



The Church Bell



Cortland Christian Church

153 Grove Drive
Cortland, Ohio

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CortlandChristian
Church.Com

Phone: 330-637-4611

Pastor Casey Chapman

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Jonathan Gallo
Organist

Joyce Hall
Administrative
Assistant



A Message From Pastor Casey

"A Happy Pup"

Wagging his tail with glee the little pup darted back and forth throughout the neighborhood. He was just a small thing, harmless as can be. He trodden down South High Street, stopping at a couple of fire hydrants along the way. Soon he was on Fowler Street.

His four little legs carried him swiftly as his fur gently brushed the ground. He saw an older lady kneeling in the garden, but she shooed him away.

He made his way down South Colonial Drive. As he ventured forward, the little guy was startled by the barking of a large dog. Crossing to the other side of the street in fright he wandered through a couple of back yards on Woodview Avenue. He saw some people splashing about in a swimming pool. He continued to Russel Avenue and then to East Main Street.

Finally, he stopped by a house on Stahl Avenue. He cocked his little head to the side, and his small, black, beady eyes gazed at a little boy on a swing. The swing was a board affixed to two thick ropes extending up and tied to the branch of an old walnut tree. The boy's grandpa had just made him the swing two weeks ago. The lad was not really swinging. He was just sitting there with his head down. You see, his grandpa had just died.

The little pup went up to the young lad. Soon the dog caught the attention of the boy. He did not have any pets. He gave a half-smile. The furry dust mop approached the tearful child and brushed his knotted, dirty-white coat against the boy's leg. Quickly that half-smile turned into a full grin.

Meanwhile his mom and dad were inside talking about their son who they knew was very hurt. He was really close to his grandpa. They sat in their living room were the woman remembered hearing her pastor preach on prayer and how powerful prayer is. She took her husband's hand and together they prayed.

"Oh Lord," the woman said, "Help our son through this grief." Just then,

(Continued on Page 2)



Worship Leaders

October 4 Carol Robinson and
Amy Seger
October 11 Sharon Hopkins and
Spencer Chapman
October 18 Curtis Bell and
Amy Popichak
October 25 Ron Miller and
Justin Klamut

Pastor Casey

814 -573-8148

Office: 330-637-4611

Office Hours:

Mon– Thurs.

8am-Noon

330-637-4611

Coffee Fellowship



October 6

Cindy Miller and Ron Miller

October 13

Joyce Greenlee

October 20

Judene Ainsley

October 28

Carol Deemer

(Continued from page 1)



Just then,... through an open window, the couple heard the laughter of a boy who at their last sight of was in tears at the news of the untimely passing. The husband quickly arose and looked out the window to see the sight of his boy rolling on the ground with a little pup licking his face. His wife joined him and embraced her husband. All the cares of the world were gone, and the precious moment took hold. God had answered their prayer.

God is ready to hear your prayer today. He wants you to know that whatever you are facing that you do not need to face it alone. He has a perfect plan. At times it is hard to see in the midst of the storm of life, but when the clouds lift and you look back it is clear as day to see. Have you talked to the Lord about what ails you? Have a relationship with Him. Talk to Him every day. God loves you. He wants to know you. He wants to know your joys and your sorrows. He wants to rejoice with you, and He wants to wipe away your every tear. Go to Him today in prayer.

September — Financial Report

Our monthly Budget for 2020 of \$13,000 explains
the amount needed to maintain our church.

September 1, 2020 to September 31, 2020

Offering Received	\$ 10,716.00
Expenses	\$ -10,158.00
Balance	\$ 557.00

Mortgage Payment \$1,883.24

Loan Balance \$ 77,832.12



"Happy Birthday"

October 8	Rachelle Ehlert
October 11	Linda Chagnot
October 14	Diana Martin
October 16	Pat Culp
October 19	Anita Bell
October 19	Gerry Payne
October 26	Ron Miller

No Anniversaries



A Very Helpful Sermon

A woman approached the minister after the sermon, and thanked him for his discourse. "I found it so helpful," she said.

