

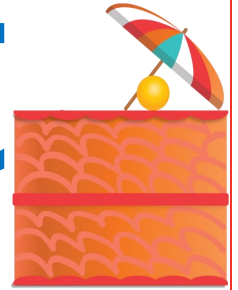
**“Let your
light so shine
before others
that they may
see your good
works and
glorify your
Father in
heaven.”
Matthew 5:16**



The Lakeside Lutheran

Light

07, 2022
VOL068 #07
July, 2022



A PUBLICATION OF Lakeside Lutheran Church

VISIT US ONLINE Lakesidelutheran.com

From Pastor Scott:

Dear People of Lakeside Lutheran Church,

As I was considering our church my mind drifted to the first few chapters of Acts. I suspect the story is familiar but not often read. It envelopes the dramatic events that continued to form the early church.

Jesus says: *“you will receive power when the Holy Spirit has come upon you...”* The day of Pentecost soon comes. The people hear the Holy Spirit speak through disciples/believers...each in their own language. I think the Spirit touched far more people that day than were in that room and spoke in tongues. Peter spoke...preached. The people responded.

“Brothers, what shall we do? Peter said to them, “Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit.”

Now, if you are thinking of Harry Potter wands, or Charlton Heston dividing the Red Sea, that's all fine and entertaining, but please leave that to Hollywood dramatizations.

This is real people hearing, feeling, and sharing the Holy Spirit. That is why they are moved to such a dramatic response: *“All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need.”*

Now Babs & I give a healthy tithe, but I don't give all nor do I expect you to either. However, I do see a parallel to our church today. We can give from what is inside us...Yes, giving blood and/or donating organs are great acts of stewardship, but that is not what I am thinking of. I was reading some of Lakeside's church history and I know that some of you have that story within you; at least, your own perspective.

You have an opportunity to share your own piece of our shared church with the Reference team via the Focus sessions. Our success depends on including enough people in the process. This is not just about the past; it is investing in our future.

I'm not sure how long this early Christian community continued to share all physical assets and wealth. I am, however, quite sure...that the Church continues to share the Holy Spirit.

Shalom,
Pr. Scott



Pastor Scott's Schedule:

Tuesdays: July 12,

Wednesdays: July 6, 13, 20, 27

Thursdays: July 21, 28

Friday: July 8,



Joseph & Sonja Walton

July 1

Ted & Sara Chylack

July 13

Joel & Kathy Everhart

July 13

Tom & Doris Durocher

July 21

Ridley & Sharon Bain

July 27

Scott & Jane Miller

July 27



In Depth



Making Sense of Martin Luther

Lakeside Lutheran Church will be offering a more in-depth study of the life and teachings of Martin Luther.

The program will be interactive, using a “conversational style,” quite similar to our regular Bible studies. We will be using materials prepared by Rev. David J. Lose that include “Participant Book,” “Leaders Guide,” and short videos.

The program will run over 14 consecutive weeks with the first session planned for Thursday, July 7 from 3:30 to 5:pm using the classroom in the Fellowship Hall at the church.

The program set-up will be such that if you miss a week or two, you can easily catch up using the readings from the participant’s book. This will be a good opportunity to build our understanding following Pastor Scott’s “*What It Means to be a Lutheran*” course and the “*Luther*” movie that was shown earlier this year.

A sign-up sheet is posted on the bulletin board.

Please feel free to contact Ted Chylack or Fred Pritchard with any questions. We look forward to a stimulating study in a setting of warm fellowship.

Attention: On Sunday mornings we have a fellowship coffee time after church. If you enjoy a conversation with friends and new people to the area, please stop in the fellowship hall for a few minutes. There are sign-up sheets, for each service, on the bulletin board to bring goodies. The coffee, creamer, sugar and juice are on the counter in the new kitchen. Hope to see you on Sunday.

