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T

March 15, 2017

Volume 49 Number 5

Ann Elder, Compilation; Rick Koetje, Editor

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and CLASS

Continues to April 5, 2017

W

There is a delicious soup supper every Wednesday from 5:15-6:00pm. Supper is followed by a class from 6:00 – 6:45 in the dining room. This year’s class gets its theme from Psalm 42 which suggests that we desire God’s presence. Pastor Bob’s class, “*Thirsty for God*,” focuses on the many ways we seek God in worship.

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Please sign up for the next family meal in the Gathering Room or call the church office (429-4195) by Sunday, prior to the meal, so the dining room and food will be ready.

Childcare is available for infants thru age 12 during the Lenten study time. For planning purposes, parents should R.S.V.P. to Kathy Beube at 620-7563, or message her on Facebook.



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will meet at First United Methodist at 10:30 a.m. on Thursday, March 23. The speaker will be Jerry Johnson, Executive Director of the Decatur Arts Council and prominent artist who has created several of the recent murals covering downtown buildings. He will give us an overview of the upcoming events on the arts scene for the spring and summer. Bring a friend to what promises to be an exciting program.

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Deadline

Mar. 27
Noon

Also on Thursday, March 23 at 6pm in Kaeuper Hall, Chung-Ha Kim and three other faculty members from Millikin and Illinois State University will perform one of Béla Bartók's masterpieces: The Sonata for Two Pianos and Percussion. The performance will be preceded by a short lecture about the composer and the piece. Admission is free!

Calendar . . .

Wednesday, March 15

5:15-6:00 – Lent Soup Supper

6:00 – *Thirsty for God*

6:00 – Nursery during Lent

Thursday, March 16

6:00 – String Band, Oxford

House, 2700 N. Monroe

Friday, March 17

2:00 – String Band

Decatur Rehabilitation,

136 S. Dipper Lane

3rd Sunday in Lent, March 19

8:00, 9:15 & 10:30 Worship
Services

9:00 – *Hillbilly Elegy*

9:00 – Teen Church School

10:30 – Children's Church
School

Wednesday, March 22

10:00 – Prayer Shawl Group

4:00 – String Band practice

5:15-6:00 – Lent Soup Supper

6:00 – *Thirsty for God*

6:00 – Nursery during Lent

Thursday, March 23

10:30 – First Friends at First
United Methodist

5:30 – Women's Night Out,
Paco's Sol Bistro

Friday, March 24

6:45 – String Band,

Rock Springs/Lincoln

Trails Fund Raiser

4th Sunday in Lent, Mar. 26

8:00, 9:15 & 10:30 Worship
Services

9:00 – *Hillbilly Elegy*

9:00 – Teen Church

10:30 – Children's Church
School

Wednesday, March 29

4:00 – String Band practice

5:15-6:00 – Lent Soup Supper

6:00 – *Thirsty for God*

6:00 – Nursery during Lent

Everyday Issues in Lent

March 19 & 26 – "Hillbilly Elegy" is J. D. Vance's bestselling book. The author will speak at Millikin University on April 3 at 7:00 p.m. Prior to that event, First Pres members will have an opportunity to read and discuss his book. Two Sunday morning adult ministry times will be devoted to discussing the book. Those sessions will be on March 19 and 26. Attendees are responsible for getting their own copy of the book. Please read as much as you can prior to session 1 and hopefully you will finish the book prior to session 2 so that we can discuss conclusions from the book. *Hillbilly Elegy* is a very interesting study for our time. Discussion will be led by Dick Virgin.

In Memoriam ✝

Mildred Jane Weaver

November 23, 1928 – March 4, 2017

*Uphold us now, O Lord, as we entrust her to your
boundless love and eternal care.*

Saturday, June 24, 2017

Visitation 1:00 p.m.; Memorial Service 2:30 p.m.

In Memoriam ✝

James R. Nevitt

August 8, 1937 – March 9, 2017

*Uphold us now, O Lord, as we entrust him to your
boundless love and eternal care.*

Memorial Service is Wednesday, March 15 at 10:00 a.m. at 1st Pres.

PRAYER CONCERNS

Marty Grohne is in rehab at Hickory Point Christian Village.

Sally Krigbaum is at Hickory Point Christian Village, rm. 109, for rehab after hip surgery.

Mike Lowe is at Fair Haven Christian Home.

Virginia "Gini" Maines broke her leg and is at Hickory Point Christian Village for rehab

Pat Nevitt

Bev Ritter fell and broke two ribs.

Gary Smalley

Jack Brown is at Heartland, Room 163.

Phyllis McPherron had knee surgery.



Mac Moore's sister Jo Ann has cancer and is in hospice care.

Our sympathy is extended to Pat Nevitt and her family on the death of her husband James who died March 9, 2017.

Our sympathy is also extended to the family of Mildred Weaver who died March 4, 2017.

Our sympathy is also extended former staff member Vicky Pickley and her family on the death of her husband Tom who died March 4, 2017.

Calendar cont. . . .

5th Sunday in Lent, April 2

Communion Sunday

8:00, 9:15 & 10:30 Worship Services

9:00 – Everyday Issues

9:00 – Teen Church School

10:30 – Children’s Church School

Monday, April 3

7:00 – J.D. Vance lecture at Millikin University

Wednesday, April 5

4:00 – String Band Practice

5:15-6:00 – Lent Soup Supper

6:00 – Taizé Service

6:00 – Nursery during Lent

Thursday, April 6

9:00 - First Presbyterian Church prepares and serves at Good Sam from 9:00-1:00 p.m. Come to 920 N. Union Street.

