## Ministries for the Causal Healing of:



**Racial Trauma** (Speaker / Facilitator)

#### **Apparent Issues**

- Internalized racism
- Adverse living situations
- Degrading health
- Systemic poverty

#### **Ministry Goals**

- Afrocentric church
- Multi-cultural church
- Standards for cultural ministry (in process)
- Leadership development
- FaithArts

(Resources: DiAngelo, Thurman, Love, Deymaz)



- Meaninglessness
- Anxious living situation
- Isolation

#### **Ministry Goals**

- Develop criteria for great cognitive care
- Advocate for improved standards
- Educate on Life Cycle
- Life Cycle Ministry
- **FaithArts**

(Resources: Hyman, Fowler, Carnarius)

### Community Trauma (Speaker / Facilitator) **Apparent Issues**

- Homelessness
- Systemic inequalities
- Technical obsolescence

#### **Ministry Goals**

- Support Rochester church thrift shop
- FaithArts
- Sustainable community
- Promote sustainable practices
- Promote harmonious relationships

(Resources: Smith, Vanier)

As I enter into this ministry, I invite you to become familiar with the terminology. Common knowledge of underlying (deep) issues will aid in our discussion and work toward a just and healthy society.

#### **Definitions:**

Trauma- A bodily or psychiatric injury caused by a harmful or startling experience which has a lasting effect.

Symptomatic Healing—The act of curing the symptoms of human action.

Causal Healing- The act of curing the act, motive, implied reason of some human action.

Racism (systemic) is a combination of:

- Prejudice— A preconceive opinion or feeling (favorable or unfavorable).
- Discrimination—Action in favor or against a person or
- Privilege— A right, immunity, or benefit enjoyed by person(s) beyond the advantages of most.
- Policies—A course of action developed for expediency.

White Fragility—A white person's low threshold for enduring the discomfort associated with challenges to his/ her racial worldview.

Cognitive Care—Maintains a threshold of interaction for a meaningful life of engagement and peace.

#### Resources:

What Does it Mean to be White, White Fragility—Dr. Robin DiAngelo

*Jesus and the Disinherited*—Howard Thurman

Building A Healthy Multi-Ethnic Church- Mark Deymaz

Understanding and Healing the Effects of Internalized **Racism** –Barbara Love

Broken Brain.com— Dr. Mark Hyman

Stages of Faith—James Fowler

A Deeper Perspective on Alzheimer's and other Dementias, megancarnarius.com—Megan Carnarius

Intimacy and Mission—Luther E. Smith Jr.

The Heart of L'Arche—Jean Vanier

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# Deep See



This brochure is a simple overview of Golden Neal's ministry on trauma. My focus is to look beyond the superficial symptoms of trauma and address the root causes.

Throughout my life, I have encountered situations like Cape Towne. Where people have had little regard for those who are underserved and suffering in the community. As an African-American, I have experienced and witnessed trauma caused by unexamined practices and policies. Thus, I take time to examine myself, human nature, and social practices. I live as one who integrates mind, body, spirit, psycho-emotions, and relations. Most of the people I have encountered are:

Mentally—Disengaged

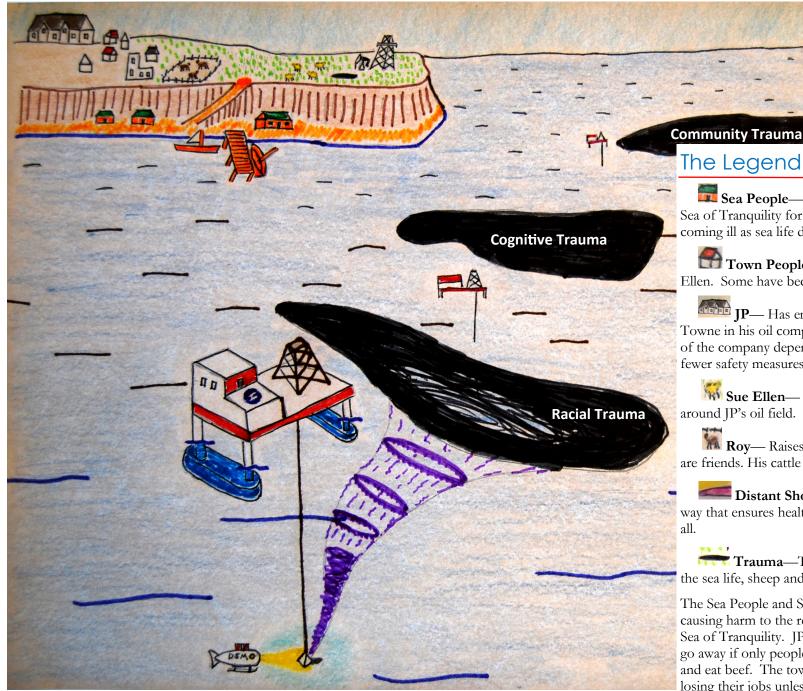
Emotionally—Discouraged

Spiritually—Disconnected

Physically—Distant

Socially—Dissociated

on the issues of social trauma. They have not developed the capacity to see deeply into the issues and have only offered symptomatic healing. It is my hope, to recruit and encourage others to join me in the work of causal healing.



**Partnering Organizations:** 

## The Legend of Cape Towne

**Sea People**—Have traditionally harvested the Sea of Tranquility for their livelihood. They are becoming ill as sea life dies.

**Town People**—Work for JP, Roy, and Sue Ellen. Some have become ill.

JP— Has employed the residents of Cape Towne in his oil company. He states that the success of the company depends on limited regulations and fewer safety measures.

Sue Ellen— Raises sheep that graze openly around JP's oil field. Her sheep have become ill.

**Roy**— Raises cattle on his ranch. He and JP are friends. His cattle are healthy.

**Distant Shore**—The people there live in a way that ensures health, harmony, and well-being for all.

**Trauma**—Toxins from the oil leaks infecting the sea life, sheep and people.

The Sea People and Sue Ellen blame JP's company for causing harm to the residents of Cape Towne and the Sea of Tranquility. JP and Roy believe this issue would go away if only people would be employed by them and eat beef. The town people remain silent in fear of losing their jobs unless they are ill. They disparage the

Sea People's claims that the people on the distant shore would have solutions for their problems. Deep See Ministry seeks to shine light on the root causes of trauma and works toward casual healing.