Teller's Schedule

June 5
June 12
June 19
June 26

John Colin (HT), Doug Pollak & Clay Huntington
Jim Noland (HT), George & Peggy Kimble
Bob Roegner (HT) Nancy Roegner & Bob Hutchins
John Colin (HT), Bill and Charlaine Schmidt



Useful information for Parkinsons People

By Dave Apps

My doctors made me aware that I had become one of the Parkinsons People over 10 years ago, when I first noticed some unsteadiness in my gait. I was told that Parkinson's disease (PD) is a type of movement disorder that can affect the ability to perform common, daily activities. The symptoms become worse over time. It is characterized by its most common of motor symptoms—tremors (a form of rhythmic shaking), stiffness or rigidity of the muscles, and slowness of movement (called bradykinesia)—but can also manifest in non-motor symptoms.

I was fortunate, as the more troubling symptoms did not appear, but the unsteadiness in my gait increased year-by-year. And, two years ago I was having trouble getting down my steep, uneven, drive way to my truck. Also, although I could pull myself into the cab, driving was becoming difficult, due to the heavy controls. I solved these two problems by buying a different truck—With automatic transmission, and power steering! I also built a hand rail down the driveway all the way to the truck. After a few test runs, I thought I had Mr. Parkinson vanquished! Then, his spirit struck me, perhaps for over-confidence! As I was slowly driving uphill into my parking space, my foot froze, and the truck continued on its way, beyond my parking space, up a hill until it ran out of power, and stalled. I had discovered freezing of gait! That was the end of my driving.

Freezing of gait is an abnormal gait pattern that can accompany Parkinson's disease (PD) in which there are sudden, short and temporary episodes of an inability to move the feet forward despite an intention to walk. My doctor later explained that this effect is what probably caused me to be unable to take my foot off of the gas pedal. Freezing of gait episodes tend to occur least often when walking on an unobstructed, straight path. Any deviation from that can induce freezing – for example, when you first try to start walking, when you go to make a turn, or try to navigate around obstacles or through narrow spaces – any of these can cause you to get “stuck.” The particular triggers for one person may be different than for another. An episode is typically very brief, often lasting only 1-2 seconds. Freezing of gait can be affected by anxiety. e.g. in trying to board an elevator before the doors close, freezing may be particularly prominent. It is not clear why some people with PD experience freezing of gait and others do not. Research suggests that there is a relationship between freezing of gait and cognitive difficulties. The brain circuitry that controls gait is extremely complex and involves multiple connections between various parts of the brain. Freezing of gait seems to be caused by short-lasting episodes of inhibition of the brain circuits that coordinate gait. The specific abnormalities that cause the problem may differ from person to person.

Some of the information in this article is from the APDA website. A qualified medical authority should be consulted before use of the information. It is intended only for the interest of members of Lakeside Church.



Warship Matters

By Diane Colin

July 3rd: We are on the **4th** Sunday after Pentecost. Jesus' invitation to "take and eat. . . take and drink" is a repeated one. In Holy Communion, in the word read and proclaimed, in the assembly of the people of God, He has come near. You are to rejoice! Your name is written in heaven! Our music includes songs of faith such as "Here I am, Lord" and "Shine, Jesus Shine." The Traditional Service at 10:30 will begin a new Communion hymn. The paraments continue to be **green**, signifying anticipation and hope in the resurrection, each new day. We receive Holy Communion at both services. As is our tradition, we will sing "God Bless America" after the blessing, also at both services. Remain standing after the final blessing.

July 10th: On this **5th** Sunday after Pentecost, we hear in Colossians 1:1-14 that we should lead lives worthy of the Lord, fully pleasing to him, as we bear fruit in every good work and as we grow in the knowledge of God. Psalm 25:4 reads, "Show me your ways, O Lord, and teach me your paths." As learners on the journey, it is a fitting prayer to add to our daily meditation. **Our music this day includes "What a Fellowship, What a Joy Divine" and "I Want to Walk as a Child of the Light." The paraments remain green on this day.**

July 17th: On this **6th** Sunday after Pentecost, God urges the faithful, again and again, to "listen up!"—to heed the word that gives life. As it was with Abraham and Sarah, Mary and Martha, and the early church at Colossae, so it is today as we join together to hear the word of God, the word of life. Music for the day includes "A Mighty Fortress," "The Church's One Foundation," and "You Are Holy, You Are Whole." The paraments remain green.