Palm Sunday, April 9

Holy Week Begins

8:00, 9:15 & 10:30 Worship Services

9:00 – Everyday Issues

9:00 – Teen Church School

10:30 – Children’s Church School

6:00 – Just Flicks, *Dream On*

Thursday, April 13

7:00 – Maundy Thursday Worship service in chapel

Easter Sunday, April 16

9:00 – Easter Breakfast

Monday, April 17

7:00 – Session Meeting

10:00 – Easter Worship

Thursday, April 27

10:30 – First Friends, First Presbyterian Church

5:30 – Women’s Night Out @ Lock, Stock and Barrel

PASTORS’ OFFICE DAYS

Bob – Tues., Wed. and Friday

Jean – Mon., Tues. and Thursday

YOUTH AND CHILDREN’S MINISTRIES

We are now a combined ministry and will meet on Thursday, April 6, at 4:30 in the downstairs youth room.

THANK YOU

Carolyn and Ronn Allin drove First Pres’ retired Bibles to Butler, Illinois (9 miles from Raymond) to an organization named “Love Packages.” The people there were so thankful for our donations, and we appreciate Carolyn and Ronn for driving them to their destination. Carolyn suggested maybe we make it a mission to continue to store dated Christian curriculum, Bibles and hymnals to give to *Love Packages* in the future. We also want to thank everyone who had anything to do with the church clean-up before Jean and Bob arrived.

J.D. VANCE LECTURE “Hillbilly Elegy”

April 3, 7:00 p.m.

Kirkland Fine Arts Center



Dream On

April 9

Just Flick’s film @ 1st Pres

For generations, the ethos of the United States has been the American Dream. But, what is that dream exactly, and is it even still attainable? In this timely documentary, political comedian John Fugelsang sets out to retrace the travels of the famous Frenchman, Alexis de Tocqueville, whose 1831 classic *Democracy in America* came to define what an American was. Fugelsang talks to everyday people in his quest to discover if the American Dream is still alive (2015).



FIRST SUNDAY OF THE MONTH - 4/2

The Peacemaking committee will sell olive oil and Equal Exchange coffee, tea and cocoa in the Gathering Room. Thank you for your support.

LAST SATURDAY OF THE MONTH

DINNER DOWNTOWN – March 25

First United Methodist, 201 W. North St., needs donations of desserts to feed the hungry for lunch at noon on this Saturday. You can deliver pies (no cream, please), cakes or cookies from 9:30-11:30 to 201 W. North St. They would also like to have serving assistance for *Dinner Downtown* if you are free from 11:30 to 1:00.

Prayer Shawl Group

2nd and 4th Wednesdays

You are invited anytime to knit, converse, and sometimes shop!



CHURCH KNEE SCOOTER

Does anyone have it? It wasn't signed out with a signature. Please call the church office. Another member needs it in March, but if you are still using it, that is fine, but please let us know. – 429-4195.

SUMMERTIME HIGH SCHOOL CAMP



High school students are encouraged to apply to attend a two-week journalism workshop at Eastern Illinois University. The workshop runs from Tuesday, June 20, to Friday, June 30th. Applications must be in by May 24th. Eighteen students will be selected to participate in the free camp. All expenses, including housing, meals and tuition are covered! Current sophomores, juniors or graduating seniors are eligible. Applications can be found at www.eiu.edu/journal/. For more information contact Joe Gisondi at (217) 581-6003 or email him at jjgisondi@eiu.edu. If any First Pres students are accepted and either need a ride to the university as it begins or a ride home after it ends, someone from the church will drive you.

PARTIAL KNEE REPLACEMENT



As many of you know I have recently had a partial knee replacement with the Mako robotic-assisted arm device being used. Several people have asked me about this. The partial knee is done when only one aspect of the knee (usually the medial or inner) compartment) is damaged, either from arthritis or injury. The Mako is a

relatively new procedure and helps the surgeon be more precise in needed measurements.

The advantages of the partial knee replacement over a total knee are: quicker recovery, less pain after surgery, and less blood loss. Patients report a more natural feel and motion of the knee, which is attributed to a less invasive surgery. The disadvantages of the partial knee replacement are: slightly less predictable pain relief and the potential need for more surgery (a total knee replacement may still be needed in the future).

Knee replacement is only considered after non-surgical options have failed to relieve the knee pain. The decision regarding a total or partial knee replacement is made after physical exam, x-rays and MRI results are completed.

The surgery is only the beginning of treatment because with both partial and total knee replacement, the physical therapy is as important as the surgery. It is painful, but to obtain the most function potential of your knee, it is critical.

So far, all has gone well for me and I am working hard with the physical therapy. I will be completing therapy when I return to Decatur.

Thank you to all for your good wishes and support over these past three months as I have been dealing with this knee issue. I looking forward to returning as your good-as-new Parish Nurse.

Phyllis

THREE WAYS TO A SAFER HOSPITAL STAY

1. Insist on clean hands of all who come into the room. Washing hands with soap and water is preferred. Also, insist on washing your own hands often.
2. Have a friend or family member with you to take notes, ask questions, and catch any possible mistakes. This is especially true on weekends and holidays.
3. Keep a record of when the doctors saw you and what the doctor or different doctors told you, any questions you have, or observations you have made.

These 3 steps can protect you from infection, avoid confusion, and improve communications. (Consumer Reports' Safe Patient Project, May 2016).

Phyllis, Parish Nurse