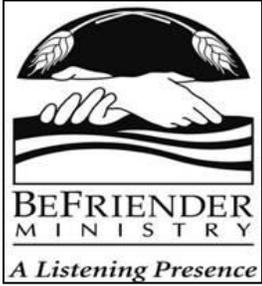


BeFriender Ministry



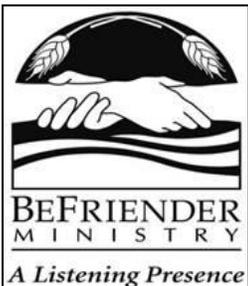
The role of a BeFriender is to be a companion on the journey through listening, presence, and compassion.

BeFriender ministers bring with them the caring presence of God and the community. BeFrienders are companions on life's journey when one of us needs that kind of support for any number of reasons. Some need BeFrienders because of job loss or grief over the loss of a spouse or family member, illness, single parenting, divorce or loneliness.

BeFrienders go through a training process that guides them to understanding issues around confidentiality, healthy boundaries, good listening skills, and empathy. You may ask why training is necessary when being a friend seems so natural. BeFrienders believes that while being a friend does come naturally to many people, skills such as active listening and offering respectful, nonjudgmental responses can be a benefit from training. The training enhances gifts and qualities the person already has. And God always has more in store for us to learn! When training is completed, all of the BeFrienders gather once a month to pray, to support one another's ministry and to experience ongoing training. BeFrienders help our volunteers to grow personally and spiritually.

A commitment of **one day and one meeting** out of your month (that's all that is required) to enrich your life and someone else's life can be personally rewarding. If you are interested in becoming a BeFriender or if you need a BeFriender, please contact Pastor Dave Wildermuth, Pastor Kwen Sanderson, Joanne Christensen, or Jan Jans @ 665-7415 or email sec.tlc@iw.net.

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