



LOOK OUT – HERE COME THE BLOOD PRESSURE POSSE



Sunday morning - May 1

Their mission – to round up everyone’s blood pressure.
 Their goal – to have the whole congregation with normal/controlled blood pressure.

Their reason – because high blood pressure is a no good scoundrel. It can knock you down and spin you around. And you might never see it coming, if you don’t know your numbers.

Do you know your numbers? Do you know what they mean?

Look for the Health Ministry Blood Pressure Posse scattered around the church, ready to rope you in and check that blood pressure.

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Put a Spring in Your Step

Join us for a 45-minute stroll as we take in the fresh air, fellowship, and exercise.
 Leashed pets are welcome.

Pathfinders Spring 2016 schedule:
Wednesday, May 4th - Fairview Park:
 4:00 at the dog park area
Saturday, May 14th - Forsyth Park
 10:30 at the Weaver Rd. parking lot
Saturday, May 21st - Fletcher Park
 10:30 a.m. in Mt. Zion
Wednesday, May 25th - First Pres parking lot
 4:00 p.m. *NO pets this day*



Weather permitting
 Led by Connie May
 and Kathy Beube

JUST FLICKS

We are pleased to present the timeless classic, *Mr. Smith Goes to Washington*, perhaps the best-loved political comedy of all time. It is “producer/director Frank Capra's classic comedy-drama, and considered by many to be his greatest achievement in film,” according to filmsite.com.

It’s the marvelously scripted story of one man’s courageous campaign against political corruption and insider deal making. The cast includes Jimmy Stewart, Jean Arthur, Claude Rains, Edward Arnold, and others. It starts at **6 p.m. on Sunday, May 8 at Central Christian Church**. As usual, fine refreshments will be freely served.

Final Note: We are still accepting suggestions for next season. To nominate a film, please reply to this email (spannaus@ameritech.net). In your message, please give the title of the film, the year it was released (if you know it), and a brief description telling what it's about and why you think it's a good choice.



OUR SERVICES	8:00 a.m.	Worship Service – Chapel
	9:00 a.m.	Christian Education Hour – Everyday Issues Class
	9:15 a.m.	NewSong Worship Service – Chapel
	10:30 a.m.	Worship Service – Sanctuary
	10:30 a.m.	Children’s Church School – Lower level

Deadline for the next issue is **Monday, May 9 at noon.**

Coming Events . . .

Wednesday, April 27



Caregivers Support Group

2:30 p.m.

You are not alone. There is support for caregivers. Discuss issues and take home tips. (Meet in the chapel on the 2nd and 4th Wednesdays).

Thursday, April 28



Men's Bible Study, 7:00 a.m.

We are using a study guide, "The Present Word" and applying it to our modern lives. We will meet from 7 to 8 each Thursday morning at the home of Paul Rosenberger. Come share the Bible. Contact Dick Fiala, Paul Rosenberger, George Batson or Ray Landon.

First Friends, 10:00 a.m., 1st Pres

First Presbyterian will host the meeting in the Gathering Room and Chapel. Laura Jahr, Director of The Staley Museum, will present a brief story about the recent renovation and opening of the museum in the homestead of A. E. (Gene) Staley, founder of the A. E. Staley Manufacturing Company. Laura will present some family and company history and tell us about the relationship to the Hieronymus Mueller family.

We will gather for light snacks and coffee or tea from 10:00 – 10:30 AM in the Gathering Room, then after an opening prayer & announcements at 10:30, we'll move into the chapel for the program. All are welcome and you don't need reservations – JUST COME.

Women's Night Out, 5:30 p.m., Aloha

Please call in your reservation so there is enough seating for everyone to fellowship.

Sunday, May 1, Communion Sunday

First Sunday Canned Giving - Share your blessings with the needy as you bring your food donations to all services for Northeast Community Fund. You may also bring food or monetary donations on Monday morning.

Also, on the first Sunday of the month, the Peace making committee will sell olive oil and Equal Exchange coffee, tea and cocoa in the Gathering Room. Thank you for your support.



