

# **Saunemin Community Fitness Center – 9/15**

## **Operations Information & Fee Schedule**

The Fitness Center is open to the public through a drop-in fee or through membership.

A drop-in fee/membership, allows the use of the following:

### **-Gymnasium**

The Gymnasium is available for public use when not in use for school activities. Students below H.S. age **MUST** be accompanied by an adult during their stay in the gymnasium **AT ALL TIMES**.

**You may not leave your child in the gymnasium while you work out.**

Street shoes **MAY NOT BE WORN** on our gym floor. This will be monitored and you may be asked to change shoes or leave the premises. Shoes that leave scuff marks/black marks on floor will also **NOT** be allowed.

### **-Cardio Fitness/Weight Room**

Cardio Fitness/Weight Room is available for public use. Students below Jr. High age may NOT utilize Cardio Fitness/Weight Room. Students under the age of 15 may NOT use cardio equipment and is posted as such. You may not bring your elementary age child to the Cardio Fitness/Weight Room to work out.

### **-Community Room/Library**

The Community Room is available for use during regular business hours. Members and Non-Members are able to utilize the Community Library available in the Community Room. The Library is an on-your-honor program.

### **-Locker Room**

Men's & Women's locker rooms are available for public use. Locker rooms, however, will not be available if being utilized in conjunction with a school athletic activity. Toiletries and towels are not provided. Locks for lockers are not provided. Personal locks may be used, but must be removed upon your leaving the Fitness Center.

### **Hours of Operation**

Sun – Noon-6 pm (Closed Sundays June-August)  
Mon – 6 am – 10 am, 3 pm – 9 pm  
Tues – 6 am – 10 am, 3 pm – 9 pm  
Wed – 6 am – 10 am, 3 pm – 9 pm  
Thrs – 6 am – 10 am, 3 pm – 9 pm  
Fri – 6 am – 10 am, 3 pm – 9 pm  
Sat – Noon-6 pm (Closed Saturdays June-August)

### **Adult Walking Hours**

Mon – 6 am – 8 am  
Tues – 6 am – 8 am  
Wed – 6 am – 8 am  
Thrs – 6 am – 8 am  
Fri – 6 am – 8 am