

# The Central FOCUS

February 2022

## Baby, It's cold outside!

By Doug & Leslie Davis

Temperatures are "burrr" in our part of the country. It's the time of year we begin to wish for warm, sunny days when the grass is green and the flowers bloom. We anticipate warm weather and its benefits, but that doesn't mean you are anticipating warmer times in your marriage.

Recently, Doug and I had the privilege of snuggling together because our furnace was out for a few days when the outdoor temp was below 20°. It was a tad stressful and cold, but we didn't miss a bid and enjoyed the cuddles.

I can imagine some of you groaning at the thought of being together with your spouse for an extended period of time in a cold house. But we're here to tell you, with a few little steps, it can be as enjoyable as summer weather. Here are two ways to keep your marriage toasty warm.

#### 1. Don't miss a bid for connection.

Both husbands and wives place bids for affection with one another. In "What Makes Love Last," Dr. John Gottman states, "In a committed relationship, partners constantly ask each other in words and deeds for support and understanding." That gesture is called a bid, and it signals your partner's need to connect with you.

What does that look like?

Bids take the form of both verbal and nonverbal actions. A verbal bid is easier to recognize; "Let's go do something together." "What's on your mind?" "Have you seen this? It's so funny."

Nonverbal bids may take some practice at recognizing, but they are just as important as verbal ones. Even more so because there are ideas, feelings, and beliefs that underlie our actions subconsciously. Here are some nonverbal bids as Dr. Gottman breaks them down:

Affection (a kiss, hug, or shoulder rub)

Facial expressions (a smile or glance)

Playful touching (a light tickling or gentle bump)

Affiliating gestures (opening a door or handing something over)

Vocalizing (laughing, sighing, groaning, etc.)

Be on the lookout for these and reciprocate when possible.

Can you reciprocate a nonverbal bid with a verbal response and visa versa? Yes. Just connect! Don't miss a bid.

### 2. Spend time together.

One of the best ways to become a master at not missing a bid for connection is to spend time together. This allows you to become aware of

(Continued on page 2)

Sign up for the Focus at www.cbadecatur.com

**CBA Sponsored:** 



10 AM-MONDAY,
February 14th, 2022
At Tabernacle Baptist Church



Special Guest: Ann McKinnev

Valentines Trivia
Door Prizes & more

\$5-Baked Potato Bar Toppings, dessert, and drinks.

> Signup by Feb. 9th at the CBA website: cbadecatur.com Or by texting Chris at (217) 859-8222

## In This Issue:

Front page-Baby, It's Cold Outside and Sr. Adult Event

Page 2-Love Stories, Valentines, and VBS

Page 3-Our Power Failure & Pulpit Supplier Randy Thacker

Back page-What's Happening? & Coming Events

(Continued from page 1)

how your spouse bids for connection. Some of us have had a lot of time together with our spouse due to Covid, or more recently due to snow.

But unless you're attentive, you may miss bids for attention. Couples that turn toward each other following a bid are much less likely to grow apart when hard times (or even little things) come. And couples that turn toward each other following a bid report a higher trust level than couples who don't (1).

There are many scripture verses that attest to the truth of loving one another, being kind, courteous, and humble toward your spouse. Notice a bid, and use the promises we have in scripture to build a relationship that glorifies our Lord's relationship with his bride.







# Be Inspired! VBS Training February 26th

at Chatham Baptist Church

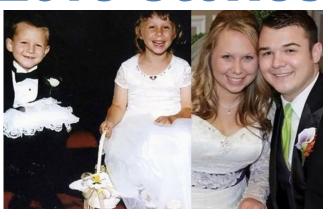
Participate in IBSA's VBS Clinics to learn more about the LifeWay 2022

VBS theme "Spark Studios," get great ideas, and be inspired.

IBSA.org/kids

JackLucas@IBSA.org

# **Love Stories**



#### ADRIAN AND BROOKE

At the age of five, when Adrian and Brooke walked down the aisle together at a friend's wedding, little did anyone know that God had special plans for this little ring bearer and flower girl. The two remained friends, and in middle school began to see each other in a different light. They began dating all throughout high school, and it became very clear to everyone that they were always meant to be together.

After 17 years, the couple returned to the same church where God had first brought them together and got married. The two are happily married, and praised God for their relationship. Brooke stated "for God to bring our steps together this far, we know our steps have been ordered by the Lord."

What is your love story? Send it to me and I'll publish it. Please keep it to under 200 words.-Chris Granda



There are lots of lonely people in Assisted Living, Nursing Homes, hospitals, or just homebound who would really appreciate receiving a Valentine or two.

Do it now and have them ready to mail by Valentine's Day, Feb. 14th.

## **Our Power Failure**

By Jesse T. Jackson, Churchleaders.com

As the pastor prepared to say, "Let me pray as we close the service," Gallaty said something stopped him. Instead, he said, "We are not going to let the enemy get the victory today." Gallaty said he listened to the Holy Spirit's prompting and changed course. "What happened next was unreal, " he said.

Because there was no electricity, he began yelling so everyone in the auditorium could hear him. Gallaty invited anyone in the congregation to come forward who needed to be set free from addiction, resentment, bitterness, shame, guilt, porn, drugs, pride, or any other sin that might have a foothold in his or her life.