Making Moral Decisions, 9:00 a.m.

Six-week course continues in the dining room with Bill Keagle, Miley Palmer and Mike Zia.

Teen Church School, 9:00 a.m.

Teens meet bi-weekly in the lower level to set the agenda and select the topics. All teens from 7th through 12th grade are invited. Contact Mac Moore at 855-3259, or moore.mw@gmail.com

Children's Church School, 10:30 a.m., LL

Looking Forward . . .

Tuesday, May 3

- **Making Moral Decisions**, 1:30 p.m., Dining Room
- **String Band** performs at 2:30 p.m. at Primrose Retirement Community, 1145 W Arbor Dr., Decatur.

Wednesday, May 4

- **Pathfinders**, 4:00 p.m. (see front page schedule)
- **Taizé Worship**, 6:15 p.m.
Join us in the chapel for reflection, prayer and music.
- **Making Moral Decisions**, 6:30 p.m. at First United Methodist

Thursday, May 5

- **Men's Bible Study**, 7:00 a.m., at the home of Paul Rosenberger

Friday, May 6

- **String Band** performs at 3:00 p.m. at Imboden Creek Gardens, 185 W. Imboden .

Saturday, May 7

- **Red Cross Blood Drive** at First United Methodist Church from 8:00-noon. For appointments, contact Rachel Miller - millerra61@gmail.com or 217-972-1987.
- **Syrian Refugee Joint Project, 9:00-Noon** at the Islamic Center of Greater Decatur, located at 1635 Huston Drive, Decatur, IL on Decatur's north side. See page 3 for additional details.
- **String Band** performs at 2:00 p.m. at The Glenwood, assisted living, 1635 N Baltimore Ave., Mt Zion.

Sunday, May 8

- **African Market Sale**, 8:00 a.m. to Noon
Stand Up For Grace will be having a sale of handmade articles from Kenya. Items will include jewelry, African clothes, soapstone animals, candle sticks, bowls and plates, small stuffed animals, scarves, batiks, banana skin pictures, key chains, and much more. All proceeds go to help provide for the basic needs for the orphans at By Grace Orphanage in Nairobi, Kenya.

- **Making Moral Decisions**, 9:00 a.m., Dining Room
- **Children's Church School**, 10:30 a.m., LL
- **Just Flicks**, 6:00 p.m. Central Christian

Tuesday, May 10

- **Making Moral Decisions**, 1:30 p.m., dining room

Wednesday, May 11

- **Making Moral Decisions**, 6:30 p.m., at First United Methodist

Sundays, May 15, 22, 29

- **Everyday Issues**, 9:00 a.m. Tom Griffith will enlighten the class on *the 4th Gospel According to Spong*.

Monday, May 16

- **Women's Bible Study**, 1:30 p.m., downstairs.
Books are \$8 in the office; Read Lesson 2.

PRAYER CONCERNS

- **Sue Ingram** is home from the hospital.
- **James Nevitt** is at Heartland Healthcare.
- **Pat Nevitt** had surgery on April 21.
- **Becky Rauff** is home after surgery at DMH.
- **Tom Force** had gallbladder surgery last week.
- **Sue Grieve** is having tests done.

THANK YOU



Ruth Warfield (Great Grandmother) and Julia Warfield Wittig (Grandmother) would like to announce the birth of Jett Vincent Bagnas, born on Sunday, April 10, 2016 (born on his Grandmother Julia's birthday!). He was

8 pounds, 1 ounce and 21 inches long and resides near Washington, DC with his parents Jennifer Wittig Bagnas, Marco Bagnas, and his proud big brother Zachee Bagnas.

