

Jesus Helps Sick People

Bible Basis: Luke 5:17-26

When we read the story of the men who lowered their friend through the roof to get him in front of Jesus, we often talk about their persistence or the man's faith that allowed him to be healed. It certainly took a lot of faith on the men's part to do what they did—finding the equipment they needed, removing a section of the roof, and carefully lowering their friend through it. The man also had to have faith to be healed. They must all have truly believed that Jesus could help sick people.

However, we can't forget that it was Jesus who people came to see. It was Jesus who did the healing. It was Jesus who had the *power* to heal. It was Jesus who had *compassion* for the paralyzed man and many others on that day. It was Jesus who made sick people well, broken people whole, and sinful people forgiven!

The responses of the people who were there varied greatly: the Pharisees were critical; the rest of the people were amazed and praised God. This month is the perfect time to begin developing in your toddlers an awe toward the God who does such amazing things: helping sick people and saving us from our sins!

Jesus Helps Sick People

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10	Jesus helps sick people.	129
11	Jesus helps sick people because he loves them.	143
12	Jesus helps sick people, and we can, too.	157
13	We're thankful that Jesus helps sick people.	171



Parent Page

Jesus Helps Sick People

For the next four weeks, the toddlers and 2s class will be learning that Jesus helps sick people. The children will use all five senses to learn about Jesus' healing power and love and to discover that we can comfort sick people, too. Use these Parent Page ideas to help reinforce the point that Jesus helps sick people.

Tips for Toddlers & 2s

Little bumps and boo-boos bring loving caregivers on the run. Their first aid? A warm hug and kiss. As children receive your sympathy and care, they learn to comfort others. During the next few weeks, help your toddler look for ways to care for others who are sick or feeling sad. Most toddlers can bring a comforting smile, tissues for Daddy's sniffling nose, or pictures they've colored for a sick friend. Help your child realize that caring for others is a good way to share Jesus' love.

Together Time

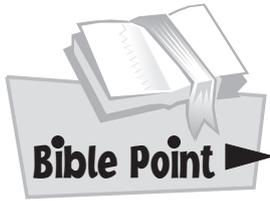
- Make a "Tissue Tree" for someone with the sniffles. Use a pencil to poke holes through a paper cup. Then turn the cup upside down and let your child poke the ends of facial tissues through the holes. As you work, talk about how Jesus helps sick people because he loves them. Point out that we can help sick people, too.
- If someone in your family isn't feeling well, prepare a heartwarming lunch of chicken soup and blueberry muffins. Let your child decorate the lid of a gift box with crayons and colorful stickers to use as a serving tray.
- Sing this song from class with your toddler:

The Ah-CHOO Song

(sung to the tune of "Old MacDonald")

**Jesus helps us when we're sick
And have a cold—ah-CHOO!
Jesus helps us when we're sick,
And I can help out, too.**

**Cough—cough—'CHOOO!
God bless you!
Do you need a tissue, too?
Jesus helps us when we're sick
And have a cold—ah-CHOO!**



