

# MOST SPIRITED PLAYERS

2025-2026

## FUN LEAGUE

### **Northern Natural Health – Carly Marszowski**

Carly is the sweetest most kind person both on and off the ice and always shows up with a smile on her face. Carly has been extremely dedicated, only missing a few games and has a willingness to learn and improve every time she's on the ice. Carly is a team player and is always ready to lift up the people around her. We have truly loved having her on our team!

*-Jennifer Walker, Mindy DeGregario*

### **TWIN – Jaana Aspegren**

Jaana is a kind, warm teammate who always brings a positive attitude to the game. She's happy to play in any position, quick to help in any way she can (including making sure we have music going!), reliable and consistent. We chose her as Most Spirited Player because her inclusive, uplifting energy makes a real difference and we love hearing her cheer for her teammates!

*-Emily Piraino, Stacey Piraino*

### **Eazy Express – Nicole Conte**

Nicole has an infectious cheer, hilarious stories, and ability to keep the bench laughing—even when her eyebrows are extra dark. (aka Goomba). Whether she's sharing advice, an espresso martini, or taking photos of the moon, Nicole keeps things lively - though her advice is best taken as entertainment rather than instruction. She's a fantastic teammate, a valuable player, and an absolute joy to have on our bench. Congratulations Nicole - from the other Nicole's!

*-Nicole Edmond, Niki Corcoran*

### **Eye Deal Optical – Erica Seyler**

Erica always brings positive energy to every game, is always reliable to make everyone smile, and plays with genuine love for the sport. Not only has Erica improved tremendously on the ice, but she also contributes greatly to the team as our sponsor, providing the team with new Eye Deal merch. Erica's enthusiasm is contagious and makes our team better both on and off the ice. Erica's favourite line is "100%" and we feel she is always shown giving 100% in everything she does.

*-Brooke Kennedy, Vicky MacMillan*

### **Rapid City Repair – Stephanie Pomber**

Stephanie brings incredible energy and positivity to every game. From cheering on teammates to giving 100% every shift, in any position. Steph makes the rink a more fun and supportive place to be. Her enthusiasm is contagious, her attitude is always uplifting, and she truly

embodies the spirit of a women's fun league. Win or lose, Steph shows up with heart, passion, and love for the game!

*-Kimberly Sharpe, Jessica O'Neil*

### **Bioped Footcare – Nicole Reid**

Not only does she generously sponsor our team each year - but she also provides music in the locker room, laughter on and off the ice, is always at team events and helping others develop their skills. She always leads with her "best foot forward" Nicole's smile as she plays spreads joy and her kindness builds everyone up and is a major contributor to the Bioped family.

*-Shelley Yokota, Christina Coutu*

### **Spotlight Beauty – Catherine Cartmill**

Catherine's infectious sense of humor lifts the team every game. She's always bringing laughs, encouragement, and unbeatable spirit; games are never as fun without her.

*-Sam Nakashima, Tara Dunn*

### **Maitland Ford – Kayla Binette**

Kayla shows up every game with a huge personality and a great attitude. She's absolutely hilarious, keeps the dressing room laughing, and is always the first to laugh at herself, whether it's after a missed pass, a wipeout, or one of her own jokes. Her energy is contagious, and she has a way of making even the toughest games feel fun. You can always count on Kayla for a laugh, a good story, or a perfectly timed comment that gets the whole bench going. Kayla's spirit, humour, and ability to keep everyone smiling make her a perfect choice for this award.

*-Hadley Reed, Kira Fry*

### **Algoma Bicycle – Dawn Secord**

We all know Dawn - She's just a hoot all the time!

*-Cori Dyke, Lisa Bondar*

### **Icebreakers – Morgan Deluco**

Morgan Deluco embodies what it means to be a Most Spirited Player. She comes to every game with a huge smile and an energy that lifts the entire bench. Fierce on the puck and fearless in competition, Morgan plays hard while keeping the game fun and positive. Her enthusiasm is contagious, her sportsmanship unwavering, and her competitive fire inspiring. Win or lose, she brings heart, hustle, and happiness every time she steps on the ice.

*-Sydney Duggan, Vicki Bailey*

## **BEER LEAGUE**

### **Ignition Eatery – Christianne Bonin**

She skates every shift like a highlight reel,  
Quick hands, sharp passes, nothing but skill.  
Once had a bum leg—yeah, that gave folks a scare,  
Now it's fixed and she's flying like nothing was there.

She battles for pucks, she hustles each play,  
Always down for a drink at the end of the day.  
A playmaker, leader, the heart of the team—  
That hockey star's name is Christianne.

