

Helpful Reminders for the Journey

Ephesians 4:17 - 5:7

I. Six Realities to Avoid

- A. Aimlessness
- B. Blinded by sin
- C. Estrangement from God
- D. Calloused
- E. Apathetic
- F. Allegiance to self

II. Fourteen Dynamics to Embrace

- A. Be renewed in your mind
- B. Put on the new man
- C. Speak truth in love
- D. Stand for righteousness
- E. Practice diligence
- F. Use clean speech
- G. Live consistently
- H. Be free of vices
- I. Practice kindness
- J. Be tenderhearted
- K. Forgive others
- L. Be like Jesus

M. Be Imitators of God

N. Be Imitators of Christ

III. Six Activities to Avoid

A. Fornication

B. Uncleaness

C. Covetousness

D. Filthiness

E. Foolish talking

F. Coarse jesting

Seven Sober Reminders

1. _____ in the Light

2. _____ the Lord

3. Avoid _____

4. _____ carefully

5. _____ time

6. _____ God's will

7. Be _____ the Spirit