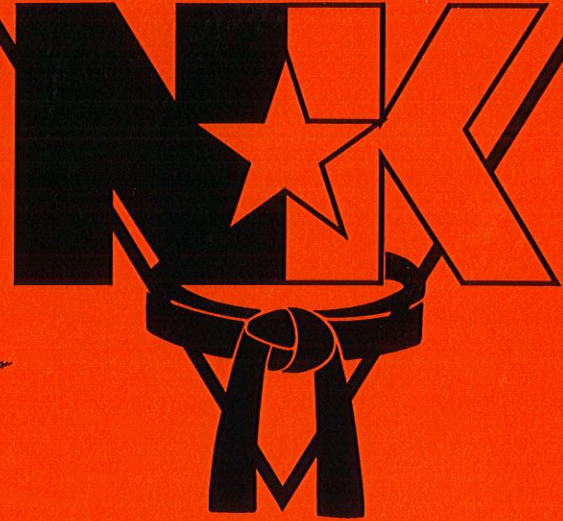


NATIONAL KARATE SCHOOLS

National Karate



- ▶ GET IN SHAPE
- ▶ INCREASE FLEXIBILITY
- ▶ BUILD CONFIDENCE
- ▶ INSTILL SELF-DISCIPLINE AND RESPECT



ALL CLASSES TAUGHT BY BLACKBELTS

**BEGINNERS RECEIVE A FREE UNIFORM WITH
FULL PAYMENT OF CLASS**

KARATE (\$75): TUESDAYS & THURSDAYS

Sept. 11 – Nov. 29, 2018

(no Karate on Oct. 16th, 18th, 30th or Nov. 6th, 22nd)

SPARRING (\$45): FRIDAYS

Sept. 14 – Nov. 30, 2018

(no Sparring on Oct. 19th, Nov. 9th, 23rd)

WASHINGTON ELEMENTARY SCHOOL

Beginners: 6:15–7:00 p.m. • Intermediate: 7:00–8:00 p.m. • Advanced 8:00–9:00 p.m.

Preregister at the Hibbing Community Ed. office or visit www.hibbingstore.com

Call Community Ed. at 218-208-0852 for more information

Hibbing Community Ed. • 800 E 21st Street • Hibbing, MN 55746