

St. Giles Episcopal Church Northbrook, Illinois

Volume 59 Issue 5 May 2013

Rogation Sunday, May 5

Once again we celebrate the coming growing season as we ask God's blessing on our efforts here in the Community Garden of Feedin' and in our own gardens at home. This year we will move in procession to the Community Garden (weather permitting) at the conclusion of the 10:15 liturgy. We will invite our fellow gardeners from CGoF; in addition, all are encouraged to bring samples of home gardening efforts: tools, seeds & seedlings, soil, etc. Friends and neighbors who garden are invited, too! (In case of inclement weather, we will gather under the porte cochére.)



Hear the Winds? See the Flames? PENTECOST is Coming!

Sunday, May 19, is the Day of Pentecost. In order that we can all worship together, there will be one service only at 10:15. Lessons from Genesis and Acts illustrate the power of language; in John's gospel Jesus foretells the coming of the Holy Spirit. This is always a festive day at St. Giles. Remember: WEAR RED!!

Music on this day will be highlighted with brass and timpani offerings by parishioners Chuck Kolar, Coleman & Harrison Solano, and Alex and Huw Williams. This will also be the final Sunday of the choir season, and they will be singing two anthems — If ye love me by Thomas Tallis, and A New Song by James MacMillan. A day of great celebration!

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Our Schedule

Sundays

Holy Eucharist — 8:00 AM Christian Formation — 9 AM Holy Eucharist — 10:15 AM

Thursdays
Evening Prayer — 4:30 PM
(prayer room, ed. bldg.)



May 2013

St. Giles Episcopal Church

3025 Walters Ave. Northbrook, IL 60062 Phone: 847-272-6622 Fax: 847-272-7664 www.saint-giles.org

Office Hours

Monday: By appointment Tues-Thurs: 9 AM - 2 PM Friday: Office closed

Diocese of Chicago

The Rt. Rev. Jeffrey D. Lee, Bishop

The Rt. Rev. C. Christopher Epting, Assisting Bishop

Vestry

Linda Williams. Senior Warden

Meredith Brooks. Junior Warden

Jim Brooks

Monique Howard

Martha McGuire

Steve Maroulis

Pat Miller

Margaret Pearson

Mike Piskel

Ronnie Seiler-Raskin

Gloria Simon

Ruan Sexton, Clerk

Gloriann Harris, Treasurer

Ned Libby, Bookkeeper

Tom Page, Parish Chancellor

Staff

The Rev. Cynthia J. Hallas Rector

The Rev. Lee Gaede, Deacon

The Rev. Belinda Chandler Priest Associate

Jim Brown

Director of Music

Cathy Leimbeck Parish Administrator admin@saint-giles.org

Rector's Reflection: Acts 8 on Renewing the Church

This year the Day of Pentecost falls roughly halfway through the month of May. (Pentecost is what we call a "moveable feast" and is dependent on the date of Easter, the granddaddy of all moveable feasts.) We sometimes think of Pentecost as the "birthday" of the church, and while I have some reservations about the use of that term, it is surely the event the inspired the disciples through the coming of the Holy Spirit and empowered them to begin to spread the gospel. Throughout its history, various movements have sought to renew (re-new) the church; the truth is that through the action of the Spirit, the church may always be renewed.

Recently a group from the "Acts 8 Movement", a group dedicated to renewal in The Episcopal Church, got together for a (light-hearted) brainstorming session about how to bring about renewal in a contemporary context. (Current and former vestry members may recall using Acts 8 materials at our work session last July.) Some of the ideas included:

Accordion worship (can the Liturgical Polka be far behind?);

Eucharistic Prayer C, the so-called "Star Wars" prayer, in traditional language (already contained, I'm told, in the Anglican Service Book);

Chalice straws (don't laugh – these things have an historical precedent – really!);

"Unrecognizable Episcopal things" (if you have to ask....).

The folks in Acts 8 understand the value of humor. And no, I don't anticipate that we'll adopt any of these practices!

But then they came out with the serious stuff:

Vision statement: Proclaiming Resurrection in The Episcopal Church.

Mission statement:

Changing the conversation in The Episcopal Church from death to resurrection;

Equipping The Episcopal Church to proclaim resurrection to the world. Guiding Principles:

> We follow Jesus, guided by the Holy Spirit, grounded in prayer, scripture, and worship.

We challenge The Episcopal Church to proclaim the good news of Jesus in effective ways.

We encourage and equip local missionary communities.

We carry out our work with hope, optimism, and good humor.

We consistently and transparently communicate to achieve dialogue across the church.

