Transitions occur in each of our lives. Some of those transitions you desire. A person graduates from high school or college. A high school student gets a driver’s license. Graduation is another milestone. Retirement could be a transition which some persons want. After years of work, a person wants new challenges and time to do other activities which could not be done because of work. There are those transitions that a person might not want. Some people want to continue to work but the company mandates the person retire. Some companies downsize which forces a worker out.

Transitions can be scary even when desired for there is so much unknown. The person who retires might wonder if enough income is available. The person who graduates seeks a job with enough funds to support a living. Transitions happen and even if you do not want them you can make the best of them.

You can realize that these transitions provide you opportunities you would not have otherwise.

The resurrection of Jesus was a transition. Defeat to victory took place. Death to life occurred. Opportunities opened for those disciples of Jesus when this happened. Paul wrote in second Corinthians, “Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!” (2 Corinthians 5:17)

The opportunities you have through what the transition of the resurrection brings is to have this resurrection power lived through you. Your attitudes and behaviors at times are changed. Love for people and God becomes more real. The life now lived in the present is not all there can be. So much more is available. Some of us might not realize what could be. Then the newness takes place and amazing results become real. The transition opens the way for the opportunities in your life.

Those persons who graduate or retire have opportunities they would not have otherwise. You who allow the resurrection power to work in your life can see it bring new opportunities. Revelation, the last book of the Bible, has these words, “He who was seated on the throne said, ‘I
am making everything new!” (Revelation 21:5). This includes you now and in the future. God is at work in spectacular ways.

_In Christ Jesus, Pastor Richard_

THOUGHTS:

Mothers hold their children’s hands for a moment, but their hearts forever.

— Unknown

Neither sugar nor salt tastes particularly good by itself. Each is at its best when used to season other things. Love is the same way. Use it to “season” people.

— Vera Nazarian

I am the vine, you are the branches. Those who abide in me and I in them bear much fruit.

— Jesus (John 15:5)

And they stoned Stephen, calling upon God, and saying, Lord Jesus, receive my spirit.

— Acts 7:59

HITES CHAPEL NEWS

“The Church in the Corner of the Woods”
150 Chapel Road (Rt. 627)
4-1/2 miles west of Middletown
Sunday Worship: 9:30 am

5/09 Jolene Tevalt
5/17 Charlie Barr
5/19 Katheryn Grim
5/19 Sharon Lineburg

5/11 Dickie & Lynn Tevalt
5/31 Mike & D.J. Grim

The next meeting will be Thursday, May 4th at 6:30 pm in the Fellowship Hall. Please join us!
RELIEF UMC NEWS

“In Sharing, We Know Christ.”
5275 Middle Road (Rt. 628)
Six miles SW of Valley Avenue

Sunday Services at Relief:
Sunday School, 10:00 am
Worship, 11:00 am

S.S. Worship Offering
4/02 16 49 $ 2,009
4/09 17 67 $ 2,497
4/16 9 73 $ 2,084
Avg. 14 63 $ 2,084

Also received:
C-CAP $ 30
Shelter/Fellowship Hall Use $ 120
Women’s Retreat $ 206

SCRAPBOOKING

Scrapbooking with Debbie will be on Friday, May 26th, from 6:00 to 11:00 pm unless otherwise noted. Soup will be served!

—Debbie Fauble

YARD SALE: Please save items and grocery bags for June 9th and 10th.

MAY LAYREADER

Linda Michael

LAYREADERS: We need layreaders for July thru December.
Please sign-up in the Narthex.
MEMORIAL DAY TRIBUTE

Memories of the Men and Women, who served,
Emotional tributes so well deserved.
Moments of solitude
with thoughts preserved,
Outpours of love so vividly observed.
Revolutions of dangers
you so bravely swerved,
Inhibitions and fears
suppressed and reserved.
Always ready to protect,
even the undeserved,
Loyal to a fault, with energy conserved.
Dedication and valor are the pins you wear,
Attributes of service,
loyalty beyond compare.
Your selfless acts of duty,
always remembered through prayer!
Written By: Sarita A. Milliner © 5/30/16

IN MEMORY

Greater love has no one than this: to lay down one’s life for one’s friends.

—from Earl and Elwanda’s card: 15:13

MAY OUTREACH SPOTLIGHT

A special thanks to all of you who provided Easter Baskets or provided items for them. We were able to deliver seventy-five wrapped baskets to C-CAP.

