

The Seven “...UPS” of the Christian life.

Introduction to numbers:

“There are lies, there are damn lies and there are statistics in that order.”

The meaning of “numbers”:

3 = the number for God

4 = the number for Earth and the things of the Earth

12 = the number for God's people (3x4)

7 = the number for complete or total (3+4)

The Seven “...UPS”

- 1. “Wake Up”** and decide to have a nice day.
(Psalm 118:24 & I Thessalonians 5:16)
- 2. “Dress Up”** by putting on a smile.
(1 Samuel 16:7 & Colossians 3:12)
- 3. “Shut UP”** and learn to listen.
(Proverbs 13:3; 20:19; &19:20)
- 4. “Stand UP”** for what you believe in.
(Galatians 6:9-10 & Romans 1:16-17)
- 5. “Look UP”** to the Lord.
(Psalm 121:1&2, Philippians 4:13)
- 6. “Reach UP”** for something higher so you can do His will.(Proverbs 3; 5-6 & Colossians 3:17)
- 7. “Lift UP”** your prayers.
(Philippians 4:6 & 1 Thessalonians 5:17-18)