The minister replied: "I hope it will not prove as helpful as the last sermon you heard me preach."

"Why, what do you mean?" asked the astonished woman.

"Well," said the minister, "that sermon lasted you three months."

Important Meetings

*** Thursday, October 1**

L.O.A.F meets here

*** Saturday, October 3**

Breakfast with Friends

*** Tuesday, October 6**

Finance Meeting 6:15 pm

Board Meeting 7pm



**Church Elders
Meet**

**Third Sunday
In the month
— 8 am —**

Board Room



Women of Worship

"Breakfast with Friends"

Saturday, October 3

10am

Four Star Restaurant

Breakfast, conversation and a short meeting.

—Operation Christmas Child—

—Stocking for the Troops—


Come meet and greet each other again.

Give your ideas and opinions.

All women are invited.



2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. Aerobics	2.	3. Aerobics
4. Sunday Service 10am Adult Sunday School 8:55am	7.  Aerobics	6. <u>Meetings</u> Finance 6:15pm Board 7 pm	7.	8. Aerobics	9.	10.  Aerobics
11. Service at 10am Adult Sunday School at 8:55am	12. Aerobics	13.	14.	15. Aerobics	16. 	17. Aerobics
18. Service at 10am Adult Sunday School at 8:55am	19. Aerobics	20. 	21.	22. Aerobics	23.	24. Aerobics
25. Service at 10am Adult Sunday School at 8:5am	26. Aerobics	27.	28.	29. Aerobics	30.	31. 

Pray for our "Shut-Ins" and "other friends". They would enjoy a Thinking of you card or a joke or story you found in a magazine. Maybe a phone call, just say "hello" to our friends.



Bob and Mary Jo Johnson
328 Orchard
Cortland, Ohio 44410

Katie and John Molnar
2444 Williams Drive
Cortland, Ohio 44410

Edwin and Eileen Niemi
Lake Vista Apt. 207
Mecca Street,
Cortland, Ohio

Kathie Bates
Room 105
369 N. High Street
Cortland, Ohio 44410

Pat Taylor
Room 212
4100 North River Rd.
Warren Ohio

Grace Wagner
Gillette Rehab
Room 613
3310 Elm Rd. N. E.
Warren, Ohio 44483

Phyllis Beer
41 Heron Circle
Cortland, Ohio 44410
330-637-1456

Lauralee Lawrence
124 Willow Street
Cortland, Ohio
44410

Between 65 And Death

Many of us are between 65 and death . An old friend sent me this excellent list for aging , and , I have to agree it's good advice to follow.

... particularly the item 19

Growing old is inevitable.
Aging is optional.



01— It's time to use the money you save up . Use it and enjoy it . Don't just keep it for those who may have no notion of the sacrifices you made to get it . Remember there is nothing more dangerous than a son or daughter-in-law with big ideas for your hard-earned capital . Warning : This is also a bad time for investments , even if it seems wonderful or fool-proof . They only bring problems and worries .

02 – Stop worrying about the financial situation of your children and grandchildren , and don't feel bad spending your money on yourself . You've taken care of them for many years, and you've taught them what you could . You gave them an education, food, shelter and support . The responsibility is now theirs to earn their own mon-

03 – Keep a healthy life , without great physical effort . Do moderate exercise (like walking every day) , eat well and get your sleep . It's easy to become sick, and it gets harder to remain healthy . That is why you need to keep yourself in good shape and be aware of your medical and physical needs . Keep in touch with your doctor, do tests even when you're feeling well . Stay informed .

04 – Always buy the best , most beautiful items for your significant other . The key goal is to enjoy your money with your partner . One day one of you will miss the other , and the money will not provide any comfort then , enjoy it together .

05 – Don't stress over the little things . You've already overcome so much in your life . You have good memories and bad ones , but the important thing is the present . Don't let the past drag you down and don't let the future frighten you . Feel good in the now . Small issues will soon be forgotten .