SESSION HIGHLIGHTS



In addition to receiving the monthly reports of the treasurer, standing committees, and program staff, at its stated meeting on April 18, 2016, Session

- approved the following members to serve on the Strategic Advisory Committee effective immediately: Carol Fuller, Sally Krigbaum, Jackie Lawton, David Michl, Sandy Peterson, Jerry Redford, and John Weakly.
- agreed to review the current files, update background checks, and evaluate employees and volunteers working with infants and children, pursuant to the Congregation's "Sexual Misconduct Policy" by the Personnel Committee.
- empowered the Administration Committee to study the feasibility of creating a Fellowship Committee as one of the Program Committees to assist in planning and organizing fellowship activities, such as location, volunteers, food, and set-up.

CONTINUING EDUCATION NEWS

Chung-Ha Kim and Doug Nicholson are recipients of First Pres' fund for continuing education. They will each receive \$250. Doug will attend a Sacred Music Symposium to gain insights from top experts in the field on April 27-29 in Indianapolis. Chung-Ha will receive private organ lessons from Dr. Dana Robinson in Urbana, IL this summer. He is the Associate Professor of Organ School of Music at the University of Illinois. Congratulations to both.

Your Donations will help Orphans



Pixie Fennessey will be collecting items to take to the children at By Grace Orphanage in Nairobi, Kenya. Items needed are toothbrushes, band-aids, bandages, antibiotic lotion,

bandage tape, new pencils, new pens, coloring crayons, over-the-counter pain medication and new or slightly worn tee shirts from toddler to young adult. The collection box will be in the library until May 15th. If anyone wants to send a letter to one of the kids they sponsor, or write to, please put them in the donation box. Thank you all for your continued support!

Help for Syrian Refugees



Don't forget to bring your donations to **the Islamic Center of Greater Decatur, located at 1635 Huston Drive, Decatur, IL on Decatur's north side.** You can

also help sort on Saturday, May 7, from 9-Noon at that address.

What is still needed:

- Sleeping bags – new or gently used
- Diapers (children's and adult men/women)
- Women's sanitary napkins
- Socks and sneakers/walking shoes – like new
- Powdered infant formula (no liquids accepted)
- Food: rice, beans, dried pasta

Expiration dates on food must be June 2017 or later. Checks will also be accepted to the Syrian Refugee Joint Project.

For more information, contact Pati Ramsey, 217-872-5943, pati.ramsey2@yahoo.com

HEALTH RESOURCES JUST FOR YOU – CHECK IT OUT

Church Library – With the new look of the library, there is now a bookcase on health information, available to everyone. New booklets include three on safe driving:

You and Your Car – Guide To Driving Wellness
We Need To Talk – Family Conversations with Older Drivers

At the Crossroads – Family Conversations about Alzheimer's Disease, Dementia and Driving.

Medical Equipment – In a storage room in the basement, there is medical equipment for anyone to borrow. This includes: walkers, canes, wheelchairs, shower chair, arm sling for after-shoulder surgery, scooter for after-knee surgery and an egg-carton mattress.

Just let myself or Christi know what you need.

Be safe—be it by car, feet, wheelchair, walker, cane, or bicycle.

Phyllis, Parish Nurse

Pentecost Sunday

The Pentecost Offering will be received on Sunday, May 15. The offering supports programs for children and youth – 40% of the offering stays in our congregation to support local programs to benefit children and youth at risk. You are invited to donate to the Pentecost offering by May 15, the day of Pentecost.

Events for VBS and Families

July Vacation Bible School needs your help!! A volunteer workshop "Safe Church" is being held on Sunday, May 15, from 11:30-1:00 at First United Methodist Church. Lunch is provided. RSVP asap to Kathy 620-7563.

Alpaca Fun Family Outing - First Pres Families with children, newborn to 18 years old, are planning to visit the Jubilee Farm in Clinton with Cyndy Ash on Saturday, May 28th. Picnic lunch is provided. For details, **RSVP** to Kathy, **620-7563**.

Camp Carew: Register for summer camps for children, kindergarten thru 12. Camps begin June 27. Family camp is September 23-25. Contact Kathy Beube at 620-7563.