July 24th: On this **7th** Sunday after Pentecost, we continue reading in Colossians for the reminder that we are buried with Christ in our baptism and raised with Him in our faith. We read in Genesis how Abraham bargains with God to save Sodom and Gomorrah. Paraments are green. Music of the day includes "Savior, Like a Shepherd Lead Us," "What a Friend We Have in Jesus," and Lord, Listen to Your Children Praying." We will sing the Lord's Prayer.

July 31st: On this **8th** Sunday after Pentecost, it is a combined service at 9:30 in the Pavilion with a church picnic immediately afterward. This is our tradition to have a combined service on the 5th Sunday of a month. In addition, both Pastor Scott and Pastor Liz will be presiding at this service since it will be a **Service of Healing**. They are currently working on the format together, so it will be different from a regular service. Music will reflect our need for the comfort and healing that is available through our Lord, who not only carries our sins, but also our sorrows and our diseases, whether physical or emotional. This promises to be a very special service, with an opportunity for joint fellowship. You are invited to bring a friend, for here, all are welcome.

Out & About



Joyce Walker and Jennifer Smith recently served lunch to the staff at Vaughan School in appreciation for their work.



Bill & Bev Fowler decorating the church with flags for the July 4th holiday. Not shown, Beverly Fowler.

Prayers

Please remember these dear friends when you lift your prayers to the Lord:

Carol Burt, Marion Chance, Keith Carlson, Joan DeGrant, Leigh Edwards, Gertrude Elbertson, Mark Freeze, Paula Freeze, Elizabeth Groeger, Karl Groeger, Gail Jackson, Jerry Linebarger, Sybil Pipho, Laura Raybon, Peggy Reid, Alice Peterson, Ethan Spence, and Denise Williams.

Military Prayers Needed for:

Andy, Amanda, Austin, Heather, KC, Kyler, Mark, Mathew, Nicholas, Will, Scott, & Zac.

Focus Groups

From the Reference Team members: Peggy, Susan, Doug, Sherm, Cindy, Lynn

As you are aware from the workshop on April 30th and the congregational meeting on May 8th, Lakeside Lutheran is moving forward with the help of our consultants from Cooperative by Design to work through our past conflict and be clear about healthy communication and relationships in the future.

The process with our consultants involves the following steps:

1. We will gather information through focus groups
2. We will compile responses and look for themes.
3. We will provide a report to the council and the congregation with our recommendations.
4. An implementation team will take these recommendations forward.

A few weeks ago, the reference team invited you to sign up for a focus group session that best fits your schedule. Sign-up sheets are available on the bulletin board. You may also contact the church office to sign up.

Everyone will have the opportunity to speak if they wish. We look forward to your participation in this important work of our church.



Joseph Walton	July 01
Bill Wessner	July 03
Leanne Evans	July 04
Kathy Casey	July 06
Hugh Tillett	July 06
Suellen Amsler	July 11
Mike Holman	July 13
Janyce Olson	July 13
Keith Carlson	July 15
Tracy Patty	July 16
Jim Layton	July 18
Art Schindehette	July 19
Nancy Carrico	July 22
Bill Walker	July 26
Sybil Pipho	July 30
Bruce Bredland	July 31



A Note from Your Treasurer

Well, we are half-way through the year, and Lakeside Lutheran Church finances are in very good shape. We are at budget on income, below budget on expenses, and we have substantial reserves. The faith-led generosity of our congregation is rather miraculous! We just paid the final payment to the contractor for our Fellowship Hall! And we are making double monthly payments on the \$250,000 remaining loan! We have weathered some storms over the last few years, but it is clear that our members and associates truly believe that Lakeside Lutheran Church is key contributor to the Great Commission and the Good News of Christ being with us in this world.