06 – Regardless of age , always keep love alive . Love your partner , love life , love your family , love your neighbor and remember : *A man is not old as long as he has intelligence and affection .*

07 – Be proud , both inside and out . Don't stop going to your hair salon or barber , do your nails , go to the dermatologist and the dentist , keep your perfumes and creams well stocked . When you are well-maintained on the outside , it seeps in , making you feel proud and strong .

08 – Don't lose sight of fashion trends for your age , but keep your own sense of style . There's nothing worse than an older person trying to wear the current fashion among youngsters . You've developed your own sense of what looks good on you – keep it and be proud of it . It's part of who you are .

09 – Always stay up-to-date . Read newspapers , watch the news . Go online and read what people are saying . Make sure you have an active email account and try to use some of those social networks . You'll be surprised what old friends you'll meet . Keeping in touch with what is going on and with the people you know is important at any age .

10 – Respect the younger generation and their opinions . They may not have the same ideals as you , but they are the future , and will take the world in their direction . Give advice , not criticism , and try to remind them that yesterday's wisdom still applies today .

The Bible Study by the Creek was a “huge Success”.

We had 18-22 attenders almost every Wednesday evening.
We sang hymns, had a few snacks, and listened and learned about the
Book of James.

Thank you goes out to Pastor Casey. He is our “Rock” .

He keeps us fulfilled with messages from our Bible.

A class picnic and bonfire was planned for the last night of the Bible
Study .



FROM THE DESK OF
BARRY T. TOOTH FAIRY

*A child received this letter
from the tooth fairy..*

5 September 2017



Dear Mr Warren,

This letter is to inform you that I have now taken receipt of your tooth and it is
being duly processed in our system.

You will have noticed there has been a delay in your payment for the tooth. Mr
Warren, I have to inform you that this is due to the condition in which we found
said tooth. We expect a certain amount of wear and tear on the teeth we appraise.
However in this case your tooth had to be referred up to the committee for further
analysis.

We believe this is due to the lack of care and attention by yourself. We have
detected more than trace amounts of Fanta™ and residual amounts of both cereal
and chocolate which have not been removed by appropriate brushing technique.
We recommend you review your practice here as a matter of urgency.

Mr Warren we will accept the tooth on this occasion but we need your assurances
that the condition of your next tooth will be significantly better or we will withhold
payment.

Sincerely yours,

Barry T. Tooth Fairy

Happy Halloween



MUST DO TODAY!

1. wake up
2. get stuff done
3. no, really
4. I mean it, get stuff done
5. right now
6. Do NOT spend time on facebook!
7. bedtime already?





