Station 1 – Hitting off of tee

* 10 swings off a tee

Station 2 – Hitting live pitching

* 10 swings total

Station 3 – Defensive Fielding

* 10 ground balls from the SS position with throws to table at 1B.

Station 4 – Defensive Fielding

* 10 fly balls from the CF position with throws to table at home plate

Station 5 – Wonderlic Test

* 10 questions privately answered on UWBL form

Station 6 – Baserunning

* Timed from 1st to 3rd base
	+ 2 turns – take fastest time