Bible Point ▶

Jesus Helps Sick People

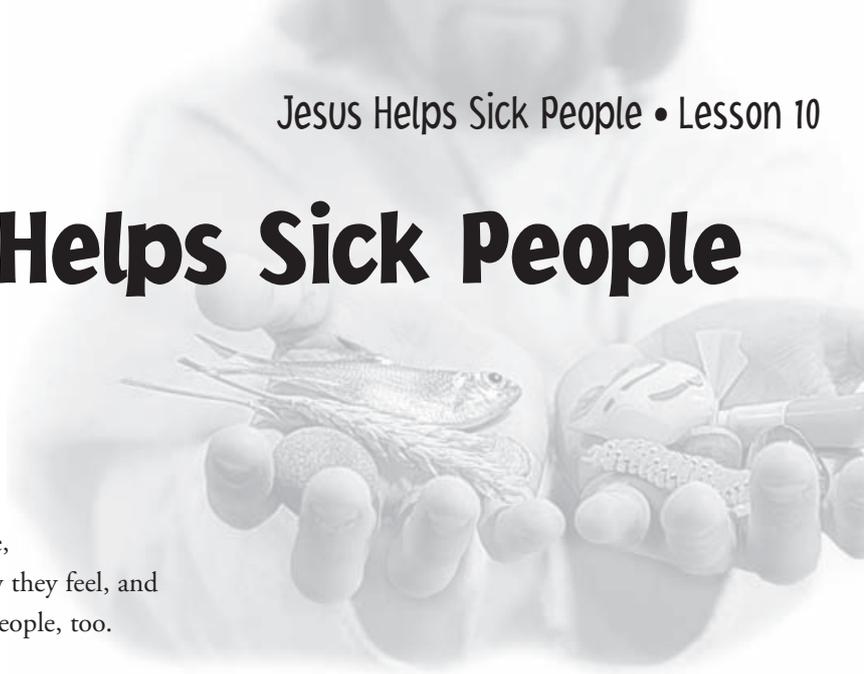
Bible Verse

Jesus helps us all (adapted from Matthew 11:28).

Growing Closer to Jesus

Children will

- know that Jesus can heal people,
- learn that Jesus cares about how they feel, and
- realize that they can help sick people, too.



Teacher Enrichment

Bible Basis

■ Jesus helps sick people.

Luke
5:17-26



Jesus responded with compassion to the paralyzed man being lowered through the roof and to all the other sick people gathered in the house. His actions revealed not only what power Jesus has but who he is. All of us can have compassion for people who are sick, but only Jesus can heal them. All of us can repent and seek forgiveness for our sins, but only Jesus can forgive our sins and make us physically and spiritually whole.

Your toddlers have likely already developed compassion for others who aren't well. In this session you can encourage that compassion and help your children know that Jesus cares about sick people and can help them in ways that no one else can.

Prayer

- Read Matthew 9:20-22.
- What parallels do you see between the healing in this passage and the one in today's story?
- How have you seen God's healing at work in your life?
- Pray: Lord, help me to trust in your healing power. Help me lead your children to believe that you heal sick people as I...

Before the Lesson

- Collect items for the activities you plan to use, referring to the Classroom Supplies and Learning Lab Supplies listed in the chart on the next page.
- Pray for the children in your class and for God's direction in teaching the lesson.

This Lesson at a Glance

	What Children Will Do	Classroom Supplies	Learning Lab Supplies
Arrival Activities Direct children to one or more of the optional activities until everyone arrives.	Welcome Time —Receive a warm welcome from the teacher and Cuddles the Lamb.	Name tags (p. 8), scissors, marker, tape or safety pins, CD player	
	Option 1: Spots 'n' Dots —Make pictures of pretend people with spots and dots.	Paper plates, construction paper, tape, scissors, dot stickers, crayons, small adhesive bandages	
	Option 2: Going Down —Drop clothespins through the hole in a pretend roof.	Medium-sized box, construction paper, glue, clothespins, scissors	
	Pick-Up Time —Sing a song as they help clean up the room.	CD player	
Bible Story Time	Bible Song —Sing a song about the Bible.	Bible, CD player	
	Jesus Helps Sick People —Interact with sensory items on the StoryBoard as they hear the story from Luke 5:17-26 of Jesus healing the paralyzed man.	Blanket, paper, tape	
	The Ah-CHOO Song —Sing a song about how Jesus helps sick people.	CD player, facial tissues	
Bible Activities	Interactive Bible Bulletin Board —Review the Bible story with Cuddles the Lamb as they create a bulletin board together.	Children patterns (pp. 140-141), scissors, markers or crayons, tape, light yellow paper, facial tissue	
	Sing It Out —Sing a song about how Jesus helps sick people.	CD player, facial tissues	
	Sick Little Bear —Comfort a stuffed bear, and learn a new song.	Quilt batting or facial tissues, shoe box, CD player	
	Bible Craft —Decorate “mats” like the man in the Bible story used.	White paper, crayons, markers, stickers, newspaper	
	Bible Game —Play an exciting game of musical marching mats.	CD player, paper mats from Bible Craft	
Closing 	Take My Temperature —Say a prayer, and have a snack.	Graham cracker sticks, cupcake liners, strawberry jam or cherry frosting, napkins	

*See the end of this lesson for extra-time ideas and supplies.