Between 65 until Death

Continued

- 11** – Never use the phrase *In my time* . Your time is now . As long as you're alive , you are part of this time . You may have been younger , but you are still you now , having fun and enjoying life .
- 12** – Some people embrace their golden years , while others become bitter and surly . Life is too short to waste your days on the latter . Spend your time with positive , cheerful people , it'll rub off on you and your days will seem that much better . Spending your time with bitter people will make you older and harder to be around .
- 13** – Do not surrender to the temptation of living with your children or grandchildren (if you have a financial choice , that is) . Sure , being surrounded by family sounds great , but we all need our privacy . They need theirs and you need yours . If you've lost your partner (our deepest condolences) , then find a person to move in with you and help out . Even then , do so only if you feel you really need the help or do not want to live alone .
- 14** – Don't abandon your hobbies . If you don't have any , make new ones . You can travel , hike , cook , read , dance . You can adopt a cat or a dog , grow a garden , play cards , checkers , chess , dominoes , golf . You can paint , volunteer or just collect certain items . Find something you like and spend some real time having fun with it .
- 15** – Even if you don't feel like it , try to accept invitations . Baptisms , graduations , birthdays , weddings , conferences . Try to go . Get out of the house , meet people you haven't seen in a while , experience something new (or something old) . But don't get upset when you're not invited . Some events are limited by resources , and not everyone can be hosted . The important thing is to leave the house from time to time . Go to museums , go walk through a field . Get out there .
- 16** – Be a conversationalist . Talk less and listen more . Some people go on and on about the past , not caring if their listeners are really interested . That's a great way of reducing their desire to speak with you . Listen first and answer questions , but don't go off into long stories unless asked to . Speak in courteous tones and try not to complain or criticize too much unless you really need to . Try to accept situations as they are . Everyone is going through the same things , and people have a low tolerance for hearing complaints . Always find some good things to say as well .
- 17** – Pain and discomfort go hand in hand with getting older . Try not to dwell on them but accept them as a part of the cycle of life we're all going through . Try to minimize them in your mind . They are not who you are , they are something that life added to you . If they become your entire focus , you lose sight of the person you used to be .
- 18** – If you've been offended by someone – forgive them . If you've offended someone – apologize . Don't drag around resentment with you . It only serves to make you sad and bitter . It doesn't matter who was right . Someone once said : *Holding a grudge is like taking poison and expecting the other person to die* . Don't take that poison . Forgive , forget and move on with your life .
- 19** – If you have a strong belief , savor it . But don't waste your time trying to convince others . They will make their own choices no matter what you tell them , and it will only bring you frustration . Live your faith and set an example . Live true to your beliefs and let that memory sway them .
- 20** – **Laugh A Lot** . Laugh at everything . Remember , you are one of the lucky ones . You managed to have a life , a long one . Many never get to this age , never get to experience a full life . But you did . So what's not to laugh about ? Find the humor in your situation .
- 21** – Take no notice of what others say about you and even less notice of what they might be thinking . They'll do it anyway , and you should have pride in yourself and what you've achieved . Let them talk and don't worry . They have no idea about your history , your memories and the life you've lived so far . There's still much to be written , so get busy writing and don't waste time thinking about what others might think . Now is the time to be at rest , at peace and as happy as you can be !

"That's Right, God Doesn't Exist."



When they eventually touched on the subject of God, Mike said: 'I don't believe that God exists.'

"Why do you say that?" asked Bill.

"Well, you just have to go out in the street to realize that God doesn't exist. Tell me Bill, if God exists, would there be so many sick people? Would there be abandoned children? If God existed, there would be neither suffering nor pain. I can't imagine a loving God who would allow all of these things."



Bill thought for a moment, but didn't respond because he didn't want to start an argument. Mike finished his barbering job and Bill left the shop. Just after he left the barbershop, he saw a man in the street with long, stringy, dirty hair and an untrimmed beard. He looked dirty and unkempt.

Bill turned back and entered the barbershop again and he said to Mike, the barber:

"You know what? Barbers do not exist."

"How can you say that?" asked the surprised barber. "I am here, and I am a barber. And I just worked on you!"

"No!" Bill exclaimed.

"Barbers don't exist because if they did, there would be no people with dirty long hair and untrimmed beards, like that man outside."

"Ah, but barbers DO exist! That's what happens when people do not come to me."

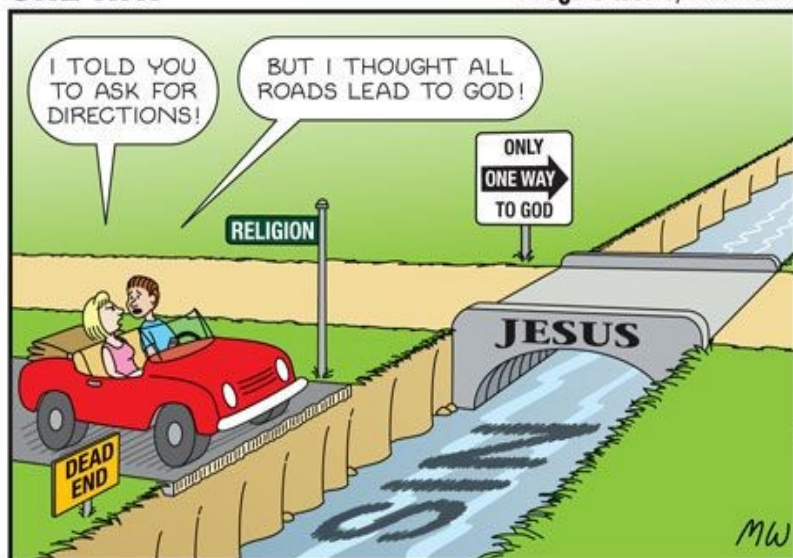
"Exactly!" Bill affirmed.