Although these are the mission, vision, and principles Acts 8 has identified as theirs, they can (and must) be applied to local congregations in their particular and unique situations. Many of them sound like the proverbial "no-brainers", but that doesn't mean that making them happen is easy. "Equipping" is a key word here, as are "proclaiming" and "changing". I invite you to pray and think on these things: where do you see them happening at St. Giles, and how do you see yourself involved in these efforts?

Cynthia +

The Acts 8 Moment has no website, but does have a Facebook page ("The Acts 8 Moment") and may be followed on Twitter (@Acts8Moment). If you use either of these social media, I recommend you "like" and/or "follow".



May Birthdays & Anniversaries

Birthdays:

- 3 Cindy Conrad
- 4 Max Bryer
- 5 Mitchell Schwartz, Dorothy Dygos
- 8 Sophie Piskel
- 10 Mae Roberts
- 12 Adrienne Miller
- 15 Michael Hall
- 20 Linda Collins, Jim Rigas
- 23 Lee Gaede
- 26 Linda Chabraja, Kathie Heidenfelder, Beth Piskel
- 30 Eleanore Chambers

Anniversaries:

- 12 Brad & Monique Howard
- 20 Tom & Deborah Page
- 29 David & Susie Hall
- 30 Mike & Beth Piskel

May Lectionary Readings

May 5 - 6 Easter

Acts 16: 9-15

Psalm 67

Revelation 21: 10, 22--22: 5

Gospel - John 5:1-9

May 12 - 7 Easter

Acts 16: 16-34

Psalm 97

Revelation 22: 12-14, 16-17, 20-21

John 17: 20-26

May 19 - Pentecost

Genesis 11:1-9

Psalm 104: 25-35, 37

Acts 2:1-21

John 14:8-17

May 26 - Trinity Sunday

Proverbs 8: 1-4, 22-31

Canticle 13

Romans 5: 1-5

John 16: 12-15

Sr. Warden's Report:

In her book *The Cloister Walk*, Kathleen Norris talks about the relationship between the psalms and community life. She tells the story of a Benedictine nun whose mother was dying.

One sister told me that as she prayed the psalms aloud at the bedside of her dying mother, who was in a coma, she discovered "how perfectly the psalms reflected my own inner chaos: my fear of losing her, or of not losing her and seeing her suffer more, of saying goodbye, of being motherless." She found that the closing lines of Psalm 16—"You will show me the path of life, / the fullness of joy in your presence"—consoled her "as I saw my mother slipping away. I was able to turn her life over to God."

Norris goes on: "Internalizing the psalms in this way allows contemporary Benedictines to find personal relevance in this ancient poetry. Paradoxically it also frees them from the tyranny of individual experience. To say or sing the psalms aloud within in a community is to recover religion as an oral tradition, restoring to our mouths words that have been snatched from our tongues and relegated to the page, words that have been privatized and effectively silenced. It counters our tendency to see individual experience as sufficient for formulating a vision of the world.

The liturgy that Benedictines have been experimenting with for fifteen-hundred-plus years taught me the value of tradition; I came to see that the psalms are holy in part because they are so well-used. If so many generations had found solace here, might I also?" (page 100)

We are blessed at St. Giles not only to have a passage from the psalms every Sunday but also to *sing* the psalm together. We experience the psalms as a community, which in turn nurtures, challenges, and comforts us in our everyday lives. We also know that we are participating in readings that have been part of the communal life of both the Christian and Judaic traditions for thousands of years. Our worship together is both humbling and the source of joy and celebration—and cause for gratitude and gladness.

Linda Williams



Indiana Jones, Call Your Office!

Sitting there on the shelves of our St. Bede's Library at 930.1/DOW is Discovering the Bible: Archaeologists Look at Scripture, which tells us what the Holy Land was like during biblical times. (Although written by a group of American professors, the book was first published in England and uses British spelling, accounting for that extra "a" in "archaeologists.") The first chapter, "The Bible and Archaeology," tells us about the techniques of archeology. (Basically, they consist of having one's graduate students dig a complex of orderly holes. The theatrics of Raiders of the Lost Ark — a film that appeared at the time this book was being written — are not present.) The volume is very well illustrated with color photos showing biblical sites and artifacts. There are also useful diagrams and drawings. (Did you ever wonder why archeologists care so much about pottery? There's a drawing that will show you why.)

The first half of the book is concerned with the Old Testament. We learn about biblical wells, city gates, weapons and warfare, household altars, lamps, and farming and farming implements. Wells were not merely sources of water but also social centers, the Facebook of biblical times. And city gates were far more than defensive barriers – they were the sites of shops and public meetings. The Israelites were at a disadvantage when it came to weapons – unlike their enemies, they hadn't yet learned how to work with iron. (Remember David's weapon?) But, using tactics superior to those of their opponents, they definitely knew how to fight. Household altars tended to be small and, often, cylindrical. Lamps, fueled by olive oil and used in worship, ranged in style from a simple cup (in the Bronze Age) to an artistic chalice-like device in Roman times. Agriculture was the main basis of the Israelites' economy and many of their implements would have been easily recognized by American farmers in the 19th century.