May Birthdays







- Harriet Sadowski – 2
- Jane Spires – 2
- Leslie Tish – 2
- Clara Ash – 3
- Sarah Montgomery – 4
- Stephen Moore – 4
- Michael Netterville – 4
- Janet Palmer – 5
- Sarah Wakeland – 5
- Judy Locke – 7
- Lori Shimizu – 8
- Christine Foster – 9
- JeanEva Smallwood – 10
- Sally Krigbaum – 11
- Sam Roberts – 13
- Debbie Eckart – 14
- Miles Anderson – 15
- Nina Page – 15
- Betty Ann Davidson – 16
- Connie May – 19
- Ruth Sublett – 21
- David Sadowski – 22
- Annie Locke – 24
- SuEllen Brauer – 27
- Terry Hogg – 28
- Shannon Delaney – 30
- Skip Mathieson – 31

**Did we forget someone?
Please let us know!**

Jim Lycan – April 27



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 Sacrament of the Lord's Supper 8:00am Worship – Chapel 8:30am Blood Pressure Posse-GR 9:00am Christian Education 9:00am Teen Church School – YA 9:15am NewSong – Chapel 10:30am Worship—Sanctuary 10:30am Children's Church 11:45am Strategic Planning-AC 1:30-3:30pm SAI-GR/C 4:00pm Serendipity – PO</p>	<p>2 (7am-AA) 8:30am Money Counters 5:00pm Facilities Mtg. – L 6:00pm Peacemaking Mtg.-GR 6:30pm Mission Mtg. – DR 7:00pm Worship Mtg. – L</p>	<p>3 (7am-AA) 10:00am DARTA Board Mtg-DR 10:30am Staff Meeting – L 11:30am Worship Planning – L 1:30pm Moral Decisions – DR 2:30pm String Band at Primrose 4:30pm Youth Ministry Mtg. -YA 5:15pm Tower Ringers - BR 6:30pm Budget Posse - L</p>	<p>4 (7am-AA) 9:30am Parish Visitors – GR 10:30am Backpack Assembly-L 12:00pm Children's Ministry – TR 4:00pm Pathfinders – Fairview Pk 5:00pm String Band Practice– DR 5:15pm Church St. Bells – BR 6:15pm Taizé service – Chapel 6:30pm Tenor & Bass – CR 7:00pm Choir Practice – CR 6:30pm Moral Decisions at FUM</p>	<p>5 (7am-AA) 7:00am Men's Bible Study 9:00am Volunteers @ Good Sam</p>	<p>6 (7am-AA) 12:00pm Reports for Session are due. 3:00pm 1st Pres String Band at Imboden Creek Gardens</p>	<p>7 (7am-AA) 9:00-Noon Syrian Refugee Supplies - Islamic Center 1635 Huston Dr. 11:00am Recital Practice-S 12:30pm Stand Up For Grace Board Meeting – GR 2:00pm String Band at The Glenwood, Mt. Zion</p>
<p>8 8:00am Worship – Chapel 8:00am Kenyan Craft Sale - GR 9:00am Christian Education 9:15am NewSong – Chapel 10:30am Worship—Sanctuary 10:30am Children's Church 2:00pm Kenyan Craft Sale - GR 2:00pm Thompson Students' Piano Recital/Reception – S/GR 4:00pm Serendipity – PO 6:00pm Just Flicks at CCC "Mr. Smith Goes to WA"</p>	<p>9 (7am-AA) 8:30am Money Counters 11:30am .Cath. Ch. Bd. Mtg-DR 12:00pm – TN Articles due!! 1:00pm Pink Smoke – C 5:15pm Adult Ministry - L 5:30pm Finance Committee-AC</p>	<p>10 (7am-AA) 10:30am Staff Meeting – L 1:30pm Making Moral Decisions – DR 5:15pm Tower Ringers – BR 6:30pm Budget Posse - L</p>	<p>11 (7am-AA) 8:30am Tower Notes Folders – L 10:00am Prayer Shawl Group – C 10:00am Health – Whiteboard-GR 10:30am Backpack Assembly-L 2:30pm Caregiver's Support – C 5:00pm String Band Practice– DR 5:15pm Church St. Bells – BR 5:15pm Evangelism Mtg. – GR 5:30pm Administration Mtg. – L 6:30pm Tenor & Bass – CR 7:00pm Choir Practice – CR 6:30pm Moral Decisions at FUM</p>	<p>12 (7am-AA) 7:00am Men's Bible Study 10:00am Presbytery Meeting Effingham</p> 	<p>13 (7am-AA) 2:30pm String Band – Heritage Manor, Mt. Zion</p>	<p>14 (7am-AA) 10:30am Pathfinders – Forsyth Park 11:00am Celebration of Life Service for Virginia Cannon-S 11:45am Reception - GR</p>
<p>15 Pentecost Offering 8:00am Worship – Chapel 8:30am Ear Exams – GR 9:00am Christian Education 9:00am Teen Church School - YA 9:15am NewSong – Chapel 10:30am Worship—Sanctuary 10:30am Children's Church 11:30-1:00 Safe Church Cl.@FUM 4:00pm Serendipity – PO</p>	<p>16 (7am-AA) 8:30am Money Counters 1:30pm Women's Bible St.-AC 7:00pm Session Meeting - GR</p> 	<p>17 (7am-AA) 10:30am Staff Meeting – L 11:30am Worship Planning – L 4:00pm Health Ministries - L 5:15pm Tower Ringers - BR 6:30pm Budget Posse - L</p>	<p>18 (7am-AA) 10:30am Backpack Assembly – L 5:00pm String Band Practice– DR 5:15pm Church St. Bells – BR 6:30pm Tenor & Bass – CR 7:00pm Choir Practice – CR</p>	<p>19 (7am-AA) 7:00am Men's Bible Study</p>	<p>20 (7am-AA)</p> 	<p>21 (7am-AA) 9:00am – Dr. Lee – Glaucoma Screenings & discuss other eye issues. 10:30am Pathfinders – Fletcher Pk, Mt. Zion</p>
<p>22 Trinity Sunday 8:00am Worship – Chapel 9:00am Christian Education 9:15am NewSong – Chapel 10:30am Worship—Sanctuary 10:30am Church School 4:00pm Serendipity – PO</p>	<p>23 (7am-AA) 8:30am Money Counters 12:00pm – TN Articles due!! 1:00pm Pink Smoke – C</p>	<p>24 (7am-AA) 10:30am Staff Meeting – L 5:15pm Tower Ringers - BR</p>	<p>25 (7am-AA) 8:30am Tower Notes Folders – L 10:00am Prayer Shawl Group – C 10:30am Backpack Assembly-L 2:30pm Caregiver's Support – C 4:00pm Pathfinders – First Pres 5:00pm String Band Practice– DR 5:15pm Church St. Bells – BR 6:30pm Tenor & Bass – CR 7:00pm Choir Practice – CR</p>	<p>26 (7am-AA) 7:00am Men's Bible Study 10:30am First Friends- FUM 5:30pm Women's Night Out at Guadalajara</p>	<p>27 (7am-AA)</p>	<p>28 (7am-AA) 1:00pm – Baby Shower for Kellie Terrell – DR 10:00-2:30pm Jubilee Farm Family Outing/Picnic - Clinton</p>
<p>29 8:00am Worship – Chapel 9:00am Christian Education 9:00am Teen Church School - YA 9:15am NewSong – Chapel 10:30am Worship—Sanctuary 10:30am Church School 4:00pm Serendipity – PO</p>	<p>30 (7am-AA)  Office Closed</p>	<p>31 (7am-AA) 8:30am Money Counters 10:30am Staff Meeting – L 11:30am Worship Planning – L 5:15pm Tower Ringers - BR</p>		<p>AC – Adult Classroom BR – Bell Room C – Chapel CCC – Central Christian Church CR – Choir Room DR – Dining Room FUM – First United Methodist Ch.</p>	<p>GR – Gathering Room L – Library MR– Music Room PO – Pastor's Office S – Sanctuary TR – Toddler's Room YA – Youth Area</p>	<h1>MAY 2016</h1>