## AND GOD SAYS . . . Sponsored by the Melrose Alliance Church

Are you tired of the political ads yet? Or how about those fundraising emails? You would think that once you have donated you would be left alone. But that is not the case, in fact it may be quite the opposite—once you give to an organization they think that you will keep on giving and so they send you more emails and call you more often. At least that's what it seems like.

Well, be thankful. It will soon be over—hopefully— if there aren't multiple recounts and other challenges to the vote.

It is easy to become critical during this whole process. But my wife told me of a statement a friend of hers made. She said, "What if you only had today what you were thankful for yesterday." When so told me that I told her that if that were the case, I wouldn't be here today. But she quickly corrected me and told me she had thanked God for me yesterday. That made me feel good.

Well what about you, what would your day be like today if you only had what you were thankful for yesterday?

Scripture has much to say about thanksgiving. Three of the passages that immediately come to mind are:

- 1 Thessalonians 5:16-18: Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus. Even the political ads? Yes.
- Philippians 4:6-7: Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Even the results of the election?
  Yes.
- Psalms 103:2-3: Praise the Lord, O my soul, and forget not all his benefits who forgives all your sins and heals all your diseases. No matter what? Yes, if you put your trust in Jesus.

Now, what would your day be like if you really practiced the instructions given in these verses? Might your whole outlook on life be different? Now, so that I cannot be accused of not practicing what I preach, I want to thank God for you and ask God to especially bless you today.