"There was a palpable presence of God," Gallaty said, as he knelt to pray. The pastor began weeping uncontrollably as many in the audience came to the altar and wept.

Gallaty shared later that his wife, Kandi, had written a journal entry the day before the power went out about I Kings 8:10-11, when God's glory fell on his people and disrupted the service. Kandi wrote, "Can you image not being able to minister or do anything because of the Lord's glory?? You can't move or sing or form words because all you can do is

just be in his presence. Nothing you do would scratch the surface of being sufficient."

In her journal entry, Kandi had asked, "Lord, may we experience that in our Sunday morning services! All we can do is be still and sit in the awe of your glorious presence. Holy Spirit come!!!" And 24 hours later, the prayer was answered.

The revival started (in December 2020), after Gallaty says he started to deal with personal sins of pride, arrogance, and jealousy after hearing God tell him, "The problem is not with your church, it's not with your staff; the problem is you."

After 10 months of dedicated prayer on his front porch, Gallaty says God revealed to him that he was to begin leading spontaneous baptisms. Although he was hesitant at first, he says his obedience to God's instruction has allowed him to witness 1,235 baptisms (in six months).

(Ed. Note: on June 6, 2021, a power outage left the congregation at Long Hollow Baptist church in Hendersonville, Tennessee in the dark at the end of Pastor Robby Gallaty's sermon. Without screens or instruments, Gallaty was ready to send the people home, until the Spirit intervened. Jesse T. Jackson reported the story at Churchleaders.com, excerpted here. And here it's taken from IBSA's Spring 2022 Resource magazine.)



For since the creation of the world God's invisible qualities—his eternal **power** and divine nature—have been clearly seen, being understood from what has been made, so that people are without excuse.

Romans 1:20

## **Meet Our Pulpit Suppliers**



We're continuing the piece we've been doing each month on one of our CBA Pulpit Suppliers so you can get to know them better. This month we're focusing on Randy Thacker.

Randy Thacker has been serving in ministry roles for more than 30 years. He has served as an associate pastor, interim pastor and Christian school administrator. Currently he is providing pulpit supply while being an administrator for the Mt. Zion School District. Randy holds a Masters In Education and an Education Specialist degree.

Most importantly, Randy has been blessed with a wonderful family. He has been married to Robin for 38 years and they have 3 grown children with 5 very special grandchildren.

When sharing God's word, Randy tends to follow a thematic expository style, often framing the challenges of living today in a broken world with the hope and promises of God's word.

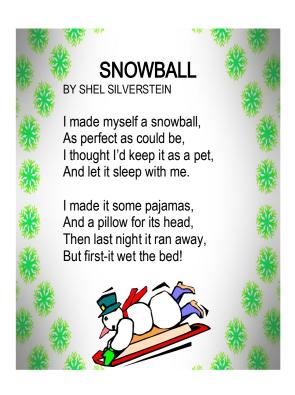
Randy can be reached at *tfam9@comcast.net* or 217-521-1672.

# **What's Happening?**

**Arthur-**Our Women's Ministry is starting a 7-week Bible Study by Kelly Minter called *Encountering God*. Becca's Loving Hands Ministry is packing more backpacks to be given to Webster-Cantrell Hall for children placed in foster care. We are doing a tribute to Mike and Mary Ellen Rutledge by baking cookies to take to individuals and groups in the community (this was a ministry Mike did during his life).

Summit Ave.-is searching for a new pastor. The Search Committee has come up against some problems with members having to step down, and one of them passed away in November, and other medical issues. Please pray for the Search Committee.

**Tabernacle**-is having a Super Bowl-Super Sunday on Feb. 13th. The Students are going to Wisconsin Dells for a Ski Trip Feb. 19 -21. And they have a Grace Marriage Ministry starting Feb. 26th



If you're calling to say you love me, press 1. If you're calling to say you miss me, press 2. If you're calling to ask what's for dinner, press 3 on the microwave.



•happy• Valentine's •day•

MARK YOUR CALENDARS CBA Semi-Annual Meeting is scheduled for Sat., April 9th.

## Churches:

Argenta

Central Baptist Association has a new phone number: (217) 859-8222

Calls go directly to Chris Granda's cell

Please take note: The (217) 330-7593

number was disconnected in December.

phone, but it is a business number.

Arthur

Atwood

**Emmanuel** 

**Fellowship** 

**Findlay** 

Forsyth

Galilee

Hammond

Hevworth

Lincoln

Lovington

Mt. Zion

Oreana

Shiloh

Sullivan

**Summit Avenue** 

Tabernacle

Tri-Valley

### **Mission Statement**

Central Baptist
Association exists to
foster relationships
among churches in
order to assist them in
fulfilling the Great
Commission.

CBA Vision is to see churches collaborating together to build the Kingdom of God.

## Coming Events

#### February 2022

14th-Valentine's Day Sr. Adult event at Tabernacle 18-19th-D-Now Weekend at Streator 20th-Focus on WMU Sunday 21st-Presidents' Day 26th-VBS Training at Chatham 27th-Racial Reconciliation Sunday

## Central Baptist Association (217) 859-8222

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