tomorrow's possibilities is part of King's inspiring legacy.



"We must accept finite disappointment, but never lose infinite hope."

[Martin Luther King, Jr.](#) spoke these words in a Washington, D.C., address in February 1968, just two months before he was assassinated in Memphis. They echo across the decades and endure as one of the most positive messages of the great civil rights leader's legacy—that the challenges that weigh us down today should never dissuade us from imagining a better, more just, and more love-filled future.

I was taught—and I believe—that no feeling can last forever. Disappointment, sadness, embarrassment, excitement, relaxation, joy—not one of those emotional states, for better or worse, can be sustained indefinitely.

But could hope be the single exception to that rule? Dr. King thought so, and the impact of that belief continues to reverberate, even a half century after his death.

In his personal and public life, he endured many [disappointments](#). Dr. King encouraged that we “accept” those challenges even as we hold onto the hope that makes his message so relevant. A disappointment or setback can put any of us in danger of giving up on our goals, hopes and dreams, whether for ourselves or for the world. Accepting that setback is simply part of the road toward what he famously called “the promised land” frees us to process our failures in a larger context of progress, connection and above all, hope.

So is hope in fact “infinite?” The poet [Emily Dickinson](#) said as much in her famous verse:

Hope is the thing with feathers  
That perches in the soul,  
And sings the tune without the words,  
And never stops at all

There are so many ways to remember and honor Martin Luther King, Jr. Among them is taking today to reflect on this question—what do you hope for, infinitely?

One awesome thing about Eeyore is that even though he is basically clinically depressed, he still gets invited to participate in adventures and shenanigans with all his friends. They never expect him to pretend to feel happy, they never leave him behind or ask him to change.  
**THEY JUST SHOW HIM LOVE.**



FB: Gadgets, Gizmos, Whozits, Whatzits & Thingamabobs





CHURCH WOMEN  
UNITED

SPREAD THE  
LOVE

DONATE SCHOOL SUPPLIES  
THIS VALENTINE'S DAY

### HOW TO DO SPREAD THE LOVE

Contact your local school district Superintendent to locate schools with the most need. (This will let you know what type of supplies you need Elementary would be different from Middle)

Be sure to get a school supply list so you know what to buy

1. Spread the word on what we are doing, put the flyer in your church bulletins, let your unit members know. Start a competition to see which church can collect the most supplies
2. Be sure to send your press release to all of your tv, radio stations. Don't forget to use your community and local newspapers. **Be sure to let them know that this is a National Project and we're doing though out the United States**
3. Send me an email to let me know if you will be participating. I intend to send out a National press release and I want to be able to give out the states that I know are doing for sure.
4. When you select your school let the principal know that you're coming and what time.
5. Set the date for packaging of the supplies. You can do by grade and put in plastic bags. It would be nice to put a tag on the bag that shows SPREAD THE LOVE CHURCH WOMEN UNITED-(YOUR UNIT NAME)
6. Decide how many schools your unit provide supplies to.
7. Advise local units about collecting school supplies

#### SAMPLE PRESS RELEASE

CHURCH WOMEN UNITED-(Your Unit name goes here)

Contact person and her contact information

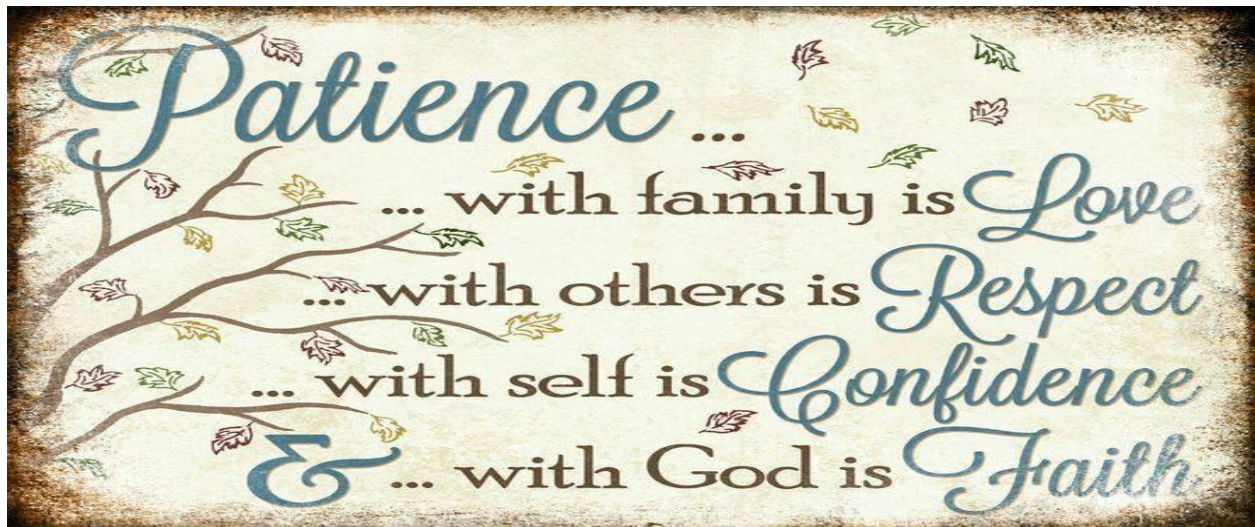
CHURCH WOMEN UNITED Presents SPREAD THE LOVE