"That's the point! God, too, DOES exist! And that's what happens when people do not come to God too."



ONE WAY

A Joyful 'toon by Mike Waters



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www.joyfultoons.com

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me." — JOHN 14:6 NIV

I can't dance to save
my life. but
the moment
I step in
dog poop
I can moonwalk
better than
Michael Jackson.





Mc Donald's Breakfast

I am a mother of three (ages 14, 12, 3) and have recently completed my college degree. The last class I had to take was Sociology. The teacher was absolutely inspiring with the qualities that I wish every human being had been graced with.

Her last project of the term was called "Smile." The class was asked to go out and smile at three people and document their reactions. I am a very friendly person and always smile at everyone and say hello anyway, so, I thought this would be a piece of cake.

Soon after we were assigned the project, my husband, youngest son, and I went out to McDonald's one crisp March morning. It was just our way of sharing special playtime with our son. We were standing in line, waiting to be served, when all of a sudden everyone around us began to back away, and then even my husband did.

I did not move an inch. An overwhelming feeling of panic welled up inside of me as I turned to see why they had moved. As I turned around, I smelled a horrible "dirty body" smell, and there standing behind me were two poor homeless men. As I looked down at the short gentleman close to me, he was "smiling". His beautiful sky blue eyes were full of God's Light as he searched for acceptance. He said, "Good day" as he counted the few coins he had been clutching.

The second man fumbled with his hands as he stood behind his friend. I realized the second man was mentally challenged and the blue-eyed gentleman was his salvation. I held my tears as I stood there with them. The young lady at the counter asked him what they wanted.

He said, "Coffee is all Miss" because that was all they could afford. If they wanted to sit in the restaurant and warm up, they had to buy something. He just wanted to be warm.

Then I really felt it - the compulsion was so great I almost reached out and embraced the little man with the blue eyes. That is when I noticed all eyes in the restaurant were set on me, judging my every action. I smiled and asked the young lady behind the counter to give me two more breakfast meals on a separate tray.

I then walked around the corner to the table that the men had chosen as a resting spot. I put the tray on the table and laid my hand on the blue-eyed gentleman's cold hand. He looked up at me, with tears in his eyes, and said, "Thank you." I leaned over, began to pat his hand and said, "I did not do this for you. God is here working through me to give you hope."

I started to cry as I walked away to join my husband and son. When I sat down my husband smiled at me and said, "That is why God gave you to me, Honey, to give me hope." We held hands for a moment and at that time, we knew that only because of the Grace that we had been given were we able to give. That day showed me the pure Light of God's sweet love.

I returned to college, on the last evening of class, with this story in hand. I turned in "my project" and the instructor read it. Then she looked up at me and said, "Can I share this?" I slowly nodded as she got the attention of the class. She began to read and that is when I knew that we as human beings and being part of God share this need to heal people and to be healed. In my own way, I had touched the people at McDonald's, my husband, son, instructor, and every soul that shared the classroom on the last night I spent as a college student. I graduated with one of the biggest lessons I would ever learn: UNCONDITIONAL ACCEPTANCE

Much love and compassion is sent to each and every person who may read this and learn how to

LOVE PEOPLE AND USE THINGS - NOT LOVE THINGS AND USE PEOPLE.

To handle yourself, use your head.

To handle others, use your heart.

God gives every bird its food, but He does not throw it into its nest.

Bible Heroes

Use each of the Biblical names given to complete this clueless crossword grid. The puzzle has only one solution.. Good Luck!