Arrival Activities

Welcome Time

SUPPLIES: name tags (p. 8), scissors, marker, tape or safety pins, CD player



- Play “Jesus Helps Us All” (adapted from Matthew 11:28) (track 14) from the CD as children are arriving.
- Use Cuddles the Lamb to help you greet each child by name and with a warm smile.
- Tape or pin a name tag to each child’s clothing.
- Say: **Today we’re going to learn that ► Jesus helps sick people.**
- Place Cuddles out of sight so the children won’t be distracted by him during the next activity.

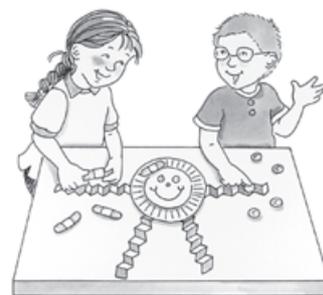


Option 1: Spots 'n' Dots

SUPPLIES: paper plates, construction paper, tape, scissors, dot stickers, crayons, small adhesive bandages

Before class, cut 1x11-inch construction paper strips. Cut four paper strips for each child, and then accordion-fold the strips. Set out the paper strips, tape, crayons, dot stickers, and small adhesive bandages.

As children arrive, hand them each a paper plate and invite them to scribble-draw faces on their plates. Help children tape accordion-folded “arms” and “legs” to the paper plates to make “silly people.” Then let children put sticker “spots” and the bandages on the pretend people. As toddlers work, make comments such as “My, our pretend people look sick with their spots! When was a time you were sick?” and “I’m glad that ► Jesus helps sick people. Who else helps when you’re sick or hurt?” Mention that today they’ll hear a Bible story about how Jesus helped a sick man and made him well.



Option 2: Going Down

SUPPLIES: medium-sized box, construction paper, glue, clothespins, scissors

Before class, cut a large hole in the bottom of a box. Leave the box so that the hole is on top; then cut out a “door” in one end. Glue on construction paper “windows.”

Set the box on the floor, and scatter several clothespins around the box “house.” Let children take turns standing around the pretend house and dropping clothespins through the hole in the “roof.” When there are no more clothespins to drop, lift the house, collect the clothespins, and let children drop them through the hole again. Tell children that they’ll hear a Bible story about a time Jesus healed a sick man who was lowered through a hole in a roof. Tell children that ► Jesus helps sick people.



Save the box house to use in Lesson 13.



Pick-Up Time

SUPPLIES: CD player



As Arrival Activities draw to a close, gently mention that it will soon be time to clean up. Encourage children to help you pick up things in the room as you lead them in singing “Let’s Pick Up All Our Things” (track 2). Use the CD and sing the song to the tune of “Looby Loo.”


 teacher tips

Understanding Your Toddlers and 2s' Communication Development

Toddlers and 2s...

- engage in simple dramatic play.
- use 50 to 100 recognizable words.
- put together two or more words to make a sentence.
- constantly ask "What's that?"
- refer to themselves by name.
- can point to and identify parts of the body and pictures of familiar objects.



SING

Let's pick up all our things.
Let's pick up all our things.
Let's pick up all our things
And put them all away.

Everyone here can help.
Everyone here can help.
Everyone here can help.
Let's put it all away.

Let's pick up all our things.
Let's pick up all our things.
Let's pick up all our things.
It's time to stop our play.

Bible Story Time

■ Bible Song

SUPPLIES: Bible, CD player



track 3

Say: **Who helps sick people?** ► *Jesus helps sick people.* How do we know that? **The Bible tells us.** The Bible tells us that ► **Jesus helps us all.** Show children the Bible. **The Bible is God's special book. The Bible tells us about God. Let's sing a song about the Bible.** Using the CD, lead children in singing "God's Special Book" (track 3) to the tune of "Row, Row, Row Your Boat."



SING

This is God's special book.
Yes, it's God's book you see!
I learn about all God has done
And his love for me!

(Repeat.)

Bible!

■ Bible Story: Jesus Helps Sick People

SUPPLIES: blanket, paper, tape



Before class begins, prepare your StoryBoard by following the assembly instructions included in the Learning Lab. The purpose of the StoryBoard is to provide an interactive, sensory learning opportunity for your toddlers and 2s. Please attach the sensory items securely so the children can touch them without danger of pulling the items off or putting them into their mouths.

