



FAMILY OF CHURCHES COMMITTED TO A MISSION

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Rudy's Review

A couple of years ago I went to the Dr because I was not feeling very well. After some blood work and some poking and sticking it was determined that I was a diabetic. Needless to say I was a little concerned. So I started cooking and eating healthier. (I was almost afraid to eat anything) I started walking and running every day. First it was 2 miles then all the way to 4 miles a day. Well, I started feeling better, had lost some weight, had more energy and felt good about myself. I was really enjoying the exercise part. I would walk/run 7 days a week, it was a time in the morning of reflecting, praying & praising God. Well after a year and a half of this I started to not enjoy it as much. 7 days a week became 6, then 5 days and sometimes even 4. Instead of springing out of bed in the early morning, it was more of a roll out of bed. I had lost my enthusiasm, my zeal and instead it was a pain to do it. It was getting harder and harder to get out of bed to continue my walking. I would make excuses that I would do it that evening, evening would come and I would say to myself I will go first thing in the morning. Then I noticed the weight starting to come back and I was not feeling good again. My physical health was starting to suffer again. This was my wake up call to get back to the exercising.

This reminds me of the Christian life. There was a time in our life where we realize our spiritual health is in poor health. We make that decision where we "knee in the dust at the foot of the cross and remembered where mercy paid for me."

We come to that point where we are to make a change our lifestyle. We change for a more healthier lifestyle. We need to make a **complete change** in the things we do, the way we act; we become a new creation (2 Cor 5:17). It was refreshing! But sometimes down the road we may get comfortable and drift back to our old life. We may get tired, we may lose our enthusiasm, our zeal may get short circuited. The pain and frustration may cause us to wonder if it is really worth the effort. We start to notice the old things we used to do are coming back and we feel comfortable with them. This causes our spiritual health to suffer and maybe even cause us to rethink what we are doing.

As I was walking this week I was listening to my music the song *Mercy* by Matt Redman came on. As I listened to the chorus it stopped me in my tracks and caused me to just have a praise time with God. The words were: *May I never lose the wonder, oh, the wonder of Your mercy. May I sing Your hallelujah. Hallelujah. Amen.*

My prayer today for all who walk with Christ is: May we **never lose the wonder** of the mercy and grace of God. May we never forget our time at the foot of the cross.

Keep walking for the Lord

Bro C.

SBBA WOMEN'S CONFERENCE – GUARDING OUR HEARTS- SEPTEMBER 10-10:00AM TO 12:30PM- WILBURTON FBC

SBBA 57TH ANNUAL MEETING – OCTOBER 23 @ 2:00-8:00PM- STIGLER FBC

CHURCH MISSION GIFTS

CHURCH	%	JULY
Antioch	1	40.56
Bengal		180.00
Bowers	9	1,377.48
Calvary	5	316.74
Cambria	5	-0-
CP Wilburton	4	368.72
Enterprise	1	-0-
Featherston	5	112.00
Gowen	3	60.28
Grace Country	1	50.00
High Bridge	1	6.50
Keota 1 st	3	210.30
Kinta 1 st	3.5	238.53
Lequire	6	450.00
Lutie	6	-0-
Main Street	2.5	-0-
McCurtain	5	112.95
Mountain Home	5	50.45
N Rock Creek	5	363.20
Panola	5	186.00
Quinton 1 st	8	-0-
Red Oak 1 st	4	784.07
Rocky Ridge	5	67.90
Southside	4	-0-
Stigler 1 st	3	787.66
Sulphur Springs	3	41.49
Trinity Stigler	5	169.75
Unity, Keota	5	326.00
West Liberty	10	1,304.00
Whitefield	6	540.60

CHURCH DECISIONS*

JULY	P	B	L	R	O
Bowers			2		
Lequire			1		
Quinton	3				1
Unity	4				
W. Liberty	1	1			
Whitefield			2		

*Legend: P=Professions, B=Baptisms, L=Letter, R=Rededication, O=Other

SEPTEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Howard Head Panola (2013)	James Easley Kinta (2014)			1	2	3
4 Anti-Gambling Sunday	5 Office Closed Labor Day	6	7	8	9 Leigh Montgomery (Red Oak FBC)	10 SBBA Women's Conference 10:00am-12:30pm Wilburton FBC
-----Season of Prayer for State Missions & Edna McMillian Offering-----						
11 Charles Watkins (Lutie)	12 Missions Celebration Rally Assoc. 7:00pm Coetta Head (Panola)	13 Executive Board Meeting, 7:00pm Host: Enterprise	14	15	16	17
18 Cindy Waldrop (Bowers)	19	20	21	22	23	24 Jeff Bengs (Quinton)
25 Ken & Rita Rouviere (retired)	26	27	28 "See You at the Pole" School Prayer Day "See You After the Pole" Rally	29	30	SBBA 57 th Annual Meeting – Oct. 23 2:00-8:00pm Stigler FBC