The Outreach emphasis for May is Conference Kits. This year the need is for Health Kits. These kits are distributed by UMCOR wherever they are needed around the world. Relief-supply kits help provide care for the most vulnerable people during times of crisis. UMCOR collects six types of kits for global distribution and cleaning buckets for US distribution after storms.

Kits help sustain everyday life for people who lack ready access to essential supplies. They provide vital support for UMCOR’s global development work and make a tangible difference in people’s lives. With all the disasters in the world, Health Kits are the major need. These kits help those who have suffered loss due to wars, tornadoes, floods, earthquakes and fires.

We will be collecting items or kits thru June 4th. All items need to be put in the office as you enter the Sanctuary from the back. If you don’t want to purchase items for a kit, you can donate the money for items and the Outreach Committee will purchase them.
you want to give by check, make it payable to Relief UMC. Each Health Kit has a value of $12.00, plus $1.00 for shipping for each kit and $1.00 for the purchase of toothpaste (since toothpaste has an expiration date, this is purchased when needed). If you have questions, please contact me.

—Elwanda Luttrell
Outreach Chair

HEALTH KIT

Health Kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disasters. Health Kits are also used as learning tools in personal hygiene, literacy, nutrition and cooking classes.

**Health Kit Value: $12**
*(plus $1 for toothpaste)*

- **1 hand towel**
  15 x 25 inches to 17 x 27
  Kitchen, cleaning and microfiber towels are not acceptable.

- **1 washcloth**

- **1 comb**
  Comb needs to be sturdy and longer than 6 inches. No pocket combs or picks, please; rattail combs and combs without handles are acceptable with a minimum of 6 inches of teeth.

- **1 metal nail file or nail clippers**
  No emery boards, please.

- **1 bath-size soap**
  3 oz. and larger sizes only;
  Do not remove from original packaging.

- **1 toothbrush**
  Adult size only;
  Do not remove from original packaging.

- **6 adhesive bandages**
  ¾ inch to 1 inch-size;
  Common household Band-Aids.

- **1 plastic bag**
  One-gallon size sealable bag only.

- **$1 to purchase toothpaste**

**Assembly Directions**

Set the $1.00 for toothpaste to be included in a separate envelope. Lay out the hand towel flat on a table. Lay the washcloth flat in the center of the hand towel. Place all remaining items on top of the washcloth. Fold over the sides of the hand towel to cover all of the items. Fold over one end of the hand towel so that it covers all of the items. Grasp the bundle of items tightly and roll over the remainder of the hand towel tightly. Place the tightly rolled bundle in the plastic bag. Remove as much air as possible and seal the bag. Attach the $1.00 in the envelope on top of the plastic bag.

After the June 5th deadline, any items needed to complete the kits will be purchased. The kits will be assembled, boxed and ready to send with Pastor Richard to Conference. A check for the toothpaste and shipping will be sent to the Conference treasurer.

Thank you for your continued support of this project.

We are still collecting eyeglasses and hearing aids. There is a box in the office at the back of the Sanctuary for Lion’s Club eye glasses and hearing aids. Also, items for
C-CAP can be put in the box in the entry at the back of the Sanctuary.

Pastor Richard and each person attending Annual Conference is asked to bring “Four Cans for Conference”. In the past, 10,000 pounds of food has been collected for the area food bank. If you would like to donate any canned food, please give them to Pastor Richard. Items requested are: cans of fruit, vegetables, meat, fish, soup, stew, at least one pop-top can. Also, dry or staple goods, such as peanut butter, jelly, cereal, rice or juice boxes will be accepted. No home-canned items, or expired dated food or glass jars can be accepted.

A special thanks for all the Outreach support you give.

—Elwanda Luttrell
Outreach Chair
540-869-7198
elwand@verizon.net

SUNSHINE CARD SIGNING
SUNDAY, MAY 14th

Thank you to those who share this card ministry by signing the cards. Also, a big thanks to those who share in other necessary ways. May God bless all of you. We’ll be sending mostly thinking-of-you cards for May. We’ll have others if special occasions come to our attention.

For those of you who like to sign the cards before Sunday School, I’ll do my best to have them available very early in the Fellowship Hall.

In April, we sent 34 Easter cards, one get well card, two missionary’s birthday cards and a new baby card, making a total of 38 cards. Signatures were Joanie Anderson, Jim and Margaret Douglas, Herb Earnshaw, Donald Graff, Kathy Holliday, Lucille Hughes, Eunice Musser, Neal and Jeanie Painter, Ruth Snapp, Sheila Snapp and yours truly. May God richly bless each of you, the signers and the receivers!