Before this activity, drape a blanket over a table to make a "house." Cover Panels 2 and 3 of the StoryBoard by taping a sheet of paper over each panel.



BIBLE POINT

BIBLE VERSE


 teacher tips

It's important to say the Bible Point just as it's written in each activity. Repeating the Bible Point over and over throughout the lesson will help kids remember it and apply it to their lives.

Panel 1



Put the punch-out figure of the man on the mat beside you. Hold the StoryBoard so children see Panel 1.

Say: **We're going to hear a Bible story and learn that ► Jesus helps sick people.**

Ask: • **How does it feel to be sick?** (Sad; icky; I don't like it.)

Say: **It's not fun to be sick or hurt.** Point to the man on the mat on Panel 1. **Here is a man who was sick and couldn't move his legs. Stand up and show me how you can move. Can you hop up and down on your legs?** Pause. **Can you wave with your arms?** Pause. **Can you blink your eyes?** Pause. **Can you quietly sit down?** Pause. **Good for you! It's fun to move around, isn't it? But the man in the Bible story couldn't move around. He couldn't walk or jump, so his friends carried the man on a mat. Let's touch the man's mat.** Have each child touch the mat.

Ask: • **How does the man's mat feel?** (Soft; nice.)

Say: **One day, the friends carried the man into town. We can touch the road and the clouds.** Hold the StoryBoard down so that children can find and touch the road and the clouds in the sky.

Ask: • **What is the road like?** (Hard; bumpy.)

• **How do the clouds feel?** (Soft; fluffy.)

Say: **The friends of the sick man knew that ► Jesus helps sick people. So the friends carried the man to the house where Jesus was. But what happened when they got there? Let's see.**

Panel 2



Uncover Panel 2 of the StoryBoard, which shows a crowded house with Jesus standing in the middle.

Shake your head as you slowly say the following rhyme:

**No room, no room—not even for a mouse!
How could they fit in that crowded little house?**

Repeat the rhyme and encourage children to shake their heads as they say it with you.

Point at all the people and say: **Look at all the people in that house. Let's make our own crowded house!** Lead children to the table you set up, and invite them to all sit "inside the house." **My! This house is crowded just like the house in the Bible story.**

Ask: • **What's it like to be in a crowd?** (Icky; too many people; I don't like it.)

• **Could more people fit in our house?** (No.)

Say: **Let's crawl back to the StoryBoard and see what happens next.** When everyone is seated, say: **Jesus was in the house helping sick people. Can you find Jesus and touch his beard?** Let toddlers each find Jesus and touch his beard.

The people in the house were glad that ► Jesus helps sick people. But the man on the mat couldn't get near Jesus. It was just too crowded! Repeat the rhyme once more:

**No room, no room—not even for a mouse!
How could they fit in that crowded little house?**

Say: **What did they do? Let's see!**



If you have very young children in your class, let them simply find and touch StoryBoard pictures and sensory items. Repeat the Bible Point often, and reinforce learning with hugs and smiles.



Panels 2 & 3



Uncover Panel 3, which shows the friends carrying the man up the stairs. Act surprised and ask:

• **What are the friends doing?** (Going up the steps; carrying the man.)



Say: **The friends are carrying the man up the stairs. Pat your knees to make walking sounds.** Pat your knees as you say the following:

**Step, step, step, step—up they go.
Step, step, step, step—don't be slow.**

Say: **Up, up, they carried the man. Let's touch the man's mat and the steps.** Allow children to touch the mat and steps.

Up, up, they carried the man—right onto the roof! Then the friends cut a hole in the roof and lowered the man down to Jesus. Lower the figure on the mat through the opening on Panel 2. **Jesus saw the man on the mat. And Jesus said, "I forgive you for the wrong things you've done. Pick up your mat and go home." And suddenly, the man could walk!** Lift the figure from the mat and move the legs back and forth. **His legs moved, and the man could hop and jump! You can help the man walk and hop and thank God.** Hand the figure to each child, and let him or her move its legs back and forth. Encourage children to say, "Thank you, God" as they hold the figure of the man.

