

Parent Coaching
Helping Parents Find Direction for Parenting

How to Bless Your Children

Multiple verses

I. Introduction

II. Examples of Blessings

- Gen. 27:28-29
- Gen. 28:1-4
- Gen 48:1-20a
- Gen. 49:28

III. Five Elements of Blessings Described in the Old Testament

A. Appropriate meaningful _____

The ways of appropriate meaningful touch are the hands, a hug, and /or a kiss

1. The _____ of touch

2. What appropriate touch _____

B. _____ your blessing

C. _____ messages

D. Special _____

E. Be a person of _____ deeds and words

IV. When Someone Doesn't Receive the Blessing

Deut. 23:5 Nevertheless the Lord your God [would not listen to Balaam,] but the Lord your God turned the curse into a blessing for you, because the Lord your God loves you.

A. Curse

- It is hard to bless others when one hasn't received a blessing
- The word *curse* in the Bible literally means to clog up the stream, or to subtract from someone's life

B. Bless

- Means to add weight or value to their life.
- God says in Deut. 23:5 that He will not allow a curse to rule over a person. He will turn it into blessing because He loves us.
- A blessing from God empowers one to bless his/her parents even if they did not bless growing up.
- The love of God for you empowers you to bless your kids even if you did not receive a blessing from your parents.

V. Where Do We Begin?

- A. _____ a blessing over your kids every day**
- B. _____ blessings over your kids**
- C. _____ the five elements of a blessing into another person's life**