I) INTRODUCTION:

- A) Weeping Jesus (Three Times the bible Records Jesus weeping)
 - 1) John 11:35 (Jesus Wept)
 - 2) And when he was come near, he beheld the city, and wept over it, Luke 19:41 (KJV)
 - 3) And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground. Luke 22:44 (KJV)
 - 4) Jesus, the Man of Sorrows. The Jesus who knows what is like to hurt and to suffer. (He is despised and rejected of men; a man of sorrows, and acquainted with grief.... Isaiah 53:3)
 - (a) The Bible tells us Jesus understands our pain:
 - (i) Therefore He had to be like His brothers in every way, so that He could become a merciful and faithful high priest in service to God, to make propitiation for the sins of the people. 18 For since He Himself was tested and has suffered, He is able to help those who are tested. Heb 2:17-18 (HCSB)
 - (ii) Therefore since we have a great high priest who has passed through the heavens—Jesus the Son of God—let us hold fast to the confession. 15 For we do not have a high priest who is unable to sympathize with our weaknesses, but One who has been tested in every way as we are, yet without sin. 16 Therefore let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us at the proper time. Heb 4:14-16 (HCSB)
 - (iii) During His earthly life, He offered prayers and appeals, with loud cries and tears, to the One who was able to save Him from death, and He was heard because of His reverence. 8 Though a Son, He learned obedience through what He suffered. 9 After He was perfected, He became the source of eternal salvation to all who obey Him, Heb 5:7-9

(HCSB)

B) This morning we want to look at what Hebrews 5:7-9 references: Jesus in the Garden of Gethsemane, in agony and suffering. <u>Jesus, the Man of Sorrows, who gives Hope to the Hurting</u>

II) CHOSEN TO SUFFER WITH HIM (v.36-38)

- A) Jesus chooses three special disciples to go with Him. Peter, James, and John. Three times in the Gospels where these three are mentioned as being specially selected by Jesus to go with Him for a special task:
 - 1) Raising of Jairus' daughter (Mark 5:35-43) Power of Christ
 - (a) Here they witnessed the Power of Jesus. Jesus would perform with those three by His side the greatest miracle of all. He would bring life to the dead body of a young girl.
 - 2) The Transfiguration. (Matthew 17:1-7) Glory of Christ
 - (a) Here they witnessed the Glory of Jesus. The Bible tells us that Jesus laid aside His Glory to walk among men. But on the Mount of Transfiguration, He picked up that Glory briefly and allowed Peter, James, and John, to see Him in His Glory
 - 3) The Garden of Gethsemane. (1 Peter 4:12-19) Sufferings of Christ
 - (a) Here those special three who had been with Jesus when He displayed His power over death and who had been with Jesus when He unveiled His Glory on the Mount of Transfiguration would now be called upon to walk with Jesus as He cried and suffered deep agony on the Mount of Olives.
 - (b) Jesus asked them to watch and pray with Him.
 - 4) They had shared in His Power
 - 5) They had shared in His Glory
 - 6) They must also now share in His Suffering

III) CHOSING COMFORT OVER COMPANIONSHIP (v.38-44)

A) The Command: "stay here and watch with Me." (v.38)

B) The Collapse: v. 40, 43, 45

C) The Cause: v. 41

- 1) We cannot depend on the flesh, in order to watch with Jesus we must rest on the Power of the Spirit.
- D) We Cannot follow Jesus based only on our Emotions
- E) We cannot follow Jesus based only on our will power.
- F) We must and can only truly follow Jesus in the Power of the Holy Spirit.

IV) CARRYING OUR SORROW (v. 38-42), LUKE 22:39-44

- A) Jesus begins to be in extreme agony and to be filled with sorrow. Have you ever been in extreme sorrow?
 - 1) He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not. Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. 5 But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed. 6 All we like sheep have gone astray; we have turned every one to his own way; and the LORD hath laid on him the iniquity of us all. Isaiah 53:3-6 (KJV)
- B) What was this cup that Jesus was praying about?

1) This Holy Righteous and Pure Son of God was about to take upon Himself all of the sins of the world.

- (a) 2Cor 5:21 (NKJV) For He made Him who knew no sin [to] [be] sin for us, that we might become the righteousness of God in Him.
- (b) 1Pet 2:24 (NKJV) who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness......
- (c) He become sin that we might become righteous

2) He would be forsaken by the Father.

- (a) Matt 27:46 (NKJV) And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lama sabachthani?" that is, "My God, My God, why have You forsaken Me?"
- (b) We have the blessed promise of God never leaving or forsaking us because Jesus allowed Himself to be forsaken by the Father for us.

3) Jesus was taking upon Himself our grief and sorrows

- (a) He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not. Surely he hath borne our griefs, and carried our sorrows......Isaiah 53:3-4a
- (b) "He had no tears for his own grief, but sweat drops of blood for mine...How marvelous, How wonderful and my song shall ever be, how marvelous, how wonderful, is my Savior's love for me"

Man of Sorrows! what a name For the Son of God, who came Ruined sinners to reclaim. Hallelujah! What a Savior!

Bearing shame and scoffing rude, In my place condemned He stood; Sealed my pardon with His blood. Hallelujah! What a Savior!

Guilty, vile, and helpless we; Spotless Lamb of God was He; "Full atonement!" can it be? Hallelujah! What a Savior!

Lifted up was He to die;
"It is finished!" was His cry;
Now in Heav'n exalted high.
Hallelujah! What a Savior!

When He comes, our glorious King, All His ransomed home to bring, Then anew His song we'll sing: Hallelujah! What a Savior!

I) CONCLUSION

- A) Whatever we are facing, Jesus understands, He does not ask us to bear our burdens alone, but He asks us to come to Him and cast our burdens upon Him and then to simply "watch with Him one Hour", that is to be faithful in what He has called us to do during this short hour that we call our earthly life.
- B) Jesus, the Man of Sorrows has borne our sorrows and our grief and our sin. He understands hurting one, come and lay your burden at His feet.