4 LETTERS

BOAZ
EHUD
LUKE
NOAH
ODED
PAUL

5 LETTERS

DAVID
HOSEA
ISAAC
JESUS
LYDIA
PETER
RAHAB
SILAS

6 LETTERS

DANIEL
DORCAS
ELIJAH
GIDEON
SAMSON

7 LETTERS

DEBORAH

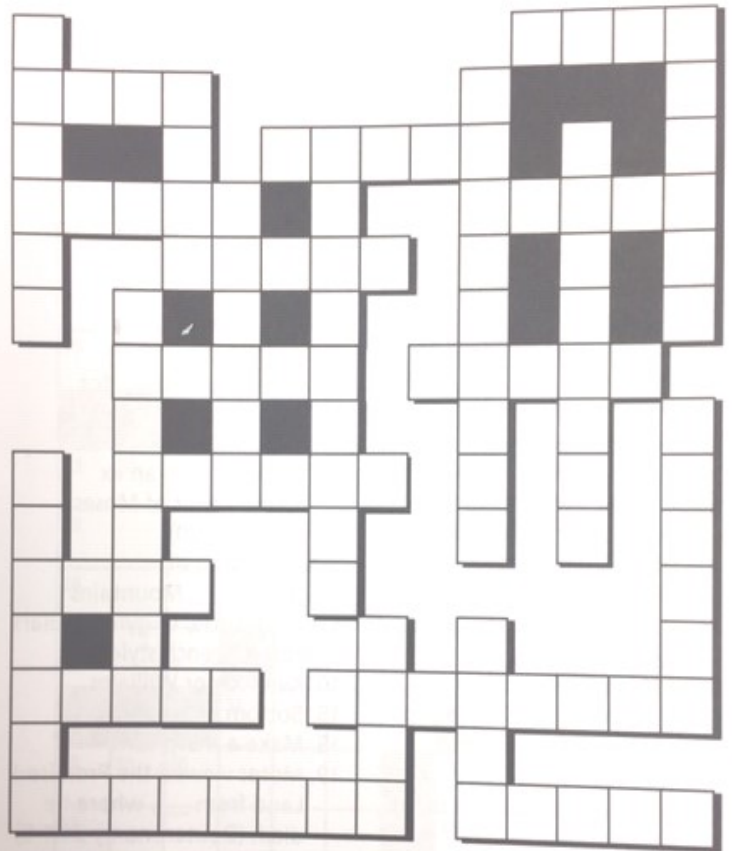
8 LETTERS

BARNABAS
HEZEKIAH
JONATHAN
SHADRACH

9 LETTERS

ELIZABETH
PRISCILLA

No answers: You are smart enough o do this without help.



Pictures submitted by
Jeff Byler



Our Prayer Garden Bible Study is alive and happy. We are going into our 5 week with as many as 22 attendees. It is so pleasant to sit outside and learn Gods word. Hope this happens again next spring and summer and /or fall.

Looking forward to a picnic for our last lesson on September 30th. And of course good weather.

Thank you Pastor Casey for this great idea and lessons.





**Life is an opportunity,
benefit from it.**

**Life is beauty, admire it.
Life is a dream, realize it.
Life is a challenge, meet it.
Life is a duty, complete it.
Life is a game, play it.
Life is a promise, fulfill it.
Life is sorrow, overcome it.
Life is a song, sing it.
Life is a struggle, accept it.
Life is a tragedy, confront it.**

