



Des Plaines Youth Baseball

Official "Stars of Tomorrow" Division

Specific Playing Rules

2020 Season

<http://www.desplainesyouthbaseball.com>

Stars of Tomorrow - Division Specific Rules:

The League shall consist of 4, 5, and 6 year old players (as of May 1st of the playing year).

Playing Field

Bases = 60 feet

Pitcher's Plate = 42 feet

The basic goal of the Stars of Tomorrow Baseball program through Des Plaines Youth Baseball, shall be to teach fundamental baseball skills, sportsmanship, standard baseball rules and correct team play in a setting of both practices and league games.

The Stars of Tomorrow Baseball program will be held at local parks this season. The season is about eight weeks long with practices on Wednesday evenings, and then play an hour game, or two inning, Noncompetitive game against another team on Saturday mornings.

Players will receive a uniform shirt and hat. The Stars of Tomorrow Baseball program is an introductory and instructional program for BOYS and GIRLS ages 4-6. All children will have an equal opportunity to learn the fundamentals of the game and play the game of baseball. This is a FUN approach to learning the game of baseball and there is no competition at this level.

The focus of the program is teaching the young players the fundamentals of the game of baseball, and most importantly to have FUN while doing this.

To participate in a game a player must be registered on the team roster and must not be under suspension or declared ineligible by the league.

Equipment

Each player in the field shall wear a leather glove. Plastic gloves are not allowed.

A protective helmet shall be worn by the batter, the on deck batter, and by all base runners when in the game.

Only gym shoes or shoes with rubber or plastic spikes shall be allowed. No metal spikes.

All games are to be played with Level 5 Safety Balls or T-Balls.

The home team supplies the game ball, which is then returned to the home team following the game for practice use or to give away as a game ball.

Boys must wear cups.

Each player, in good standing, must play in the field and bat as specified in the league rules.

Practice:

REV April 1, 2020

Your child will be assigned to a team that has one manager and at least one coach. Each team will practice hitting, throwing, and fielding at different stations on the fields during Wednesday nights.

Every child will have an opportunity to try and improve every skill they are taught.

Topics Covered during practice include.

- Throwing
- Catching
- Hitting
- Base Running
- Fielding
- General Game Rules

Game Play

Teams should be able to field at least 6 rostered players (no catcher) to play the scheduled game. If there are less than 5 players, players may be substituted from the opposing team to play the game.

All rostered players must play in every game, provided they are in attendance at the game.

The home team shall place the bases in the correct places, mark the line for the bases and pitchers rubber.

The home team shall have the field second (remain on the field for the game) for practice and occupy the third base dugout.

The visiting team shall be responsible for collection of the bases after the game and placing them in their correct place.

Playability of the field shall be determined by the league directors. Please refer to the DPYB website for cancellations.

Official Game

A regulation game shall be 60 minutes.

Extra innings are not to be played.

There shall be no suspended games.

If the game cannot be played due to weather or field conditions the team managers could reschedule on the next available weekday practice, provided that both coaches agree.

Coaches will notify each team player at least 24 hours in advance of the rescheduled game. The manager must also notify the Stars of Tomorrow Coordinator to check for field availability.

All rostered players present shall bat once per inning.

A defensive team shall consist of 1 pitcher position, 4 infielders, and 3 outfielders. If a team has a roster larger than 8 players, there can be 4 or more outfield positions.

A defensive player may re-enter the game at any time.

An injured player may re-enter the game at any time.

A courtesy runner shall be allowed if a runner or batter is injured or needs a break

A player when he re-enters a game need not necessarily return to the same position they were playing previously.

If a team has less than 8 defensive players, the team may continue to play with 5 players or borrow players from the other team and continue to play.

Players, Managers and Coaches shall observe proper etiquette while on the field.

Profanity swearing or unsportsmanlike conduct will not be tolerated by the league and could result in suspension from the baseball program.

Any Player who deliberately throws a bat, helmet or any other piece of equipment will be talked to by that team's manager and coach and subject to sit out an inning for their actions.

Team managers and their coaches shall umpire the game. A manager or coach from the offensive team shall umpire the game while his team is at bat. The same person need not necessarily umpire the entire game for his team.

Players shall remain in the dugout, on the bench, or in the prescribed areas for the duration of the game.

Coaches on the Field

Two coaches are permitted to be on the playing field and assist in positioning and teaching their players on defense.

Scoring and Runs

There shall be no score kept in the SOT league.

Infield Fly

There shall no infield fly rule used in SOT league

Avoiding Contact Rule:

Is in effect.

Stealing

Base stealing is not permitted in the SOT league. When a runner is out at any base then the runner must leave the field and sit in the team dugout.

Lead Offs

There shall be no leadoffs by any base runners. A runner may start to advance only after the ball has been hit by the batter.

Runner Leaving Early

Should a runner leave too soon and reach the next base safely, he is to be returned to the base he had occupied.

Bunting

There shall be no bunt hits allowed in the SOT league. A batter must always take a full swing and the ball must go beyond the circle.

Pitching

A maximum of 7 pitches per batter. If the batter strikes out, the coach can bring out the tee so the player can get a hit. Coaches pitch during the entire game.

The ball remains in play from the time the ball is legally hit into fair territory until the ball is returned to the infield.

In the event of an overthrow which results in the ball going out of play, all runners, shall stay on the base they were at.

Batting

Both teams shall use a batting order consisting of all rostered players present. This shall be the batting order throughout the game. Any players who arrive after the lineups have been exchanged will be inserted after the last batter in the original batter order.

Playing Time

No player shall play the same defensive position during any game. Two coaches will be allowed on the field with their team when playing defense. Under no circumstances, shall any person under the age of 18 pitch in the SOT league.

All equipment must be kept in the dugout. The responsibility for enforcement of this rule falls upon the manager and coaches equally.

Each team shall have the field for 10 minutes before the start of the game for warm up. The home team shall have the field second.