



# **CORNELLY BASKETBALL PLAYER / PARENT HANDBOOK**

**2017/2018**

# CONNELLY BASKETBALL

## Team Policies and Procedures

All team policies and procedures are designed to ingrain the core values of our basketball program:

CHARACTER  
COMMITMENT  
DISCIPLINE  
EFFORT  
TEAMWORK

When making decisions about team policy, we ask four questions:

1. Will it make you a better person?
2. Will it make you a better student?
3. Will it make you a better athlete?
4. Will it make you a better teammate?

## I. Attendance

In order to be prepared to play the game and demonstrate commitment to the team, players must attend practice.

All calendars and schedules can be found on our website [www.leaguelineup.com/ConnellyGirlsBasketball](http://www.leaguelineup.com/ConnellyGirlsBasketball)

Please notify Coaches in advance if players are unable to attend:

Megan Marrujo (714) 408-8467; Megan.Marrujo@yahoo.com  
Marty Nishimi (949) 981-2579; Martin\_Nishimi@yahoo.com

- Excused Absences are for player illness and family emergency. Please avoid scheduling appointments, family events, etc. during practice times.
- School work is not an excuse for absence. Manage your free time to properly ensure that you take care of academic commitments.
- If there is a pattern of unexcused absences, the player risks removal from the program.
- AN INJURED PLAYER IS EXPECTED TO ATTEND ALL TEAM FUNCTIONS AND PRACTICES. There are many ways injured players can help their team and reinforce their commitment to their teammates.

## II. Transportation

A school van is provided to/from practices and games. A minimum of 2 players are required for van transportation to/from practices and games.

## III. Grades

In order to maintain eligibility, high school athletes are required to maintain a 2.0 GPA. Grade checks will be circulated periodically, and reviewed by the coach, to stay up to date on academic progress. However, we believe that it is the student's responsibility to monitor their grades and stay eligible. Time management and commitment to responsibilities are invaluable lessons for our young women to learn while participating in sports. **School work is not an excuse to miss practices.** Tutoring is available and encouraged on the CONNELLY campus. Athletes should avail themselves of this resource and use it in a way that limits the

incursion into practice time. **Academic Ineligibility is not a reason to quit the program.** Ceasing to be a part of the basketball program should not be viewed as a punishment to an individual, but rather to the team. We believe in teaching our players about time management and the values of fulfilling a season long commitment. Quitting only teaches to be fully committed to school or fully committed to basketball. Players must learn to do both. If a player becomes academically ineligible, they are expected to still attend practices and help the team out in many different areas. A tutoring schedule, for academically ineligible or struggling players, may be worked out during practices, if it is agreed upon by the coach.

## IV. Uniform and Appearance

While our athletes are representing Connelly basketball, we expect them to maintain a professional and appropriate appearance that reinforces the team concept, including:

- Proper uniform and professional appearance on game day—unaltered
- NO Jewelry—NFHS Regulation
- NO Cussing—this greatly diminishes professional appearance

## V. Varsity / Playing Time

Players will “letter” in basketball if they have completed the full league season on the varsity team. If players only completed a portion of the league season, “lettering” will be at the discretion of the coaching staff.

Many factors are considered when determining playing time. We will play **THE BEST OF THE DESERVING**. To determine this, we consider the following player attributes, *in addition to talent*: knowledge, effort, attitude, discipline, dedication, toughness, longevity in the program, and character, among other traits.

While playing time *per se* is not an open topic for discussion, the coaching staff is more than willing to discuss our evaluation of your daughter in these areas. Individual evaluations are performed and discussed twice a year with each player. These evaluations are meant to define roles, squad placement, and playing time for each player.

If a player decides to quit the program, they will not be allowed to rejoin the program at a later date if they change their mind.

## VI. Saturday Practice

N/A

## VII. Parent / Coach Communication

Players and parents should try to adhere to an appropriate hierarchy when communicating with coaches and administration:

1. Have your **daughter** talk to the coaches **first** at the appropriate time and in the appropriate manner. We are trying to build independent and self-reliant young women.
2. If information was not conveyed from the player or was unclear, parents are welcome to follow up with the coaching staff either by phone or email.

The purpose of this hierarchy is to build independence in our players and teach them to handle their own responsibilities. The coaching staff is more than willing to interact and communicate with parents, but not at the expense of the players. We really are looking forward to meeting and talking to all of you.

If a situation arises where there is a grievance and communication between parents and coaches is necessary, please adhere to the following guidelines:

1. Observe a 24-hour cooling off period before initiating contact.
2. We will set up a professional meeting or phone appointment. We will not talk on the court. Be prepared to have your daughter present at the meeting.
3. We will never discuss other players—only yours.
4. Understand that sometimes our disagreement may be irresolvable.
5. Please wait until after speaking with the coaching staff before contacting the administrative staff.

## VIII. Supporting the Program

Players, parents, and families are expected to support the Connelly basketball program both verbally and with actions. This in no manner means you have to agree with every decision that is made regarding the program. Everyone is entitled to their own opinion. The coaching staff is open to hearing opinions when they are brought about in an appropriate manner. Opinions that are conveyed in deliberately damaging and demeaning verbiage in front of other players and parents will not be tolerated. It is the coaches' responsibility to quell any negative talk among the players and the team. The responsibility falls to the parents to quell any negative talk in the stands and community. Verbalizing your negative opinions to others is detrimental to a program, and therefore to your daughter's success and experience. Despite how strongly you may feel, it never helps to attack any part of this basketball program, it only destroys. We are **ALL** working together to **SUPPORT** your daughters and give them the best basketball experience possible.

## IX. Fundraising

N/A

## X. Offseason

N/A

## XI. Vacation Time

N/A

## XII. Violations

If an athlete is in violation of Connelly high school rules, the athletic code, the attendance policy, or this handbook, it shall be deemed as grounds for suspension or dismissal from the team at the discretion of the head coach and/or administration. An athlete dismissed from the team for disciplinary reasons shall be ineligible for athletic competition for the remainder of that sport season, or until the disciplinary time period is completed. Dismissal from a team shall result in a loss of all honors and awards to be received in that sport.