There is one spot in the finances which needs mentioning that is perhaps a bit behind. This is the third year of the planning that included three-year building fund pledges toward the Fellowship Hall. Contributions are lagging behind our budget in this area. So please check to see if you are a bit behind on your pledge. (By the way, we don't have any plans for checking up on individual pledges; there is no need.)

Again, in summary, things are good, with finances being just one of the many areas that are amazing about our Lakeside Lutheran Church.

A Note from Miss Geniva

Greetings to all friends at Lakeside Lutheran Church. The past year has been one of adapting to my new home, living at The Landings, Lake Gaston.

I have so many things to be thankful for. Here are a few -

Nov. 6, 2021—My church, Lakeside, with my family celebrated My 100th birthday in the new fellowship addition. I have the pictures to remember it.

Worship & Music gifting a DVD Player (for me) to enjoy the Sunday services.

The **beautiful flowers** you send to The Landings . They are enjoyed by all the people.

For the **visits of Pastor Benson and Pastor Liz Radtke**. Thanks for the visits and communion and prayers.

Peace and God's Blessings,
Geniva (Fitts)

Get Your Coffee, Tea & Chocolate!

Now that we are gathering in person on a regular basis, Sarah Circle is bringing back the serviced Coffee Cart. The cart will be open just outside the double doors during the **third Sunday** of each month. It features Fair Trade coffee, tea, chocolates and both drinking and baking cocoa. The most popular products our congregation enjoys will be available. In addition, there will be coffee pods for use in Keurig-type coffee makers. The cart will remain open in the narthex near the office window.



Ring out!

There are many ways to make a joyful noise and recently Lakeside Lutheran revisited a former ministry when the Beginners Bell choir began meeting in January.

Bells trace their lineage back to ancient India but it wasn't until the late 1600s that Robert and William Cor developed the first "handbells" for ringers to use in practice. They became the rage in the 1800s, with families and churches across England.

Music Director, Janice Thompson started the beginner bell choir to introduce members to the finer art and to give them the opportunity to expand their musical skills. She said members learn to read music, understand note values and bell "technique."

"Not a lot of complicated technique," Janice said, "but the basics."

According to Janice, the group is doing very well, ringing together on the beat (very important, she said) and performing short songs. "It seems like they are having fun," she said. "I'm definitely having fun. I love directing bells. It's one of my favorite things to do. We went to the Raleigh Ringers Concert and most had never been before and they were blown out of the water. It blew me out of the water and I've been many, many times. It was just amazing."

She noted that a lot of practice goes into the art, that it gives you a great workout and teaches you to work with others.

"It's physical yet mental as well," she commented. "You have so much you're working on at once. It gives you a wonderful sense of accomplishment when it all comes together. Also, you only use two bells so it's really pretty easy at the same time."

While Janice's current group, comprised of Sharon Bain, John Hartline, Susie Deschenes, Charlaïne Schmidt, Lori Zito and Jane Miller, won't be holding any concerts of their own any time soon, she expects they will develop and perform in the future. She also said she encourages others to join – provided they have a little background in reading music. "That helps a lot," she said.

Janice noted that she's proud to be able to lead such a dedicated group. "We used to have a full choir but people moved and other things and we lost our core people," she said. The beginner group she works with now, she said, is well funded and has all the equipment it needs as a result of the previous group and she expects them to advance quickly in their skills as ringers.

She noted that church member, Delores Gleason, deserves special recognition for her contribution of table covers for the ringers. The covers, made of yards and yards of corduroy fabric, and beautifully embroidered prevent the bells from slipping and according to Janice are some of the finest she's seen. "They are the nicest I've ever seen anywhere," she said.

The Beginners Bell Choir will resume meeting on Mondays at 4 pm in the church sanctuary in August. For more information contact Janice at 434-774-4605.



Here from left, Charlaïne Schmidt, Sharon Bain, Susie Deschenes, Lori Zito and John Hartline practice playing the handbells under the direction of Music Director, Janice Thompson, right. Members with some music experience are encouraged to join the group while there are spots available.