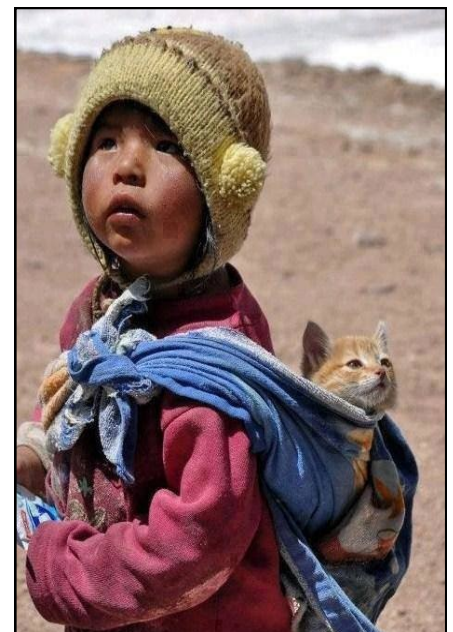


**Life is an adventure, dare it.
Life is luck, make it.
Life is life, fight for it."**

Mother Teresa



**Pictures and poem submitted
by Amy Kennedy**



Hearty, Healthy, Tasty Italian Sausage Soup (Quick to make)

1 pkg. Italian style herb sausage, cut into 1/4 in thick slices
1 onion, chopped
2 cloves garlic, minced
2 cans (14 Oz. Each) fat free reduced sodium chicken broth
1 c. water
1 can cannellini beans, rinsed
1 c. rotini pasta, uncooked
2/3 c. mozzarella cheese, shredded



1 can (14.5 oz) stewed tomatoes, undrained
2 c. tightly packed torn stemmed spinach, kale or escarole
1 c. sliced celery

Cook sausage and onions in a large skillet on medium heat 8 minutes or until sausage is evenly browned, stirring frequently and adding garlic for the last minute. Add broth water, beans and tomatoes, mix well, bring to boil, stirring occasionally. Add pasta; stir. Return to boil; simmer on medium-low heat 10 min. or until pasta is tender, stirring occasionally. Remove from heat. Stir in greens. Let stand 5 minutes. Or until greens are slightly wilted. Serve topped with cheese.

Fall is Here!

(Puzzle from Chicken Soup for the Soul)

Inspiration 39

<i>"IT IS GOOD</i>	<i>SUSPENDED</i>
<i>TO BE ALONE</i>	<i>THOUGHT."</i>
<i>IN A GARDEN</i>	<i>"I LIKE TO</i>
<i>AT DAWN OR</i>	<i>THINK OF</i>
<i>DARK, SO</i>	<i>THOUGHTS AS</i>
<i>THAT ALL</i>	<i>LIVING</i>
<i>ITS SHY</i>	<i>BLOSSOMS</i>
<i>PRESENCES</i>	<i>BORNE BY THE</i>
<i>MAY HAUNT</i>	<i>HUMAN</i>
<i>YOU AND</i>	<i>TREE."</i>
<i>POSSESS</i>	<i>(JAMES</i>
<i>YOU IN A</i>	<i>DOUGLAS)</i>
<i>REVERIE OF</i>	

L L A T A H T B L O S S O M S S
B I T I S G O O D V O O J T E U
O V R L L E Q S F S Y V K Y C S
R I D K T H I N K O F F Y D N P
N N Z Q O J W H E R C W Z D E E
E G E S N E D R A G A N I A S N
B Y N N A R U C W S W D H E E D
Y F O D V S B V H D M M M Y R E
T O L U T Z T T N H N A N E P D
H E A E I T N H H M J A N D S T
E I E M L N U B G B M A U S O H
S R B Y I S A L G U O D E O K O
T E O C K D H J H W O S P M Y U
Y V T D E R Y I T S S H Y F R G
C E Y A T D A W N O R X T V L H
H R W K O B M E P P I Q S U O T

LOST WORDS FROM OUR CHILDHOOD!!

Some of you are too young to have heard these.

We knew the meaning without asking.

I remember my Dad saying "Keep a stiff upper lip and don't take any wooden nickels" ..
LOST WORDS FROM OUR CHILDHOOD!!

Mergatroyd! Do you remember that word? Would you believe the spell-checker did not recognize the word Mergatroyd? "Heavens to Mergatroyd!"

The other day a not so elderly (I say 75) lady said something to her son about driving a **Jalopy**; and he looked at her quizzically and said, "What the heck is a Jalopy?" He had never heard of the word jalopy! She knew she was old But not that old.