City, State- Church Women United-(unit name) is proud to bring SPEAD THE LOVE to our community. SPREAD THE LOVE will take place on February 14, 2019 throughout the United States.

SPREAD THE LOVE is an event that will take place at (insert school or schools names here) The ladies of Church Women United will be providing school supplies to the students.

For more details and how you can help please contact (insert contact information here)

Church Women United is a racially, culturally and theologically inclusive ecumenical Christian women's movement, celebrating unity in diversity and working for a world of peace and justice. **Please contact me (Patti Polk) with your questions**



### **NATIONAL BOOST FUNDRAISER**

The thought is to have each local send in a donation based off of the number of Anniversary years for Church Women United by \$5.00 (used the number five, because the thought was to associate with the 'Nickels for Nation' campaign instituted in 2012). All donations will be split for the planning of the 2020 Quadrennial, ongoing National expenses, and a portion will be held in reserve for the 2024 Quadrennial. The

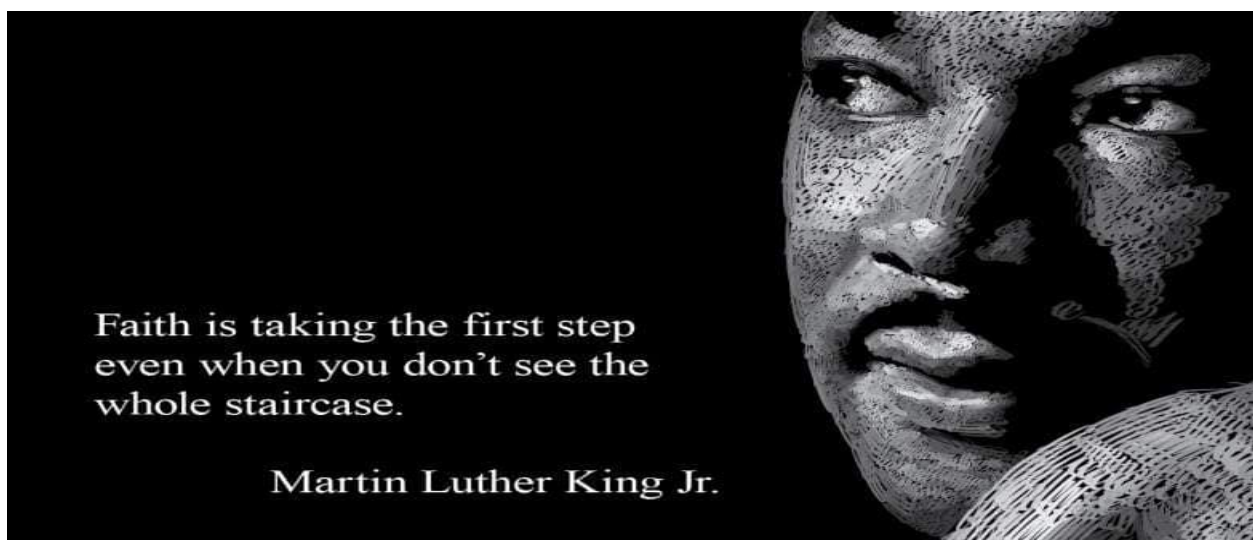
**split will be 30%/50%/20% for these items. Each unit will be asked to send \$395.00 based on: 79<sup>th</sup> Birthday of CWU (79) X \$5.00 = \$395.00. It is estimated that, at one time, there were 1200 units. Everyone is aware that the number of units has dwindled; however, if there were at least 500 units and each sent \$395 between October 2018 and May 2020, a total of \$197,500 will be raised. State Presidents and Units need to work together to find creative ways to make the full commitment. If units are unable to make a full one-time pledge, you are encouraged to either spread your pledge over a certain time period (example: 20 payments of \$19.75=\$395) or make a one-time donation to National CWU with amount the is affordable (example: if a unit cannot donate \$5 for each of the 79 years, maybe they can donate \$2.50 for each year and send \$297.50). By no means is the Board of Directors excluding individual pledges. Anyone is**



welcome to send pledges for the Nation Boost Fundraiser.