Hymn of the Month

By Your Hand, You Feed Your People

For the Traditional Service only, we will learn *By Your Hand, You Feed Your People*, found in our ELW page 469. We introduce this as an additional congregational hymn to use for Holy Communion. This hymn is very special to the ELCA Lutheran Church in that our ELW is the only hymnal in which this hymn is found. Most of the music we introduce is found in multiple denominational hymnals. Perhaps it is because the writer of this hymn is an ordained ELCA pastor.



Meet the Composer

The Rev. Susan R. Briehl has served as Executive Director of Holden Village, a Lutheran Center for Renewal in the North Cascade Mountains in Washington State. She began that ministry in August of 1994 along with her husband, Martin Wells. Previously, they served together as Campus Ministers at Pacific Lutheran University and for 5 years as pastors of Our Savior's Lutheran Church in Bellingham, Washington. She has also served as Program Associate at Valparaiso University in Valparaiso, IL. She was ordained in 1981 and has written numerous books, hymns and worship songs. We have sung "Bread of Life From Heaven" which she also wrote.

By Your Hand, You Feed Your People

By your hand, you feed your people, food of angels, heaven's bread,
For these gifts, we did not labor, by your grace we have been fed. (Refrain)

In this meal, we taste your sweetness, bread for hunger, wine of peace.
Holy word and Holy wisdom, satisfy our deepest needs. (Refrain)

Send us now with faith and courage, to the hungry, lost, bereaved.
In our living and our dying, we become what we receive. (Refrain)

Refrain: Christ's own body, blessed and broken, cup o'er flowing, life outpoured;
given as a living token of your world redeemed, restored.

Special Notices

*The Church office will be closed Monday, July 4th for the holiday.

Fifth Sunday—

On the fifth Sunday, July 31, at 9:30 a.m. there will be a special single healing service, planned by Pastor Benson and Pastor Radtke. This service will be held outdoors, in the pavilion. Christian Education will be held at 8:15 a.m., prior to the Special Healing Service.

Good News—

The church's Food Bank Ministry, received good news recently after passing inspection from the North Carolina Food Bank. "There were no corrective actions required," said Council President and Chair of the ministry, Scott Miller. "They were truly impressed with our new facility."

Scott sent out special thanks for the cleanup/re-org crew: Pam Hendren, Charlie Hendren, Don Patty, Kathy Everhart, Bruce Bredland and Jim Noland.

Care to Share—

July 10 is Care to Share Sunday, so please bring in your canned goods and other non-perishable food items for distribution to the local community food banks. Additionally, we will be accepting generous donations that Sunday for Union Mission. Union Mission renders wonderful support for the needy in our local area, providing meals and food bags for the elderly among other ministries. So mark your calendars for Care to Share Sunday, and we thank you for your support of this ministry!

-Tom Tillett, Stewardship Chair



Food Bank - Tuesday Schedule

July 5	Scott & Jane Miller
July 12	Margaret Best, Don & Tracy Patty
July 19	Dave & Jean Varney
July 26	Donna & Doug Pollak

Christian Education Classes & Study Groups

Christian Education meets Sundays at 9:15 am in the fellowship hall. Study materials are available in the church office.

Daily Faith Practices Bible Study (for men & women)--

Wednesday on Zoom at 9 am

[https://us02web.zoom.us/j/89180848001?](https://us02web.zoom.us/j/89180848001?pwd=Z1dGRlRqc0lXZjhTa3Y2Z2dITzQwdz09)