Well, I hope you are **Hunky Dory** after you read this and chuckle.

About a month ago, I illuminated some old expressions that have become obsolete because of the inexorable march of technology. These phrases included: **Don't touch that dial, Carbon copy, You sound like a broken record, and Hung out to dry.**

Back in the olden days we had a lot of **moxie**. We'd put on **our best bib and tucker**, to **straighten up and fly right**.

Heavens to Betsy! Gee whillikers! Jumping Jehoshaphat! Holy Moley!

We were **in like Flynn** and **living the life of Riley**; and even a regular guy couldn't accuse us of being a **knucklehead, a nincompoop or a pill. Not for all the tea in China!**

Back in the olden days, life used to be **swell**, but when's the last time anything was swell? **Swell has gone the way of beehives, pageboys and the D.A.; of spats, knickers, fedoras, poodle skirts, saddle shoes, and pedal pushers.**

Oh, my aching back! Kilroy was here, but he isn't anymore.

We wake up from what surely has been just a short nap, and before we can say, **Well, I'll be a monkey's uncle!" or, "This is a fine kettle of fish!"**

We discover that the words we grew up with, the words that seemed omnipresent, as oxygen, have vanished with scarcely a notice from our tongues and our pens and our keyboards.

Poof, go the words of our youth, the words we've left behind. We blink, and they're gone. Where have all those great phrases gone?

Long gone: Pshaw, The milkman did it. Hey! It's your nickel. Don't forget to pull the chain. Knee high to a grasshopper. Well, Fiddlesticks! Going like sixty. I'll see you in the funny papers. Don't take any wooden nickels. Wake up and smell the roses.

More fun nonsense, continued on the next

It turns out there are more of these lost words and expressions than *Carter has liver pills*. This can be disturbing stuff! (*Carter's Little Liver Pills are gone too!*)

We of a certain age have been blessed to live in changeable times. For a child each new word is like a shiny toy, a toy that has no age. We at the other end of the chronological arc have the advantage of remembering there are words that once did not exist and there were words that once strutted their hour upon the earthly stage and now are heard no more, except in our collective memory.

It's one of the greatest advantages of aging!

Leaves us to wonder where Superman will find a phone booth...

See ya later, alligator! Okidoki.

You'll notice they left out *"Monkey Business"!!!*

WE ARE THE CHILDREN OF THE FABULOUS 50'S NO ONE WILL EVER HAVE THAT OPPORTUNITY AGAIN ... WE WERE GIVEN ONE OF OUR MOST PRECIOUS GIFTS: LIVING IN THE PEACEFUL AND COMFORTABLE TIMES, CREATED FOR US BY THE "GREATEST GENERATION!"

*....OKif crawling under school desks for nuclear attack drills,
the Cold War is peaceful and comfortable...not...
but the cars and the music were **KEEN!***



Autumn Food Ideas

Apple Cobbler

1/3 cup sugar	1 tablespoon cornstarch
1/2 teaspoon ground cinnamon	1/4 teaspoon ground nutmeg
1/3 cup orange juice	
4 cups sliced peeled tart apples (about 4 large)	

TOPPING:

1 cup all-purpose flour	1/3 cup plus 2 teaspoons sugar, divided
1-1/2 teaspoons baking powder	1/4 teaspoon salt
1/4 cup cold butter, cubed	1/2 cup fat-free milk



In a large bowl, combine the sugar, cornstarch, cinnamon and nutmeg. Add apples and orange juice; toss to coat. Transfer to an 11x7-in. baking dish coated with cooking spray.

For topping, combine the flour, 1/3 cup sugar, baking powder and salt. Cut in butter until the mixture resembles coarse crumbs. Stir in milk just until moistened. Drop eight mounds onto the apple mixture. Sprinkle with remaining sugar. Bake at 375° for 30-35 minutes or until a toothpick inserted into topping comes out clean. Serve warm if de-