*-Lexi Rowat, Rebecca White*

### **The Tap Room – Stephanie Frasier**

Tacky  
Arrogant  
Pathetic

Rancid  
Offensive  
Obscene  
Malicious

We hope you've stopped reading...we wrote that, so you'd think she was horrible and we don't want you to steal her. Steph is none of these things. Steph has been with us since we started captaining in Beer league. Steph is an asset to our team with calm demeanor and skill. She always wears a smile on her face whether it be on the Ice or in the changeroom. Steph is always willing to take one for the team even if it involves looking up obscene things on her phone for us.

*-Mel Leonard, Danielle Favaro*

### **Belisle Law – Cathy Devon**

Cathy has incredible energy and positivity she brings to the team. Whether she's on the bench or on the ice, she's always pumping everyone up, offering encouragement, and keeping spirits high. Cathy stepped up when needed, supports teammates with advice, especially on defense—and never misses a chance to hype up the team with a high fives. Her enthusiasm, leadership, and team-first attitude make a real difference and don't go unnoticed!

*-Kayla Farrell, Chasity Sinclair*

### **Jayteq Pro Shop – Kerstin Henry**

Kerstin is the pilot light that fires up the team. Her encouragement and confidence that we can do great things makes us all want to be better players. She knows what we need for improvement on the ice and is always guiding and cheering us on from the net. She keeps her spirit high, even when we are down. She is always upbeat, supportive and fun. She makes all the trips from across the river with a smile. Kerstin is just darn fun.

*-Lindsay Snow, Rachelle LaFave*

### **Paint & Decor Concepts – Amy Jolicoeur**

Amy proves that team spirit isn't just about playing — it's about showing up. Even while injured, she came to games, worked the door, and cheered us on with that constant smile. She could've stayed home... but that's not Amy. That's heart. That's loyalty. That's true team spirit. We are lucky to have Amy.

*-Joyce Gagne, Amelia Ritchie*

### **Northern Insurance – Danielle Brandow**

Danielle has been playing for just two seasons now and we have had the pleasure of having her on our team both years. She has embraced the values and culture of the WHL with open arms from day 1, rarely misses games, is never without a smile, has opened herself up tremendously with everyone, and encourages everyone to be the best they can be both on and off the ice. Thank you, Danielle, for being you and being right beside us for two incredibly fun and amazing seasons! Cheers to many more!

*-Barb Bringleston, Daniela Parrotti*

### **AES Solar – Hailey Bryan**

Hailey always comes into the dressing room with a smile on her face and plays her heart out every single game. Whether it be for AES, other beer teams and even middle league teams, she is always eager to help where needed. It has been a pleasure to watch her grow as a goalie this season and make new friends along the way. We hope she has enjoyed her first season on the ice as much as we have enjoyed having her on our team. Hailey is an outstanding addition to both our team and to the WHL!

*-Emily Cormier, Roberta Ruff*

### **Mortgage Architects – Sheree Wright**

Sheree shows up to every game with a huge smile and an even bigger presence, bringing nonstop energy and positivity both on and off the ice. A true rockstar, she backs it up by being endlessly supportive of her teammates. If that weren't enough, she fully embraced our team spirit by surprising us all with llama socks because that's just who she is - thoughtful, spirited and always lifting everyone up.

*-Pam Jaehrling, Sydney Langford*

### **Spark Rehabilitation – Heidi Frech**

Heidi has consistently been an essential part of our team. Though she wears more than one hat, she has been a quiet yet powerful force in our success. Spirited does not always mean loud, though we love when Heidi is loud! She is also consistent, reliable, and always ready to support her teammates, whether that is from the bench or on the ice. Heidi exemplifies what it means to be a true team player. Her positive attitude and commitment make her an invaluable

asset to our group and our league. Because she is always in some sort of leadership role, we believe consideration of her for such awards is often overlooked, but we wanted to make sure this year she got the recognition she deserves.

*-Dominique LaChapelle, Anna Jaremko*

### **Superior Vision Care – Julie Hazelton**

Julie brings fun and positive energy everywhere she goes. She's always in a great mood, keeps the team laughing, and even planned her winter trip around hockey — that's dedication! She literally brought roller blades to Texas just to stay in shape. Julie is a total hoot and the definition of spirited!

*-Kaylee Hunter, Tammy Culina*

## **MIDDLE LEAGUE**

### **Azure – Sam Mearow**

Sam is never without a smile, encouraging to everyone around her and has always shown up for our team! On and off the ice she stands out for her positive attitude and kind heart. She always gives 100%. SHE. IS. THE. BEST. GOALIE. EVER.

*-Jen Miron, Amanda Trudeau*

### **Crane Fisheries – Sam McCormick**

Sam is someone who shows up to every game with a smile, gives every shift her absolute best, will play absolutely any position we need her...which includes goalie and reminds us all why we lace up our skates in the first place. Whether she's chasing down a puck, acting as a "samboni", celebrating a teammate's goal, or laughing after a missed shot, her energy is contagious. She competes hard, supports everyone, and not sure about anyone else, but knows when she's had a great game!