The Nickels for National Campaign is still ongoing.

With many Blessings, the Finance Committee



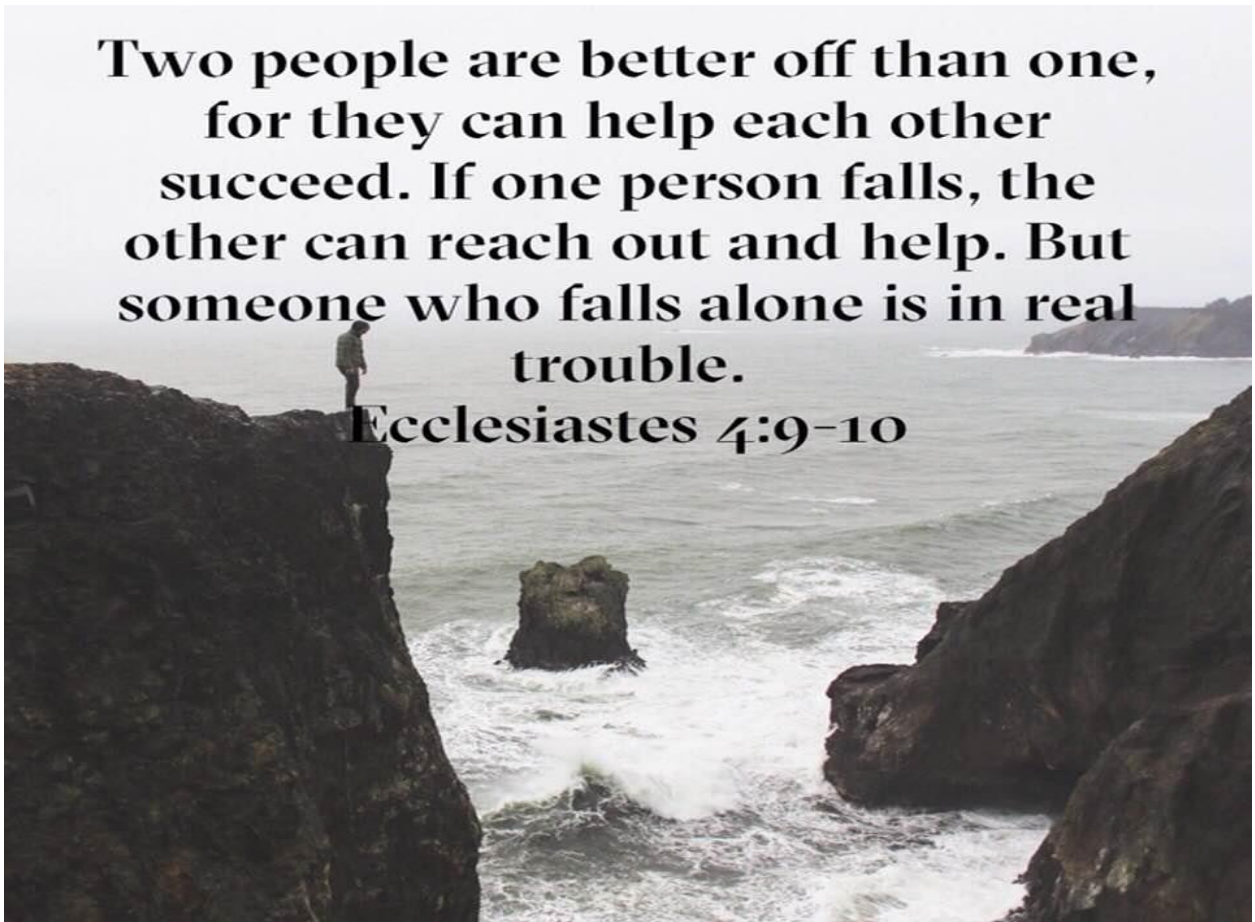
**COMING SUMMER OF 2020**

**NATIONAL QUADRINIAL CONFERENCE**

**MORE DETAIL TO COME!**

**Two people are better off than one,  
for they can help each other  
succeed. If one person falls, the  
other can reach out and help. But  
someone who falls alone is in real  
trouble.**

