



Foundation Principles of BeFriender Ministry

God is present. BeFrienders are aware that they are in God's presence when befriending someone and that the time shared is a blessing to both the person befriended and the BeFriender.

Caring, not curing. BeFrienders serve as a living reminder of God's love. They are companions on the journey as others recognize, value, and use their own God-given, Spirit-led wisdom.

Nonjudgmental presence. BeFrienders understand the importance of hearing another's story from that person's perspective. Openness and respect allow them to respond with empathy and without judgment.

Active listening. There is a healing power in being able to tell one's story. BeFrienders know the value of active listening skills, which are a critical component of training.

Program emphases:

Spiritual growth. Befriending is an opportunity for both the person befriended and BeFriender to grow in faith. During training, BeFrienders learn a small group process for learning from ministry. The process is used when BeFrienders gather to help them make connections between their ministry, their faith, and their relationship with God.

A commitment of 1 hour minimum monthly for befriending and a monthly meeting following initial training is all that is required.

This is an opportunity to share gifts with the faith community. Let us not become weary of doing good. This is an opportunity for those who belong to the family of God.

If you are interested in becoming a BeFriender or if you need a BeFriender, please contact Pastor Dave Wildermuth, Pastor Kwen Sanderson, Joanne Christensen, or Jan Jans @ 665-7415 or email sec.tlc.@iw.net.



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