*-Natalie Barry, Joanna Pine*

### **Jobst Bros Construction – Shannon Decker**

Shannon is always first in the change room, rallying everyone and setting the tone before every game. Thanks to her, we always know which room we are in! Always involved in conversations on the bench or in the room, she keeps the team connected and motivated. She brings a cheerleader to most games—her daughter Maddie—sharing her love for the sport and showing what true team spirit looks like. Her energy, positivity, and teamwork inspire the whole team!!

*-Emily Miket, Justine Rodgers*

### **Avery Construction – Tracie Bruce**

Tracie's positivity is contagious. No matter what the score is, the circumstances or the mood, Tracie always brings encouragement, laughter and unwavering support. She has a way of lifting everyone around her, reminding us to stay confident, have fun and keep pushing. She embodies true team spirit through the enthusiasm and kindness she brings every time she steps into the rink. Our team is stronger, lighter and more connected because of her.

*-Leslie Hunter, Sydney Lovelace*

### **Winmar – Jenna Bailey**

Jenna shows up to every game with a positive attitude and gives it her all. She is supportive of her teammates and works hard on and off the ice. She has been a great addition to team Winmar!

*-Meghan Rains, Rachael Mura*

### **LJ's Comfy Cozy – Shannon Osland**

We were excited to welcome Shannon in her debut year in the WHL, hailing all the way from Iowa! Shannon is a strong, reliable teammate who shows up consistently with quiet confidence and reliability. But most importantly – always with a smile. It can't be easy to join a new league without knowing anyone and Shannon fit right in. She is always supportive and positive – a great addition to LJ's this season.

*-Kaitlin Bessell, Sara Caughill*

### **Our Driving School – Debbie MacLaughlan**

Debbie MacLachlan is the definition of dedication. No matter what the forecast, snow, wind, or classic Northern Ontario winter nights, Debbie makes the trip in from Desbarats to be here. That kind of commitment says a lot. She's always the first one in the dressing room, ready to greet everyone with that warm smile of hers. Debbie sets the tone before we even step on the ice. Her positivity is contagious, and her encouragement never goes unnoticed. Beyond her energy, Debbie brings a wealth of experience and wisdom to our team. She knows the game, she respects the game, and she's always willing to share what she's learned. Whether it's a quiet word of advice or leading by example during a tough shift, she makes everyone around her better. She represents the heart of our team, commitment, sportsmanship, and camaraderie. Debbie, we are so grateful to share the ice with you. Thank you for your spirit, your leadership, and your unwavering dedication.

*-Kira Berry, Kellie Smith*

### **Superior Digital Solutions – Taimi Johnson**

Taimi is a vibrant presence in our change room, always filled with chatter and music. Her dislike for silence is a testament to her energetic personality, and she never hesitates to step up and play forward when needed. Taimi brings joy to our team, and her spirit is contagious. We celebrate her contributions and the positivity she brings to our team!

*-Robyn Bourck, Krista Dubie*

### **Great Lakes Honda – Sara Gallagher**

This award goes to our incredible goalie, Sara Gallagher, who shows up to every single game with a smile on her face and a positive attitude that never wavers. She's always encouraging her teammates, lifting everyone up, and giving her absolute best in the crease. No matter the score, she brings energy, heart, and a sense of humour that keeps us all laughing (even after she's faced about a million shots). We're so lucky to have a goalie who protects the net and the team spirit at the same time!

*-Megan Rouse, Alisha Pigeau*

## **BIG LEAGUE**

### **EJM Financial – Camille Venn**

Camille shows up with a positive attitude and hard work ethic. A welcome addition to EJM this season. Thanks Camille!

*-Steph Evans, Krista Zanatta*

### **Roadhouse – Emily Oakes**

Emily is the most spirited player on our team. She's always the first one in the room, bringing energy that instantly lifts everyone up. She keeps us laughing, keeps things light, and somehow still works hard every single shift. Game after game, she gives it her all — and her positive attitude makes her such a big part of what makes showing up to our games fun!

*-Kaylee Moore, Sarah July*

### **MGP Architects – Reanne Zack**

Coming back from an injury last season, we are excited to welcome Rea back to the Big League! An always reliable, strong D to have behind us, but more importantly, a positive, happy and encouraging teammate.

*-Jamie Orlando, Mikayla Ferlaino*

### **Kingsville Brewery – Lindsay Palmer**

Lindsay has been like a second captain on our team. She is a mentor to younger players, helping with lines, offering gentle advice and cheering everyone on. She has even made it to a couple 10pm games, even though they are waaayyy past her bedtime!

*-Nikki Magnan*

### **Pioneer Constructions – Halle MacLaughlan**

This is Halle's first year in the league, and she has already made a lasting impression. She shows up to every game with incredible energy and a bright smile, bringing laughter into the dressing room and keeping spirits high, win or lose on the ice. She has been a great addition to the Pioneer Crew!"

*-Erin Gillespie, Julia Bellerose*