**Ecclesiastes 4:9-10**



**COMING SUMMER OF 2021**

**SOUTH CENTRAL REGION—KALMOT CONFERENCE**

**HOSTED BY LOUISANNA,**

**MARY H COLLINS, STATE PRESIDENT**

**MORE DETAILS TO COME!**





## CWU Materials Order Form 2019

Date 11/5/2018

Name

Address

City, State

Phone

Needed

By

### 3 Ways to Place your Order

1. Online: [www.churchwomen.org](http://www.churchwomen.org) (shipping and handling automatically calculated)
1. Phone: **212-870-2347**
2. Mail: **475 Riverside Drive, Suite 1926, New York, New York 10115**

Celebrations Materials				
<p>All Celebrations materials are designed by our Celebrations Committee. They are printed and shipped directly from ALCOM Printing House. Please make sure to note the year and celebration you are ordering for.</p>				
Item #	Items	Pages or Size	Price	Quantity
<b>Celebrations 2019 - The Time is Now!</b>				
1901	Celebrations Packet 2019 (Includes a Leaders Guide, and a Pack of Programs and Posters for Each celebration)	40+	\$7.95	
1909	Leaders Guide	32	\$5.95	
<b>May Friendship Day 2019 - "Agree to Differ"</b>				
1903	May Friendship Day - Worship Program	8.5" x 11" (pack of 25)	\$9.95	
1904	May Friendship Day - Poster	8.5" x 11" (pack of 5)	\$1.95	
<b>World Community Day 2019- "Resolve to Love"</b>				
1905	World Community Day - Worship Program	8.5" x 11" (pack of 25)	\$9.95	
1906	World Community Day - Poster	8.5" x 11" (pack of 5)	\$1.95	



Human Rights Day 2019 - "Unite To Serve"				
1907	Human Rights Day - Worship Program	8.5" x 11" (pack of 25)	\$9.95	
1908	Human Rights Day - Poster	8.5" x 11" (pack of 5)	\$1.95	
				Celebrations SUB-TOTAL

**Please Note:** All World Day of Prayer Materials are produced by World Day of Prayer USA, and should be purchased through their offices.  
Contact: 888-937-8720 [www.wdp-usa.org](http://www.wdp-usa.org)

National Store Materials				
<p>The following are store items shipped from our National Office. These include any Fellowship of the Least Coin Materials, AIM Packets, brochures, and store items. There may be discounts on certain store items for a limited time that are not reflected on this sheet. Check out or call us to find out if discounts apply. Please call when making bulk orders.</p>				
CWU Materials				
17	AIM Packet (Includes Questionares, New Booklet Forms, Nominations Forms, Directory, Award Forms, Donation Slips, etc.)	Coming Soon		
18	Organizing CWU Unit Booklet	4.25" x 8.5"	\$0.00	
19	CWU Brochure	trifold (pack of 25)	\$3.00	
20	CWU Stickers <b>NEW</b>	5 pages of 30 stickers	\$6.95	
21	CWU Stickers Bulk Discount <b>NEW</b>	5 Pack - 750 Stickers	\$29.95	
22	CWU Pens <b>NEW</b>	Pack of 5 Pens	\$8.95	
23	CWU Note Pads <b>NEW</b>	Pack of 5 Notepads	\$3.00	
24	CWU Pins (NOT Award Pins) <b>NEW</b>	1" Soft Enamel Lapel	\$14.95	
Fellowship of the Least Coin				
*Please call our office, if you need any previous years issues for FLC materials that are not listed on the order form.				
11	Circle of Prayer Vol. 24*	5.25" x 7.5" (44 pages)	\$1.00	
15	FLC Brochure	5.5" x 8.5" (pack of 25)	\$3.25	
16	Messages & Reports 2019 (1 free with order)	5.25" x 8.5" (48 pages)	\$ -	
<b>Shipping and Handling</b> <b>Please call 212-870-2347 for all shipping and handling rates prior to mailing in the order form.</b> Expedited shipping rates are available for all items listed above. Expedited options include Priority, Ground UPS, Two-Day, and Overnight. Please call to find the right expedited shipping options for you and your unit.				<b>Materials SUB- TOTAL</b> <hr/> <b>Combined SUM-TOTAL</b>

