

Tuscola Torpedoes

2022 Practice Schedule



Starting TBD

*Ending Thursday, July 21st

Practices are Monday – Thursday unless otherwise noted

<u>Warrior Group:</u>	7:45-9:00am (first 15 minutes dryland/stretching)
<u>Gold Group:</u>	8:00-9:00am
<u>Silver Group:</u>	7:15-8:00am
<u>Bronze Group:</u>	7:15-8:00am
<u>Developmental:</u>	9:00-9:30am
<u>Pre-Team:</u>	Tues/Thurs 6:00-7:00pm**

*It is important to be at practice ready to get in at least **TEN MINUTES** before your practice time.*

If unable to attend your assigned practice, see a coach to see when you can! Although not mandatory, it is very important for you to come to every practice.

*Except for swimmers who qualify for the Summer League Championships. Those practices TBD.

**Pre-Team practice is tentative on approval from the Pool Manager.