Roll up the mat and position it so that the figure appears to "carry" it. Say: **The man picked up his mat and went home, thanking God. Jesus healed the man and made him well. Let's sing a fun song about how ► Jesus helps sick people.**


teacher tips

Important: Put the StoryBoard away and out of reach of children.


BIBLE POINT ►

■ The Ah-CHOO Song

SUPPLIES: CD player, facial tissues



track 11

Hand each child a facial tissue. Then lead children in singing "The Ah-CHOO Song" (track 11) to the tune of "Old MacDonald." Use the CD and do the motions in parentheses.



SING

Jesus helps us when we're sick (*point upward*)
And have a cold—ah-CHOO! (*Pretend to sneeze.*)
Jesus helps us when we're sick (*point upward*),
And I can help out, too. (*Point to yourself.*)

Cough—cough—'CHOOO! (*Make coughing and sneezing sounds in place of the words.*)
God bless you! (*Make a slight bow.*)
Do you need a tissue, too? (*Hold out a facial tissue.*)
Jesus helps us when we're sick (*point upward*)
And have a cold—ah-CHOO! (*Pretend to sneeze.*)

(Repeat.)

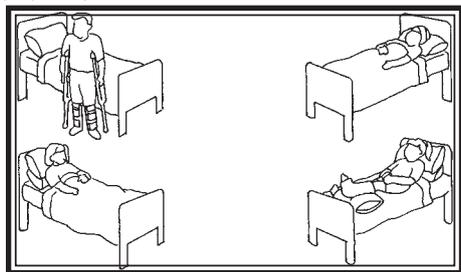
Say: **Jesus loves us and wants us to be healthy. ► Jesus helps sick people when they have colds or are sick in the hospital. Let's put a pretend doctor's office or hospital on the bulletin board.**


BIBLE POINT ►

Bible Activities

Interactive Bible Bulletin Board

SUPPLIES: children patterns (pp. 140-141), scissors, markers or crayons, tape, light yellow paper, facial tissue



Before class, cover the bulletin board with light yellow paper. Photocopy the children patterns. Color and cut out the patterns. Be sure there's a picture for each child in class.

This week you'll make a bulletin board scene of children in a doctor's office or hospital.



Bring out Cuddles the Lamb. Be sure to have a facial tissue handy. When you've finished with the script, put Cuddles away, out of sight of the children.

Cuddles: (*Sniffing and sneezing*) Hello, boys and girls. I...I...ah-CHOO!

Teacher: Hello, Cuddles. It sounds like you have a cold.

Cuddles: Yes. I'm sniffly (*sniffles loudly*), and my eyes itch (*rubs his eyes*), and I have lots of snee...snee... sneezes ah-CHOOOEY!

Teacher: I think you need a hankie, Cuddles. Here you are. (*Hand Cuddles a facial tissue.*)

Cuddles: Thank you. (*Makes funny blowing sound into his tissue.*) I don't like feeling sick. I wish someone could help me feel better.

Teacher: Children, can you tell Cuddles who helps us when we're sick? (*Lead children to tell Cuddles the Bible Point.*) We heard a Bible story today about how Jesus healed a man and made him walk again.

Cuddles: That's exciting!

Teacher: We know that ► Jesus helps sick people. Would you like to help us put a pretend doctor's office or hospital on the bulletin board?

Cuddles: Yes, helping will make me feel better, too.

Have Cuddles hand each child a picture of a sick or hurt child. Help children tape the pictures in a semicircle on the bulletin board. Each time a child places a picture, help him or her repeat the Bible Point. Let children point to the pictures and tell what might be wrong with the child in each picture.

Teacher: Jesus loves us and wants us to be healthy. We can sing "The Ah-CHOO Song" to remind us that ► Jesus helps sick people.

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■ Sing It Out

SUPPLIES: CD player, facial tissues



Hand each child a facial tissue. Then lead children in singing “The Ah-CHOO Song” (track 11) to the tune of “Old MacDonald.” Sing with the CD, and do the motions in parentheses.



