Conception Bay Regional Minor Hockey Association – Appendix B Tryout Process

Please note that the CBRMHA tryout process is a simplified document intended to give players and parents an overview of how tryouts are conducted. For more detailed information, please refer to the Hockey Canada and Hockey NL player evaluation guides.

1. Oversight

- The Technical Committee (President, Vice President, All-Star Representative, and Technical Director) is responsible for administering and supervising the tryout process.
- The Technical Director will oversee all tryouts, with support from at least one board member.
- An updated tryout process must be uploaded to the association website prior to the start of tryouts each season.

2. Phase 1 – Initial Placement & Informal Evaluation

Group Assignments:

- Players are assigned to initial groups based on the previous season's level of play.
- Groups are intentionally kept small to allow for player movement.

Format (3 sessions per player):

- 1. Skating session
- 2. Skills session
- 3. Small-area games

Evaluation Guidelines:

- Evaluations during Phase 1 are informal.
- Player movement between groups may occur at any point, based on recommendations from:
 - Coaches conducting the sessions
 - Technical staff observing the sessions

3. Phase 2 - Formal Evaluation Games

Format:

Each player participates in three formal games.

Evaluation Guidelines:

- Evaluators are assigned by the Technical Director.
- Evaluators for Phase 2 should not be the same coaches who conducted Phase 1, wherever possible.
- Specific evaluators will be assigned for:
 - o Forwards
 - Defense
 - Goalies

4. Goaltender Evaluations

- All goalies must also attend a dedicated goalie session as part of their evaluation.
- This session is organized and led by the Technical Staff.
- Refer to CBRMHA Goaltender Tryout Process document for further information.

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5. Player Status & Exemptions

All-Star Opt-Out:

• Players not wishing to be considered for All-Star teams must notify the office before tryouts begin.

Medical Exemptions:

- Players with a medical exemption must complete their evaluation by November 15 to remain eligible for All-Star selection.
- Players not cleared by this date will be placed in House League.
- Only the Technical Director may approve an exemption beyond November 15, based on their professional knowledge of the player.

6. Formal Scoring Rubrics Example

A standardized 1–5 scoring scale will be used by evaluators:

- 5 Excellent (Elite, stands out consistently)
- 4 Strong (Above average, effective most of the time)
- 3 Average (Competent but inconsistent)
- 2 Developing (Below average, struggles in key areas)
- 1 Needs Improvement (Significant weaknesses)

7. Example – Phase 1 Starting Groups

Subject to change based on registration numbers.

- U11/U13/U15
 - Group 1 Returning All-Star Players (Alphabetical)
 - Group 2 Second-Year Players (Alphabetical)
 - Group 3 First-Year Players (Alphabetical)
- Registration typically results in 4 5 groups in larger divisions.

