



2026 Invitational

Date: Sunday May 3rd, 2026

LOCATION: Cardinal Ritter College Prep 701 N Spring Ave, St. Louis MO 63108

ENTRY FEES: \$25.00 per athlete entered online at www.athletic.net by Thursday, April 30th, 2026, 11:59 p.m. The meet is open to clubs and unattached athletes. **NO LATE ENTRIES or MODIFICATIONS.** Fees must be paid online by the close of the meet registration.

ENTRY LIMITATIONS: Pee-Wee thru 11-12: 3 events. 13-14, and Open divisions may enter 4 events.

AWARDS: Medals for 1st, 2nd, and 3rd places. Ribbons for 4th, 5th, and 6th places. Pee-Wee athletes will receive participation ribbons at the end of LJ and medals at finish the of their two running events. All races are timed finals. Pee- Wees will not be timed nor placed; however, if you would like to time your own athlete, feel free to bring a stopwatch. Open division will medal as one age group.

ENTRIES: ENTRIES MUST BE COMPLETED ON-LINE BY, 11:59 p.m. Thursday April 30th, 2026

MEET DIRECTOR: *Demonser Burch Stlbluestrack@yahoo.com*

GENERAL INFORMATION: Coaches meeting at 8:45 a.m. Running events begin at 9:00 a.m. All running events will be timed finals. There will be no prelims or semis. Pee Wee events will ribbon at the finish line with no times.

SPECTATOR ADMISSION: \$5.00 age 3 and up.

Field events begin at 8:30 a.m. and will be run in rounds with 4 tries each. High Jump is excluded from this rule. Track events take priority over field events. All athletes must notify the event official when leaving for a running event and must be ready to resume 10 minutes after completion of running event.

EQUIPMENT: Throwing implements will be provided. No spikes longer than 1/8" will be allowed on the track.

CONCESSIONS: Available at the track. No bar-b-que pits allowed.

TENTS: Tents are only allowed in designated areas and should not block the track, finish line, field events or flow of the meet.

FACILITY USAGE: Cardinal Ritter College Prep is a smoke and alcohol-free facility. No pets are allowed. No public urination. No defacing of school property.

Meet Schedule

Sunday May 3rd, 2026

Events may be combined at the discretion of the meet director to expedite the overall meet, while ensuring fair competition.

Coaches Meeting at 8:45 a.m.

Running Events

Start Time - 9:00 a.m.

Timed Final 1500 Meter Racewalk	9 – 10 Through Youth
Timed Final 80 Meter Hurdles	11 – 12
Timed Final 100 Meter Hurdles	13 – 14
Heat Final 50 & 100 Meter Dash	Pee Wee
Timed Final 100 Meter Dash	7 – 8 Through OPEN
Timed Final 1500 Meter Run	7 – 8 Through OPEN
Timed Final 4 x 100 Relay	7 – 8 Through 13 – 14
Timed Final 800 Meter Run	7 – 8 Through OPEN
Timed Final 200 Meter Dash	7 – 8 Through OPEN
Timed Final 4 x 400 Relay	7 – 8 Through OPEN

We will run a Pee Wee relay (at the start of the 4x100 relays) as an exhibition. It does not count against the 3 events that Pee Wees are allowed to have. There is no additional cost for relay.

We will run a coach's relay as an exhibition. The cost is \$40 per relay. Registration information will be announced at the meet.

Note: All running events will be run girls first, then boys, from youngest to oldest within each event. We reserve the right to run age groups and/or genders together in the 1500 run.

Field Events

Start time 8:30

Long Jump Starts at 8:30 a.m.– Starting with Pee Wee Girls and Boys

High Jump Starts at 8:30 a.m.– Starting with 9 – 10 Girls

Shotput will begin **IMMEDIATELY at the conclusion of Discus**

<u>Long Jump</u>	<u>High Jump</u>	<u>Shotput</u>	<u>Discus</u>
Pee Wee Girls	9 – 10 Girls	9 – 10 Girls	11 – 12 Girls
Pee Wee Boys	9 – 10 Boys	9 – 10 Boys	11 – 12 Boys
7 – 8 Girls	11 – 12 Girls	11 – 12 Girls	13 – 14 Girls
7 – 8 Boys	11 – 12 Boys	11 – 12 Boys	13 – 14 Boys
9 – 10 Girls	13 – 14 Girls	13 – 14 Girls	Open Girls
9 – 10 Boys	13 – 14 Boys	13 – 14 Boys	Open Boys
11 – 12 Girls	Open Girls	Open Girls	
11 – 12 Boys	Open Boys	Open Boys	
13- 14 Girls			
13 – 14 Boys			
Open Girls			
Open Boys			