Jesus helps us when we're sick (*point upward*)
And have a cold—ah-CHOO! (*Pretend to sneeze.*)
Jesus helps us when we're sick (*point upward*),
And I can help out, too. (*Point to yourself.*)

Cough—cough—'CHOOO! (*Make coughing and sneezing sounds in place of the words.*)
God bless you! (*Make a slight bow.*)
Do you need a tissue, too? (*Hold out a facial tissue.*)
Jesus helps us when we're sick (*point upward*)
And have a cold—ah-CHOO! (*Pretend to sneeze.*)

(Repeat.)



Say: **The man in the Bible story learned that ► Jesus helps sick people. Jesus healed the man so that he could walk. Jesus helps us, too.**

■ Sick Little Bear

SUPPLIES: shoe box, quilt batting or facial tissues, CD player



Ask: • **Have you ever been sick?** (Yes; no.)

• **Who takes care of you when you're sick?**
 (Jesus; my mom; my baby sitter.)

Remove the *toy bear* from the Learning Lab, and cradle the bear in your arm so children can see it.

Say: **In today's Bible story, we learned that ► Jesus helps sick people! Let's pretend that our little bear is sick and we're helping him. In our Bible story, the sick man's friends made him a soft place to lie down. When we're sick, it helps to be comfortable, doesn't it? Let's make a soft place for the little bear to sleep.** Distribute a small portion of quilt batting or a few facial tissues to each child. Invite them to gently place their batting or tissues in the shoe box to make a comfortable bed for the *toy bear*. Then place the bear in the shoe box.

Invite children to pat the bear and say things such as “I hope you feel better soon” or “I'm sorry you're sick.” Encourage all children to participate in comforting the bear.

Say: **When people are sick, it's nice to help them be comfortable and let them rest. We can also tell them that ► Jesus helps sick people. Let's tell the bear that.** Encourage each child to take a turn whispering the Bible Point to the bear.

Say: **Sometimes when we're sick, it's nice to have someone sing to us as we go to sleep. Let's learn a new song. We can sing it to our little bear.**

Lead children in singing “Jesus Helps Us All” (adapted from Matthew 11:28) (track 14) with the CD to the tune of “Row, Row, Row Your Boat.” For extra fun, show children how to do the motions in parentheses.



**SING**

Jesus loves us all (*cross hands over heart*),
He loves us all the time. (*Turn in a circle.*)
Me and you (*point to self and another*),
His love is true. (*Point up.*)
He loves us all the time! (*Cross hands over heart.*)

Jesus helps us all (*extend arms, palms up*),
He helps us all the time. (*Turn in a circle.*)
Me and you (*point to self and another*),
His love is true. (*Point up.*)
He helps us all the time! (*Extend arms, palms up.*)

Say: **Thanks for that singing! You know, in today’s Bible story, we learned that Jesus healed the man so he could walk. Then the man didn’t need his mat anymore. We can make mats like the man was on. Let’s tiptoe over to our craft table while our little bear sleeps.**

Lead children in quietly tiptoeing to your craft area.

■ Bible Craft

SUPPLIES: *white paper, crayons, markers, stickers, newspaper*

Cover a table or a section of the floor with newspaper. Set out crayons, markers, and stickers. Hand each child a piece of paper. Invite children to scribble-color the “mats” and then decorate them with stickers. As children work, ask questions such as “How would it feel to sit on a mat and never walk?” and “Who helps people when they’re sick?” Remind children that ► Jesus helps sick people just as he helped the man in the Bible story. Encourage children to sit on their mats when they’ve finished.

Say: **Your mats are so pretty! We can use them to play a game.**

■ Bible Game

SUPPLIES: *CD player, paper mats from Bible Craft*



Have children scatter around the room and sit on their paper mats. Say: **Let’s play a game to remind us how Jesus healed the man who couldn’t walk. When you hear the music, carry your mats and march around the room. When the music stops, sit on your mats. Let’s try that.** Play the marching music (track 12) on the CD, and let children hold their mats and march. Then pause the music and wait until all the children are sitting on their mats. Alternate starting and stopping the music every few seconds until the marching song on the CD ends and children sit on their mats one last time.

Say: **I’m so happy that ► Jesus helps sick people. And think how happy the man in the Bible story was when Jesus healed him and he could get up and walk! Now let’s stand up, take our mats, and walk to the snack table.**



You may wish to glue felt or quilt batting to the mats to make them softer.