Please let me know of anyone to whom you would like a card sent. Also, if you know of anyone who needs to be removed from our list. Let me know by phone at (540) 869-0220 or send me an email: ruthearnshaw@yahoo.com

Nat Painter: In an Easter card that arrived late: “Dear Friends and Relief Church Family, ‘May the beauty and joy of Easter always fill your heart with Happiness. Happy Easter.’ I apologize that my cards have slowed down recently. I have been preoccupied with much writing that had a deadline time frame. This could happen occasionally for a while. Thank you so much for your many cards and notes. Cards and notes keep me afloat! (smiley face)” Enclosed was this inspirational writing in Wincog: “After the resurrection Jesus met two of His disciples who’d seen Him crucified and didn’t know He’d been raised from the dead. Then later as He ate supper with them at their house, an interesting thing happened: their eyes were opened . . . they knew Him . . . and they said to one another, ‘Did not our heart burn within us while He talked with us on the road, and while He opened the Scriptures to us?’ This story has much to teach us about keeping the fire of love and devotion to Christ burning in our hearts. As you walk with Jesus and spend time in His presence, He talks to you and reveals Himself through the Scriptures. We all know that to keep a fire burning we must tend it, stoke it and keep fueling it.

The word for today is: Keep the fire burning. Love, Nat”
Herb came home tired but happy Sunday, April 23rd, from his Honor Flight, Top of Virginia trip to visit war memorials in DC and view Changing of the Guard at Arlington National Cemetery. About 20 vets went. They each were escorted by someone who provided companionship and met their individual needs. The American Legion Post 21 in Winchester provided breakfast before they left and dinner and entertainment at a Welcome Home Celebration upon return. Thank you to the Campbells, Lobells and Luttrells for their kind response to my request appearing in the newsletter last month that you send a card, note or letter to be included with those from school children, friends and family. Many were sent home in a package and Herb’s main comment as he read them was “Wow!” This verse was on Earl and Elwanda’s card from the Guideposts Foundation:

From the colonists, who rebelled,  
to the soldier of today,  
My thanks be to you,  
I know not what else to say.

Since the words I do not have,  
to give the tribute that is due,  
So a simple heartfelt thanks,  
Sincerely I give to you.

Thanks to our American heroes,  
whose devotion is second to none,  
Whose courage and braveness alone  
Caused many battles to be won.  
Only because of you and the price  
you willingly did pay,  
Only because of you,  
Old Glory still flies today!

—Author Unknown

Earl Luttrell asks us to please, when we leave the elevator, to make sure both the gate and the door (test them) are completely closed! That’s the only way it will move from one level to the other.

CONGRATULATIONS, DENVER!

Denver Scott Luttrell, son of Robert (Bobby) and Denise Luttrell, Jennifer and Jay Burke and grandson of Earl and Elwanda Luttrell, will graduate on Friday, May 5th from James Madison University with a Bachelor’s Degree in Sports and Recreation Management. He will be moving to Pittsburgh, Pennsylvania immediately after graduation for an internship with The Atlantic Coast Baseball Tournament Organization from May to mid-August.

I would really appreciate you telling me of any more graduates by calling me at (540): 869-0220 or email:
ruthearnshaw@yahoo.com.

—Ruth Earnshaw

Found at Relief — A pair of reading glasses. Please check on the office desk, if they are yours.
If you have new information on your current address, phone or email, please let me know. You may call the church office at 869-5775, leave a note on the desk in the office or email me at amitch@shentel.net. Thank you for helping to keep our data current!

—Brenda

FYI

Mailing address:
5275 Middle Road
Winchester, VA 22602-2788

Charge Office Phone: 869-5775

Pastor Richard’s Cell Phone:
1-434-989-1772

Email: pastorrichard80@gmail.com

Websites: Reliefumc.com

Hiteschapelumc.com

The deadline for our June 2017 Neighborhood Gatherings Newsletter is Friday, May 26th. The June Newsletter will be available Sunday, June 4th.

Please make an effort to put your articles in the newsletter.

The Monthly Newsletter is now on both church Websites. If you have any suggestions, please feel free to let me know.

Call the Charge and Relief Office at 869-5775 or email me at home amitch@shentel.net

—Brenda

Relief and Hites Chapel
United Methodist Churches
5275 Middle Road
Winchester, VA  22602–2788