

“PROVIDENCE – GOD IS OUR STRENGTH”
KEEPING COMPANY WITH THE PSALMS, WEEK 2
PSALM 121; NEW TESTAMENT – MATTHEW 6:31-34

NOTES

1. Praying the Psalms

- Prayer does not have to be dressed up in our “Sunday best” language.
- Prayer does have to be honest, open, transparent, real – like the Psalms!

2. Hills and Mountains

- Our help – our strength – does not come from the hills nor the mountains.
- Our help – our strength – comes from God, maker of heaven and earth.

3. Our Guardian God will keep you from all harm

- The slipping foot
- Sunstroke
- Moonstroke

4. The Lord will guard your very life – therefore do not worry (Matthew 6:31-34)

“Seek first his kingdom and his righteousness, and all these things will be given to you as well” (Mt. 6:33).