The New Testament section begins with a chapter titled "What Did Jesus Look Like?" but doesn't give us an answer. What we do see are coins with profiles of various members of the Herod family. The next chapter, "Where Are the Lake Cities of Galilee?," does provide an answer: they're still there, but they're underground. (Of these nine cities, only Tiberias survives – but it's slightly north of where the biblical city was.) The chapter "Tombs and Bone Boxes" describes the custom of placing a body in tomb for one year, then, after the flesh had decayed, of placing the bones in a container called an ossuary. This practice was based on the belief that sins adhere to the flesh and disappear after the flesh has decayed, thus preparing the deceased for eventual resurrection. (Resurrection was a belief of the Pharisees, but not of the Sadducees.) The final chapter, "Where Was Jesus Buried?" tells us that most modern historians and archeologists agree that the traditional site – the area now covered by the Church of the Holy Sepulcher – is correct.

The book has flaws. The use of British spelling adds charm, but the use of meters (instead of feet) is annoying. **The book's gutters (tech**-talk for the inner margins, where facing pages meet) are too narrow, making some of the words difficult to find. And the editor, one Tim Dowley, should have done a bit more editing. But, overall, it is worth a trip down to the Undercroft and over to 930.1 on the north wall.

— Doug Downey



Report from the Labyrinth Committee

The Labyrinth Committee has met to begin planning how we might add to the labyrinth space. We are considering (1) planting some shrubs to add a partial screen along the parking lot and (2) creating a welcoming entrance to the labyrinth. The entrance will probably include two small shrubs or trees along with a wooden post with a plexiglass box to hold informative leaflets. We are also considering putting in place a peace post—a four-or-six-sided post with words of peace written in several languages. These posts are available commercially, but we are looking at the possibility of creating our own peace post with artwork done by parishioners, including our children.

We want to preserve the openness of the labyrinth, but we will also be looking at possible perennial plantings and benches that might be placed in the long horizontal space south of the labyrinth. We are proceeding slowly, however, being conscious of what will contribute most to a spiritual and peaceful space and what are the best ways of using the remaining funds we have.

We will be taking a field trip to the Chicago Botanic Garden to get more ideas as we work on this project. In the meantime, please walk the labyrinth whenever you want to do so. We are pleased to report that it came through the winter very well—it was lovely to see the snow melt away and the labyrinth appear again. It is part of our spiritual life at St. Giles.

—Linda Williams

The Body of Christ, the bread of heaven. Amen!

Thank you to our current batch of altar bread bakers: Meredith Brooks; Susie Hall; Linda Jariabka; the Piskel family; and the Solano family. As a formation activity, the Youth of the parish also do the baking on occasion. We will schedule baking again soon and would love to have more parishioners join in this meaningful ministry. Try it just once, even, to know the joy of witnessing bread you baked from simple ingredients become the blessed "bread of heaven" at the Holy Eucharist.

Check out the recipe we use and, if you would like to bake, let me know by June 2.

Thank you, Tracey Solano trsolano@comcast.net or (847) 559-2316

Altar Bread Recipe (from the Diocese of Western Pennsylvania)

7/8 cup of water, approx. 110 degrees
At least 3 Tablespoons of honey
1-1/2 teaspoons of olive oil
½ teaspoon salt
1 pkg. dry yeast

2-2/3 cup whole wheat flour OR: Mixture of 1-1/3 cup whole wheat and 1-1/3 cup white flour**

Combine water and yeast in bowl. Add honey, oil, and salt. Mix in flour until moistened (add extra water, a very small amount at a time, if flour doesn't moisten).

Knead 5 minutes. Oil bowl, place dough in bowl, and turn over to coat entire surface. Cover with a towel and leave in warm, draft-free place to rise, approx. 1-1/2 hour.

Preheat oven to 350 degrees. Punch dough down, knead briefly, and roll out approx. ¼ inch thick. Cut 4 - i n c h circles. Place on baking sheets that have either been oiled slightly or covered with parchment paper. With knife, make crosses on top.

Bake 10-12 minutes. Cool on rack (covering with a thin dishtowel during cooling period will keep loaves from drying out).

^{**} I have never used all whole wheat flour in this recipe; I get very good results with, and in fact recommend, an equal mixture of white and whole wheat. — CJH

May 2013



All-Parish Benefit Set for Saturday, June 15!