Closing

■ Take My Temperature

SUPPLIES: graham cracker sticks, cupcake liners, strawberry jam or cherry frosting, napkins

Have children wash their hands. Then gather everyone at the snack table.

Ask: • **Who helps people when they're sick?** (Jesus!)



Say: **We've been learning that ► Jesus helps sick people. Jesus helps us when we're sick because he loves us. He loves us so much that he came down to earth to be with us. He wants us to believe in him and love him back so that one day we can live in heaven with him.**

Let's thank God that Jesus loves us and helps us when we're feeling sick. Fold your hands. Pray: Dear God, thank you for Jesus' love and for Jesus' help when we feel sick. In Jesus' name, amen.

Hand each child a napkin with several graham cracker sticks and a cupcake liner partially filled with strawberry jam or cherry frosting. Let children dip the ends of their graham cracker sticks in the jam to make edible "thermometers." As children enjoy their snacks, talk about times they've felt sick and who helped them feel better.

Remind children to throw their napkins in the wastebasket. Be sure children take home their mats, and their "spotty people" if they chose to do Option 1.



Growing closer to Jesus extends beyond the classroom.

Photocopy the "Parent Page" handout (p. 128) for this module, and send it home with your children. Encourage parents to use the handout to plan meaningful family activities to reinforce this module's topic.



For Extra Time

If you have a long class time or want to add additional elements to your lesson, try one of the following activities.

■ *Clothespin Crowd*

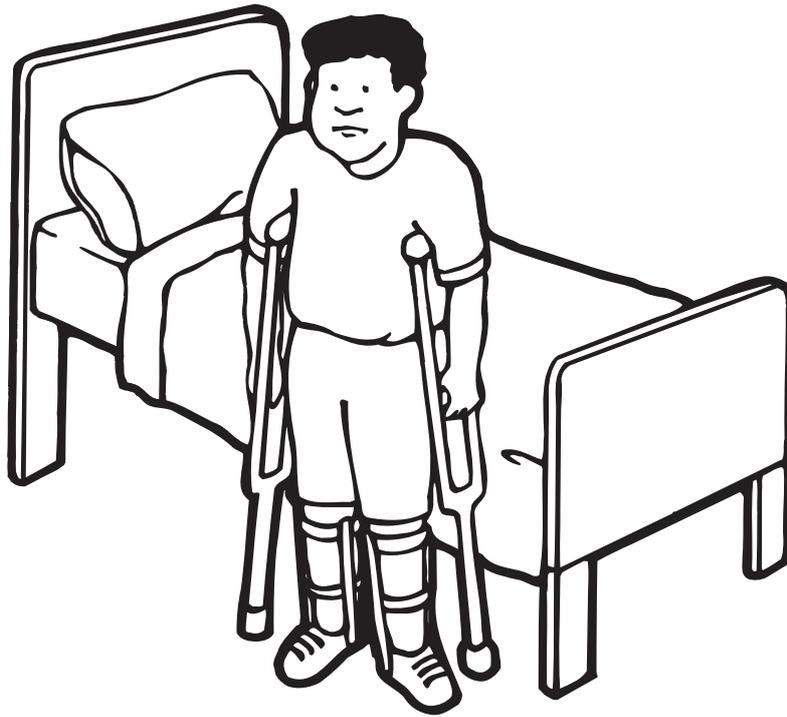
Use the box house from Option 2. Turn the box so the hole in the “roof” is on the floor and the open end of the box is facing up. Show children how to clip or “straddle” the clothespins on the top edges of the box. Let children “crowd” the clothespins along one edge; then point out that the clothespins are crowded just like the house was crowded in the Bible story. If you still have extra time, let children count the clothespins as they drop them into the box one by one. If you chose not to do Option 2, create a “crowd” by dropping paper wads into the wastebasket.

■ *Man on the Mat*

Spread an old blanket on the floor as a “mat.” Take turns having a few toddlers sit or lie on the mat as you and the rest of the children pull the mat across the floor. Remind children that the man in the Bible story couldn’t walk, so his friends carried him on a mat. Tell children how Jesus healed the man so he could walk.

Patterns

Cut loosely around the pattern instead of cutting exactly on the outlines.



Patterns

Cut loosely around each pattern instead of cutting exactly on the outlines.

