Annetta United Methodist Church 2836 W FM 5 Aledo, Texas 76008





Four weeks and counting....

"You can't teach an old dog new tricks." Ever heard that? Ever *said* that? Sure you have, me too. But it's not true. Oh no…it's much more complicated than that....

AAAHHHH.....

A few month ago, B.C. (before covid19), I attended a seminar meant to encourage me to consider live streaming worship services. The instructor (who might have been all of 25 years old) said it was as easy as "Literally, putting a smartphone on a tripod!"

It's not. But I have learned more about the process in the last four weeks than I learned in that class – which got me to thinking: What else have I learned during these days of social distancing and staying home?

- 1. I've learned that my dog barks A LOT more than I knew. (See photo above for my solution to the problem of unison barking with the dog next door.)
- 2. I've learned to keep two hand towels in the bathroom (and two in the kitchen) and to rotate their use. (You contaminate your hands after washing, if you dry them on a damp towel.)
- 3. I've learned that I REALLY need to keep my prescription antacid updated!
- 4. I've learned that Dog TV is an amazing thing. (Yes; it is a real channel.)
- 5. I've learned that it's normal to feel some anxiety. (Give yourself a Word of Grace.)
- 6. I've learned that it IS possible to leave the television turned off all day.
- 7. I've learned that five deep breaths really does help, especially when you think "Lord have mercy" as you breathe in and "Christ have mercy" as you exhale.
- 8. I've learned that five squares is sufficient. (Ahem!)
- 9. I've learned that I can survive on my own cooking. (My children just gasped.)
- 10. I've learned that, if necessary, I can trim my own hair. (Somewhere, my hairdresser just gasped.)
- 11. I've learned that being encouraged by the countless examples of people helping others, is a bright spot in the darkness.
- 12. I've learned that if I have the will to change, to learn, to ADAPT, I can. And this may be the greatest thing I've learned.

Jana Stanfield, a musician and song writer said, "We cannot do all the good that the world needs, but right now the world needs all the good that we can do." That's a great quote because it's a reminder of what we should all be doing – but Paul said it better, "Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the Church and in Christ Jesus to all generations, forever and ever. Amen" (Ephesians 3:20-21).

Let's all start IMAGINING! aaahhhh......

Ann

Dr. Ann Hitt

Please be in prayer for...

All who are ill
All who mourn
Those who are fearful
Those who have lost their job
Our Church
Our country
The world
Yourself
Me