Dear Friends,

The Benefit Committee is pleased to announce St. Giles 2013 ROAD RALLY FUNDRAISER on Saturday June 15th at 5pm! In planning our event, we tried to think of something that as many people as possible could take part in, including the friends and family members we hope you'll invite! A road rally is not a race; it's more like solving a puzzle as you and your passengers drive the route. Every car gets the same clues and questions to be answered. The winner answers the most questions correctly and drives the fewest miles. After the rally we will enjoy a catered dinner and silent auction.

Children are welcome. Child care and activities will be provided during the Rally for those children not riding in cars.

How can you help? Here are some of the ways.

Enter your car in the rally – an entry form will be available soon. Entry fee is \$100 per car, regardless of the number of riders, and includes dinner. (Make checks payable to St. Giles Church, with "parish benefit" in the memo line.)

Donate silent auction items (use your imagination). Goods and services, time and talent, or both.

Place an ad – personal or for your business or organization - in our rally program (see me or John Hanzel). A full page is \$100, half page \$50.

Volunteer to help one of the committee members: Monique Howard, local business auction items contact; John Hanzel, print and publication; Mike Piskel, Master of Ceremonies; and Meredith and Jim Brooks, Road Rally authors.

Thanks in advance for your support!

Gratefully yours, George Miller (for the Benefit Committee)

The entry form will be available soon! In the meantime, mark your calendars and begin inviting your friends!





St. GILES EPISCOPAL CHURCH • MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Campanella Choir uses the church on Sundays from 5:00 - 8:00 PM			1 Extraordinary Kids, 9:15-11:15 AM Campanella Choir, 6 - 8:30 PM EUCHARIST, 6:30 PM	2 Yoga, 8:30 AM EKids, 12:45-2:45 Evening Prayer, 4:30 (Prayer Room) Choir Rehearsal, 7:30 PM	3 Office Closed Bible Study 9:30 AM	4 Campanella Choir 9 AM - 4 PM Overeaters Anonymous 11 AM - 12:15 PM
5 6 Easter 8:00 & 10:15 AM — Holy Eucharist 9 AM: Formation 10:15 AM — Rogation Day procession to Garden of Feedin'	6 Office Hours by Appointment	7 Yoga, 9:00 AM Campanella Choir, 5 - 8 PM	8 Extraordinary Kids, 9:15-11:15 AM Campanella Choir, 6 - 8:30 PM	Yoga, 8:30 AM EKids, 12:45-2:45 Evening Prayer, 4:30 (Prayer Room) Choir Rehearsal, 7:30 PM	10 Office Closed Bible Study 9:30 AM	Overeaters Anonymous 11 AM – 12:15 PM Campanella Choir Concert 5-7 PM
12 7 Easter Second Sunday 8:00 & 10:15 AM — Holy Eucharist 9 AM: Breakfast	13 Office Hours by Appointment	14 Yoga, 9:00 AM Campanella Choir, 5 - 8 PM Women's Book Club, 7:30 - 9 PM	June Bells submissions due EKids, 9:15-11:15 AM Campanella Choir, 6-8:30 PM	Yoga, 8:30 AM EKids, 12:45-2:45 Evening Prayer, 4:30 (Prayer Room) Last Choir Rehearsal, 7:30 PM	17 Office Closed Bible Study 9:30 AM	18 Eleanore Chambers Funeral (Time TBD) Campanella Choir 9 AM - 4 PM Overeaters Anonymous 11 AM - 12:15 PM
19 Pentecost (No 8:00 Service) 10:15 AM — Holy Eucharist 9 AM: Formation	20 Office Hours by Appointment	21 Yoga, 9:00 AM Campanella Choir, 5 - 8 PM Vestry Meeting, 7:30 PM	22 Extraordinary Kids, 9:15-11:15 AM Campanella Choir, 6 - 8:30 PM	23 Yoga, 8:30 AM EKids, 12:45-2:45 Evening Prayer, 4:30 (Prayer Room) Cathedral Shelter Pick Up	24 Office Closed Bible Study 9:30 AM	25 Campanella Choir 9 AM - 4 PM Overeaters Anonymous 11 AM - 12:15 PM Stitches & Sack Lunches, 12:30 - 3 PM
26 Trinity Sunday 8:00 & 10:15 AM — Holy Eucharist 9 AM: Formation	27 Office Hours by Appointment Memorial Day	28 Yoga, 9:00 AM Campanella Choir, 5 - 8 PM	29 Extraordinary Kids, 9:15-11:15 AM Campanella Choir, 6 - 8:30 PM	30 Yoga, 8:30 AM EKids, 12:45-2:45 Evening Prayer, 4:30 (Prayer Room)	31 Office Closed Bible Study 9:30 AM	



St. Giles Church 3025 Walters Avenue Northbrook, IL 60062-4399

www.saint-giles.org Look for us on Facebook!

Time-Sensitive Material



We feed people — body, mind, and spirit. Come as you are.