

Legacy Christian Academy

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www.legacychristianacademysa.org

Grade Entering:

School Year:

Received by:

Health & Sports Physical

STUDENT INFORMATION

LAST FIRST MIDDLE PREFERRED NAME
STREET APARTMENT
CITY STATE ZIP PHONE
_____/_____/_____
DATE OF BIRTH AGE ☐ MALE ☐ FEMALE

PARENT/GUARDIAN

LAST FIRST MI PREFERRED NAME
Home Phone (_____) _____ Cell Phone (_____) _____ Business Phone (_____) _____

EMERGENCY CONTACT

LAST FIRST MI PREFERRED NAME
Home Phone (_____) _____ Cell Phone (_____) _____ Business Phone (_____) _____

EMERGENCY INFORMATION

Insurance Company _____ Subscriber Name _____ Policy # _____
SPONSOR SPONSOR'S #
Hospital of Choice _____ Family Physician _____ Phone _____
Allergies _____ Medications _____

MEDICAL HISTORY:

- ☐ YES ☐ NO Has the student been hospitalized during the past 12 months
☐ YES ☐ NO Has the student had any injuries requiring medical attention during the past 12 months?
☐ YES ☐ NO Has the student been ill lasting more than one week during the past 12 months?
☐ YES ☐ NO Is the student currently taking prescribed medication and/or under a physician's care?
☐ YES ☐ NO Are you aware of any reason(s) this student should be limited or kept from participating in any athletic activity?
☐ YES ☐ NO Has the student ever passed out, been dizzy or had chest pain during or after exercise?
☐ YES ☐ NO Has student ever had high blood pressure?
☐ YES ☐ NO Has student ever experienced heart palpitations, skipped heartbeats or been told of having a heart murmur?
☐ YES ☐ NO Has any family member or relative died of heart problems or of sudden death before age 50?
☐ YES ☐ NO Has a physician ever denied or restricted this student from participating in sports due to heart problems?
☐ YES ☐ NO Has the student ever had a concussion, been knocked out, experienced memory loss, and/or had a seizure?
☐ YES ☐ NO Does the student have asthma?
☐ YES ☐ NO Does the student use an inhaler?
☐ YES ☐ NO Does the student cough, wheeze, or have trouble breathing during or after activity?
☐ YES ☐ NO Does the student have any allergies (pollen, medicine, food, insects, etc.)?
☐ YES ☐ NO Is the student missing any paired organs (eye, kidney, etc.)?
☐ YES ☐ NO Has the student ever had a sprain, strain, or swelling after an injury?
☐ YES ☐ NO Has the student ever broken or fractured any bones or dislocated any joints?
☐ YES ☐ NO Has the student ever had any problems with pain or swelling in muscles, tendons, bones, or joints?
☐ YES ☐ NO Does the student use protective or corrective appliances such as glasses, contact lenses, braces, retainer, etc.?
☐ YES ☐ NO Has the student ever been diagnosed with diabetes?
☐ YES ☐ NO Has the student ever been diagnosed with any type of blood disorder?
☐ YES ☐ NO Has the student ever had the chicken pox? If yes, indicate month/year. ____/____
What year was the last tetanus booster given? _____

Please explain any "yes" answers from above: _____

FAMILY MEDICAL HISTORY: (check all that apply)

- ☐ Diabetes ☐ Heart Disease/Disorder ☐ Seizure Disorder ☐ Neurological Disorder
☐ Blood Disorder ☐ Kidney Disorder ☐ Hypertension ☐ Other: _____

CONSENT TO PARTICIPATE: I/We, as legal guardian(s), give our permission for our child, _____, to participate in organized athletics through Legacy Christian Academy, except for _____, realizing that such activity involves the potential for injury which is inherent in all activities. I/We acknowledge that even with the best coaching, use of protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or death.

CONSENT FOR EMERGENCY MEDICAL TREATMENT: If in the judgment of any representative of the school or church, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to said student by a physician, trainer, nurse, school or church representative, and I do hereby agree to indemnify and save harmless the school, church and any school representative from any claim by any person whosoever on account of such care and treatment of said student. Also, if there are any changes to any information on this form (including physician exam record below) between this date and the last day this school year. I/We, as legal guardians, agree to immediately submit changes in writing to LCA officials.

I/We, as legal guardians, acknowledge that I/we have read and understand the content of this Health and Sports Physical Form in its entirety, and have completed the medical history information on the front side of this sheet. I/We further understand that no sports participation will be allowed until this form is completed and returned to school office.

Parent/Guardian Signature

Date

VISION SCREENING RECORD-PROVIDER USE ONLY

REQUIRED FOR: students in K4, K5, 1, 3, 5, 7 and all new students K4-12

Vision

Right 20/

Left 20/

Results: Pass Fail

Provider's Signature

Date

HEARING SCREENING RECORD-PROVIDER USE ONLY

REQUIRED FOR: students in K4, K5, 1, 3, 5, 7 and all new students K4-12

Hearing

Hz	250	500	1000	2000	4000	6000
R						
L						
Results: Pass Fail						

Provider's Signature

Date

SPINAL SCREENING RECORD – PROVIDER USE ONLY

REQUIRED FOR: GIRLS in grades 5 and 7; BOYS in grade 8

Results: Pass
Fail

Provider's Signature

Date

PHYSICAL EXAMINATION RECORD-PROVIDER USE ONLY

REQUIRED FOR: students in K4, K5, 1, 3, 5, 7 and all sports participants K4-12

	N	Abnormal		N	Abnormal	Joint Function	N	Abnormal		N	Abnormal
Eyes			Chest			Shoulders/Arms			General Body Build		
Ears			Heart			Elbows/Forearms			Skin		
Nose			Lungs			Wrists/Hands					
Teeth			Abdomen			Hips/Thighs					
Throat			Spleen			Knees			Neurological		
Neck			Liver			Legs/Ankles			Hernia		
Lymph Nodes			Spine			Feet			Genitalia (male only)		

Height: _____ Weight: _____ Pulse: _____ Blood Pressure: _____

Description of abnormal findings (if any): _____

PHYSICAL ACTIVITY:

- ☐ Cleared without restrictions
☐ Cleared with restrictions _____
☐ Not Cleared _____

Provider's Signature

Date

Provider's Printed Name: _____ Phone #: _____

Address/City/Zip: _____

**LCA requires a copy of student's most current IMMUNIZATION RECORD.
Please update your child's immunizations and submit a copy of the record to the school office.**