

Legacy Christian Academy

COVID-19 Return to Play

Athletics Protocols



Operational Guidelines

COVID-19 Symptoms:

Fever of 100.0° or higher
New uncontrollable cough with difficulty breathing
Loss of taste or smell
Body aches
Sore throat
Shortness of breath
Chills
Worsening cough
Diarrhea
Vomiting
Abdominal Pain
New onset of severe headache

REQUIRED SCREENING

Health screening with touchless temperature check will be required for all individuals entering school buildings, including gym.

- Health survey - posted questions about symptoms and possible exposure
- Touchless temperature scan by designated staff

An individual (athlete, coach, staff, parent, or family member) will not be allowed to enter the school building (gym) if:

- exhibiting a fever of 100.0° or higher
- experienced significant exposure to someone with COVID-19
- experiencing the clear symptoms consistent with COVID-19
- current confirmed positive test for COVID-19

The same screening protocols will be used for all visiting teams/fans. Prior to the event, LCA athletic director will communicate established protocols to visiting schools.

Legacy Christian Academy reserves the right to refuse access to any person who tests positive or displays symptoms consistent with COVID-19 for any school/athletic event.

RETURN TO PLAY PROTOCOLS

Any individual who has either: (a) test-confirmed to have COVID-19; or (b) experienced significant exposure to someone with COVID-19 will not be allowed to return to campus until he/she meets the requirements set forth in the school policy. Parents and family members must follow the same protocols.

A 14-day quarantine will be required for anyone with a positive test result.

After 14-day quarantine, a documented negative test result within 3 days of return must be submitted to the school office before individual will be allowed to participate in athletic activities or attend events.

In the case of an individual who has symptoms consistent with COVID-19 but is not evaluated by a medical professional or tested, such individual is assumed to have COVID-19, and the individual may not return to the campus until a 14-day quarantine has been completed and a documented negative test result within 3 days of return.

Individuals must be fever free, without use of medication, for 24 hours before returning.

PRACTICE GUIDELINES

All athletes must wear a mask when not participating in physical activity.

All coaches must wear a mask.

Athletes must come dressed in practice gear.

Athletes must not congregate in locker rooms.

Only one person is allowed in the locker room/restroom at a time.

Practice plans will allow players to remain socially distant and limit close personal contact as possible.

After practice, athletes must wear mask and remained socially distanced in the bleachers until parents pick up or departure in personal vehicle.

During practice or games, students who display symptoms consistent with COVID-19 will be isolated to a designated quarantine area and re-screened. Parents will be asked to pick up athlete as soon as possible.

All the equipment (balls, practice apparel, frequently touched items, etc.) will be sanitized at end of practice.

The gym floor and bleachers will be sanitized before the next day's use.

PRE- GAME PROTOCOLS (HOME/AWAY)

Each coach, athlete, staff, or spectator must complete a health screening (touchless temperature check and health survey) by designated staff member before entering athletic event hosted by LCA.

Spectators must RSVP through a link (provided by athletic director) by noon of the scheduled day of competition for both home and away games. This will allow the athletic director to ensure social distancing procedures can be carried out in each venue.

Home games: 25% of normal capacity (80 total, including spectators, staff, and athletes)

Visiting and home spectators must be split evenly based on TAPPS protocols.

If visiting fans do not use allotted number, then LCA will allow home fans on the standby list to use available seats.

LCA Athletic Department is pursuing the idea of livestreaming home games through the LCA Facebook page as another option for fans.

Spectators must complete a health screening (touchless temperature check and health survey) before entering the gym, and therefore should plan accordingly in relation to scheduled game times. The goal is to be as expeditious as possible.

ROAD GAME PROTOCOLS

Athletic director will notify the host team per TAPPS regulations that all LCA athletes have passed the required screenings for competition.

Athletic director will give hosting athletic director an accurate count of LCA fans, if the host site allows fans.

Fan numbers will come from the RSVP list which will include the parents/family answers to the school's screening protocol.

Parents/Fans should expect to be screened at the host site and will be subject to each school's specific protocols.

Athletes will travel to the site of competition dressed out in uniform and prepared to play.

TRAVEL PROTOCOLS

Parents are encouraged to take their student athlete to the competition site.

LCA will not allow an athlete to travel with a family other than their own.

If a problem with transportation arises, please contact LCA so we can work through the challenge.

The van/bus will be sanitized before and after each use.

All individuals **must wear a facemask at all times** while in the van/bus.

Athletes are highly encouraged to use sanitizer upon entry and exit of the van/bus.

There will be at least one seat between each person riding on the van/bus to ensure social distancing is practiced as much as possible.

Windows will be open when possible to allow outside air to circulate within the van/bus.

HOME GAMES

Spectator Guidelines

Upon entry, all individuals must wear a mask and **must keep the mask on at all times.**

Seating will be marked by row, and fans will receive a corresponding number to match the size of their group as they enter the gym.

There will be an open row between each group of fans to help ensure proper social distancing.

Restrooms

LCA will provide restrooms for all event attendees.

No more than one person at a time will be in the restroom.

Parents of small children are an exception.

Exiting after the Game

A member of the athletic staff will release each bleacher, one at a time, to exit the facility.

If you are waiting on your son or daughter, please remain in your assigned area within the bleacher until your child is prepared to leave.

Promptly exit the gym and avoid gathering in groups.

Event Staff

Event staff (gate, screening table, score table etc.) must wear a mask while performing duties.

Gate/Screening

Anyone working the gate must wear a face mask and gloves while working.

Temperature screenings will be completed with a school-provided touchless thermometer.

If **temperature is 100.0 or higher**, an individual will not be allowed to enter. If the individual refuses to leave, the game administrator or athletic director should be contacted to handle the situation.

Once screened, fan will be given a seat number and will be allowed to enter.

Each bleacher will be marked with numbers.

Score Table

All volunteers working at the score table must wear a mask at all times.

The score table and any items used will be sanitized before and after use.

No more than two volunteers will be allowed at the score table.

GAMEPLAY

Pre-Game Activities

Pregame announcements/starting line ups will be handled by game administrator, athletic director, or coach.

There will be no close-contact community prayers; each team will stand in front of bench (chairs) during the invocation. The same procedure will be in place for any post-game prayer.

Players not actively participating in the game must wear a mask.

Coaches must wear masks.

Sideline chairs (team bench) will be spaced as apart as able.

Two game balls will be used. One will be sanitized at the end of every quarter and replaced by the previously sanitized ball.

During timeouts, everyone not actively involved in the game must wear a mask. Coaches will be encouraged to limit the time of close contact during a timeout.

Players actively in the game do not have to put masks on as long as they are returning to play. If a player is being subbed out, the **player must put on the mask within a reasonable time after hydrating and catching breath.**

Post-Game Wrap-ups

There will be no handshakes at the end of the game. Players and coaches with masks on may walk by and share a verbal expression of sportsmanship to the opposing team.

Coaches and players must wear mask in post-game wrap-up. Coaches will be encouraged to limit the time where the team is in close personal contact with each other.

I have read, understood and accept all of the guidelines listed within this document.

Athlete Signature:

Date:

Parent Signature:

Date:
