



QUICK GUIDE



EQUIPMENT

(refer to the latest Babe Ruth League, Inc. Rules & Regulations for detailed explanations and approved rulings)

Protective Headgear (ALL Divisions) –

- Shall be worn on deck, at bat, while a base runner, and by players in the coaches' box, during practice and all games.
- Headgear must cover the top of the head and have extended earflaps, which covers both ears, and properly fits the player wearing it.
- Chrome batting helmets, or any mirror-like surface, are not permitted.
- **PENALTY** – If a player refuses to proper headgear, he shall be removed from the game.

Catcher's mask, helmet & throat protector (ALL Divisions) –

- Any player, manager, or coach warming up a pitcher at any location shall wear a mask.
- An extended "dangling" throat protector is considered part of the mask.
- Hockey-style catchers' masks with build in extended throat protection do not require an extended "dangling" protector.
- The catcher's mask or helmet shall not have a chrome or mirror-like surface.
- **PENALTY** – If the player, manager, or coach refuses to wear this required protective equipment, he shall be removed from the game.

Additional Catcher's Gear (Cal Ripken Division) –

- Catchers in the Cal Ripken Division are required to wear shin guards and a chest protector.
- Catchers' helmets must cover the ears.

Shoes (Cal Ripken Division) –

- Shoes with metal cleats or spikes are not permitted to be worn by any player, coach or manager.

Jewelry (All Divisions) –

- Jewelry is permitted while a player is in uniform. Umpires have the authority to remove anything believed to distract or increase risk to player safety.
- Medical Alert and Religious bracelets or necklaces are not considered jewelry.
 - If worn they must be taped to the body so as to remain invisible.

Wireless communication devices

- Wireless communication devices are not allowed. However, electronic scoring devices are permitted. NO such device on the field or in the dugout may be used as a means of communications.

Non-Traditional Playing Equipment (All Divisions) (Rule 1.17) –

- Non-traditional playing equipment must be reviewed by the Babe Ruth League, Inc. Baseball Rules Committee before it will be permitted for use.
 - Hard and unyielding items (guards, casts, braces, splints, etc.) must be padded with closed-cell, slow-recovery foam no less than $\frac{1}{2}$ " thick.
 - Knee and ankle braces unaltered from the manufacturer's original design do not require padding.
 - Exceptions may be granted for participants with disabilities or extenuating circumstances, provided the equipment does not create risk or unfair advantage.