Shipping  
and  
Handling

TOTAL  
including  
S&H

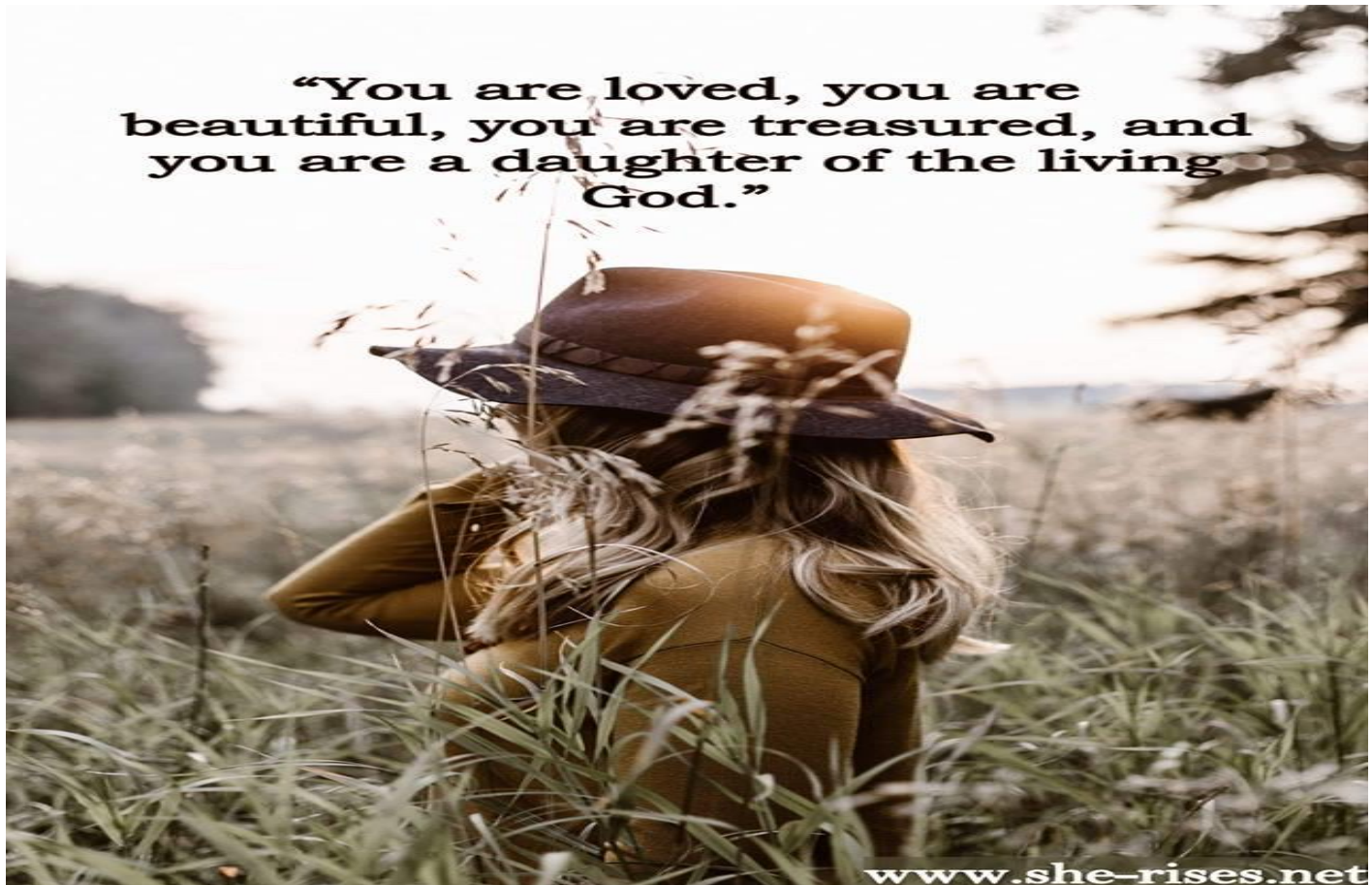
### **Church Women United**

475 Riverside Drive, Suite 1926, New York, NY 10115 · Tel: 800-298-5551 · Fax: 212-870-2338

Email: [cwu@churchwomen.org](mailto:cwu@churchwomen.org)

Church Women United is a racially, culturally, theologically inclusive ecumenical Christian women's movement celebrating unity in diversity and working for a world of peace and justice

**“You are loved, you are  
beautiful, you are treasured, and  
you are a daughter of the living  
God.”**



**The Spring Newsletter will be sent after Easter, April 2019. If you have an Article, picture, etc., you would like to have included, please send to Karen Buntin, [kbuntin300@cox.net](mailto:kbuntin300@cox.net)**