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Meeting ID: 891 8084 8001

Passcode: 418059

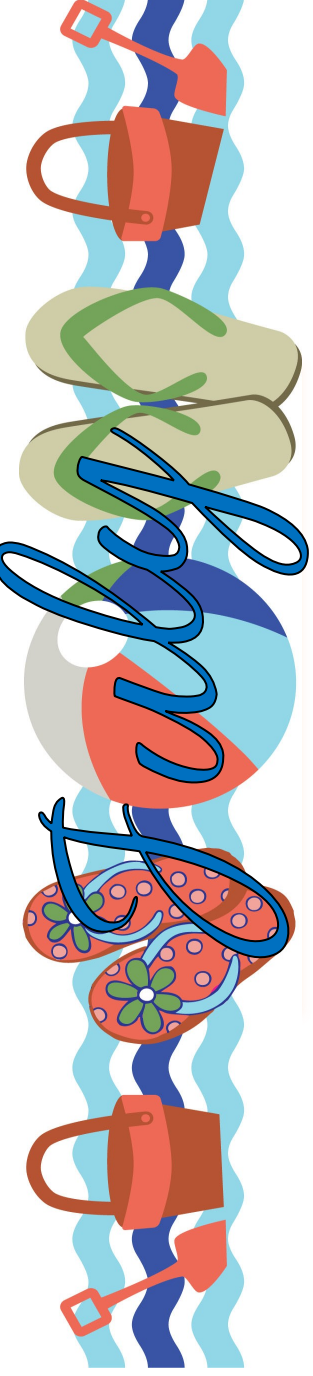
"What it means to be Lutheran" classes on Wednesdays from 1 to 2:30 pm beginning July 20 Pastor Benson is presiding.

Food Bank— Tuesday Schedule

July 2	Jane & Scott Miller
July 9	Bob & Nancy Roegner
July 16	John Colin
July 23	Selene Gwaltney & Robert Spragins
July 29	Linda & Clay Huntington

2022

2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 8 am Contemporary 9:am Christian Ed 10:30 am Traditional	4 Office Closed 	5 9:30 am EXCOM	6 Prs Scott 9 am D.F. Bible Practices	7	8 Prs Scott	9
10 8 am Contemporary 9:am Christian Ed 10:30 am Traditional	11 12 Prs Scott 9:30 am Council 2-4 pm, Focus group1	13 Prs Scott 9 am D.F. Bible Practices 5-7 pm, Focus group 2	14 2-4 pm, Focus group 3	15	16	
17 8 am Contemporary 9:15 am Christian Ed 10:30 am Traditional	18 19 2-4 pm, Focus group 4	20 Prs Scott 9 am D.F. Bible Practices 5-7 pm, Focus group 5	21 Prs Scott 1 pm Lutheran class 3:30 Making Sense of ML	22	23	
24 8 am Contemporary 9 am Christian Ed 10:30 am Traditional 31 9:30 am Combined Healing Service in pavilion	25 26 2-4 pm, Focus group 7	27 Prs Scott 9 am D.F Bible Practices	28 Prs Scott 1 pm Lutheran Class 3:30 Making Sense of ML	29	30	

Worship Service Volunteer



July, 2022

Contemporary Services 8 am

Assisting Minister/Lector

Sound

July 3	Dave Apps/Jane Miller
July 10	Ridley Bain
July 17	Ed Sever
July 24	Cindy Clayton
July 31	Ridley Bain

John Colin
Scott Miller
John Colin
Scott Miller
John Colin

Ushers:

July 3	Jan Finch
July 10	Beth & Barry Munson
July 17	Jean & Dave Varney
July 24	Ed & Leeann Sever
July 31	combined service—traditional

Traditional Service 10:30 am



Assisting Ministers

July 3	Diane Colin
July 10	Greg Verra
July 17	John Hartline
July 24	Greg Veraa
July 31	Jim Noland

Lectors

John Collin
Bob Hutchins
Peggy Kimble
Della Rose
Bev Noland

Sound

Charles Gearhart
John Colin
Bill Fowler
Bob Hutchins
John Colin

Slides

July 3	Lynn Pritchard
July 10	Lynn Pritchard
July 17	Lynn Pritchard
July 24	Lynn Pritchard
July 31	Lynn Pritchard

Video

Sherman Basinger
John Hartline
Joel Everhart
Sherman Basinger
No video

Ushers

July 3	Jim & Bev Noland
July 10	Bob Hutchins & Hank Norfleet
July 17	Bob & Nancy Roegner
July 24	Clay Huntington and Marianne Gearhart
July 31	Bill & Joyce Walker



Lakeside Lutheran Church

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